



Virginia & West Virginia Bariatric Society 2026 Annual Meeting

The Hotel Roanoke & Conference Center
July 17 & 18, 2026



MEETING INFORMATION

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Society for Metabolic and Bariatric Surgery (ASMBS) and The Virginias State Chapter of the ASMBS. The ASMBS is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The American Society for Metabolic and Bariatric Surgery designates this live activity for a maximum of 11 *AMA PRA Category 1 Credit(s)*.TM Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing credits up to 11CE contact hours are provided by Taylor College, Los Angeles, California (may not be accepted for national certification). Provider is approved by the California Board of Registered Nursing, provider number CEP-3285, for the stated number of contact hours.

Credit Claim Instructions

You will receive an email from ASMBS with a link to evaluate the State Chapter Meeting. Once you complete the evaluation, you will automatically receive an email with your CME Certificate and Certificate of Attendance. General Nursing Certificates will be issued by Taylor College and sent within six weeks of the activity.

Exhibits

We extend our sincere appreciation to companies that have supported this conference. Continuous refreshment service will be available in the exhibit hall throughout the conference. Please visit the exhibitors in Roanoke Ballroom AB.

Play to Win Raffle

At registration, attendees will be given a "Play to Win" game card. Visit all of the vendors and get a signature from each one. We will raffle off two great prizes - a Bose speaker and Shokz earbuds. The raffle will be held at the conclusion of the educational session on Saturday.

Passport to Product Theaters - NEW!

Attend the lunchtime Product Theaters, get your passport initialed, and be entered for a chance to win a FitBit. Winners will be announced at the conclusion of the educational session on Saturday.

VBS Contact Information

2821 Emerywood Parkway, Suite 200 | Richmond, VA 23294
Susan McConnell | VBSDirector@ramdocs.org
804.622.8139 | www.VirginiaBariatricSociety.com

2025-2026 BOARD OF DIRECTORS

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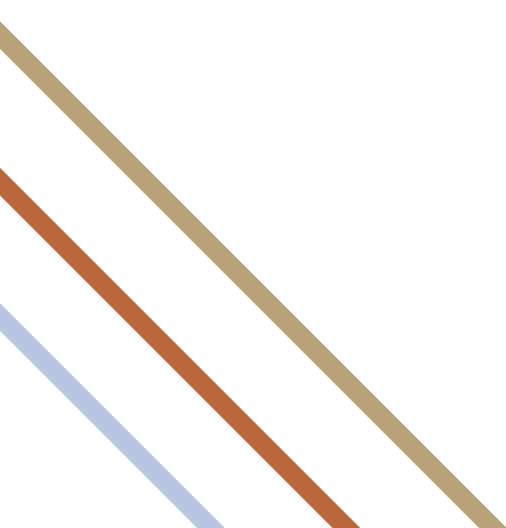
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Agenda

FRIDAY, JULY 17

9:00 am - 10:00 am

Registration | Visit Exhibitors | Breakfast

North Entry | Roanoke Ballroom AB

Roanoke CD

10:00 am - 10:15 am

Welcome

Lawrence Tabone, MD, MBA, FACS

President, Virginia / West Virginia Bariatric Society

WVU Medicine

10:15 am - 10:45 am

Intersection of Bariatric Surgery and Transplantation

Arnold D. Salzberg, MD, FACS, FASMBS

Associate Professor of Surgery

Chief, Bariatric and Transplant Surgery

Director, Bariatric and Metabolic Surgery

Director, Carilion Weight Loss Center

10:45 am - 11:15 am

Pediatric Metabolic and Bariatric Surgery: Evidence, Outcomes and On-Going Challenges

Marc P. Michalsky, MD, MBA, FACS, FASMBS, FAAP

Professor of Clinical Surgery and Pediatrics

The Ohio State University, College of Medicine

Surgical Director, Center for Healthy Weight & Nutrition

Nationwide Children's Hospital

11:15 am - 11:45 am

Weight Stigma

Jennifer Salluzzo, MD, FACS

Associate Professor

Director, Foregut / Bariatric / Advanced GI / MIS Fellowship

VCU Health

11:45 am - 12:00 pm

Q & A Session

12:00 pm - 1:00 pm

Buffet Lunch with Exhibitors

Roanoke Ballroom AB

-or-

Lunch & Learn (non-CME, optional) Sponsored by: NovoNordisk

More Ways to Manage Obesity: Options Across the Wegovy® Portfolio

Jeffrey Sicat, MD, FACE, MFOMA

Virginia Weight & Wellness | Glen Allen, VA

Roanoke Ballroom GH (max 30 attendees)

Agenda

FRIDAY, JULY 17

- 1:00 pm - 1:30 pm **Management of Choledocholithiasis in Patients with a History of Gastric Bypass**
Cullen Carter, MD, FACS, FASMBS
Associate Professor
University of Virginia
- 1:30 pm - 2:00 pm **Management of Hernia in the Bariatric Patient - Should We Push the Boundaries**
Andrew R. Luhrs, MD, FACS, FASMBS, DABS-FPMBS
Associate Professor of Surgery
The Warren Alpert Medical School of Brown University
Director, Center for Medical and Surgical Weight Loss
Brown University Health Associate Program
- 2:00 pm - 2:30 pm **Nutrition Considerations to Optimize Follow-through and Longevity of the Long-term Bariatric Surgery Patient**
Tiffany Mihaliak, RD
WVU Medicine
Metabolic and Weight Loss Surgery
- 2:30 pm - 3:00 pm **Break | Visit Exhibitors**
Roanoke Ballroom AB
- Roanoke CD**
- 3:00 pm - 3:30 pm **Psychological Factors of GLP-1 Use: Potential Implications for the Bariatric Surgery Patient**
Kaila Kutz, PsyD
Assistant Professor and Clinical Psychologist
WVU Medicine
- 3:30 pm - 4:00 pm **How I Do SADI**
Adolfo "Fuzz" Fernandez, MD, FACS
Professor, Department of General Surgery
Atrium Health Wake Forest Baptist
Medical Director, Bariatric Surgery Program

