

*The Challenge  
Is The  
Opportunity*



# What is it?.....

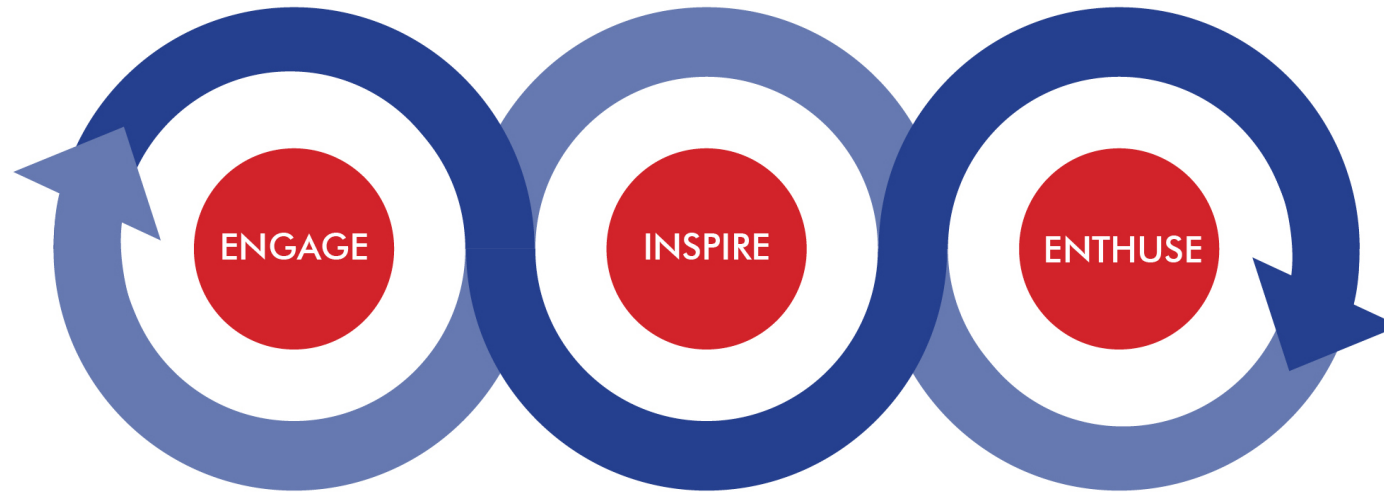


An Emotional Intelligence model that is applied in all Enthuse Coaching & Training solutions.

This approach creates the environment where your Emotional Intelligence is developed & learning outcomes identified for how & where you will apply your heightened Emotional Intelligence.

Engage-Inspire-Enthuse creates learning that sticks; nurturing new habits that make you & your world better.

The result of Enthuse Coaching & Training solutions is what we all want.... **Positive Influence on ourselves & those around us.**



**It Always Starts With You** so we always start with your self-awareness.

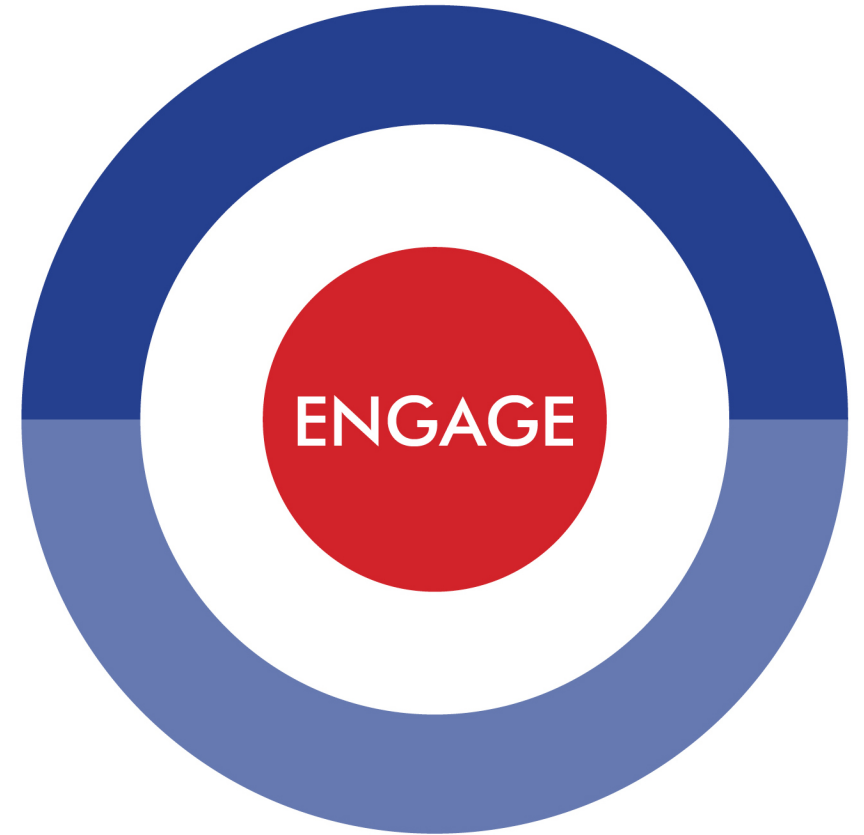
Whether that is to answer questions that are key to your self-awareness: -

- What do you stand for?
- What is your purpose?

