



# RAIDERS

## TEAM PACKET

GA-953 | Cherokee High School AF JROTC | July 2023

## Overview

Raider Competition, or "Raider" as it is more commonly known, is an extremely popular athletic competition held within JROTC programs around the United States. It is a JROTC equivalent of the Army ROTC "Ranger" competition in college, only far less dangerous but very challenging as well! The events are held outdoors, usually on a hosting school campus.

Raider Competitions Vary from School to School but the typical Raider Meet has:

1. A team run that is 2-3 miles long.
2. A Rope Bridge where the team is required to build a bridge using rope and cross it in the fastest time possible.
3. A Tire Flip. The team flips a large tractor tire across a course.
4. A Cross Country Rescue where the teams cross an area with stretchers and water cans.
5. A Gauntlet or Ammo Can Carry Course.

## Expectations for Cadets

Cadets selected to serve as Cherokee High School AF JROTC Raiders will maintain high standards of conduct and a level of professionalism that is beyond reproach. They represent all others in their corps and their school.

Each cadet is expected to be constantly driven to excel by a deep devotion to duty and a strong sense of dedication.

## Requirements

There is no maximum number of Cadets who can participate as part of the Raider Team.

Attending and participating in practices is mandatory. Practices may be excused at the discretion of the coach.

Every member of the Raider Team must be a cadet in good standing with Air Force JROTC.

## Volunteer Opportunities for Parents

Parents will be called upon to provide transportation for cadets to and from community events.

Parents may also be asked to provide water and support during community events.

## 2023 Raiders Event Schedule

**2 Sept:** *Etowah High School*, 6565 Putnam Ford Drive, Woodstock, GA 30189

**9 Sept:** *Adairsville High School* [Adairsville Raider Rampage], 519 Old Hwy 41, Adairsville, GA 30121

**30 Sept:** *Osborne High School* 2451 Favor Rd SW, Marietta, GA 30060,

**21 Oct:** *Hiram High School*, 702 Virgie Ballentine Dr, Hiram, GA 30141

**04 Nov:** *Raiders All Service State Championship*, Yahoola Creek Park, Dahlonega, GA

**17 Nov:** U.S. National Raider Championships, Gerald I. Lawhorn Boy Scout Camp, Molena, GA 30258

Other Raider Competitions will be added to the schedule as they develop. Please watch social media and other announcements for details.

## Team Practices/Preparation

Practices are typically held Monday through Thursday from 3:45pm and will run until about 5:45pm. Cancellations or schedule changes will be communicated via the Cadet Remind. Morning practices will also be held for those who are unable to stay after school.

Raiders is a very physical activity. Start preparing by running up to 3 miles daily, working on leg lifts and doing pull-ups. You will get physically conditioned at our very demanding practices.

## Updates and Communications

There are a lot of different channels of communication for Raiders.

Cadets will be provided updates during their classroom time.

In addition, the cadet Remind will be used to update on any changes to practice schedules. To sign up for the cadet Remind text @ga953jr to 81010.

There is also a cadet Raiders Remind that parents and cadets can sign up for as well. To sign up for the cadet Raiders Remind, text @chsraide to 81010.

Parents will also be provided updates via the [Cherokee High School AFJROTC GA-953](#) Facebook page.

Other events will be added to the schedule as they develop. Please watch social media and other announcements for details.

In addition to competition dates and practice schedule being posted on the calendar on the GA 953 website, a weekly reminder about the upcoming competition will be sent. To reach everyone, please send an email with your name and your cadet's name to Nicole

VanOstrand. You can reach her at [nicole.vanostrand@cherookeek12.net](mailto:nicole.vanostrand@cherookeek12.net). If your cadet participated last year, we are creating an entirely new distribution list for this year. Please resend an email with your name and your cadet's name. Once she has your email address, a distribution list will be created for sending competition information, food sign up for the competition, and reminders.

Another way to stay connected will be through GroupMe. A new group for Raider parents has already been created. Please use the provided link below to join the group: [https://groupme.com/join\\_group/95507340/iQljD1Z](https://groupme.com/join_group/95507340/iQljD1Z). When you sign up for GroupMe, please list your cadet's name after your name. For example, Nicole VanOstrand (Cadet Evans). If you were with us last year, you know that last minute things seem to come up. The GroupMe app will be a great way to communicate that last minute information.

### PHOTOS FROM PAST EVENTS

