

**Sept
2026**

ABGworks Fall 2026 Calendar



Dates	Day	Time	Activity	Instructor	Location	Cost	Notes
Sept 1, Oct 6, Nov 3, Dec 1	1st Tue	10:30am- 12pm	Enrichment Skills: Art	Mrs Barbra & Mrs Sarah _Arts for All Studios	784 N Apollo Blvd, Melbourne, FL 32935	\$25	Bring Lunch or Snack
		1:15- 2pm	Enrichment Skills: ABG Music Jam with Friends	Mr Rob _Florida Music Therapy	First United Methodist Church (upper floor) 110 E New Haven Ave Melbourne, FL 32901		
Sept 2, Oct 7, Nov 4, Dec 2	1st Wed	11- 11:45am	Community Engagement & Movement: Turkey Creek Sancary Walking In Nature with Friend	Mrs Jackie & Mr Bryant	Turkey Creek Sanctuary 1518 Port Malabar Blvd NE, Palm Bay, FL 32905	\$20	Bring Lunch or Snack
		12:30- 2pm	Enrichment Skills: Advocacy, Communication, & Creative Journaling	Mrs Jackie, Mrs Nicole & Mental Health _UF Extension Program	Turkey Creek Library 1520 Port Malabar Blvd NE, Palm Bay, FL 32905		
Sept 3, Nov 5, Dec 3	1st Thur	11am - 2pm	Social & Enrichment Skills: General Knowledge, Computer, Craft Skills/ Games & Basketball	Mrs Jackie, Mrs Denise K & Mr Bryant	Melbourne First Church of the Nazarene, 2745 South Babcock Street, Melbourne, FL 32901	\$25	Lunch Included
			Community Engagement Trip: Melbourne Airport Tour & Disability Sunflower Pass / Lunch	Must RSVP	Melbourne Airport 1 Air Terminal Pkwy, Melbourne, FL 32901		
(Sept 8 - No Session), Oct 13, Nov 10, Dec 8	2nd Tues	11am- 12pm	Community Engagement Trip: Lunch with Friends		Chick-fil-A 1130 Malabar Rd SE, Palm Bay, FL 32907	\$25	Bring Lunch or Snack
		12:30- 2pm	Enrichment Skills: Health, Safety & CPR Rocks	UF Extension Program/ Mrs Grace_ MELLO 1st Aide Training	Franklin T. DeGroodt Public Library 6475 Minton Rd, Palm Bay, FL 32908		
(Sept 9 - No Session), Oct 14, Nov 11, Dec 9	2nd Wed	11am- 1pm	Enrichment Skills: Cooking	Chef Jillian owner Senior Chefs/ Guest Chef Kamal	Melbourne First Church of the Nazarene, 2745 South Babcock Street, Melbourne, FL 32901	\$25	Lunch Included
(Sept 10 - No Session), Oct 15, Nov 12, Dec 10	2nd Thur	12- 2pm	Community Engagement & Movement: Bowling with Friends (Shoes, 2 bowling games, pizza & drink)	Mr Bryant, Mrs Jackie & Mr Rob	Shore Lanes Bowling Alley - 4851 Dairy Rd, Melbourne, FL 32904	\$20	Lunch Included
			Community Engagement & Movement: Bowling with Friends ((Shoes, 2 games or 2 hours of bowling Only)	Mr Bryant, Mrs Jackie & Mr Rob	Shore Lanes Bowling Alley - 4851 Dairy Rd, Melbourne, FL 32904		

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Sept 15, Oct 20, Nov 17, Dec 15	3rd Tues	11am- 1:15pm	Job & Social Skills: Trinity Towers South - BOWZ PopUp, Games & Socializing with Seniors	Mr Bryant & Mrs Jackie	TrintyTowers South. 615 E New Haven Ave, Melbourne, FL 32901	\$25	Bring Lunch or Snack
		1:15- 2pm	Community Engagement & Enrichment Skills: ABG Music Jam with Senior Friends	Mr Rob _Florida Music Therapy			
Sept 16, Oct 21, Nov 18, Dec 16	3rd Wed	11am- 1pm	Enrichment Skills: Independence Skills, Crafts, Games/ Movement: Yoga/Line Dancing	Mrs Wanda_ Spectrum Sparkles - Sparkly Silken Fairy Hair	Melbourne First Church of the Nazarene, 2745 South Babcock Street, Melbourne, FL 32901	\$25	Lunch Included
Sept 17, Oct 15, Oct 22, Nov 19, Dec 17	3rd Thur	11am - 2pm	Job & Gardening Skills & Tours: ABGworks Roots to Work	UF Extension Program/ Mrs Jackie	Adaptive Recreation Center at Wickham Park 2450 Parkway Drive, Melbourne, FL 32935	\$20	Bring Lunch or Snack
Sept 22, Oct 27 (Holiday Break Nov & Dec)	4th Tues	TBD	Community Engagement Trip: McKee Botanical Garden & Lunch	(movies, museums, parks, educational programs, guest speakers, facility tours & luncheons)	McKee Botanical Garden 350 US-1, Vero Beach, FL 32962	\$25	Lunch Included
Sept 23, Oct 28(Holiday Break Nov & Dec)	4th Wed	11:00am- 12pm	Community Engagement & Movement: Sports (Basketball, Soccer, Softball)	Mr Bryant/ Fellowship of Christian Athletes	Melbourne First Church of the Nazarene, 2745 South Babcock Street, Melbourne, FL 32901	\$25	Bring Lunch or Snack
		12:30- 2pm	Enrichment Skills: Money Management & Entrepreneurial Skills with Mrs Denise & Mrs Jackie	Mrs Denise _Guides By You Money Management/Mrs Jackie	Melbourne First Church of the Nazarene, 2745 South Babcock Street, Melbourne, FL 32901		
Sept 24, Oct 29 (Holiday Break Nov & Dec)	4th Thur	12- 2pm	Community Engagement & Movement: Bowling with Friends (Shoes, 2 bowling games, pizza & drink)	Mr Bryant, Mrs Jackie & Mr Rob	Shore Lanes Bowling Alley - 4851 Dairy Rd, Melbourne, FL 32904	\$20	Lunch Included
			Community Engagement & Movement: Bowling with Friends ((Shoes, 2 games or 2 hours of bowling Only)	Mr Bryant, Mrs Jackie & Mr Rob	Shore Lanes Bowling Alley - 4851 Dairy Rd, Melbourne, FL 32904	\$12	Lunch Not Included
Sept 29th	5th Tues	11am- 12pm	Community Engagement & Movement: Basketball/ Sports Games	Mr Bryant & Mrs Jackie	Melbourne First Church of the Nazarene, 2745 South Babcock Street, Melbourne, FL 32901	\$25	Bring Lunch or Snack
		12:30- 2pm	Enrichment Skills: Health, Safety & CPR Rocks	UF Extension Program/ Mrs Grace_ MELLO 1st Aide Training			
Sept 30th	5th Wed	11am- 1pm	Enrichment Skills: Cooking	Chef Jillian owner Senior Chefs/ Guest Chef Kamal	Melbourne First Church of the Nazarene, 2745 South Babcock Street, Melbourne, FL 32901	\$25	Lunch Included