

Worship Plan for Sunday, August 9, 2020

Lectionary 19

Proper 14

10th Sunday after Pentecost

ELW Holy Communion Setting Four

Sunday, August 9, 2020

Introduction to the day

Elijah finds the presence of God not in earthquake, wind, or fire, but in the sound of sheer silence. When the disciples face a great storm on the sea, they cry out with fear. Jesus says: "Take heart, it is I; do not be afraid." Amid the storms of life, we gather to seek the calm presence of Christ that soothes our fears. In comforting words of scripture and in the refreshing bread and cup of the eucharist, God grants us peace and sends us forth to be a sign of God's presence to others.

GOSPEL MESSAGE

August 9, 2020

LECTIONARY 19

Take Heart

We who gather for worship each week know what it is like to feel terrified. We may not be on a literal boat being tossed by the waves, as are the disciples in the gospel story today, but our lives are often rocked by the circumstances we experience. Sometimes the howling wind that buffets our boat is a terrifying health diagnosis. The waves that batter us about might be financial ruin, marital struggles, the demands of caregiving, or a myriad of other issues. We are not strangers to feeling out of control or scared.

Some of us barely made it here today. We are out of energy and exhausted by living in fear. Jesus meets us in the midst of our worry and says, "Take heart, it is I; do not be afraid" (Matt. 14:27). He sings it to us in the hymns of our faith, speaks it to us in scripture, and feeds us with it in the meal.

As we turn to a hymn and open our weary lips to sing, Jesus is present in the words and melodies that God's people have been singing for a very long time. We sing these hymns in the chapters of our lives when the seas are calm, and when we are certain we are about to capsized.

When someone stands to read a piece of scripture we have heard dozens of times, Jesus comes to us afresh as we hear that word with troubled or peaceful hearts. Christ meets us in the ancient texts that never get old, offering us stability when our little boats seem dwarfed by the raging sea.

We approach the table, steady or perhaps trembling; when we feel beloved and when we are deeply aware of our captivity to sin. Each time, we reach out with our cupped beggar hands, and Jesus offers himself to us: "Take heart, it is I; do not be afraid."

GATHERING

The Holy Spirit calls us together as the people of God.

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, † one God,
who forgives all our sin,
whose mercy endures forever.

Amen.

God of all mercy and consolation, come to the help of your people, turning us from our sin to live for you alone. Give us the power of your Holy Spirit that we may confess our sin, receive your forgiveness, and grow into the fullness of Jesus Christ, our Savior and Lord.

Amen.

Let us confess our sin in the presence of God and of one another.
Gracious God,

have mercy on us. We confess that we have turned from you and given ourselves into the power of sin. We are truly sorry and humbly repent. In your compassion forgive us our sins, known and unknown, things we have done and things we have failed to do. Turn us again to you, and uphold us by your Spirit, so that we may live and serve you in newness of life through Jesus Christ, our Savior and Lord.

Amen.

In the mercy of almighty God, Jesus Christ was given to die for us, and for his sake God forgives us all our sins. As a called and ordained minister of the church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the † Son, and of the Holy Spirit.

Amen.

GREETING

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.

And also with you.

PRAYER OF THE DAY

Let us pray.

O God our defender, storms rage around and within us and cause us to be afraid. Rescue your people from despair, deliver your sons and daughters from fear, and preserve us in the faith of your Son, Jesus Christ, our Savior and Lord.

Amen.

WORD

God speaks to us in scripture reading, preaching, and song.

Just as a reminder, we would love for everyone who feels called to read the scriptures to participate. If you would like to be scheduled as a virtual lector to make a recording of reading the scriptures, just contact the church office and we will get you in the schedule.

FIRST READING:

A reading from 1 Kings.

⁹At [Horeb, the mount of God,][Elijah] came to a cave, and spent the night there.

Then the word of the LORD came to him, saying, “What are you doing here, Elijah?” ¹⁰He answered, “I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.”

¹¹He said, “Go out and stand on the mountain before the LORD, for the LORD is about to pass by.” Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; ¹²and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. ¹³When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, “What are you doing here, Elijah?” ¹⁴He answered, “I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.” ¹⁵Then the LORD said to him, “Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. ¹⁶Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. ¹⁷Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. ¹⁸Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.”

The word of the Lord.

Thanks be to God.

SECOND READING:

A reading from Romans.

⁵Moses writes concerning the righteousness that comes from the law, that “the person who does these things will live by them.” ⁶But the righteousness that comes from faith says, “Do not say in your heart, ‘Who will ascend into heaven?’ ” (that is, to bring Christ down) ⁷“or ‘Who will descend into the abyss?’ ” (that is, to bring Christ up from the dead). ⁸But what does it say?

“The word is near you,

on your lips and in your heart”

(that is, the word of faith that we proclaim); ⁹because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. ¹⁰For one believes with the heart and so is justified, and one confesses with the mouth and so is saved.

¹¹The scripture says, “No one who believes in him will be put to shame.” ¹²For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. ¹³For, “Everyone who calls on the name of the Lord shall be saved.”

¹⁴But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? ¹⁵And how are they to proclaim him unless they are sent? As it is written, “How beautiful are the feet of those who bring good news!”

Word of God, word of life.

Thanks be to God.

GOSPEL:

The holy gospel according to Matthew.

Glory to you, O Lord.

²²[Jesus] made the disciples get into the boat and go on ahead to the other side [of the Sea of Galilee], while he dismissed the crowds. ²³And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, ²⁴but by this time the boat, battered by the waves, was far from the land, for the wind was against them. ²⁵And early in the morning he came walking toward them on the sea. ²⁶But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. ²⁷But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid."

²⁸Peter answered him, "Lord, if it is you, command me to come to you on the water." ²⁹He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. ³⁰But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" ³¹Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" ³²When they got into the boat, the wind ceased. ³³And those in the boat worshiped him, saying, "Truly you are the Son of God."

The gospel of the Lord.

Praise to you, O Christ.

SERMON

CREED

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.*
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

*Or, "he descended into hell," another translation of this text in widespread use.

PRAYERS OF INTERCESSION

Confident of your care and helped by the Holy Spirit, we pray for the church, the world, and all who are in need.

For your whole church throughout the world. Give courage in the midst of storms, so that we see and hear Jesus calling: "Take heart, it is I: do not be afraid." May we follow Christ wherever he leads. Lord, in your mercy,

hear our prayer.

For the well-being of your creation. Protect waterways, forests, lands, and wildlife from exploitation and abuse. Help the human family endeavor to sustain and be sustained by the resources of your hand. Lord, in your mercy,

hear our prayer.

For the nations and their leaders. In you, steadfast love and faithfulness meet, and righteousness and peace kiss. May nations in conflict know the peace that is the fruit of justice, and the justice that is the path to peace. Lord, in your mercy,

hear our prayer.

For those in need. Everyone who calls upon your name will be saved. Accompany all who are lonely, hear the voices of those who cry out in anguish, and support those who are frustrated in their search for an affordable place to live. We pray for those suffering this day (*especially*).

Lord, in your mercy,

hear our prayer.

For our congregation. You have gathered us here today as your people and we thank you for this gift. We pray for those who are new to this community, for students and teachers preparing for a new school year, and for those struggling with unexpected hardship. Supply us generously with your grace for our life together. Lord, in your mercy,

hear our prayer.

We give you thanks, O God, for the saints of the whole church from all times and places, and for the saints in our lives and in our community whom you have gathered to yourself (*especially*).

Lord, in your mercy,

hear our prayer.

In the certain hope that nothing can separate us from your love, we offer these prayers to you; through Jesus Christ our Lord.

Amen.

PEACE

The peace of Christ be with you always.

And also with you.

MEAL

God feeds us with the presence of Jesus Christ.

GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

INSTRUCTING OF COMMUNION AT HOME

Gracious God, loving all your family with a mother's tender care:

As you sent the angel to feed Elijah with heavenly bread,

be present with those who partake and share your word and sacrament

at home. We remember you in the celebration of the sacrament and remember that you unite us as the body of Christ whether we are together in-person or together while apart.

In your love and care, nourish and strengthen those who will receive this sacrament,

and give us all the comfort of your abiding presence

through the body and blood of your Son, Jesus Christ, our Lord.

Amen.

At this point in the service, please bring bread and drink for communion, preferably wine or

grape juice but it can also be water. If you have communion elements gathered, I'd

invite you to share with anyone present, and if you do not, know that the

restoration and healing found in this sacrament still reaches you wherever you

are. During our time of worshiping apart, we will be instituting communion at home. These

Words of Institution bless the eucharistic elements where you are, trusting in the all-reaching

power and grace of God to provide the complete and total sacrament to us in these extraordinary

times where we are unable to come to Christ's table together in-person. Once you have your

eucharistic elements of bread and drink, and after the words of institution, you may commune

yourself along with anyone else in your household saying:

The body of Christ, given for you.

The blood of Christ, shed for you.

Amen.

And so,

It is indeed right, our duty and our joy,

that we should at all times and in all places

give thanks and praise to you, almighty and merciful God,

through our Savior Jesus Christ;

who on this day overcame death and the grave,

and by his glorious resurrection opened to us the way of everlasting life.

In the night in which he was betrayed,

our Lord Jesus took bread, and gave thanks;

broke it, and gave it to his disciples, saying:

Take and eat; this is my body, given for you.

Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks,

and gave it for all to drink, saying:

This cup is the new covenant in my blood,

shed for you and for all people for the forgiveness of sin.

Do this for the remembrance of me.

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

INVITATION TO COMMUNION

Taste and see that the Lord is good.

COMMUNION

The body of Christ, given for you.
The blood of Christ, shed for you.
Amen.

PRAYER AFTER COMMUNION

Let us pray.

God of abundance, with this bread of life and cup of salvation you have united us with Christ, making us one with all your people. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Jesus Christ, our Lord.

Amen.

BLESSING

The Lord bless you and keep you.
The Lord's face shine on you with grace and mercy.
The Lord look upon you with favor and ✝ give you peace.
Amen.

DISMISSAL

Go in peace. Christ is with you.
Thanks be to God.

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