# The Angel Messenger







## A Bevy of Fun & Engaging Activities!

Activities that lift, connect, and teach everyone involved.



#### by Christina Chiarillo

What an incredible month we had at ABGWorks Inc.! We are so grateful for all the amazing people joining us for fun and learning activities. Here are some of the highlights of what we did together:

- We went back in time at <u>Game Over Retro Arcade</u> in West Melbourne, where we played classic games like Pac-Man, Donkey Kong, and Space Invaders. It was a blast to see everyone's competitive spirit and nostalgia. Refer to the picture above to see our favorite adults having a blast from the past!



- We learned some delicious recipes from Chef Jillian, who taught us how to make Pumpkin Spice Power Balls, Carrot Cake Smoothies to boost your gut health, and create some fun wraps where we got to cut a variety of soft tortilla shells into Jack O Lantern shapes before filling and wrapping! Everyone enjoyed the cooking process and the tasty results. We even got to take home some leftovers!



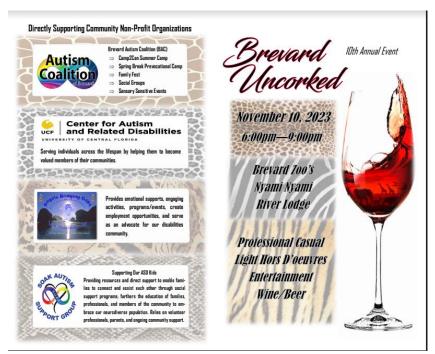
- We rocked out at the Music Jam Session, singing, playing instruments, and listening to our favorite tunes. It was a great way to express ourselves and bond with each other.

- We had a spooky and fun time at the annual <u>Exceptional Boo at the Brevard Zoo</u>, where we were blessed to have a table that helped inform our local community about our group and support <u>Bright Feats</u>. We saw fun costumes, viewed and interacted with exotic animals, and collected candy. Seeing everyone's big hearts, creativity, and



We all had the opportunity to attend several other events, and we hope you had as much fun as we did. We can't wait to see you again for more fantastic events next month. Thank you for being part of our ABGWorks family!

# Brevard Uncorked: We Need Your Help!



Get ready for Brevard Uncorked - a fantastic event happening on November 10th. This event is an excellent opportunity to support local organizations, including ABGworks, one of the four beneficiaries of the raffle tickets sold at Brevard Uncorked.

However, we need your help! We are requesting donations for baskets to be raffled off. If you can create or buy a basket, please contact Jacquline via email and text November by the 4th. You can find the event schedule at the end of this newsletter. Your generosity is greatly appreciated!

## Highlighting Members' Independence through SCAT

#### by Christina Chiarillo

Sammy, a member of ABGworks, achieved a significant milestone on Thursday, October 26th. He attended a bi-monthly bowling activity at the Shore Lanes Bowling Center, one of his favorite activities. With the help of the SCAT Paratransit Bus service, which caters to the special needs community, he was able to enjoy the sport with his friends without worrying about transportation. The SCAT bus service provides door-to-door service to and from the destination at a reduced cost.



Sammy had a great ride with a driver who was punctual just like him. After the ride, Sammy took a SCAT Paratransit Bus to go back home. During the ride, another passenger who was visually impaired and coming back from work at Dunkin' Donuts on West US 192 also joined the bus. This particular ride was significant for Sammy, as it was the first time he had traveled alone to an activity without any assistance from his parent or caregiver. The photographer was overjoyed and captured this memorable moment in a photo where Sammy can be seen with a big smile on his face.

If you know someone who deserves recognition in our newsletter, please email Christin at covertwordsmith@kridina.com. We will feature stories on a first-come, first-serve basis.	ıa



## Who is Space Coast Area Transit? AKA "SCAT"

By Christina Chiarillo on November 01, 2023

Hello, readers of the newsletter! Does Sammy's story inspire you? I know it inspired us! We want to help everyone find independence to do what they want and need to do. To that end, I would like to inform you about an excellent transportation service in our area called Space Coast Area Transit (SCAT).

SCAT is the public transit system that serves the communities in Brevard County, Florida. It offers various services such as fixed routes, paratransit services, vanpools, and volunteers in motion. Disabled adults traveling around the county can significantly benefit from using SCAT.

