

208 Pine St. Lewiston, ME  
Phone: (207)784-6231  
Open 7 Days A Week  
Monday - Sunday: 8AM - 8PM

We Accept:   

\$5.49 lb.

**Boneless  
Top Round Roast**

USDA Choice Beef  
Or Boneless  
Top Round Steaks...\$5.99 Lb.



\$9.99 lb.

**Boneless  
Flank Steaks**  
USDA Choice Beef

\$1.99 lb.

**Maine  
Broccoli  
Crowns**

High In Fiber  
No Waste



2/\$6

**Round White Or  
Russet Potatoes**

High In Fiber  
Low In Calories  
US #1 • 5 Lb Bag

\$2.19 lb.

**Locally Grown  
Honeycrisp  
Apples**

Extraordinary Flavor  
U.S. Fancy



**Perdue  
Oven Stuffer Whole  
Roasting Chicken**

Fresh  
Grade A

\$1.79 lb.



**Florida's Natural  
Orange Juice**

Selected Varieties  
Ruby Red Grapefruit  
Or 100% Juice Blends  
52 Fl Oz Crtn

2/\$7.50



**General Mills  
Cheerios Cereal**

Selected Varieties  
Or Lucky Charms  
Cinnamon Toast Crunch  
Reese's Puffs Or Cocoa Puffs  
11.2 To 18.2 Oz Box

2/\$8



**Kitchen Basics  
Stock**

Selected Varieties  
32 Oz Crtn

2/\$6



**Food Club  
Granulated  
Sugar**

4 Lb Bag

\$2.88



**Turkey Hill  
Ice Cream**

Selected Varieties  
Or Fruit Rainbow Sherbet  
Excluding Simply  
Natural Ice Cream  
46 Fl Oz Cntr

\$4.49



**Boneless Petite  
Sirloin  
Pork Roast**

Tender And Lean

\$1.99 lb.



**Land O Lakes  
Bar Or Shredded  
Cheese**

Selected Varieties  
6 To 8 Oz Pkg

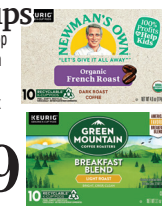
2/\$6



**Green Mountain  
Coffee K-Cups**

Newman's Own • Donut Shop  
Keurig McCafe Or Cinnabon  
Classic • Selected Varieties  
8 To 10 Ct • 3.1 To 4 Oz Box

\$9.79



**Pillsbury Best  
All Purpose Flour**

Regular  
Or Unbleached  
5 Lb Bag

\$3.99



**Healthy Choice  
Cafe Steamers**

Or Cafe Meals Or Marie  
Callender's Entrees & Pot Pies  
Selected Varieties  
9.25 To 10.3 Oz Box

2/\$6



**Brawny 4 Double  
Rolls Paper Towels**

3-Ply • Tear-A-Square Or Full Sheets  
152 To 304 Ct Pkg

\$10.99



**Charter Reserve  
Turkey Breast**

Golden Oven Roasted • Mesquite  
Maple Honey • Homestyle  
Honey Sweet Baked  
Or Cracked Pepper

\$8.99 lb.



**Coffeemate  
Flavored  
Creamer**

Selected Varieties  
32 Fl Oz Or Cold Foam  
Creamer • 14 Oz Can

\$4.49



**Progresso  
Vegetable  
Classics Soup**

Or Protein  
Selected Varieties  
18 To 19 Oz Can

4/\$9



**Betty Crocker  
Fudge Brownie Mix**

Dark Chocolate  
Or Milk Chocolate  
16.3 Oz Box

2/\$5



**Nathan's  
Crinkle Cut Fries**

Or Onion Rings • Arby's Seasoned Curly  
Or Crinkle Fries • Checker Rally's Famous  
Seasoned Fries • Waffle Or Onion Rings  
Red Robin's Seasoned Steak Fries Or  
Sonic Fries Or Tots • 16 To 28 Oz Pkg

2/\$7.50



**Quilted Northern  
6 Mega Rolls Bath  
Tissue**

Ultra Plush Or  
Ultra Soft & Strong  
1530 To 1770 Ct Pkg

\$10.99



Sale Dates: Friday, October 9<sup>th</sup> Thru Thursday, October 15<sup>th</sup>, 2026

www.wardsmarket.com

Not Responsible For Typographical Errors. We Reserve The Right To Limit Quantities. Illustrations Are For Display Purposes Only And Do Not Necessarily Represent Items On Sale.

