

Crosslake Cares

SATURDAY, APRIL 30, 2022

8:00 AM - 8:50 AM

SENIOR DAYS 3K WALK



➔ NO SIGN UP NEEDED - FREE EVENT

Please join us for a simple, energetic walk especially designed for Seniors!

We will start at The Log Church on County Route 66 at 8:00 AM (please arrive by 7:45 AM).

We will meet in the parking lot and walk for about 50 minutes and arrive back at The Log Church in time for the Senior EXPO!

- ✓ Water will be provided.
- ✓ We will have a Police escort.
- ✓ A golf cart will accompany us during the walk.
- ✓ Please wear walking shoes.
- ✓ Dress according to the weather.
- ✓ Tee shirts will be available!

If you have any questions feel free to contact DONNA KEIFFER AT (218) 821-1158

Sponsored by:



Crosslake Area Senior Services, Inc.

doing business as Crosslake Cares, a 501(c)(3) non-profit organization

www.CrosslakeCares.org