For eligible persons who cannot use the regular fixed-route buses, SCAT provides ADA paratransit service. ADA paratransit service is available during the same days and hours as the standard fixed-route service. To apply for ADA paratransit service, you must fill out an application form and submit it to SCAT. You can find the application form and more information on their website: <u>321Transit.com</u>. If you have any issues filling out the form or require assistance with any other service aspect, please don't hesitate to contact Tony at 321–205–7310.

SCAT is a convenient and affordable way to travel in Brevard County. You can buy passes online, by phone, or at various locations. You can also use their real-time bus tracker to plan your trips and see where your bus is. Maps and schedules are found on their website at the top of their page, so be sure to check out the link above to use this resource.

We hope that you found this information about SCAT helpful and informative. Stay tuned for more updates on local services and events in our newsletter. Thank you for reading!





## **November & December Calendar of Events**

Tuesday	Wednesday	Thursday	Friday	Saturday
31 -ABGworks Community Engagement: LaPorte Farms (Halloween Party Outing. - Come Dressed ♠) Scheduled: 10:30 AM to 1:30 PM Location: 7700 129th St Sebastian FL 32958 Cost \$20 (Bring Lunch or Money).	ABGworks Enrichment- Self Empowerment & Job Skills - Jackie, Phil, Tony & Bill Myers , Diane Dickson (Data Entry, Customer Service, Sales, Computers) Scheduled:11am to 2pm Location: Malabar Baptist Church 1665 Malabar RD Malabar, FL 32950 Cost \$25 (Lunch included)	2 - ABGworks Enrichment Activities: Crafts; Thrift & Consignment Boutique Closet Organization - Job Skills; Games & Sports/Basketball with Friends Malabar Baptist Church 1665 Malabar Rd, Malabar, FL 32950. Cost \$25 (Bring Lunch or Money)	6 -	7 -
7 -ABGworks Community Engagement Scheduled: 11:30 AM to 1:30 PM Location: Arts for All Studio 784 N Apollo Blvd, Melbourne, FL 32935 Cost \$25 (Bring Lunch or Money)	8 -ABGworks Enrichment- Cooking Skills with Chef Jillian; Games & Sports with Friends Scheduled: 11:00 AM to 2:00 PM Location: Malabar Baptist Church 1665 Malabar Rd, Malabar, FL 32950 Cost \$25 (Lunch included)	9 -ABGworks - Bowling with Friends. Scheduled: 12:30 PM to 2:30 PM, Location: Shore Lanes Palm Bay 4851 Dairy Rd, Melbourne, FL 32904 Cost \$20 (Lunch included)	10 - Brevard Autism Coalition - Brevard Uncorked Fundraising Event (6:00 to 9:00 PM) Location: Brevard Zoo	6 -
14 -ABG Community Engagement Tour (11am-12:30): ABGworks Community Engagement Tour Scheduled: 11:00 AM to 1:00 PM Location: Home Depot - Malabar 1140 Malabar Rd SE, Palm Bay, FL 32907 *Bring Lunch or Money • ABGworks Music Jam Session- Florida Music Therapy (1-2pm) . First Church of Melbourne 110 E New Haven Ave	15 - ABGworks Enrichment - Katherine's Crafts, Music, Gardening & Life lessons/ Yoga & Line Dancing with Mrs Wanda Scheduled: 10:30AM to 1:30PM, Location: Malabar Baptist Church 1665 Malabar Rd, Malabar, FL 32950 Cost \$25 (Lunch included)	16- ABGworks Enrichment- Pottery Clay Crafts with Mrs Sharon; Games & Basketball with Friends Scheduled: 11:00 AM to 2:00 PM, Location: Malabar Baptist Church 1665 Malabar Rd, Malabar, FL 32950 *Bring Lunch Cost \$20	17 -Ability Workshops's Markers Market Vendor Fair (6PM to 9PM) Location: Lank Concord Park 95 Triplet Lake Dr, Casselberry, FL 32707 (Free community partner event).	18 -
Melbourne FL 32901 Cost \$25 (Bring Lunch or Money)  21 - ABGworks Community Engagement: ABGworks Mobile Thrift & Consignment Entrepreneurial Skills Scheduled: 11:00 AM to 2:00 PM Location:TBD. Cost \$25 (Bring Lunch or Money)	22 - Thanksgiving Pre-Holiday	23- Happy Thanksgiving ABG Families	24 -	25 -
ABG Disability Village Caregiver & Community Partner Monthly Virtual Meeting (focus on teens/adults)     Scheduled: 6:30PM to 8:30pm.     https://us06web.zoom.us/j 4023740815pwd=NEhMN2RaclQrTkpUd W1XTTZubGZ5Zz09				
28 - ABGworks Community Engagement Scheduled: 11:00 AM to 1:00 PM Location: Publix 1150 Malabar Rd SE, Unit 120, Palm Bay, FL 32907 • ABGworks Music Jam Session- Florida Music Therapy (1-2pm) . First Church of Melbourne 110 E New Haven Ave	29 - ABGworks Enrichment- Money Management/ Entrepreneurial Skills & Independence Skills with Mrs Denise Scheduled:10:30 AM to 1:30 PM Location: Malabar Baptist Church 1665 Malabar Rd, Malabar, FL 32950 Cost \$25 (Lunch included)*	30 - ABGworks - Bowling with Friends. Scheduled: 12:30 PM to 2:30 PM, Location: Shore Lanes Palm Bay 4851 Dairy Rd, Melbourne, FL 32904 Cost \$20 (Lunch included)		

