



deeper together.

# Domestic & Family Violence (DFV) Risk Assessment Tool

Client Name:

DOB:

Date:

Clinician :

## SECTION 1: Immediate Danger Screen

**1. Are you afraid your partner/ex-partner may seriously harm or kill you?**

- Yes  
 No

**2. Has physical violence occurred in the past 3 months?**

- Yes  
 No

**3. Has violence increased in frequency or severity recently?**

- Yes  
 No

**4. Has the person ever used or threatened to use a weapon?**

- Yes  
 No

**5. Has the person ever strangled or choked you?**

- Yes  
 No

△ Strangulation is a high-lethality predictor. History of Strangulation:

**6. Has the person threatened to kill you, the children, or themselves?**

- Yes  
 No

Exact wording of threats:

**7. Is the person extremely jealous, controlling, or monitoring you?**

- Yes
- No

If multiple “Yes” responses → Move to High Risk Protocol.

## **SECTION 2: Patterns of Coercive Control**

Tick all that apply:

- Isolation from friends/family
- Financial control or withholding money
- Surveillance (phone tracking, passwords, location sharing)
- Threats related to immigration status
- Threats to report to authorities
- Reproductive coercion
- Property damage
- Stalking
- Forced sexual activity
- Gaslighting/manipulation
- Harm or threats toward pets

## **SECTION 3: Escalation Indicators**

- Separation within past 12 months
- Pending court/legal matters
- Breach of protection order
- Substance misuse by perpetrator
- Mental health instability of perpetrator
- Access to weapons
- Unemployment or financial stress
- Recent major life stressor

Separation is a particularly high-risk period.

## **SECTION 4: Children’s Risk**

- Children present during violence
- Children directly harmed
- Children used as leverage
- Threats regarding custody
- Child fearful of perpetrator

## **SECTION 5: Client's Self-Assessment**

**On a scale of 1–10, how safe do you feel right now?**

1 (not safe) – 10 (completely safe)

Score: \_\_\_\_\_

What concerns you most at the moment?

## **SECTION 6: Protective Factors**

- Supportive family/friends
- Access to emergency accommodation
- Financial independence
- Current protection order
- Engagement with specialist service
- Strong safety planning capacity
- Faith/community support

## **SECTION 7: Risk Level (Clinical Judgment)**

- Low
- Moderate
- High
- Imminent / Crisis

**Rationale for risk rating:**

## **SECTION 8: Actions Taken**

- Safety plan developed
- Referred to DVConnect
- Referred to 1800RESPECT
- Police discussed
- Protection order discussed
- Mandatory report completed
- Supervision consultation