



Pressed & Fresh

Cold Pressed Juices & More



COLD-PRESSED JUICES – \$9 each

Bundle & Save: 6 for \$42 | 10 for \$70 | 15 for \$95
Benefits: Detox, digestion, hydration, immunity & glow

Cold Pressed Juices

Clean Slate – *Detox + Gut Health*

Cucumber, Green Apple, Lemon, Ginger, ACV

Cool Me Down – Hydrates, Cools, Reduces Inflammation

Watermelon, Cucumber, Lime, Mint

Tropical Treat– Boost Digestion, Fights Bloat, Supports Immunity

Kiwi, Pineapple, Lime, Mint

Crisp Cleanse– Debloats, Calms Digestion, Flushes Toxins

Green Apple, Fennel, Cucumber, Lemon

Beet The Bloat– Supports Liver, Reduces Inflammation, Improves Gut Health

Beet, Carrot, Pineapple, Lemon Lean, Ginger

ORDER NOW

Text 708-983-4373

Email: info@pressedandfresh.shop

Local Meet Up (Free) & Delivery (For Fee)

FLAVORED LEMONADES

Sweetened with Agave-Infused Syrup
Flavors:

- Peach Basil
- Hibiscus Strawberry

Sizes + Bundle Pricing:

12 oz – \$6 | 2 for \$11 | 4 for \$22

16 oz – \$7 | 2 for \$13 | 4 for \$26

32 oz – \$12 | 2 for \$22

64 oz Glass Jar – \$22

WELLNESS SHOTS – \$5 each | 3 for \$12

Island Bloom – *Metabolism + Immune Kick*

Pineapple, Lemon, Ginger, Jalapeño, Mint

Golden Hour – *Anti-Inflammatory & Recovery*

Apple, Ginger, Turmeric, Lemon, Black Pepper

Ruby Rush – *Heart Health & Circulation*

Beet, Orange, Ginger, Cinnamon

Glow Up – *Detox & Skin Glow*

Cucumber, Green Apple, Lemon, Ginger,
Chlorophyll

Why Cold-Pressed Juice? 🍏🥕🍋

Fresh. Functional. Flavorful. Cold-pressed juice is the real deal when it comes to nutrition!

It's made without heat, which means your fruits & veggies keep all their natural vitamins, minerals, and enzymes.

🌟 Why you'll love it:

- ✓ Packed with nutrients that your body actually absorbs
- ✓ Supports digestion, energy, and a natural glow
- ✓ No added sugars, fillers, or weird stuff—just pure produce!
- ✓ Always made fresh & frozen to lock in goodness

Whether you're on a cleanse or just need a daily dose of greens, our juices make healthy taste amazing!

Wellness Shots = Tiny but Mighty! 🔥🍊🌿

These 4 oz power shots are your go-to for a quick boost when your body needs a little extra love.

⚡ Each bottle is loaded with benefits like:

- ✓ Immunity support
- ✓ Gut & digestion boost
- ✓ Anti-inflammatory ingredients (hello, turmeric & ginger!)
- ✓ Natural energy without the crash

Take one first thing in the morning, before a workout, or whenever you need to recharge.

Small sip, BIG impact!

Agave-Infused Lemonades 🍯🍓🍋

Our lemonades are handcrafted with fresh citrus juice and naturally sweetened with raw agave or infused honey syrups—no processed sugar here!

🍋 What makes ours different:

- ✓ Lightly sweetened with nature's nectar
- ✓ Flavored with real herbs, fruit purées, and cold-pressed juices
- ✓ A healthier twist on a summertime classic
- ✓ Perfect for sipping, pairing with lunch, or treating yourself the luxe way

Stay hydrated and keep it cute!