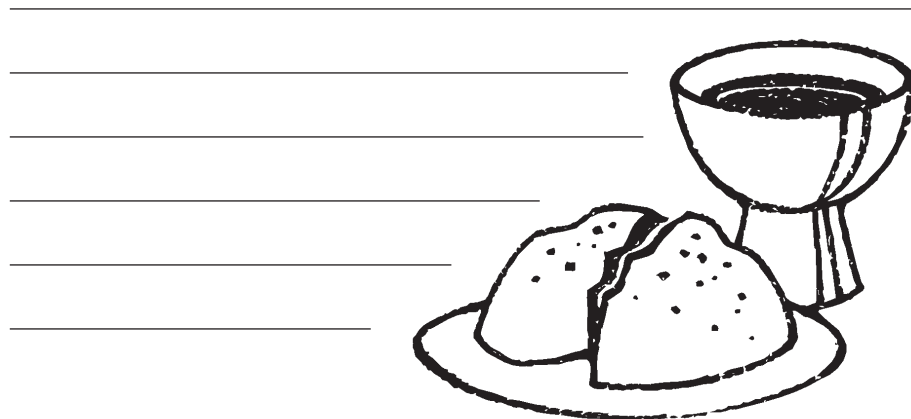


## This Is My Body

Do you receive Communion during worship today? Communion is a time to remember Jesus. When we eat bread and drink wine, we remember Jesus' love and forgiveness. What food would make people remember you? Sweet syrup? Spicy chili? Nutty peanuts? Draw it below and then describe why this food best represents you.

This food represents me because: \_\_\_\_\_



# READER

Pentecost 10

- Today is the **tenth** Sunday after Pentecost.
- Just like summer is a season in the year, **Pentecost is a season** in the church.
- During Pentecost, we run the race of **perseverance and faith**.

## Shape This Tree!

Arrange the shapes below to create a tree. You can use as many triangles, circles, and rectangles as you want, but you can only draw these shapes and these sizes!

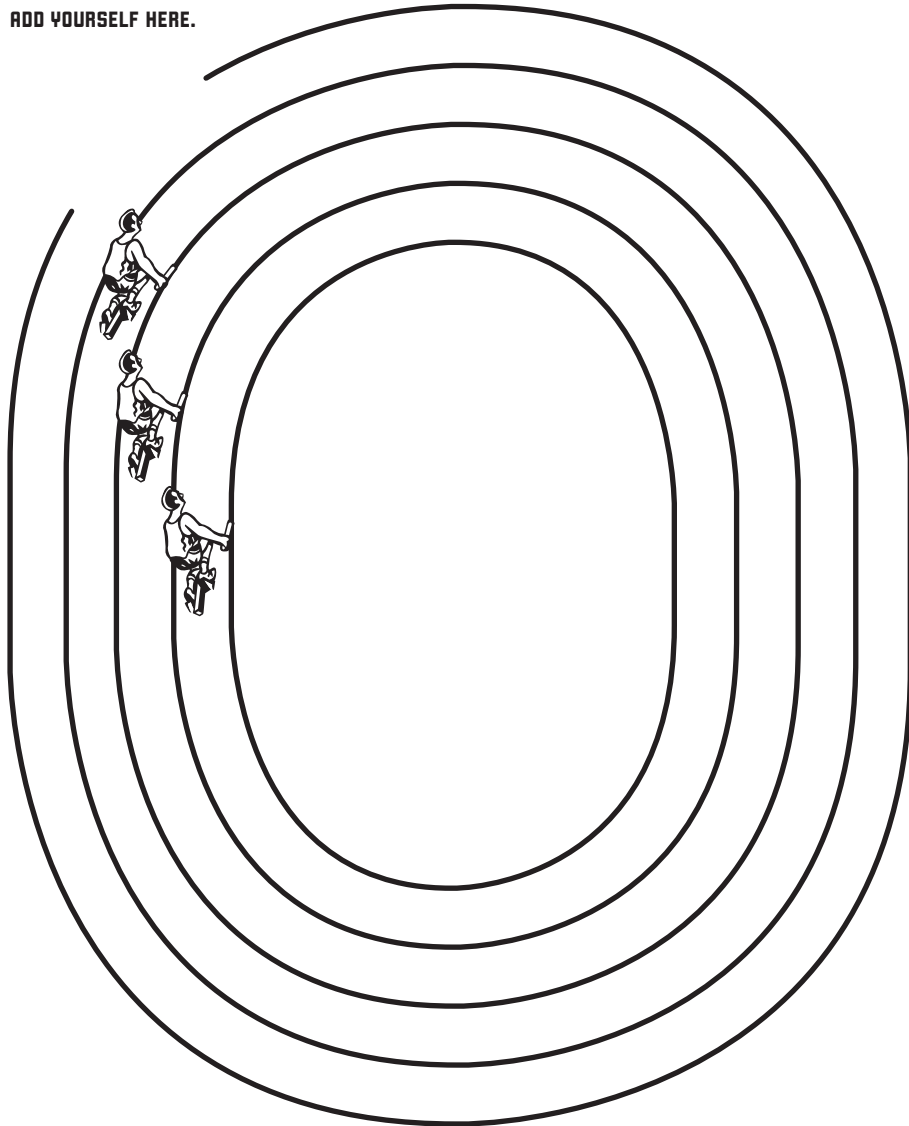


Below is the starting line on a track. Draw a picture of yourself amidst the other runners ready to run the race. Then write out the memory verse on the track.

## Memory Verse

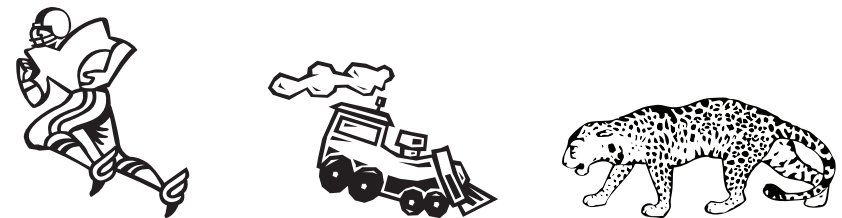
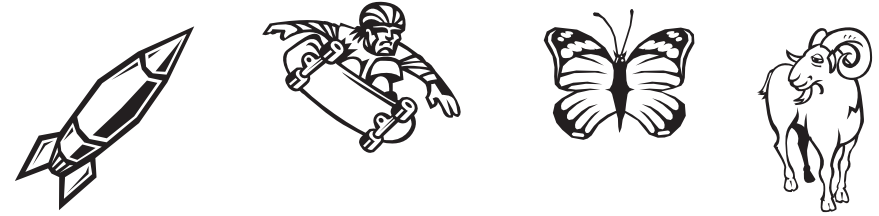
*"...and let us run with perseverance the race that is set before us, looking to Jesus, the pioneer and perfecter of faith." -Hebrews 12:1-2*

**ADD YOURSELF HERE.**



## Ready? Set? Go!

Re-draw these pictures and order them fastest to slowest. Who would win the race!?



Today's memory verse tells us to run the race of perseverance and faith. Do you know what a marathon is?

## Did You Know?

A marathon is a race that lasts \_\_\_\_\_ miles,

or \_\_\_\_\_ kilometers.

Do you know the history of the marathon? The name Marathon comes from the legend of Pheidippides, a Greek messenger. Legend states that in 490 BC, he was sent from the battlefield of Marathon to Athens to announce that the Greeks defeated the Persians in battle. He supposedly ran the entire distance without stopping and burst into the assembly, exclaiming "We won!" Immediately after, Pheidippides died. Today, people train for the 500+ marathons that take place around the world every year.