

INTERLAKE GIRLS SOCCER | SEPTEMBER 2025

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|--|---|--|
| | 1 Varsity Practice 7 9:00 - 11:00am | 2 Varsity Practice 8 3:45 - 5:30 JVC Practice 6 4:30 - 6:00 (BB) | 3 JVC Practice 7 4:30 - 6:00 Varsity v Newport 7:30pm | 4 Varsity Practice 3:45 - 5:30 JVC Practice 8 4:30 - 6:00 (BB) | 5 Varsity Practice 3:45 - 5:30 JVC Practice 9 4:30 - 6:00 (BB) | 6 JVC @ Sammamish 12:00pm Varsity @ Sammamish 2:00pm |
| 7 | 8 Varsity Practice 3:45 - 5:30 JVC @ Hazen 7:30pm | 9 JVC Practice 4:30 - 6:00 Varsity v Foster 7:30pm | 10 Varsity Practice 3:45 - 5:30 JVC Practice 4:30 - 6:00 (BB) | 11 JVC Practice 4:30 - 6:00 Varsity v Lindbergh 7:30pm | 12 Varsity Practice 3:45 - 5:30 JVC Practice 9 4:30 - 6:00 (BB) | 13 |
| 14 | 15 Varsity Practice 3:45 - 5:30 JVC Practice 4:30 - 6:00 (BB) | 16 JVC Practice 4:30 - 6:00 Varsity @ Evergreen 7:30pm | 17 Varsity Practice 3:45 - 6:00 (vs) JVC Practice 4:30 - 6:00 (BB) | 18 JVC Practice 4:30 - 6:00 YOUTH NIGHT Varsity vs Tyee 7:30pm | 19 Varsity Practice 3:45 - 5:30 JVC Practice 4:30 - 6:00 (BB) | 20 |
| 21 | 22 Varsity Practice 3:45 - 5:30 JVC @ Redmond 7:00pm | 23 JVC Practice 4:30 - 6:00 Varsity @ Renton 5:30pm | 24 Varsity Practice 3:45 - 5:30 JVC Practice 4:30 - 6:00 (BB) Team Dinner 6:00 - 7:00pm | 25 JVC vs Highline 5:30pm Varsity v Highline 7:30pm | 26 Varsity Practice 3:45 - 5:30 JVC Practice 9 4:30 - 6:00 (BB) | 27 |
| 28 Booster Club Auction 3:30 - 6:30 | 29 Varsity Practice 3:45 - 5:30 JVC Practice 4:30 - 6:00 (BB) | 30 Varsity Practice 3:45 - 5:30 JVC Practice 4:30 - 6:00 (BB) | | | | |
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