Or identifying your learning needs; we always start at Engage to get clarity on what you want to achieve from your Enthuse coaching & training experiences.

Training often fails because it is not accurately linked to what your real learning needs are. We always Engage with you to enable you to develop your Positive Influence as a result of working with Enthuse.

Engage makes sure that we never simply 'prescribe' & we offer solutions that are right for you. Or in other words – **the solutions that you choose.**



**#ITALWAYSSTARTSWITHYOU**



**This is where the magic happens.....** Your Inspire mindset is what links your self-awareness to the relationships you build feeding your Emotional Intelligence giving you, your desired Positive Influence.

Your ability to develop new behaviours from coaching & training comes from your ability to make positive choices. And that ability comes from your mindset & applying positive thinking.

**All the content in the world won't develop you unless you choose to do something with it.** That's where Inspire comes in – it develops your positive mindset to trigger new behaviours & enlightenment for you as you see the impact of applying your learning.

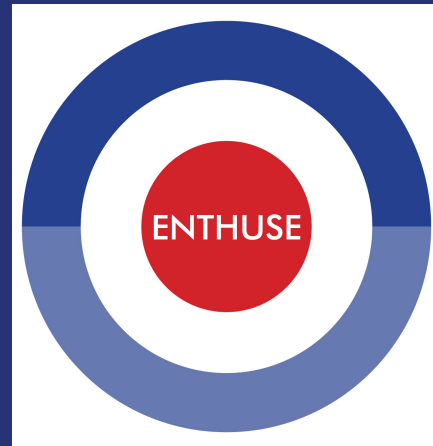
Inspire brings to life your self-awareness – your 'why' for wanting to develop & informs your relationships with others by fueling your desire to do things differently which gives you, your Positive Influence.

Developing & applying your Emotional Intelligence is a challenge. Inspire enables you to see that **The Challenge Is The Opportunity.**

**Positive emotions are better than negative emotions**

Enthuse powers your choices to positively influence you & those around you. The secret of all coaching & training is that whilst you develop & change; the world around you stays the same. Therefore, you have to choose to change; to change your attitude, change your behaviours. That's what enables you to implement the skills that you have learnt.

Only by choosing positive change as a result of coaching & training, can you reap the benefits of the hard work you have invested. Everyone wants a valuable return on their time.



Where Enthuse plays a part is in your relationship management & asks you the million-dollar question when it comes to learning.... 'what are you going to do about it?' – how will you use what you have learnt to positively influence you & those around you. Identifying opportunities to develop & apply your Emotional Intelligence beyond your Enthuse Coaching & Training experiences.




You are only as strong as the relationships you build.

