



Crosslake Area Senior Services, Inc.

Connecting Seniors to Services

SENIOR CONNECTIONS

Volume 15 | Spring 2025

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SENIOR DAYS & EXPO

Exciting weekend
ahead for our Area Seniors
APRIL 24-26, 2024

Read more inside or visit
CrosslakeCares.org
for full details!



- ✓ SENIOR BINGO NIGHT
- ✓ SENIOR EDUCATION SESSIONS
- ✓ SENIOR TRIVIA NIGHT
- ✓ SENIOR 3K WALK
- ✓ SENIOR PROM
- ✓ SENIOR PICKLEBALL EVENT
- ✓ SENIOR GOLF DISCOUNTS
- ✓ SENIOR RESTAURANT DISCOUNTS
- ✓ SENIOR RETAIL DISCOUNTS
- ✓ **SENIOR EXPO**

with EXPO Keynote Speaker

BELINDA JENSEN, KARE 11

Sponsored by Cuyuna Regional Med. Center

Crosslake Cares is thrilled to present the fourth **SENIOR DAYS WEEKEND**, featuring our sixth **SENIOR EXPO** and the celebration of six years of Crosslake Cares. Join us for a series of events from April 24-April 26.

Many of our events are complimentary or offered at discounted rates. **See inside to read full details of all the fun events being offered!**

Kick-off Events on Thursday, April 24:

New this year join us for **SENIOR BINGO NIGHT** at the American Legion in Crosslake!

Friday, April 25:

SENIOR EDUCATION SESSIONS covering topics like senior technology, the National Loon Center, Senior Travel resources, Crosslake Community Center, and the Crosslake Historical Society all held at the Crosslake Lutheran Church with coffee and snacks provided. These presentations are all free! Also new this year, on Friday evening, we will enjoy **SENIOR TRIVIA NIGHT** held at Moonlite Bay.

Saturday, April 26:

Start your Saturday with a refreshing **SENIOR 3K WALK**, beginning and ending

at The Log Church, leading you directly to the **SENIOR EXPO** which starts at 8:00 AM. This year's Expo offers prizes, giveaways, complimentary coffee and pastries at **Café Cares**, informative mini-talks and over 50



exhibitors. We are honored to have **Belinda Jensen of KARE 11 News**, as this year's Keynote Speaker, sponsored by Cuyuna Regional Medical Center.

Following the Expo, we will have an exciting **SENIOR PICKLEBALL** event on Saturday from 1:30 PM-4:30 PM. Ending the day, dress in your finest to dance the night away enjoying "Viva Las Vegas" at the **SENIOR PROM**. The Saturday evening event at

Whitefish Lodge and Suites in Crosslake includes a 3-course dinner, and tickets are available for \$39 each. Reservations can be made by calling Whitefish Lodge at (218) 692-2246 or stopping by their front desk. The

night begins at 5:30 PM with a cash bar and complimentary appetizers. Dinner will be served from 6:30 PM-8:00 PM, followed by dancing until 10:00 PM. A charcuterie table will be included during the social hour which runs from 5:30 PM-6:30 PM. Dinner includes a simple greens salad. The entrée choices are either Chicken Marsala with garlic mashed potatoes and mixed vegetables; Braised Beef Tips in a mushroom red wine sauce over garlic mashed potatoes with mixed vegetables; or Ricotta Stuffed Shells with rose' sauce and each choice includes dessert!

Throughout the weekend, seniors can also enjoy special **SENIOR RESTAURANT DISCOUNTS** at various local restaurants and **SENIOR STORE DISCOUNTS** at retail stores around Crosslake.

All weekend long you can get out the golf clubs and enjoy discounted **SENIOR GOLF** and **MINI GOLF** at Crosswoods Golf Course and Whistling Wolf Mini Golf in Crosslake. We look forward to seeing you at Senior Days!

Senior Days Timeline of Events

THURSDAY, APRIL 24

SENIOR BINGO

held at the American Legion
35112 Co Rd 3, Crosslake
3:30 PM - 6:00 PM
\$13 for a packet of 12 cards, see page 3.

