

"Whitepine Whispers"

News of Whitepine Grange #102

9 Faro Lane, Trout Creek, MT 59874

Published by Friends of Whitepine Grange

December 2023

Santa visits Whitepine Grange for photos

Once again, Santa visited the Grange for Christmas photoa with kids, pets, and family members of all ages.

The afternoon was set aside for this specific activity, and the photos were offered at no charge as a community service of the Grange.

Turnout was low, despite the fact that the photos were free and of professional quality. Nonetheless, Mr. and Mrs. Santa (Ron and Linda Weygint) were welcoming of all participants from age 3 to age 90.

Thank you, Ron and Linda, for contributing your time to the community and Grange for so many years!



Honey "Buzz-aar" launches an annual tradition

The Grange's "Local Honey Bazaar" held in November will become a welcomed annual affair, based on the exceptional turnout for the event. Honey producers came from throughout the region to offer their wares, and buyers were plentiful. Next year's "Honey BUZZaar" will be Nov. 2, 2024. Mark it on your calendar now, as you won't want to miss this unique one-day event!





Above: Nancy Fields shares samples of her creamed lemon honey with eager buyers.

Left: "Bee Barf" from Bob's Montana Bees in Thompson Falls was a huge hit.

December 2023

From the Grangemaster:

Nothing wrong with boredom

Last month Melissa Porcaro, a pediatric occupational therapist, presented an evening class at Whitepine Grange. The topic: childhood screen addiction. It's a real and dangerous thing. It's as big a threat to our society as smoking, alcohol addiction or substance abuse. The effects on our bodies and brains are every bit as numerous and devastating.



Jan Manning, Grangemaster

And yet most of us are in denial., like alcoholics who have convinced themselves they're only "social drinkers" who can quit any time they want.

Did you know DENIAL is one of the symptoms of addiction? Can you put your phone or tablet away for six hours without stressing a bit? Be honest.

I remember when only doctors had pagers (forerunners of phones) and they used them to keep tabs on life-and-death situations involving patients. When did it become a life-and death situation to text your spouse to see what he/she wants for dinner tonight? Or for teenagers to mentally check out of a family conversation while they text each other with phones in their laps? What is happening to us?

Wearing masks through a pandemic was bad enough. Now we all wear our phones on our faces instead. We are losing the ability to communicate face to face, to read and interpret facial expressions, and to concentrate on one thing for more than a few seconds. Our devices are training our brains to stay hyperactive, our consideration for others to go out the window, and our situational awareness to diminish. Now, this CAN be life threatening!

Not many people came to Porcaro's class, presumably because they didn't want to know what damaging effects their screen devices are having on them. But she, along with thousands of other professional family counselors and psychologists, will continue to beat the drum in an effort to stem this new epidemic.

What's the answer? Even if YOU are not screen addicted, how can you help others in your life who are? There's a helpful website called "Screenstrong." (http://screenstrong.org) that offers free help in dealing with these problems.

There's another method we should all adopt: STIGMATIZE the use of cell phones and screens in public. Remember when smoking in public was socially acceptable? It's not any more, thanks to campaigns, public awareness and education. Let's try the same approach to **ending excessive cell phone use in public.** Be nice, be polite, but use your imagination to get your point across to others whose faces are glued to phones when you're trying to have a conversation with them.

By cutting back in some aspects of our screen use, we will be role modeling for the young people who've grown up with phones in their cribs. Let's save ourselves in order to be better caretakers for those young kids who have never experienced boredom.

Our brains NEED to be bored once in a while. We all need time to sit quietly, build a snowman, watch the squirrels, and reconnect with our own brains instead of the artificial brains made in China.

Whitepine Grange #102 Officers 2023

President: Jan Manning Vice-President: Carolyn Nesbitt Secretary: Patty English Treasurer: Dona Pope

Executive Committee: Gene Pope Debbie Mason

Ruth Tucker

Whitepine Grange December Schedule

Dates and activities are subject to change.