December 2023 - Al Tuesday	Wednesday	Thursday	Friday	Saturday
Tuesday	vedicsday	Thursday	1 - Friday Friends Scheduled: 6: 00 PM to 8: 00 PM Location: Our Lady of Grace Catholic Church 300 Malabar Rd, Palm Bay, FL 32907. (Free communit y partner event)	2 -
5 -ABGworks Community Engagement Scheduled: 11:30 AM to 1: 30 PM Location: Arts for All Studio 784 N Apollo Blvd, Melbourne, FL 32935 / Tour Coal Fired Pizza Cost \$25 (Bring Lunch or Money)	6 - ABGworks EnrichmentFCA Sports Huddle with ABGworks -Self Empowerment & Job Skills with Jackie, Phil, Tony & Bill Myers, Diane Dickson (Data Entry, Customer Service, Sales, Computers) Scheduled:11AM to 2PM Location: Field of Dreams 3053 Fell Road West Melbourne, FL 32904 Cost \$25 (Lunch included)	7 - ABGworks Enrichment Activities: Crafts; Thrift & Consignment Boutique Closet Organization - Job Skills; Games & Sports/Basketball with Friends Malabar Baptist Church 1665 Malabar Rd, Malabar, FL 32950. Cost \$25 (Bring Lunch or Money)	8 -	9 -
12 -ABG Community Engagement Tour (11am- 12:30): Location: Nautical Collections Shells & Gifts. 405 Ocean Ave, Melbourne Beach, FL 32951 *Bring Lunch or Money  • ABGworks Music Jam Session- Florida Music Therapy (1-2pm) . First Church of Melbourne 110 E New Haven Ave Melbourne FL 32901 Cost \$25 (Bring Lunch or Money)	13 -ABGworks Enrichment-Cooking Skills with Chef Jillian; Games & Sports with Friends Scheduled: 11:00 AM to 2: 00 PM Location: Malabar Baptist Church 1665 Malabar Rd, Malabar, FL 32950 Cost \$25 (Lunch included)	14 -ABGworks - Bowling with Friends. Scheduled: 12:30 PM to 2:30 PM, Location: Shore Lanes Palm Bay 4851 Dairy Rd, Melbourne, FL 32904 Cost \$20 (Lunch included)	15 -	16 - ABG 2nd Annua Santa's North Pole Outlet (volunteers needed)



### "SANTA'S NORTH POLE OUTLET"

Saturday December 16th 10am-2PM

**Space Coast Field of Dreams** 

This event is for kids of all ages

For the younger kids, there will be an exclusive area for them to go shopping for family and friends. The kids will also help wrap their own presents.

ALL gifts are under \$5

While the kids are shopping with our "ELF ANGELS", the adults can shop for last minute gifts.

LIVE Music Food Raffles ZOO Animals
Blood Mobile Mascots

To find out more about our adult disabilities day program or to get assistance finding resource information related to disabilities, please reach out to us at <a href="mailto:ABGworks1@gmail.com">ABGworks1@gmail.com</a>.

The latest edition of the Bright Feats magazine is available for viewing! Click Here & Enjoy! FOLLOW THESE LINKS to LEARN MORE: WEBSITE. FACEBOOK, TWITTER. INSTAGRAM



1901 Avacado Ave. Melbourne FL 32935 321.622.6682

### Look at our new wheels! The ABG Boutique & Consignment Shop going mobile into the community



















































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