FRIDAY, APRIL 25

SENIOR EDUCATION SESSIONS

TECHNOLOGY PRESENTATION

held at Crosslake Lutheran Church
35960 Co Rd 66, Crosslake
9:00 AM Free Event (see page 3)

SENIOR TRAVEL PRESENTATION

held at Crosslake Lutheran Church
35960 Co Rd 66, Crosslake
10:00 AM Free Event (see page 3)

COMMUNITY CENTER PRESENTATION

held at Crosslake Lutheran Church
35960 Co Rd 66, Crosslake
11:00 AM Free Event (see page 3)

NATIONAL LOON CENTER PRESENTATION

held at Crosslake Lutheran Church
35960 Co Rd 66, Crosslake
1:00 PM Free Event (see page 3)

HISTORICAL SOCIETY PRESENTATION

held at Crosslake Lutheran Church
35960 Co Rd 66, Crosslake
2:00 PM Free Event (see page 3)

SENIOR TRIVIA NIGHT

held at Moonlite Bay
37627 Co Rd 66, Crosslake
4:00 PM – 6:00 PM
Free Event (details on page 3)

SATURDAY, APRIL 26

SENIOR 3K WALK

starts and ends at The Log Church
37218 Co Rd 66, Crosslake
7:45 AM - 8:30 AM
Free Event (details on page 3)

SENIOR EXPO

held at The Log Church
37218 Co Rd 66, Crosslake
8:00 AM - 12:00 PM
Free Event – Free Refreshments
Belinda Jensen, Keynote Speaker
Details on page 3.

SENIOR PROM

Whitefish Lodge & Suites
14150 Swann Dr, Crosslake
5:30 PM – 10:00 PM
Tickets required in advance- \$39 ea.
Dinner & Dancing included.
(details on page 1).



SATURDAY, APRIL 26

SENIOR PICKLEBALL EVENT

Location dependent on weather:
Crosslake Community Center
OR Crosslake Community School.
1:30 PM - 4:30 PM
Free Events. (Details on page 3)

THURS, FRI, & SATURDAY

SENIOR MINI GOLF & SENIOR GOLF

Whistling Wolf Mini Golf, 36006 Co Rd 66
Crosswoods Golf Course 35878 Co Rd 3
Discounted Prices. (Details on page 4)

SENIOR RESTAURANT DISCOUNTS & SENIOR STORE DISCOUNTS

Please note which day(s) the restaurant
discount is being offered. (Details on page 4)

Senior Days Events and Details

FREE SENIOR PRESENTATIONS

Presentations are being held at Crosslake Lutheran Church, Cty. Rt. 66. Coffee and snacks will be provided!

SENIOR TECHNOLOGY PRESENTATION

Friday, April 25, 9:00 AM

The Future is Now: How AI and Technology Are Transforming Everyday Life.

This will include live demonstrations of smart technology in action - from voice assistants to innovative new tools. See firsthand how these advancements can enhance convenience, safety and connectivity. Presented by Dylan Ralph and Krystin Peterson of Tremolo Communications.



SENIOR TRAVEL

Friday, April 25, 10:00 AM

Unexplored Territory

Presented by Alden Hardwick of Crosslake Community Center.

CROSSLAKE COMMUNITY CENTER

Friday, April 25, 11:00 AM

Patchwork Past, Fab Future.

Presented by Joe Albrecht. This presentation will cover the history of the Crosslake Community Center from 1973 to the present and include plans for its future!

NATIONAL LOON CENTER PRESENTATION

Friday, April 25, 1:00 PM

Land of 12,000 Loons -

Presented by Jon Mobeck, Executive Director of the National Loon Center. He will give an update on the work and building of the National Loon Center.



HISTORICAL SOCIETY PRESENTATION

Friday, April 25, 2:00 PM

Tales and History of Crosslake

Presented by Mary Kay Williams of Crosslake Area Historical Society. Come learn all about



the historical village in downtown Crosslake, the facilities and their educational offerings.

