



Crosslake Area Senior Services, Inc.

Connecting Seniors to Services

SENIOR CONNECTIONS

Volume 18 | Spring 2026

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SENIOR DAYS & EXPO

Exciting weekend
ahead for our Area Seniors!
APRIL 23-25, 2026

Read more inside or visit
CrosslakeCares.org
for full details!



- ✓ SENIOR BINGO NIGHT
- ✓ SENIOR EDUCATION SESSIONS
- ✓ SENIOR TRIVIA NIGHT
- ✓ SENIOR 3K WALK
- ✓ SENIOR PROM
- ✓ SENIOR PICKLEBALL EVENT
- ✓ SENIOR GOLF DISCOUNTS
- ✓ SENIOR RESTAURANT DISCOUNTS
- ✓ SENIOR RETAIL DISCOUNTS
- ✓ **SENIOR EXPO**

with EXPO Keynote Speaker

MIKE MAX, WCCO Sports Director

Sponsored by Cuyuna Regional Med. Center

Crosslake Cares is thrilled to present the fifth **SENIOR DAYS WEEKEND**, featuring our seventh **SENIOR EXPO** and the celebration of seven years of *Crosslake Cares*. Join us for a series of events from April 23-April 25. Many of our events are complimentary or offered at discounted rates.

See inside to read full details of all the fun events being offered!

Kick-off Events on Thursday, April 23:

We are excited for a second year of **SENIOR BINGO** at the American Legion in Crosslake!

Friday, April 24:

SENIOR EDUCATION SESSIONS this year's topics include senior technology by Tremolo, update of the National Loon Center, and "Safe at Home" by Crosslake Fire Chief Chip Lohmiller. These are held at the Crosslake Lutheran Church with coffee and snacks provided. These presentations are all free! On Friday evening, we will again enjoy **SENIOR TRIVIA NIGHT** held at Moonlite Bay Restaurant in Crosslake.

Saturday, April 25:

Start your Saturday with a refreshing **SENIOR 3K WALK**, beginning and ending

at The Log Church, leading you directly to the **SENIOR EXPO** which starts at 8:30 AM. This year's Expo offers prizes, giveaways, complimentary coffee and pastries at **Café Cares**, informative mini-talks and over 50



exhibitors. We are honored to have **Mike Max, Sports Director at WCCO** as this year's Keynote Speaker, with his talk on "Never Quit Living Your Best Life", sponsored by Cuyuna Regional Medical Center.

Following the Expo, we will have an exciting **SENIOR PICKLEBALL** event on Saturday from 1:30 PM-4:30 PM. Ending the day, dress in your finest to dance the night away enjoying "Mardi Gras" at the **SENIOR PROM**.

The Saturday evening event at Manhattan Beach Lodge in Crosslake includes a 3-course dinner, and tickets are available for \$39 each. Reservations can be made by calling Manhattan Beach Lodge at (218) 692-3381 during restaurant hours. The night begins at 5:30 PM with a cash bar and complimentary appetizers. Dinner will be served from 6:30 PM-8:00 PM, followed by dancing until 10:00 PM. A charcuterie table will be included during the social hour which runs from 5:30 PM-6:30 PM. Dinner includes a simple greens salad. Entrée choices are a) Chicken Marsala with garlic mashed potatoes and mixed seasonal vegetables; b) Braised Beef Tips in a mushroom red wine sauce over garlic mashed potatoes with mixed seasonal vegetables; or c) Ricotta Stuffed Shells with Rose' Sauce. Dinner includes salad and dessert.

Throughout the weekend, seniors can also enjoy special **SENIOR RESTAURANT DISCOUNTS** at various local restaurants and **SENIOR STORE DISCOUNTS** at retail stores around Crosslake. All weekend long you can get out the golf clubs and enjoy discounted **SENIOR GOLF** at Crosswoods Golf Course, offering a golf clinic, and **MINI GOLF** at Whistling Wolf Mini Golf in Crosslake.

We look forward to seeing you at Senior Days!