Monday, Dec. 4:	Functional Fitness, 10am	UPCOMI
Monday, Dec. 4:	Kids' Tumbling, 4pm	
Wednesday, Dec. 6:	Competition Obedience, 10:30am	
Thursday, Dec. 7:	Functional Fitness, 10am	Beginning D
Thursday, Dec. 7;	Avalanche Awareness Class, 6pm	2pm
Sunday, Dec. 10:	Intermediate Agility, 2:30pm	Weaving De
Monday, Dec. 11:	Functional Fitness, 10am	Trout Creek
Monday, Dec. 11:	Kids' Tumbling, 4pm	Crafters' Sta
Tuesday, Dec. 12:	Executive Committee meeting, 2pm	
Wednesday, Dec. 13:	Competition Obedience, 10:30am	Two-night F
Thursday, Dec. 14:	Functional Fitness, 10am	in February
Saturday, Dec. 16:	Private Birthday Party	2nd Annual
Sunday, Dec. 17:	Search & Rescue Party, 5pm	Nov. 2
Monday, Dec. 18:	Functional Fitness, 10am	4th Annual
Monday, Dec. 18:	Kids' Tumbling, 4pm	Nov. 9
Tuesday, Dec. 19:	GRANGE CHRISTMAS PARTY, 5pm	
Wednesday, Dec. 20:	Competition Obedience Class, 10:30am	WATCH
Thursday, Dec. 21:	Functional Fitness, 10am	
Wednesday, Dec. 27:	Competition Obedience, 10:30am	BE ADDEI
Thursday, Dec. 28:	Functional Fitness, 10am	CO
Sunday, Dec. 31:	Intermediate Agility, 2:30pm	

UPCOMING GRANGE EVENTS IN 2024

Beginning Dog Agility starts Sun., Jan. 7, 2pm

Weaving Demonstration by Sue Scott of Trout Creek: Tues., Jan. 23, 6:30

Crafters' Stash Sale on Sat., Feb. 10

Two-night First Aid Certification Class in February 5-6.

2nd Annual Honey "Buzz-aar" on Fri., Nov. 2

4th Annual Cornucopia of Crafts Sat., Nov. 9

WATCH FOR MORE EVENTS TO BE ADDED TO THE CALENDAR IN COMING MONTHS!

Grange program can save you \$30/month in internet costs

The National Grange has partnered up with the FCC to offer a new program designed to reduce internet fees by up to \$30 a month for some rural residents.

The program is called the "Affordable Connectivity Program (ACP). This federal program applies to any internet service provider The Federal Communications Commission (FCC) has launched a new program designed to reduce internet fees for rural residents.

The program applies to any participating internet service provider, including BLACKFOOT.

ACP offers eligible low-income households discounts on the cost of their broadband service and certain devices. The FCC reimburses the service providers for awarding these discounts to customers.

You NEED NOT be a Grange member to qualify for this program.

It's free and easy to apply and get signed up.. This is a legitimate government program! Go to:

https://www.affordableconnectivity.gov/do-i-qualify/

If you have questions, contact Whitepine Grange at whitepinegrange@gmail.com

\$1,000 scholarships available for Class of '24 grads

\$1,000 Scholarships

The Montana State Grange has voted to offer **two scholarships of \$1,000** each to qualified Grange members graduating from high school in 2024.

These scholarships can be used for trade schools or colleges.

Recipients must be current members (individual or family) of a local Grange. Whitepine Grange is a local Grange. Other

Granges in Sanders County include Thompson Falls Grange and Nyah (Hot Springs) Grange.

Applications must be complete, and **MUST BE POSTMARKED BY FEB. 25!**

The applications will be available on-line and by request this month.

Please contact whitepinegrange@gmail.com to receive an application. Become a Grange member, correctly fill out the application,

and your chances of acceptance are very good!

Please renew your Grange dues this month!!

Grange membership dues are: \$35 for Individuals \$70 for Families

Please read the mission statement on the right, and help us meet these common goals by renewing your membership today!

GRANGE MISSION STATEMENT

The Grange strengthens individuals, families and communities through grassroots action, service, education, advocacy and agricultural awareness.



Pay with Paypal. Here's the link:

https://paypal.me/membersWPG102

OR...mail your check to Whitepine Grange, P.O. Box 1313, Trout Creek, MT 59874

Page 4

AVALANCHE AWARENESS CLASS Dec. 7, 6pm at WHITEPINE GRANGE Hwy 200 and Faro Lane, near MM38

Free to the public!

Sponsored by



Friends of Scotchman Peaks Wilderness and

Idaho Panhandle Avalanche Center



Whitepine Whispers

Whitepine Grange Christmas Party

You and your family are Cordially Invited!

