

BREAKFAST MENU 8.30-11.45

ALLERGY KEY 1= CELERY | 2 = WHEAT/GLUTEN | 3 = CRUSTACEANS | 4 = EGGS | 5 = FISH | 6 = LUPIN | 7 = DAIRY | 8 = MOLLUSCS
9 = MUSTARD | 10 = NUTS | 11= PEANUTS | 12 = SESAME SEEDS | 13 = SOYA | 14 = SULPHUR DIOXIDE

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES BEFORE PLACING YOUR ORDER, ALLERGENS LISTED ARE CORRECT AT TIME OF PRINT.

ALLERGIES - SOME OF OUR ITEMS MAY CONTAIN OR COME INTO CONTACT WITH WHEAT, EGGS, NUTS & MILK. FOR MORE INFORMATION PLEASE SPEAK WITH A MEMBER OF STAFF.



JERSEY BIG BREAKFAST 2,4 £13
2 sausages, 2 bacon, 2 fried eggs, sauteed potatoes, hash brown, baked beans, black pudding, roasted tomato & field mushroom

STANLEY'S BREAKFAST 2,4 £10
Sausage, bacon, fried egg, hash brown, baked beans, black pudding, roasted tomato & field mushroom

GARDEN BREAKFAST 2,4,7,12 £14
Grilled halloumi, 2 poached eggs, avocado, piquillo pepper, sauteed potatoes, baked beans, roasted tomato, field mushroom, chives & sesame seeds

VEGAN BREAKFAST 2,9,12,14 £14
Vegan sausages, falafel, avocado, roasted tomato, field mushroom, chives & sesame seeds

THESE BREAKFASTS ARE SERVED WITH TOAST & YOUR CHOICE OF TEA OR FILTER COFFEE

KIDS BREAKFAST 2,4 12 YEARS & UNDER £7
Sausage, bacon, fried egg, beans & toast

SMASHED AVOCADO £10.50
Sourdough toast with 2 poached eggs, chilli flakes & lemon

ADD BACON £3

ADD SMOKED SALMON 5 £4

FLUFFY PANCAKES 2,4,7 £10.50
3 American pancakes served with your choice of:

FRIED EGG, SMASHED AVOCADO & SOUR CREAM

SMOKED BACON & MAPLE SYRUP

FRESH FRUIT & YOGHURT

NUTELLA & BANANA

HOLME MADE GRANOLA 2,7 £8.50
Crunchy granola & raisins served with Jersey yoghurt & fresh seasonal fruits

EGGS FLORENTINE 2,4,7,9 £10
Toasted muffin, buttered baby leaf spinach, 2 poached eggs & hollandaise sauce

EGGS BENEDICT 2,4,7,9 £11
Toasted muffin, roast ham, 2 poached eggs & hollandaise sauce

EGGS ROYALE 2,4,5,7,9 £14
Toasted muffin, smoked salmon, 2 poached eggs & hollandaise sauce

STANLEY'S OMELETTE 2,4,7 £13
Sourdough bread & a choice of up to three of the following:

SALMON (5), CHICKEN, CHORIZO, BACON, HAM, SPINACH, PEPPERS, BAKED BEANS, MUSHROOMS, ONIONS, CHEESE

SCRAMBLED EGGS or POACHED EGGS 2,4,5,7 £8.50
Sourdough toast

ADD BACON £3

ADD SMOKED SALMON 5 £4

STANLEY'S FULL ENGLISH EGGY CRUMPETS 2,4,7,9 £12
Sausage, bacon, 2 fried eggs, baked beans & roasted tomato

STANLEY'S SMASHED EGGY CRUMPETS 2,4,7,9 £14
Smashed avocado, bacon, 2 poached eggs & siracha hollandaise

BREAKFAST ROLLS 2,7 (BREAKFAST TIME ONLY)

ONE FILLING £5

TWO FILLING £6

EXTRA FILLINGS £1

SAUSAGE, VEGAN SAUSAGE, BACON, HASH BROWN, EGG, BLACK PUDDING, CHEESE, TOMATO & MUSHROOM

TOASTED TEA CAKE 2,7,10 £3
With jam & butter

CHEESE & HAM CROISSANT 2,7 £4
Warm or cold

HOT DRINKS

FILTER COFFEE	£2.10	£2.35
CAPPUCCINO	£2.95	£3.25
FLAT WHITE	£2.95	£3.25
AMERICANO	£2.75	£3.00
ESPRESSO		£2.35
LATTE		£3.25
CHAI LATTE		£3.50
MOCHA		£3.80
POT OF TEA FOR 1		£2.15
MUG OF TEA		£1.75
HERBAL TEA		£2.25

green tea, peppermint, lemon & ginger, camomile, earl grey, rooibos

HOT CHOCOLATE		£3.50
WITH CREAM OR MARSHMALLOWS		£3.80
WITH CREAM & MARSHMALLOWS		£4.00
SYRUP SHOT		£0.70

SOFT DRINKS

COKE,DIET COKE,IRN-BRU,FANTA,SPRITE,RIO		£2.25
CAWSTON PRESS		£2.50
apple / elderflower / ginger beer/ rhubarb		
JUICE CARTON	apple / orange	£1.25
J20 ORANGE & PASSION FRUIT		£2.99
LIPTON ICED TEA	lemon / peach	£2.75
WATER	still / sparkling	£1.99
KTEA KOMBUCHA	pekoe / sencha	£4.00
ICED COFFEE		£3.50