Senior Days Timeline of Events

THURSDAY, APRIL 23

SENIOR BINGO

held at the American Legion
35112 Co Rd 3, Crosslake
3:30 PM - 6:00 PM
\$13 for a packet of 12 cards, see page 3.

FRIDAY, APRIL 24

SENIOR EDUCATION SESSIONS

TREMOLO TECHNOLOGY PRESENTATION

held at Crosslake Lutheran Church
35960 Co Rd 66, Crosslake
9:00 AM Free Event (see page 3)

NATIONAL LOON CENTER UPDATE PRESENTATION

held at Crosslake Lutheran Church
35960 Co Rd 66, Crosslake
10:00 AM Free Event (see page 3)

"SAFE AT HOME" - CROSSLAKE FIRE CHIEF CHIP LOHMILLER

held at Crosslake Lutheran Church
35960 Co Rd 66, Crosslake
11:00 AM Free Event (see page 3)

SENIOR TRIVIA NIGHT

held at Moonlite Bay
37627 Co Rd 66, Crosslake
4:00 PM - 6:00 PM
Free Event (see page 3)

SATURDAY, APRIL 25

SENIOR 3K WALK

starts and ends at The Log Church
37218 Co Rd 66, Crosslake
7:45 AM - 8:30 AM
Free Event (see page 3)