SENIOR BINGO

Thursday, April 24, 3:30 PM - 6:00 PM

New this year, join us for Senior Bingo at the **American Legion in Crosslake**. Bring your family and friends for an evening of fun, laughter and friendly competition! A packet of 12 cards is \$13. Cards will start selling at 3:30 PM and games start at 4:00 PM.

FREE SENIOR 3K WALK



Saturday, April 26, 7:30 AM - 8:30 AM

Please join us for an energetic walk especially for Seniors! Please meet in the parking lot at 7:30 AM at The Log Church, Cty. Route 66. We walk for about 45 minutes to arrive back at The Log Church in time for the Senior Expo. Water and T-shirts will be provided and we will have a Police escort. A golf cart will accompany us during the walk. Please wear walking shoes and dress according to the weather. Contact Donna Keiffer with questions at (218) 821-1158.

FREE SENIOR EXPO

Saturday, April 26, 8:00 AM - 12:00 PM

- Prizes and Giveaways
- Free coffee and pastries at Café Cares
- 50+ Exhibitors and Sponsors until Noon
- Keynote Speaker Belinda Jensen
- Informative Mini-Talks

We have two mini-talks at the Expo each lasting about 15 minutes, each with informative and interesting topics.

At 9 AM Chris McCusker PT of CRMC will talk about *Stay Steady: Preventing Falls & Building Balance for a Safer You*.

At 10 AM Ann Silgen of Interfaith Volunteers will talk about Senior Volunteer Drivers.

After the mini-talks at 11 AM there will be prize giveaways, and Keynote speaker Belinda Jensen,



Meteorologist of KARE 11 News will talk about her personal journey from growing up in the sticks to doing the weather in the KARE 11 backyard for over 30 years, becoming *Bel the Weather Girl*.

SENIOR TRIVIA NIGHT

Friday, April 25, PM - 6:00 PM

We are so excited for this new addition this year at **Moonlite Bay Restaurant in Crosslake**! This event is free for seniors, so bring your friends, enjoy discounted food and drinks and enjoy fun rounds of trivia with 25% of menu items and \$1 off drinks.

SENIOR PROM

Saturday, April 26, 5:30 PM - 10:00 PM

Senior Prom is being held at Whitefish Lodge & Suites in Crosslake, and tickets are now on sale for \$39 each. See page 1 for all the details!



FREE SENIOR PICKLEBALL EVENTS



Saturday, April 26 - 1:30 PM - 4:30 PM

Depending on the weather we will be either at the outdoor courts at the **Crosslake Community Center** (14126 Daggett Pine Road) **OR** indoor courts at the **Crosslake Community School** (35808 County Road 66). The location will be announced during the morning at the Expo and on the Crosslake Pickleball Facebook page. We will have demonstrations, teach the rules of the game and scoring, and you'll have opportunities to try your skills with a game or two! Paddles and balls can be provided. Contact Peter or Pam Graves with questions at (612) 750-8062 or pjgraves1@gmail.com.

SENIOR GOLF & MINI GOLF



Thursday - Saturday, April 24 - 26

All weekend long, Seniors will be offered Senior Golf Discounts.

- **Crosswoods Golf Course:** 18 holes with cart \$39 (reg \$49), 9 holes with cart \$29. Advance tee time required for deal. Book your tee time and enjoy an early spring round!
- **Whistling Wolf Mini Golf:** Play both courses \$10 (reg \$15) Pay at self serve kiosk.

Senior Restaurant & Store Discounts

Thank you to these local area restaurants who are offering our Seniors great deals on the below listed specials! *(Please take note of the date they are being offered.)*

SATURDAY, APRIL 26 only
Andy's Bar & Grill
35453 Co Rd 3, Crosslake
Coconut Coated Chicken with Vegetables. \$9.95.



