



Health History

All information is confidential. Use the back of form if needed

Name _____ Date of Birth _____ Male or Female

Phone # _____ Email address _____

Mailing Address _____

Occupation _____ Emergency Contact (phone# & relationship to you) _____

Other bodywork you currently use-what & and how often? _____

How did you hear about Rossiter? _____

Are you currently under exercise or activity restrictions by your Dr.? Explain _____

Current activity level - (circle all that apply) Sedintary - Stand most of the day - Computer Work - Variety of Activities Regular Exercise Regime - Extremely Active/Athletic

Can you safely get up and down on the floor without assistance? _____

Circle all current or past conditions: (write on back of page if needed)

- | | | |
|-----------------------------|---|---|
| Pregnant or may be pregnant | Recent Injury | Cancer-what type, how long ago |
| Dizziness/Vertigo | High Blood Pressure | Stroke |
| Epilepsy | Neurological Disorder | Autoimmune Disease |
| Rheumatoid Arthritis | Osteoarthritis | Osteoporosis -On meds for this? _____ How long? _____ |
| Varicose Veins | Blood Clots | Artificial Joints |
| Pacemaker | Breast Implants | Drug patches (what kind-where on body) |
| Neuropathy | Diabetes – how long? _____ | Do you take insulin injections? _____ |
| Asthma | Steroid Inhalers | Thyroid Disease |
| Surgery in last 6 months | Cortisone Injections EVER? What body part and when? | |

Back Surgery or any injections to your back-ever?

Do you have any pins, plates, screws or schrapnel in your body? Be very specific.

Do you currently have any rashes, open sores, shingles, skin eruptions?

Any other medical problems/diagnosis not listed above? _____

List any muscle relaxers or pain medications you take on a regular basis-even over-the-counter. List when your last dose was. _____

Do you take other medications your Rossiter Coach should know about? Have you ever taken Quinolone, Levaquin, Cipro? When?

By signing this form, I confirm that I have read and fully understand all of its contents, and I have answered every question completely and accurately.

Signature _____ Date _____