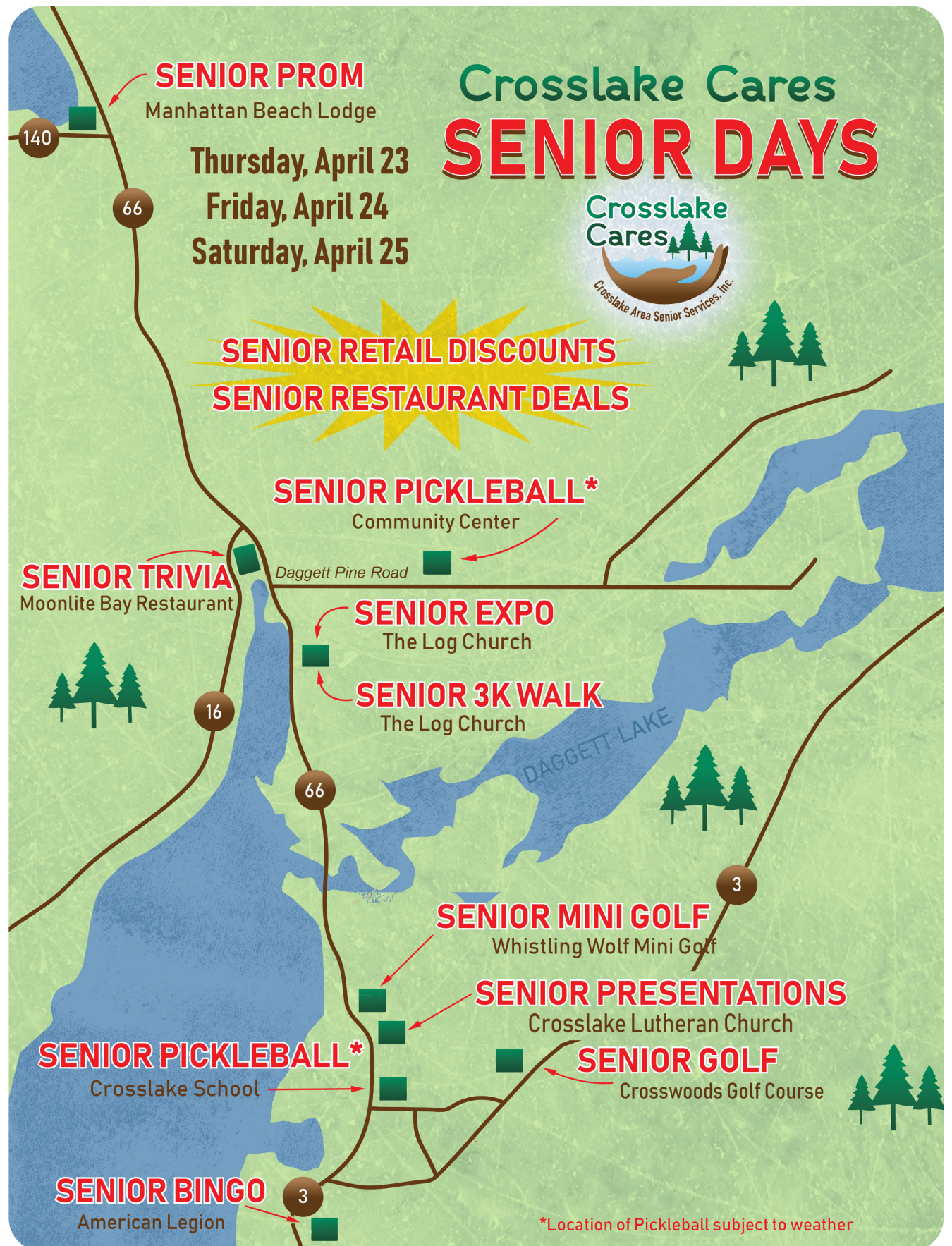
SENIOR EXPO

held at The Log Church
37218 Co Rd 66, Crosslake
8:30 AM - 12:00 PM
Free Event - Free Refreshments
WCCO's Mike Max, Keynote Speaker
(see page 3)

SENIOR PICKLEBALL EVENT

Location dependent on weather:
Crosslake Community Center
OR Crosslake Community School.
1:30 PM - 4:30 PM

Free Event (see page 3)



SATURDAY, APRIL 25

SENIOR PROM

Manhattan Beach Lodge
39051 Co Rd 66, Crosslake
5:30 PM - 10:00 PM
Tickets required in advance- \$39 ea.
Limited seating, call early to make your reservations.
Dinner & Dancing included.
(Full details on page 1 and 3)

THURS, FRI, & SATURDAY

SENIOR MINI GOLF & SENIOR GOLF

Whistling Wolf Mini Golf, 36006 Co Rd 66
Crosswoods Golf Course 35878 Co Rd 3
Discounted Prices. (Details on page 3)

SENIOR RESTAURANT DISCOUNTS & SENIOR STORE DISCOUNTS

Please note which day(s) the restaurant discount is being offered.
(Details on page 4)

Senior Days Events and Details

SENIOR BINGO

Thursday, April 23, 3:30 PM - 6:00 PM

Join us again this year for a fun night of Senior Bingo at the **American Legion in Crosslake**. Bring your family and friends for an evening of laughter and friendly competition! A packet of 12 cards is \$13. Cards will start selling at 3:30 PM and games will start at 4:00 PM. *Legion's license #00997.*



FREE SENIOR PRESENTATIONS

Presentations are being held at Crosslake Lutheran Church, Cty. Rt. 66. Coffee and snacks will be provided!

SENIOR TECHNOLOGY PRESENTATION

Friday, April 24, 9:00 AM

"Connected & Protected: Navigating AI, Streaming, and Online Safety"

Presented by Tremolo Experts.



NATIONAL LOON CENTER PRESENTATION

Friday, April 24, 10:00 AM

Land of 12,000 Loons -

Jon Mobeck, Executive Director of the National Loon Center will give an update on the work, and building of the National Loon Center.



CROSSLAKE FIRE DEPARTMENT PRESENTATION

Friday, April 24, 11:00 AM

Safe At Home

Chip Lohmiller, Crosslake Fire Chief, will provide safety tips for keeping us safe in our homes. You will learn to identify the hazardous obstacles that can cause potential fires in your home and what to do to protect yourself.



SENIOR TRIVIA NIGHT

Friday, April 24, 4:00 PM - 6:00 PM

Join us again at **Moonlite Bay Restaurant**

in **Crosslake** for a fun evening of Trivia. This event is free for seniors, so bring your friends, enjoy discounted food and drinks, and enjoy fun rounds of trivia with 25% of menu items and \$1 off drinks.



