



Terradyne is a safe place away from life's stress, where clients can concentrate on starting their journey of recovery through adapting new coping mechanisms from their addiction triggers while gaining hope for a brighter and healthy future away from substance use.

We understand that substance use disorder is a chronic relapsing disorder that requires services which start and extend beyond inpatient programs. We recognize recovery happens mostly after residential treatment.

Our services are founded on the principles of personalized, evidence based treatment plans that offer just-in-time services and supports.

Terradyne helps clients build bridges with employers, families and community-developing peer support.

Who We Are

About Us

We are a team of experienced professionals with experience in developing and executing evidence based, personalized treatment for individuals challenged with Substance Use Disorder. Our physicians, healthcare professionals, registered therapists, credentialed counsellors, nutritionist, Chef and Recovery Coaches are dedicated and passionate about helping individuals achieve and sustain contented sobriety.

Fees: 30-90 day Residential Program includes: Comprehensive Medical Examination, Intake assessments, development and delivery of Personalized Treatment Plan and Aftercare

If Withdrawal Management Services are required there is additional fees per day. Additional Services: Professional Recovery Coaches, Proactive Relapse Prevention Program, Day Programs

Terradyne wellness
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Call us to discuss service options and pricing.

“Imagine your loved one becoming an active member of society, living a healthy life style and once again becoming an engaged member of your family”



TERRADYNE WELLNESS

**Personalized Recovery
Services for Problematic
Substance Use**

**Dear Family member,
we welcome the opportunity to
support you and your loved one**

We recognize that this is a stressful time for you

Find comfort in knowing your family member is making a huge step towards addressing his or her substance use challenge. We are equipped to support your loved one through all stages of recovery-specialized withdrawal management services, personalized treatment plans based on standardized assessments/screening tools, and a continuum of aftercare services customized to your loved ones needs-including our Proactive Relapse Prevention Program.

Your loved one is in good hands

Our team of credentialed counselling therapists and licenced medical professionals have proven experience in helping individuals to recover and maintain sobriety. Our services are based on National and International Certifications and Best Practices.

Our team also have experience working with concurrent mental illness. We are passionate and equipped to customize services to meet the unique strengths and needs of your loved one. At any time your loved one requires medical attention the appropriate medical intervention will be provided.

We try to keep you connected to your love one

While we are limited to what we can communicate with you regarding your loved one's therapy due to Federal Patient Privacy Information Act, once your loved one has spent early days focusing on getting settled in and emerged into to the program, there will be opportunity for family contact and group sessions. We will help families prepare for these visits so you will see how your loved one is changing and how to react to these changes. Families are encouraged to be a part of the transition back to daily living, including being equipped with proactive relapse prevention tools/ strategies.

**Most importantly, we will help your
family rebuild...**

You are not alone

Terradyne welcomes and encourages family interaction and participation in the rehabilitation process. Family involvement encourages your loved one to stay for the duration of their Program. Participation in family sessions/workshops provides you:

- Education into Substance Use Disorder
- Support for your what you are experiencing and tips for selfcare
- Awareness of the signs and steps that typically lead to relapse and what can be done to intervene. It is important that you are partners in this process.
- Opportunity to interact with your loved one in social activities-to have fun together
- Training to establish healthy boundaries that fosters independence for your loved one and shifts the onus of responsibility for recovery from the family to your loved one.

What will it be like for your loved one?

Your loved one will be introduced to workshops, one to one counselling and activities that will heal the Mind, Body and Spirit. In addition to International recognized therapies, the Lifestyle component will offer Mindfulness, Yoga and Spiritual coaching. To optimize clients' nutritional and physical fitness we have onsite organic gardens, a nutritionist and executive chef with meals tailored to the individual's needs; outdoor pursuits, and onsite gym. Clients are introduced to spiritual coaches and community based 12 Step Support Groups.

Comprehensive Services

Whether your loved one is in the first stage of the recovery process or requires post rehabilitation recovery maintenance services, your loved one can benefit from our 30-90 Day Residential Programs; Onsite Withdrawal Management; Recovery Maintenance Day Programs and Services- Offered onsite/virtually

- Comprehensive medical and psychosocial assessment to establish the effects of your loved ones substance use
- Standardized intake questionnaires to establish his/her deficits and attributes with respect to recovery
- Onsite Medically Supervised Withdrawal Management(detoxification) if required
- Personalized Treatment Plan based on Assessment Results
- Intensive Therapy Program founded on Evidence Based Methodology
- Family Care Program to build a life-long support network
- Occupational Transitioning Planning to help "Return to Work" obligations, risks and costs
- Professional Recovery Coaches to support return to work
- Establish community based support network-12 Step, trained peers
- Ongoing assessment opportunities to measure progress
- Proactive Relapse Prevention Program with post stabilization monitoring and early intervention resources customized to your loved one's needs to help avoid relapse
- Day Program for Recovery Maintenance

Most insurance companies cover all or a portion of the associated costs of rehabilitation services.