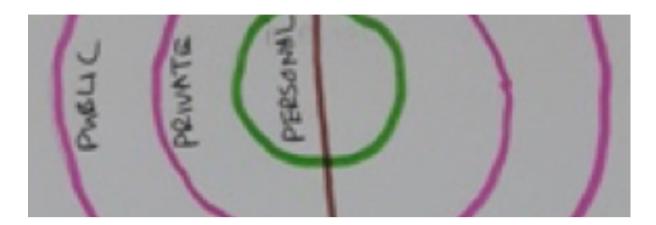
#### **3Ps Power Circles**



### Introduction

This document explores how power relationships operate at three levels: personal, private, and public. It offers methods to analyze these dynamics and implement community-based strategies for change. Sensitive topics like FGM may require single-sex, age-similar, or marital-status-similar groups for more privacy and comfort.

## **Steps in the Process**

- 1. Introduce participants and clarify the purpose.
- 2. Define the three levels of power and provide examples.
- 3. Use visual tools like concentric circles to map changes.
- 4. Facilitate discussions using guiding questions.
- 5. Conclude with findings and next steps.

# **Guiding Questions**

During the process, facilitators can use questions on such as:

- What shifts in personal power have occurred? Why?
- How have patriarchal norms changed in private settings?
- What strategies have been effective in challenging public power structures?

How the changes are inter-connected in the three levels?

# **Documenting and Reporting**

Discussions and responses can be documented in various ways, ensuring critical words, examples, metaphors, and testimonies are captured for analysis.

	Before	Now
Personal / Intimate	What was the	Shifts in power
	starting point?	identified:
		Explanations for shifts
		(why)? Examples of
		control over decisions:
Private	What was the	Shifts in power
	starting point?	identified:
		Explanations for shifts
		(why)?
Public	What was the	Shifts in power
	starting point?	identified:
		Explanations for shifts
		(why)? Examples of
		duty bearers
		responses:
Strategies / Challenges faced/ Learning to	Challenges faced:	Role of individual vs
do things differently?		collective power:
		Strategies used:

#### Alternate Use of this Tool

This tool can also analyze visible, hidden, and invisible forms of power. For example:

- Visible power relates to formal decision-making processes.
- Hidden power involves behind-the-scenes influences.
- Invisible power addresses cultural norms and societal beliefs.

## Suggestions for Use

The 3Ps power circle can be used in research to analyze community power perspectives or as a foundation for advocacy or campaign strategies.

### References

- AAI's Framework for Gender Equality (p. 72-73 AAI Gender & RBA Resource Kit)
- Critical webs of power and change, ActionAid International, 2005.
- www.powercube.net