Agenda

FRIDAY, JULY 17

- 4:00 pm - 4:30 pm **Current Topics, Priorities, and Perspectives on Innovations in Procedural Weight Loss**
Matthew Brengman, MD, MSHA, FACS
Advanced Surgical Partners of Virginia - Richmond
- 4:30 pm - 4:45 pm **Q&A Session**
- 5:30 pm - 7:30 pm **Welcome Reception & Casino Night** | Roanoke Ballroom E-H
Join us for a family-friendly Casino Night Welcome Reception! Open to all attendees, including children! Try your luck with “funny money” and enjoy an evening filled with games, laughter, and fun for all ages.

SATURDAY, JULY 18

- 9:00 am - 10:00 am **Registration | Visit Exhibitors | Breakfast**
North Entry | Roanoke Ballroom AB
- Roanoke CD**
- 10:00 am - 10:15 am **Morning Announcements**
Lawrence Tabone, MD, MBA, FACS
President, Virginia / West Virginia Bariatric Society
- 10:15 am - 10:45 am **Redefining Behavioral Health Clearance: From Gatekeeping to Guiding Better Outcomes**
Kati Duncan, PsyD
Licensed Clinical Psychologist
Assessment & Therapy Associates
- 10:45 am - 11:15 am **Building and Sustaining a Bariatric Surgery Program in a Rural Community Setting**
Zaheer Faizi, MD
Director of Bariatric and Metabolic Surgery
Sentara – Bariatric Surgery

Agenda

SATURDAY, JULY 18

- 11:15 am - 11:45 am **Magnetic Sphincter Augmentation in Bariatric Surgery**
Leena Khaitan, MD, MPH, FACS, FASMBS
Professor of Surgery
University Hospitals, Cleveland Medical Center
- 11:45 am - 12:00 pm **Q&A Session**
- 12:00 pm - 1:00 pm **Buffet Lunch with Exhibitors**
Roanoke Ballroom AB
-or-
Lunch & Learn (non-CME, optional)
Sponsored by: Baxter/Origami Surgical
StitchKit: My Experience with a New Novel Product in Bariatrics
Lawrence Tabone, MD, MBA, FACS
WVU Medicine
Roanoke Ballroom GH (max 30 attendees)
- Roanoke CD**
1:00 pm - 1:30 pm **Emerging Pharmacotherapies in Obesity Management:
What's New and What's Next**
Catherine Varney, DO, FAAFP, FOMA
Associate Professor
Obesity Medicine Director
University of Virginia
- 1:30 pm - 2:00 pm **How to Move the Needle and Expand Bariatric Surgery Utilization**
Guilherme M. Campos, MD, PhD, FACS, FASMBS
Paul J. Nutter Professor of Surgery
Chair, Division of Bariatric and GI Surgery
VCU Health
- 2:00 pm - 2:20 pm **Break | Visit Exhibitors**
Roanoke Ballroom AB
- Roanoke CD**
2:20 pm - 2:50 pm **Metabolic Endoscopy**
Shailendra Singh, MD, FASGE
Director of Advanced Endoscopy
Director of Bariatric Endoscopy
Associate Professor of Medicine
WVU Medicine

Agenda

SATURDAY, JULY 18

2:50 pm - 3:20 pm **Obesity and GERD: Beyond Acid**
Guilherme S. Mazzini, MD, PhD
Assistant Professor of Surgery
Division of Bariatric and GI Surgery
VCU Health System

3:20 pm - 3:30 pm **Q&A Session**

3:30 pm - 4:00 pm **Business Meeting**

4:00 pm **Adjourn**



5:30 pm - 6:00 pm **Cocktail Reception**
Pocahontas Foyer

6:00 pm - 7:15 pm **Keynote Speaker: A.I. in Surgery**
James Jung, MD, PhD, FACS, FRCSC
Assistant Professor of Surgery
Assistant Professor in Biostatistics & Bioinformatics
Duke University
Pocahontas Room

7:30 pm - 10:30 pm **VBS After Dark - Karaoke Party!**
Club aka

PRODUCT THEATERS

FRIDAY, JULY 17 | 12:00 – 1:00 pm

Roanoke Ballroom GH

***More Ways to Manage Obesity: Options
Across the Wegovy® Portfolio***

Jeffrey Sicat, MD, FACE, MFOMA

Virginia Weight & Wellness

Glen Allen, VA



SATURDAY, JULY 18 | 12:00 – 1:00 pm

Roanoke Ballroom GH

***StitchKit: My Experience with a New
Novel Product in Bariatrics***

Lawrence Tabone, MD, MBA, FACS

WVU Medicine

Baxter

StitchKit®

EXHIBITORS

Baxter

BOEHRINGER®
Caring for Lives through Innovation, Quality and Service

**Boston
Scientific**

enterra®
medical

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GT Metabolic™

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