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# DRY GOODS

*Back To basics*

*Everyday Basics... Fill The Pantry!*



**2/\$7**

**Mott's Apple Juice**  
Or Mott's For Tots  
Selected Varieties  
64 Fl Oz Btl



**Quaker Instant Oatmeal**  
Selected Varieties  
8.2 To 13.1 Oz Box  
**\$4.99**



**Yogi Tea Bags**  
Selected Varieties  
16 Ct Box  
**\$4.99**



**Kellogg's Nutri-Grain Bars**  
Selected Varieties  
10.4 Oz Box  
**2/\$7**



**Prego Pasta Sauce**  
Alfredo Or Pesto Sauce  
Selected Varieties  
14.5 To 24 Oz Jar



**Old El Paso Taco Shells**  
Selected Varieties  
4.6 To 7.4 Oz Box



**Old El Paso Dinner Kits**  
Selected Varieties  
8.8 To 14 Oz Box



**\$7.49**



**Maison Perrier Sparkling Water**  
Or S. Pellegrino • Unflavored  
Selected Varieties • 8 Pack

**2/\$5**

**Crav'n Salsa**  
Selected Varieties  
15.5 Oz Jar



**2/\$4**

**Kraft Macaroni & Cheese Dinner**  
Selected Varieties  
5.5 To 7.3 Oz Box



**2/\$7**

**Betty Crocker Cookie Mix**  
Selected Varieties  
17.5 Oz Pouch



**2/\$6**

**2/\$9.50**

**La Croix Sparkling Water 8 Pack**

Selected Varieties • 12 Fl Oz Cans  
96 Fl Oz Pkg • Plus Tax & Deposit



**2/\$4**

**Libby's 100% Pumpkin**  
Or Easy Pumpkin Pie Mix  
29 To 30 Oz Can



**2/\$3**

**Vlasic Pickles**  
Selected Varieties  
16 To 24 Fl Oz Jar



**Briannas Salad Dressing**  
Or Marinades  
Selected Varieties  
12 Fl Oz Btl



**\$3.99**

## SNACKS & DRINKS

Plus Tax & Deposit on Beverages Where Required

**2/\$8**

**Cheez-It Baked Snack Crackers**  
Selected Varieties  
9 To 12.4 Oz Box



**Doritos Snack Chips**  
Or Miss Vickie's Kettle Chips  
Selected Varieties  
7 To 10.75 Oz Bag



**Pepsi Soda 24 Pack Cube**  
Selected Varieties  
12 Fl Oz Cans  
288 Fl Oz Pkg



**\$3.99**

**\$11.99**

**2/\$6**

**Crav'n Chocolate Chip Cookies**  
Selected Varieties  
11.75 To 13 Oz Pkg



**Sun Chips**  
Selected Varieties  
7 Oz Bag



**Gatorade Thirst Quencher**  
Selected Varieties  
28 Fl Oz Btl



**\$3.99**

**2/\$6**

**Thomas' 6 Pack English Muffins**  
Selected Varieties  
12 To 13 Oz Pkg



**\$3.99**

**Nature's Own 100% Whole Wheat Bread**  
20 Oz Loaf **\$3.49**

**Arnold Rustik Bread**  
Selected Varieties  
20 Oz Loaf **\$3.99**

**Cesar Dog Food**  
Selected Varieties  
