



The Scope of Obesity

2023 VBS

ANNUAL SCIENTIFIC MEETING

AUGUST 18 & 19, 2023

KINGSMILL RESORT | WILLIAMSBURG, VA

MEETING INFORMATION

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Society for Metabolic and Bariatric Surgery (ASMBS) and the Virginia State Chapter of the ASMBS. The ASMBS is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The American Society for Metabolic and Bariatric Surgery designates this live activity for a maximum of 10.5 AMA PRA Category 1 Credit(s).TM Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing credits (up to 10.5 CE contact hours) are provided by Taylor College, Los Angeles, California (possibly may not be accepted for national certification). Provider is approved by the California Board of Registered Nursing, provider number CEP-3285, for the stated number of contact hours.

Credit Claim Instructions

Each attendee will receive an email from ASMBS with instructions on how to claim credits.

Exhibits

We extend our sincere appreciation to companies that have supported this conference. All refreshments will be served in the exhibit hall. Please visit the exhibitors in the James River Grand Ballrooms A/B.

Play to Win Raffle

At registration, attendees will be given a "Play to Win" game card. Visit all of the vendors to get a signature from each one. We will raffle off two great prizes! The raffle will be held on Saturday after the lunch break. You must be present to win.

VBS

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804.625.3851 | www.virginiabariatricsociety.com

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Agenda

FRIDAY, AUGUST 18

DEFINING OBESITY AND ITS SCOPE

- 10:00am - 6:00pm **Registration | Exhibits**
Prefunction Area, James River Grand Ballrooms A/B
- 12:20pm - 12:30pm **Welcome | James River Grand Ballrooms C/D**
Gregory Adams, MD
VBS President
Sentara Comprehensive Weight Loss Solutions
Norfolk, VA
- 12:30pm - 12:50pm **METATOC: Metabolic Tactical Operations Committee**
Stephen Craig, MHA, FACHE
Vice President of Business Operations
Sentara Medical Group
Norfolk, VA
- 12:50pm - 1:10pm **Through the Lens of the Bariatrician**
Lauren Schmidt Self, DO, Dipl. of ABOM
Medical Director of Weight Management
Assistant Professor of Internal Medicine
Virginia Tech Carilion
Roanoke, VA
- 1:10pm - 1:30pm **Medical Nutrition Therapy for Treatment of Obesity in West Virginia - Changes & Challenges**
Rachel Allio, MS, RD, LDN
West Virginia University Medicine
Morgantown, WV
- 1:30pm - 1:50pm **The VA's Experience with New Guidelines**
Michael Barker, MD
Central Virginia Healthcare System
Richmond, VA
- 1:50pm - 2:20pm **Panel Discussion**
Moderated by Greg Adams, MD
- 2:20pm - 2:40pm **Break | Visit Exhibitors**
James River Grand Ballrooms A/B

Agenda

PRE & POST OPERATIVE MANAGEMENT/CARE

- 2:40pm - 3:20pm **It's a Marathon, Not a Sprint: MBS Outcomes via Effective Aftercare**
Kelly Broadwater, LPA, LCMHC, CEDS-S & Chaundra Evans, RD, LDN
BariEDucated
Wilmington, NC
- 3:20pm - 3:40pm **Group vs. Individual Diet Visit**
Caitlin Morris, RD, LD & Hannah Witherspoon, RD
Department of Bariatric & GI Surgery
Virginia Commonwealth University Health System
Richmond, VA
- 3:40pm - 4:00pm **Insufficient Weight Loss and Weight Regain: Medical Management Post-Bariatric Surgery**
Kristina Kratovil, MD
Sentara Comprehensive Weight Loss Solutions
Norfolk, VA
- 4:00pm - 4:30pm **Panel Discussion**
Moderated by Jennifer Salluzzo, MD
- 4:30pm - 4:50pm **Break | Visit Exhibitors**
James River Grand Ballrooms A/B
- 4:50pm - 5:15pm **Shrinking Waistlines, Growing Options: GLP-1/GIP RA Medications Post Bariatric Surgery**
Catherine Varney, DO
Obesity Medicine Director, Bariatric Surgery Program
University of Virginia School of Medicine
Charlottesville, VA
- 5:15pm - 5:45pm **QI Presentations**
Sentara Comprehensive Weight Loss Solutions
Richmond VAMC, & HCA Healthcare
- 5:45pm - 5:50pm **Wrap Up**
- 5:50pm - 7:00pm **Welcome Reception**
James River Grand Ballrooms A/B