Tues., Dec. 19, 5:30pm

- Potluck at 5:30
- Short Meeting at 6:15
- "Honey" BINGO at 6:45

Come celebrate a terrific year with your family, friends and neighbors! R.S.V.P. by December 15. Call 406-827-0102.

Look here at the Grange's past year!!

January:

Celebrated Whitepine Grange's 85th Anniversary with a fund-raising party for Trout Creek School libraries. (Raised \$800!) Hosted six dog-training classes a week and two exercise classes a week

February:

Hosted kids' weekly tumbling classes, four dogtraining classes a week, two kids' birthday parties, and two exercise classes a week. Held a fundraising Mardi Gras party for Cancer Network. Hosted a craft and fabric exchange. Made major HVAC improvements.

March:

Hosted three dog-training classes a week, kids' tumbling classes, a painting party, and one weekly exercise class. Hosted an outdoor photography class. Completed installation of a brand new floor. Installed a new front door.

April

Hosted three dog-training classes per week, two exercise classes each week, and a yoga class. Did a two-mile highway litter cleanup.

May

Contributed to the Noxon Senior High School class. Hosted six dog-training classes a week, a weekly yoga class and two exercise classes each week, and hosted a bear safety seminar.

June

Launched a kids' summer recorder class, hosted three dog classes each week, held a Cajun dinner for fund-raising. Held the Annual Yard Sale.

July

Hosted kids' summer recorder classes, held dog-training classes.

August

Got a phone and WiFi at the Grange!!! Held dog training classes, contributed to Sanders County 4H.

September

Hosted kids' tumbling classes, held three dog-training classes a week.

October

Hosted kids' tumbling classes, two exercise classes a week, and four dog-training classes a week. Hosted a week-long sewing retreat, and sponsored a firearm safety class.

November

Held two exercise classes a week, four dog-training classes a week. Hosted a Honey Bazaar. Hosted a Craft Bazaar. Held kids' tumbling classes. Held a class on child screen addiction.

December

Hosted a Home Fire Safety class, an Avalanche Awareness class, three private parties. Hosted kids' tumbling classes and two dog-training classes a week. Contributed \$900 worth of Christmas gifts to a local family in need. Held the Grange Christmas Party.



Whitepine Grange's membership continues to rise, and now you can see why! Thank you for being a part of this organization that supports...

- HOMETOWN VALUES
- FACE-TO-FACE RELATIONSHIPS
- CONTINUING EDUCATION
- NEIGHBORLY SUPPORT
- RURAL LIFESTYLE

See photos of our amazing year on pages 8, 9 and 10!

Page 8

Photo Reflections of a Great Year at Whitepine Grange



Page 9

Whitepine Whispers

December 2023



Page 10

Whitepine Whispers

December 2023



For yourself, your family, your rural neighbors & community!

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MEMBERSHIP TYPES - Check Box		
🗌 Individual Membership: \$35/year 🛛 🔲 Family Membership: \$70/year	\$70/year	
Name:		
Mailing Address		
City State Zip	ľ	
Date of Birth// Phone	ň	
Email (please print clearly)		
What are your hobbies? (so we can plan programs of interest to you and maybe utilize	maybe utilize	
your expertise)	8	
Signature Date	Ì	
For Family Memberships:		
Spouse/Partner's Name		
Mailing Address	1	
CityStateZip		
Date of Birth / / / Phone		
Email (please print clearly)		
Children:		
Date of Birth		

Seven winning reasons to join Whitepine Grange:

 Build a support network with your rural

neighbors.

- Great monthly programs on topics of local interest.
- Family friendly activities like potlucks, parties, dances and Bingo.



 Community service projects like highway cleanup, the dictionary program, Family & Friends shut-in outreach, and military care packages.

- Exercise classes for all ages.
- A gathering place for neighbors.
- Your membership dollars help pay for upgrades and maintenance for this historic building. Whitepine Grange was chartered in 1938. The building was constructed in 1961. In 2023 the Grange is still going strong! Join Whitepine Grange #102 and become part of its long, wonderful story!

Please make checks to **"Whitepine Grange #102"** Return this form, with payment, to any Whitepine Grange officer, or mail to: Whitepine Grange #102 PO Box 1313

Trout Creek, MT 59874