3.5 Oz Cntr **2/\$3**

**Blue Buffalo Nudges**  
Dog Treats • Selected Varieties • 10 Oz Bag **\$8.99**

## PET

**Audubon Park No Waste Wild Bird Food**  
5 Lb Bag **\$8.99**

**Friskies Dry Cat Food**  
Selected Varieties  
3.15 Lb Bag **\$5.99**

**SUPPORT LOCAL • BUY LOCAL**  
*Support Our Community*

# FROZEN FOODS

*Meals made easy*

*Frozen For Freshness and Convenience*



**\$6<sup>39</sup>**

**Trü Frü  
Chocolate  
Covered Fruit**  
Or Greek Yogurt Covered  
Selected Varieties • 8 Oz Bag



**Green Giant  
Simply  
Steam  
Vegetables**  
Selected Varieties  
10 Oz Bag

**3/\$5**



**Caulipower  
Pizza**  
Selected Varieties  
10.9 To 11.85 Oz

**\$8<sup>99</sup>**



**Boston Market  
Home Style  
Meals**  
Selected Varieties  
13 To 15 Oz Box

**2/\$7**



**Crav'n Breakfast  
Sandwiches**  
Selected Varieties  
14.56 To 18 Oz Box

**\$5<sup>99</sup>**

**Cholula  
Burrito Bowls**  
Or Enchiladas • Selected  
Varieties • 8.5 To 9 Oz Box

**2/\$8**

**Food Club  
Cheese Tortellini**  
19 Oz Pkg

**2/\$7**

**Klondike  
Ice Cream Bars**  
Selected Varieties  
24 To 27 Fl Oz Pkg

**\$4<sup>99</sup>**



*Local and Farm Fresh Dairy Products*

## FRESH DAIRY

*Cool and creamy selections*

**Pillsbury  
Crescent  
Rolls**

Cinnamon Rolls  
Breads Or Pizza Crust  
Selected Varieties  
8 To 13.8 Oz Pkg

**2/\$6**



**Food Club  
Cottage Cheese**  
Selected Varieties  
16 Oz Cntr

**\$2<sup>99</sup>**



**Reddi Wip  
Whipped  
Topping**  
Selected Varieties  
6.5 Oz Aerosol Can

**\$2<sup>99</sup>**



**\$1<sup>77</sup>**

**Food Club  
Sour Cream**  
Regular Or Light  
16 Oz Cntr

**Pillsbury  
Rolled Pie Crusts**  
Unroll - Fill - Bake  
14.1 Oz Pkg

**2/\$8**

**Yoplait  
Go-Gurt 8 Pack**  
Selected Varieties  
16 Oz Pkg

**2/\$5**

**Imperial  
Spread Quarters**  
18 Oz Pkg

**2/\$4**

**Ssips  
Drinks**  
Selected Varieties  
52 Fl Oz Crtn

**2/\$4**

## DELICATESSEN

*Sliced the way you like*

*Sliced and Baked Fresh Everyday*



**\$4<sup>99</sup>**  
lb.

**McCadam  
Muenster  
Cheese**  
Melts Easily  
Sliced to Order



**Potato Or  
Macaroni Salad**  
Or Cole Slaw  
Deli Fresh

**\$5<sup>49</sup>**  
lb.



**Land O Lakes  
Muenster Cheese**  
Or Sandwich Swiss  
Or Sharp Cheddar American Blend  
4 Cheese Italian Blend  
Or Hot Pepper Loaf

