

# Crosslake Cares

**SATURDAY, APRIL 29, 2023**

**8:00 AM - 8:50 AM**

## **SENIOR DAYS 3K WALK**



**➔ NO SIGN UP NEEDED - FREE EVENT**

**Everyone Welcome! Please join us for a simple, energetic walk especially designed for Seniors.**

**We will start at The Log Church on County Route 66 at 8:00 AM (please arrive by 7:45 AM).**

**We will meet in the parking lot and walk for about 50 minutes and arrive back at The Log Church in time for the Senior EXPO!**

- ✓ Water will be provided.
- ✓ We will have a Police escort.
- ✓ A golf cart will accompany us during the walk.
- ✓ Please wear walking shoes.
- ✓ Dress according to the weather.
- ✓ Tee shirts will be available!

**If you have any questions feel free to contact DONNA KEIFFER AT (218) 821-1158**

*Sponsored by:*



**Crosslake Area Senior Services, Inc.**

*doing business as Crosslake Cares, a 501(c)(3) non-profit organization*

**[www.CrosslakeCares.org](http://www.CrosslakeCares.org)**