THURS, FRI, SAT, APRIL 24-26
Patrick's Cedar Chest
33350 Co Rd 3, Crosslake
1/4 Broasted Chicken, fries and coleslaw. \$10.00



THURS, FRI, SAT, APRIL 24-26
Crosslake Coffee
35522 Co Rd 66, Crosslake
\$1 off any beverage.



THURS, FRI, SAT, APRIL 24-26
Dairy Queen
36404 Co Rd 66, Crosslake
\$1 off any Blizzard.



THURS, FRI, SAT, APRIL 24-26
Lake Country Crafts & Cones
36084 Co Rd 66, Crosslake
\$1 off any sandwich + free small drip coffee.



FRI & SAT, APRIL 25-26
Manhattan Beach Lodge
39051 Co Rd 66, Crosslake
Complimentary dessert with 2 dinner entrees



THURS, FRI, SAT, APRIL 24-26
Maucieri's Italian Bistro
34650 Co Rd 3, Crosslake
Spaghetti or Fettuccine Alfredo and bread suck. \$8.75



SATURDAY, APRIL 26 only
Mission Tavern
13036 SW Horseshoe Lake Rd, Merrifield
Tacos with chips and salsa. \$10.



THUR, FRI, SAT, APRIL 24-26
Moonlite Bay
37627 Co Rd 66, Crosslake
Cheeseburger with fries or tots. \$7.



THURS, FRI, SAT, APRIL 24-26
Norway Ridge Supper Club
34757 Co Rd 39, Pequot Lakes
Complimentary dessert with 2 dinner entrees



FRI & SAT, APRIL 25-26
Patriot Lakes Nutrition, Town Square
35770 Allen Ave, Crosslake
\$2 off shakes and teas.



FRI & SAT, APRIL 25-26
Pine Peaks Restaurant
35654 Co Rd 66, Crosslake
Soup and Salad Bar \$7.95.



FRI & SAT, APRIL 25-26
Rafferty's, Town Square
35770 Allen Ave, Crosslake
10% off all Salads and Sandwiches.



FRI & SAT, APRIL 25-26
Red Pine Cookhouse
39910 MN 6, Emily
Complimentary 1 Egg Roll or 3 Wontons.



FRIDAY, APRIL 25 only
Up North Social
35494 Co Rd 3, Crosslake
One dollar off individual charcuterie cup.



SATURDAY, APRIL 26 only
The Wharf, 12986 Co Rd 16, Crosslake
1/2 Sandwich + Cup Soup or Salad
(Choice of Tuna Melt or Reuben). \$10.

SATURDAY, APRIL 26 only
Zorbaz, 36215 Co Rd 66, Crosslake
One Topping Pizza (feeds 2). \$10.



Look for this sign
around town to find
your Senior deals!



Thank you to these retailers
who are offering our
Seniors special weekend
discounts!



Thank you to our 2025 Expo
Sponsors & Exhibitors

PLATINUM SPONSOR
Cuyuna Regional Medical Center
crmc.
CUYUNA REGIONAL MEDICAL CENTER

Gold Sponsors
Aspire Insurance Services
Brenny Family Funeral Home
CentraCare Heart & Vascular Center
Essentia Health
Harlan V. Johnson Ins. Agency
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Moments Hospice
Thrivent Financial
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Central MN Council on Aging
Chris Cullen Real Estate Group
Crosslake Garden Club
Crosslake Historical Society
Driver's Discount Program
Good Samaritan Society Hospice
Lakes Area Unlimited Learning
Northern MN Railroad Heritage Assoc.
Paul Bunyan Scenic Byway/
Army Corps of Engineers
RG Insurance
Rising Tides Wealth Management
Select Therapy

Other Exhibitors & Sponsors
Crosslake Cares / Interfaith Volunteers
Crosslake Art Club
Crosslake Chamber of Commerce
Crosslake Community Center
Crosslake Lutheran Church
Crosslake Presbyterian Church
Crosslake / Ideal Lions
The Log Church
Immaculate Heart Catholic Church
Rustic Floral