**\$6<sup>99</sup>**  
lb.



**\$6<sup>99</sup>**  
ea.

**Fresh Baked  
Pumpkin Pie**  
Fall Favorite  
8" • 22 Oz Pkg



**Bel Gioioso  
Shredded Cheese**  
Shaved Or Grated  
Selected Varieties  
5 Oz Cntr

**2/\$7**



**Stella Italian  
Cheese Wedge**  
Fontinella • Parmesan  
Romano Or Asiago Aged  
8 Oz Pkg

**\$5<sup>99</sup>**  
ea.



**St. Pierre  
Brioche Loaf**  
Plain  
17.8 Oz Pkg

**\$6<sup>99</sup>**  
ea.



**Rich's  
Parfait Cups**  
Selected Varieties  
4.5 To 5 Oz Cup

**\$2<sup>99</sup>**  
ea.



# BUTCHER

Quality cuts every day

Premium Beef, Pork, Chicken & Seafood



**\$3<sup>59</sup>** lb.

**Babyback Pork Ribs**  
Whole Rack

Meaty • Bone-In  
Previously Frozen



Be inspired

**Fresh 80% Lean Ground Beef**

20% Fat  
Family Pack  
5 lbs Or More

**\$6<sup>99</sup>** lb.



**Boneless Top Round Stew Beef**

USDA Choice Beef

**\$5<sup>99</sup>** lb.



USDA CHOICE

**Boneless Sirloin Pork Chops**

Lean & Tender  
Cut From The Loin

**\$2<sup>49</sup>** lb.



Be inspired

**Whole Boneless Pork Roast**  
Cut From Butt

**\$1<sup>99</sup>** lb.



Be inspired

**Boneless Southern Style Pork Ribs**

**\$2<sup>49</sup>** lb.



Be inspired

**Hatfield Seasoned Pork Loin**

Selected Varieties • 22 Oz Pkg  
Or Pork Tenderloin • 18.4 Oz Pkg...\$6.99

**\$5<sup>99</sup>** ea.



Hatfield

**\$3<sup>49</sup>** lb.

**Springer Mountain Farms Boneless Skinless Chicken Thighs**  
Family Pack

SPRINGER Mountain Farms  
SUPPLY SUPER CHICKEN



**\$3<sup>99</sup>** lb.

**Tilapia Fillets**  
Farm Raised  
Previously Frozen



**Springer Mountain Farms 99% Lean Ground Chicken**

No Hormones  
No Antibiotics  
16 Oz Pkg

**\$4<sup>29</sup>** ea.



SPRINGER Mountain Farms  
SUPPLY SUPER CHICKEN

**Hatfield Sliced Bacon**  
Selected Varieties  
16 Oz Pkg

**\$6<sup>99</sup>** ea.



Hatfield

**Simply Traditional Mashed Potatoes**  
Selected Varieties  
24 Oz Pkg

**2/\$7**



**Kayem Polska Kielbasa**  
14 Oz Pkg

**\$5<sup>99</sup>** ea.

**Carando Sliced Pepperoni**  
6 Oz Pkg

**\$2<sup>99</sup>** ea.

**Pilgrim's Ultimate Chicken Nuggets**  
Or Popcorn Chicken  
1.5 Lb Pkg

**\$7<sup>99</sup>** ea.

# PRODUCE

Live a healthy life



Local and Farm Fresh

# FLORAL

Favorites

**\$2<sup>99</sup>** lb.

**Red Or White Seedless Grapes**

Sweet & Juicy  
The Natural Snack



**Fresh Express Caesar Salad Blend**

Caesar Supreme  
Caesar Bacon Or Caesar Lite  
9.8 To 10.5 Oz Pkg

**\$3<sup>99</sup>** ea.



**Anjou • Bartlett Bosc Or Red Pears**

Ripe & Ready To Eat  
Healthy Snack

**\$2<sup>99</sup>** lb.



USA

**4" Mini Rose Plants**

Assorted Colors In A Fall Wrap  
Or 6" Plant... \$9.99 ea.

**\$4<sup>99</sup>** ea.



**Whole Or Sliced White Mushrooms**

All Natural • High In Potassium • 8 Oz Pkg

**2/\$5**



**Dole Premium Or Chopped Salad Kits**

Selected Varieties  
9.5 To 13.6 Oz Bag

**\$4<sup>99</sup>** ea.



**California Carrots**

Full of Vitamins & Minerals  
1 Lb Bag

**99¢** ea.



**\$1<sup>49</sup>** lb.

**Extra Large Hot House Tomatoes**

Summertime Favorite  
Full Of Vitamin C

**Cut & Peeled Butternut Squash**  
Simple Beginnings  
Timesaver • 20 Oz Pkg

**\$2<sup>99</sup>** ea.



**Dole Celery Hearts**  
Dieters Favorite  
16 Oz Pkg

**\$2<sup>99</sup>** ea.



**Zespri Gold Kiwi**  
Loaded With Vitamins • 1 Lb Pkg

**\$5<sup>99</sup>** ea.



**Real Sweet Onions**  
3 Lb Bag

REAL SWEET

**\$4<sup>99</sup>** ea.

**Acorn Or Butternut Squash**  
Buttercup Or Spaghetti  
Fall Favorites

**\$1<sup>29</sup>** lb.

**Fall Pumpkins**  
Perfect For Jack O' Lanterns

**\$7<sup>99</sup>** ea.