JUICES & SMOOTHIES

FRESHLY SQUEEZED ORANGE JUICE		£4
STRAWBERRY & BANANA 7		£5.50
CHERRY BERRY 7		£5.50
Dark sweet cherries, red grapes, blueberries & blackberries		
CALIFORNIA FRUIT SALAD 7		£5.50
Honeydew & cantaloupe melon balls, red grapes, strawberries & peach slices		

MILKSHAKES 7

BANANA, CHOCOLATE, STRAWBERRY, VANILLA		£4.50
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LUNCH MENU 12.00 - 15.45

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STARTERS

SOUP OF THE DAY WITH BREAD 2,7,14	£7.95
CRISPY CALAMARI 2,4,5,8,9	£9.95
Tartare sauce, salad & dressing	
DEEP FRIED GOATS CHEESE 2,4,7,9	£9.95
Mixed salad, green beans, beetroot & chilli jam	
PANKO PRAWNS 2,3,4,5,9	£9.95
Breaded prawns, siracha mayo, fried onions, salad & dressing	
PRAWN COCKTAIL 2,3,4,5,7	£8.95
Baby gem, cherry tomatoes, cucumber, Marie rose sauce & bread	
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ATLANTIC PRAWN ROLL 2,3,4,5,7,9	£9.95
Baby prawns, Marie rose sauce, baby gem, salad & dressing	
CRAB ROLL 2,3,4,7,9	£16.50
Gem lettuce, mayo, salad & dressing	
STANLEY'S BLT BAGUETTE 2,4,7,9,14	£8.95
Bacon, crisp lettuce, tomato, mayo, salad & dressing	
CLUB BAGUETTE 2,4,7,9	£12.95
Chicken, bacon, avocado, crisp lettuce, tomato, mayo, salad & dressing	
STEAK BAGUETTE 2,4,7,9	£13.95
Rocket, caramelised onions & mayo, salad & dressing	
SOURGHOUGH TOASTIES 2,7,9	
Salad, dressing & crisps	
CHEESE & TOMATO	£8
CHEESE & ONION	£8
TUNA & CHEESE 5	£9
HAM & CHEESE	£9
CHICKEN, CHORIZO & PIQUILLO PEPPERS	£10
CARMALISED ONION, SPINACH & GOATS CHEESE 4	£10
HALLOUMI, COURGETTE, RED ONION & PESTO 10,11	£10

VEGETARIAN PLATTER 2,9,12,13,14	£13.95
Avocado, beetroot, spinach, rice, quinoa, falafel, cherry tomatoes, bread, salad & dressing	
CHARCUTERIE PLATTER 2,7,9,14	£18.95
Selection of cheese & meats, pickles, olives, bread, chutney, salad & dressing	
SEAFOOD PLATTER 2,3,4,5,7,8	£19.95
Smoked salmon, crab meat, prawns, cherry tomatoes, cucumber, bread, Marie rose sauce & salad	
SALMON & DILL FISHCAKES 2,4,5,7,9,14	£14.95
Chips, sweet chilli sauce, salad & dressing	
CRAB & ATLANTIC PRAWN SALAD 3,9	£18.95
Baby gem, cucumber, croutons & dill dressing	
BUDDHA BOWL 12,13	£11.95
Avocado, spinach, edamame beans, red cabbage, rice, quinoa, black sesame & wasabi dressing	
ADD CRISPY CHICKEN 2,4	£4
ADD GRILLED HALLOUMI 7	£4
ADD SMOKED SALMON 5	£4
ADD FALAFEL 2,9,14	£3
CAESAR SALAD 2,4,5,7,9	£10.95
Baby gem, anchovies, soft boiled egg, croutons, parmesan & Caesar dressing	
ADD CHICKEN	£4
ADD CRISPY BACON	£3
ADD KING PRAWNS 5	£6
ORIENTAL STIR FRY 1,2,3,4,12,13	£11.95
Crunchy vegetables, egg noodles, sesame with soy & chilli dressing	
ADD CHICKEN	£4
ADD KING PRAWNS 5	£6
ADD BEEF	£6

CRAB & PRAWN LINGUINE 2,3,4,5,7,8,14	£19.95
With a zesty lemon butter sauce, chilli & garlic	
PAN FRIED SEABASS 2,5,7,14	£16.95
New potatoes, seasonal vegetables & chimichurri sauce	
BEER BATTERED COD 2,4,5,14	£16.95
Mushy peas, chips & tartar sauce	
SCAMPI 2,3,4,5,7,9	£15.95
Chips, tartar sauce, salad & dressing	
RIB EYE STEAK 2,7,9	£23.95
Mushrooms, tomato, onion rings, chips, salad & dressing	
CHOICE OF SAUCE PEPPERCORN OR GARLIC BUTTER	
CHICKEN SCHNITZEL 2,4,7,9	£15.95
Mature cheddar cheese & bacon sauce, French fries, salad & dressing	
BEEF BURGER 2,4,7,9,14	£14.95
Brioche bun, onions, gherkin, mayo, salsa, crisp lettuce, tomato served with chips, salad & dressing	
CHICKEN BURGER 2,4,7,9,14	£13.95
Brioche bun, onions, gherkin, mayo, salsa, crisp lettuce, tomato served with chips, salad & dressing	
ADD BACON	£1
ADD CHEESE	£1
VEGGIE BURGER 2,4,7,9,12,14	£14.95
Brioche bun, onions, gherkin, mayo, salsa, crisp lettuce, tomato served with chips, salad & dressing	

CHIPS	£4.50
FRENCH FRIES	£4.50
SWEET POTATO SKINNY FRIES 2	£5.50
PARMESAN & CHIVE CHIPS 7	£5.95
ONION RINGS	£4.00

OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL