

# August

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
					ARRIVE @ 6:30AM TREATMENT 6:30AM PRACTICE 7:15AM FILM 11:00AM	ARRIVE @ 6:30 PRACTICE 6:30 AM – 7:30 AM
25	26	27	28	29	30	31
OFF	ARRIVE @ 6:30AM TREATMENT 6:30AM PRACTICE 7:15AM FILM 11:00AM	ARRIVE @ 6:30AM TREATMENT 6:30AM PRACTICE 7:15AM FILM 11:00AM	ARRIVE @ 6:30AM TREATMENT 6:30AM PRACTICE 7:15AM FILM 11:00AM	ARRIVE @ 6:30AM TREATMENT 6:30AM PRACTICE 7:15AM FILM 11:00AM	JAMBOREE @ MERCER ISLAND SCRIMMAGE @ 6PM	ARRIVE @ 9AM STRETCH @ 9AM FILM 9:30 – 10:00

# September

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 OFF	2 ARRIVE @ 6:30AM TREATMENT 6:30AM PRACTICE 7:15AM FILM 11:00AM COMPETITION AGAINST GIRLS SOCCER @11	3 SCHOOL STARTS TREATMENT AND TAPE @3:30 EDD'S @ 400 PRACTICE @ 4:15 - 6:15	4	5	6 @ SULTAN	7
8	9	10	11	12	13 VS BELLEVUE CHRISTIAN	14
15	16	17	18	19	20 VS HIGHLINE	21
22	23	24	25	26	27 @EVERGREEN	28
29	30					



# OCTOBER

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 VS SAMMAMISH	5
6	7	8	9	10	11 VS LINBERGH	12
13	14	15	16	17	18 @CEDARCREST	19
20	21	22	23	24	25 VS FOSTER	26
27	28	29	30	31		



















