INTERLAKE GIRLS SOCCER | OCTOBER 2025

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|------------------------------------|------------------------------------|---|---|------------------------------------|-------------------|
| | 29 | 30 | 1 | 2 | 3 | 4 |
| | Varsity Practice 3:45 - 5:30 | Varsity Practice 3:45 - 5:30 | Varsity Practice 3:45 - 5:30 JVC Practice | ★ JVC @ King's 6:00pm | ⊕ JVC @ Bishop Blanchet 3:00pm | |
| | JVC Practice 4:30 - 6:00 (BB) | JVC Practice 4:30 - 6:00 (BB) | 4:30 - 6:00 (BB) Team Dinner 6:00 - 7:00pm | ♥ Varsity @ Foster 6:00pm | Varsity Practice 3:45 - 5:30 | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | Varsity Practice 3:45 - 5:30 | ⊗Varsity @ Lindbergh 5:30pm | Varsity Practice 3:45 - 5:30 | JVC Practice 4:30 - 6:00 | Varsity Practice 3:45 - 5:30 | |
| | ★ JVC vs Hazen 6:00pm | | JVC Practice 4:30 - 6:00 (BB) | ⊗Varsity vs Evergreen 7:30pm | ★ JVC @ Ingraham 4:15pm | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | Varsity Practice 3:45 - 5:30 | JVC Practice 4:30 - 6:00 | Varsity Practice 3:45 - 5:30 JVC Practice | ★ JVC @ Liberty 7:00pm | Varsity Practice 3:45 - 5:30 | |
| | ⊗ JVC vs Evergreen 6:00pm | ♦ Varsity @ Tyee 3:30pm | 4:30 - 6:00 (BB) Team Dinner 6:00 - 7:00pm | ♦ SENIOR NIGHT ♦ Varsity v Renton 7:30pm | JVC Practice 9 4:30 - 6:00 (BB) | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | ⊗ Varsity @ Highline 5:30pm | Varsity Practice 3:45 - 5:30 | Varsity Practice 3:45 - 5:30 | Varsity Practice 3:45 - 5:30pm | Varsity Practice 3:45 - 5:30 | KingCo Tournament |
| | ★ JVC @ Highline 7:30pm | JVC Practice 4:30 - 6:00 (BB) | | | | |
| 26 | 27 | 28 | 29 | 30 | 31 | |
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