FREE SENIOR 3K WALK



Saturday, April 25, 7:30 AM - 8:30 AM

Please join us for an energetic walk especially for Seniors! Please meet in the parking lot at 7:30 AM at The Log Church, Cty. Route 66. We walk for about 45 minutes to arrive back at The Log Church in time for the Senior Expo. Water and T-shirts will be provided and we will have a Police escort. A golf cart will accompany us during the walk. Please wear walking shoes and dress according to the weather. Contact Donna Keiffer with questions at (218) 821-1158.

FREE SENIOR EXPO

Saturday, April 25, 8:30 AM - 12:00 PM

- Prizes and Giveaways
- Free coffee and pastries at *Café Cares*
- 50+ Exhibitors and Sponsors until Noon
- Keynote Speaker Mike Max, WCCO
- Informative Mini-Talks

We have two mini-talks at the Expo each lasting about 15 minutes, each with informative and interesting topics. Starting at 9:00 AM we have Molly Haskins, RN, Director of Nursing Services for Home Instead talking about "A Better What's Next". For the second talk we will hear from CRMC Board-certified foot and ankle surgeon Dr. Stephen C. Schmid, DPM, FACFAS who will present on "Arthritis of the Foot and Ankle". After the mini-talks at 11 AM there



will be prize giveaways, followed by our Keynote speaker Mike Max, Sports Director at WCCO. His talk on "Never Quit Living Your Best Life" is sure to bring engagement, awe and wonder. His message tells us that if you think you are getting too old to exercise, to find a different career, or pursue a hobby, then think again! He draws stories from thousands of interviews over the years that range from Michael Jordan to the captain of the Special Olympics softball team, all offer amazing insights into life. He says the most influential people in his life are 75 years plus and still seeking.

FREE SENIOR PICKLEBALL EVENTS

Saturday, April 25, 1:30 PM - 4:30 PM

Come join other area Seniors from 1:30 - 4:30 PM on Saturday, April 25 and have a good time playing the fastest growing sport in the US. Get some exercise and have some fun! Depending on the weather we will either be at the outdoor courts at the **Crosslake Community Center** (14126 Daggett Pine Road) OR indoor courts at the **Crosslake Community School** (35808 County Road 66). The location will be announced during the morning at the Expo and on the Crosslake Pickleball Facebook page.



SENIOR PROM

Saturday, April 25, 5:30 PM - 10:00 PM

Manhattan Beach Lodge is the host for this year's Crosslake Cares' Senior Prom. Doors open at 5:30 PM with appetizers, then dinner and dancing to follow! Dinner will be served from 6:30 - 8:00 PM. Please give your dinner choice when making a reservation. Entrée choices are a) Chicken Marsala with

garlic mashed potatoes and mixed seasonal vegetables; b) Braised Beef Tips in a mushroom red wine sauce over

potatoes with mixed seasonal vegetables; or c) Ricotta Stuffed Shells with Rose' Sauce. Dinner also includes salad and dessert. Cash bar available for beverage. Tickets are \$39 each, limited availability, call (218) 692-3381 during restaurant hours to make your reservation: Wednesday and Thursday 4-8, Friday 4-9, and Saturday 11am-9pm.

SENIOR GOLF & MINI GOLF

Thursday - Saturday, April 23 - 25

All weekend long, Seniors will be offered Senior Golf Discounts.

- **Crosswoods Golf Course:** 18 holes with cart \$39 (reg \$49), 9 holes with cart \$29. Advance tee time required for deal. Book your tee time and enjoy an early spring round! Plus a 1-Hour Senior Golf Clinic on April 24 with Savannah Nelson. Call (218) 692-4653 to register.
- **Whistling Wolf Mini Golf:** Play both courses \$10 (reg \$15) Pay at self serve kiosk.



Senior Restaurant & Store Discounts

Thank you to these local area restaurants who are offering our Seniors great deals on the below listed specials! *(Please take note of the date they are being offered.)*

SATURDAY, APRIL 25 only
Andy's Bar & Grill
35453 Co Rd 3, Crosslake
Coconut Coated Chicken Salad. \$9.95.