Agenda

SATURDAY, AUGUST 19

- 7:00am - 2:15pm **Registration | Exhibits**
Prefunction Area, James River Grand Ballrooms A/B
- 7:00am - 7:50am **Breakfast with Vendors**
James River Grand Ballrooms C/D
- 7:50am - 8:20am **Welcome & Annual Business Meeting | James River Grand Ballrooms C/D**
Gregory Adams, MD
VBS President
- 8:20am - 8:30am **ASMBS Presidential Address**
Marina Kurian, MD, FACS
*Clinical Professor, Department of Surgery
NYU Langone Health
New York, NY*
- 8:30am - 8:50am **Abstract Presentation**

INNOVATIVE & COMPREHENSIVE APPROACHES TO OBESITY

- 8:50am - 9:15am **Obesity: Boots on the Ground**
Michael Jones, DO
*Centra Weight Loss
Centra Medical Group
Lynchburg, VA*
- 9:15am - 9:40am **Comprehensive Obesity Management: Your One Stop Shop**
Joshua Alley, MD
*Centra Weight Loss
Centra Medical Group
Lynchburg, VA*

Agenda

- 9:40am - 10:10am **Break | Visit Exhibitors**
James River Grand Ballrooms A/B
- 10:10am - 10:35am **Healing at Home: How to Safely Transition Your Bariatric Surgery Practice to Outpatient**
Amanda Pyscher Cox, MD, FACS
*Medical Director of Bariatric Surgery, Reston Hospital Center
Surgical Consultants of Northern Virginia
Reston, VA*
- 10:35am - 11:00am **Head Hunger: What Our Patients Want Us to Know**
Michelle O'Brien, LPC, NCC
*Founder and Co-Director, Virginia Health Counseling
Richmond, VA*
- 11:00am - 11:25am **Embracing SADI**
Timothy S. Snow, DO, FACS, FASMBS
*Director of Bariatric & Metabolic Surgery
Sentara Martha Jefferson Hospital
Charlottesville, VA*
- 11:25am- 12:30pm **Lunch with Vendors | James River Grand Ballrooms A/B** **OR**
- 11:30am- 12:30pm **(non-CME, optional lunch program) | Randolph Room**
Comparisons of Outcomes Pre & Post Utilization of 23cm Single Fire Stapler for Sleeve Gastrectomy in Primary Bariatric Procedures
Paul Enochs, MD, FACS, FASMBS
Presented by Standard Bariatrics | Teleflex
- James River Grand Ballrooms C/D**
- 12:30pm - 12:55pm **OAGB: A Proven, Successful Alternative to SG & RNYGB**
Thomas R. Walsh, MD, FACS, CPE
*Co-Medical Director
Novant Health
Charlotte, NC*

Agenda

- 12:55pm - 1:20pm **Modified Sleeve Gastrectomy**
Guilherme M. Campos, MD, PhD, FACS, FASMBS
*Paul J. Nutter Professor of Surgery
Chair, Division of Bariatric & GI Surgery
VCU Health System
Richmond, VA*
- 1:20pm - 1:45pm **Complications for Different Approaches**
Lawrence Tabone, MD, MBA, FACS, FASMBS, ABOM
*Director of Metabolic & Weight Loss Surgery
West Virginia University
Morgantown, WV*
- 1:45pm - 2:10pm **Build Rapport for Long Term Outcomes**
Angel Phillips, LPC
*Mindful Changes Counseling
Virginia Beach, VA*
- 2:10pm - 3:00pm **Stump the Professor**
- 3:00pm - 3:05pm **Wrap Up**
-
- 6:30pm - 7:30pm **Keynote Speaker**
Access to Obesity Care 2023
Michael Seger, MD, FACS, FASMBS
*Bariatric Medical Institute of Texas, PLLC
Past Chair, ASMBS Access to Care Committee
Past President, Texas State Chapter ASMBS
and Texas Association for Bariatric Surgery*
- 7:30pm - 8:00pm **Awards & Adjourn**
- 8:00pm - 12:00am **VBS After Dark**
Padgett's Guest House

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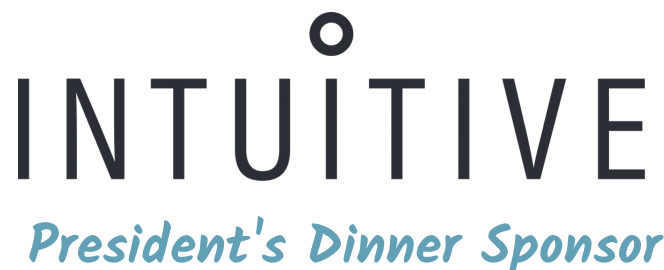
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