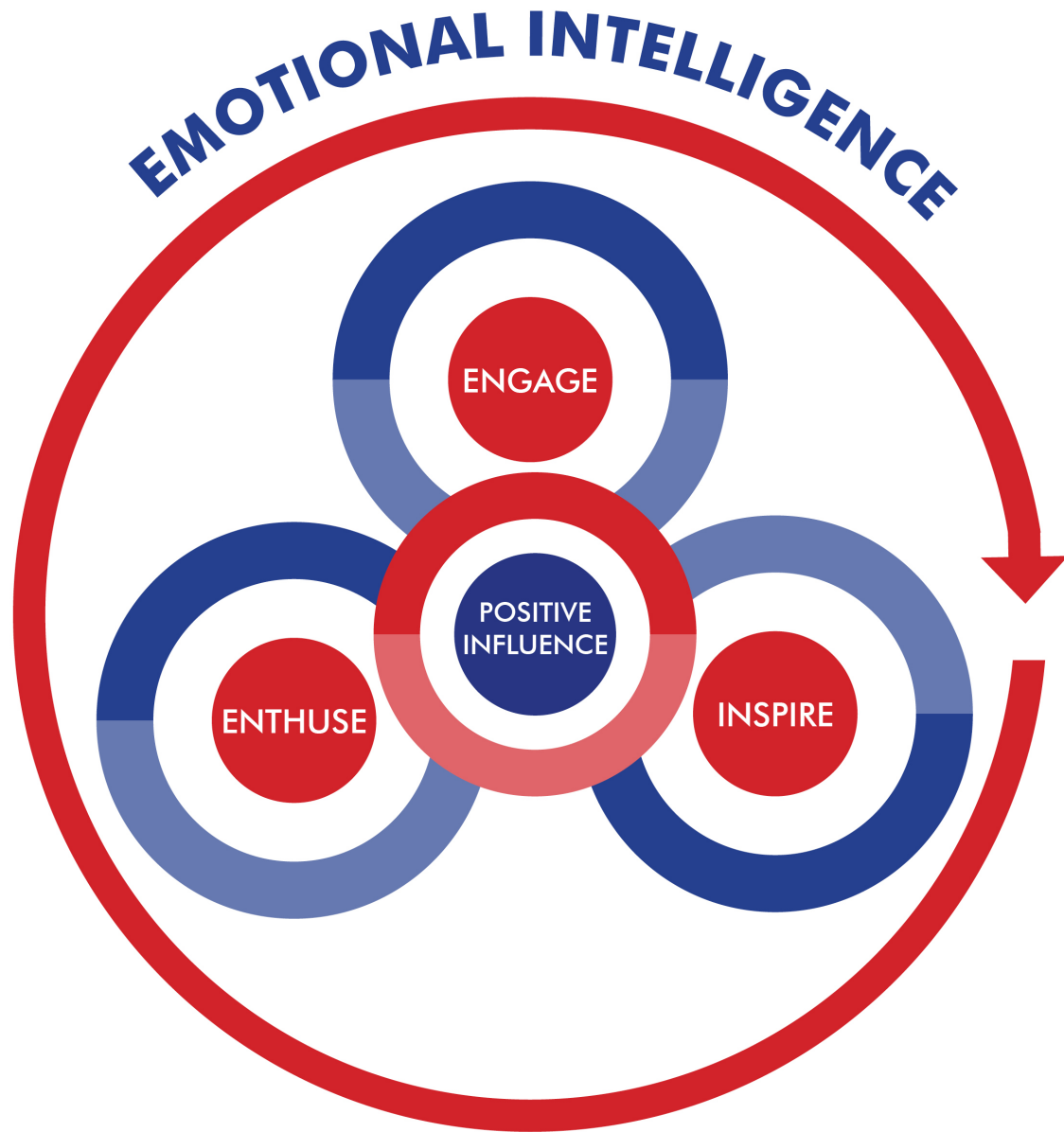


# How does it work?.....



# Engage-Inspire-Enthuse in your Coaching & Training solutions.....

| Stage   | Before   | During  | After   |
|---|--|---|---|
|    | <ul style="list-style-type: none"> <li>• Informs learning needs analysis &amp; solution design</li> <li>• Assess self-awareness pre-coaching</li> </ul>  | <ul style="list-style-type: none"> <li>• Raise self-awareness to begin development of Emotional Intelligence</li> <li>• Form the basis of coaching questions &amp; discussions</li> </ul>   | <ul style="list-style-type: none"> <li>• Continuous development achieved as increased self-awareness is shared with peers &amp; colleagues</li> <li>• Heightened self-awareness informs positive choices</li> </ul> |
|   | <ul style="list-style-type: none"> <li>• Steers learning design to create positive learning environment</li> <li>• Engaging &amp; thought-provoking pre-learning</li> </ul>                    | <ul style="list-style-type: none"> <li>• Creates a positive Enthuse experience</li> <li>• Enables positive thinking to drive challenging learning outcomes</li> <li>• Inspired coaching &amp; facilitation</li> </ul>   | <ul style="list-style-type: none"> <li>• Drives desire to achieve personal &amp; business goals</li> <li>• Embed positive mindset creating better leaders</li> </ul>  |
|  | <ul style="list-style-type: none"> <li>• Achieves buy-in from learners</li> <li>• Sets the scene for what is possible through developing &amp; applying your Emotional Intelligence</li> </ul> | <ul style="list-style-type: none"> <li>• Brings to life the content i.e. Emotional Intelligence &amp; leadership activities</li> <li>• Interactive &amp; experiential learning</li> <li>• Focus on building positive relationships to implement learning</li> </ul> | <ul style="list-style-type: none"> <li>• Drives improved engagement &amp; productivity</li> <li>• Solves individual, team &amp; organisational problems</li> </ul>  |



*“Emotional Intelligence  
will get you further in  
life than anything else”*

Contact Tim Roberts at Enthuse today to  
discuss how Engage-Inspire-Enthuse can help  
to make you & your business better.

[www.enthusecoaching.com](http://www.enthusecoaching.com)

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