

HOW FOOTBALL WORKS

PENALTIES



PERSONAL FOUL:

HORSE – COLLAR 15 YARD PENALTY





PERSONAL FOUL:

NOT-A-HORSE – COLLAR 15 YARDS IF YOU ARE PLAYING THE KANSAS CITY CHIEFS





PENALTIES IN PLAY

OFFENSIVE HOLDING OFFENSIVE PLAYER ILLEGALLY GRABS OR RESTRAINS A DEFENDER (10 YARD PENALTY)





PENALTIES IN PLAY

DEFENSIVE HOLDING
DEFENSIVE PLAYER ILLEGALLY
GRABS OR RESTRAINS A
OFFENSIVE PLAYER THAT DOES
NOT HAVE THE BALL (5 YARD
PENALTY)



PENALTIES IN PLAY

A PLAYER WHO IS NOT LEGALLY ALLOWED TO PARTICIPATE IN THE PLAY DUE TO RULES REGARDING POSITION, ALIGNMENT, OR ROLE (5 YARD PENALTY HIGH SCHOOL THROUGH NFL)