

INTERLAKE GIRLS SOCCER | AUGUST 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 Captains Practice + Strength/Conditioning 9:00 - 12:00pm	6	7 Captains Practice + Strength/Conditioning 9:00 - 12:00pm	8	9
10	11	12 Captains Practice + Strength/Conditioning 9:00 - 12:00pm	13	14 Captains Practice + Strength/Conditioning 9:00 - 12:00pm	15	16
17	18	19 Captains Practice + Strength/Conditioning 9:00 - 12:00pm	20	21 Captains Practice + Strength/Conditioning 9:00 - 12:00pm	22	23
24	25 Tryouts Day 1 3:30 - 5:30pm	26 Tryouts Day 2 3:30 - 5:30pm	27 Tryouts Day 3 3:30 - 5:30pm Tryout Results Posted 6:30pm	28 Varsity Uniform Pickup 7:30 - 8:00am JVC Uniform Pickup 12:30 - 1:00pm Media Day 3:00 - 6:00pm Team Practice 4 6:00 - 7:00pm	29 Varsity Practice 5 3:00 - 4:30pm JVC Practice 5 4:30 - 6:00pm Team Meeting+Dinner 6:00 - 7:00pm	30 Varsity Practice 6 9:00 - 11:00am
31						