

Seizure First Aid

How to help **someone** having a seizure in a wheelchair

1

STAY with the person until they are awake and alert after the seizure.

- ✓ **Time** the seizure ✓ Remain **calm**
- ✓ Check for **medical ID** ✓ Check for **Seizure Action Plan**
- ✓ **Rescue medicines can be given** if prescribed by a health care professional



2

Keep the person **SAFE**.

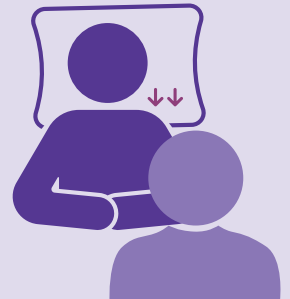
- ✓ Keep them **in the wheelchair** unless you have to move them
- ✓ Use **wheelchair lock** to keep the wheelchair in place and **put seatbelt on loosely** to keep them from falling out
- ✓ **Pad the wheelchair** to prevent injury
- ✓ **Stand in front** of the wheelchair to prevent them from slipping out
- ✓ Move or guide away from **harm**



3

Turn the person's chin down and to the **SIDE**. Support their head to help keep the airway clear.

- ✓ If they **can't stay in** the wheelchair safely, call for help and guide them gently to the floor. Turn the person onto their **SIDE** with their head turned to the side if they are not awake and aware
- ✓ **Loosen tight clothes** around neck
- ✓ Put **something small and soft** under the head



Call
911 if...

- ▶ Seizure lasts longer than 5 minutes
- ▶ Person does not return to their usual state
- ▶ Person is injured, pregnant, or sick
- ▶ Repeated seizures
- ▶ First time seizure
- ▶ Difficulty breathing

Do
NOT

- ✗ Do **NOT** restrain.
- ✗ Do **NOT** put any objects in their mouth.

Learn More and Register for Training: epilepsy.com/firstaid