THURS, FRI, SAT, APRIL 23-25
Patrick's Cedar Chest
33350 Co Rd 3, Crosslake
1/4 Broasted Chicken, fries and coleslaw. \$10.00



THURS, FRI, SAT, APRIL 23-25
Crosslake Coffee
35522 Co Rd 66, Crosslake
\$1 off any beverage.



THURS, FRI, SAT, APRIL 23-25
Dairy Queen
36404 Co Rd 66, Crosslake
\$1 off any Blizzard.



THURS, FRI, SAT, APRIL 23-25
The Yellow House
36084 Co Rd 66, Crosslake
\$1 off any sandwich + free small drip coffee.



FRIDAY, APRIL 24 only
Manhattan Beach Lodge
39051 Co Rd 66, Crosslake
\$5 off entrees.



THURS, FRI, SAT, APRIL 23-25
Maucieri's Italian Bistro
34650 Co Rd 3, Crosslake
Spaghetti or Fettuccine Alfredo and bread stick. \$8.95



SATURDAY, APRIL 25 only
Mission Tavern
13036 SW Horseshoe Lake Rd, Merrifield
Tacos with chips and salsa. \$10.



THUR, FRI, SAT, APRIL 23-25
Moonlite Bay
37627 Co Rd 66, Crosslake
Cheeseburger with fries or tots. \$8.



THURS, FRI, SAT, APRIL 23-25
Norway Ridge Supper Club
34757 Co Rd 39, Pequot Lakes
Complimentary dessert with 2 dinner entrees



FRI & SAT, APRIL 24-25
Pine Peaks Restaurant
35654 Co Rd 66, Crosslake
Soup and Salad Bar \$7.95.



FRI & SAT, APRIL 24-25
Rafferty's, Town Square
35770 Allen Ave, Crosslake
10% off all Salads and Sandwiches.



THURS, FRI, SAT, APRIL 23-25
Red Pine Cookhouse
39910 MN 6, Emily
Complimentary 1 Egg Roll or 3 Wontons.



FRIDAY, APRIL 24 only
Up North Social
35494 Co Rd 3, Crosslake
Half price Charcuterie Cup. \$5.



SATURDAY, APRIL 25 only
The Wharf, 12986 Co Rd 16, Crosslake
1/2 Sandwich + Cup Soup or Salad
(Choice of Tuna Melt or Reuben). \$10.



SATURDAY, APRIL 25 only
Zorbaz, 36215 Co Rd 66, Crosslake
Medium One Topping Pizza, chips & salsa. \$12.



Look for this sign around town to find your Senior deals!

Thank you to these retailers who are offering our Seniors special weekend discounts!



MAVERICK boutique



DARK HORSE BREW COFFEES & COCKTAILS



Thank you to our 2026 Expo Sponsors & Exhibitors

PLATINUM SPONSOR
Cuyuna Regional Medical Center



Gold Sponsors

Aspire Insurance Services
Brenny Family Funeral Home
CentraCare Heart & Vascular Center
Essentia Health
Good Samaritan Senior Living
Harlan V. Johnson Ins. Agency
Home Instead
Millner Estate Planning
Moments Hospice
Tremolo Communications
Vivie Home Health Care & Hospice
Whitefish Senior Living

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Diamon Willow Assisted Living & Memory Care
Golden Horizons Assisted Living
Good Samaritan Society Home Care
National Bank of Commerce
WAPOA

Bronze Sponsors

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Camp Knutson
Central MN Council on Aging
Cornerstone Caregiving
Crosslake Historical Society
Cullen Real Estate
Precision Drivers Center
Northern MN Railroad Heritage Assoc.
Paul Bunyan Scenic Byway/
Army Corps of Engineers
Rising Tides Wealth Management
Space for Everything

Other Exhibitors & Sponsors

Crosslake Cares / Interfaith Volunteers
Crosslake Chamber of Commerce
Crosslake Community Center
Crosslake Lutheran Church
Crosslake Presbyterian Church
Crosslake / Ideal Lions
The Log Church
Immaculate Heart Catholic Church
Simply Rustic Floral Design