

## Enthuse Your Communication

<b>Purpose:</b>	To enable you to develop and apply your Emotional Intelligence to choose to be a confident and effective communicator.	
<b>Duration:</b>	Two consecutive days.	
<b>What will we be doing?</b>	<ul style="list-style-type: none"> <li>• Engage – Inspire – Enthuse</li> <li>• The Challenge is The Opportunity</li> <li>• Your Communication Style</li> <li>• Emotional Intelligence – your way to release your most powerful resource</li> <li>• You Always Have a Choice</li> </ul>	<ul style="list-style-type: none"> <li>• What do you want to happen when you communicate?</li> <li>• Meaningful and impactful conversations</li> <li>• Perceptions in communication</li> <li>• Shutting down your BS Factory</li> <li>• From difficult conversations to confident conversations</li> </ul>
<b>How will the Purpose be achieved?</b>	<ul style="list-style-type: none"> <li>• Facilitator input</li> <li>• Group discussions</li> <li>• Practical activities in pairs and small groups</li> <li>• Practice your confident and effective communication</li> </ul>	
<b>What do you expect from me?</b>	<ul style="list-style-type: none"> <li>• Turn up and be you</li> <li>• Participate – have a go!</li> <li>• Listen</li> <li>• Share your ideas</li> <li>• Encourage others</li> </ul>	
<b>What's In It For Me?</b>	<ul style="list-style-type: none"> <li>• Confidence and effectiveness in your communication</li> <li>• Quieten your inner critic and make positive choices</li> <li>• Develop your superpower of Self-Awareness</li> <li>• Get what you want from your communication</li> <li>• Develop and apply your emotional intelligence</li> <li>• Choose a more effective vocabulary to grow your positive influence with yourself and others</li> <li>• Role model meaningful and impactful communication</li> <li>• Understand other's perceptions to have real conversations</li> <li>• Talk the language of others to match your communication style with your recipient</li> <li>• The ability to make every conversation a dialogue not a monologue</li> <li>• Effectively listen to understand and respond</li> <li>• Manage your distractions to communicate effectively and save time – get your message right first time</li> <li>• Embrace 'The Challenge is The Opportunity' in your communication</li> <li>• Be effective at every stage in the Engage – Inspire – Enthuse model</li> </ul>	

## Enthuse Your Communication – Frequently Asked Questions

<p><b>What can we expect at the Learning Experience?</b></p>	<ul style="list-style-type: none"> <li>• Interaction – definitely not ‘death by PowerPoint’</li> <li>• Fun</li> <li>• To be challenged</li> <li>• To be asked questions</li> <li>• Encouragement</li> <li>• To focus on you</li> </ul>	<ul style="list-style-type: none"> <li>• Effective tools &amp; techniques</li> <li>• Activities &amp; discussions</li> <li>• Not to be lectured</li> <li>• To be listened to</li> <li>• To learn about yourself</li> <li>• Honesty</li> <li>• An engaging environment</li> </ul>
<p><b>How will it help us?</b></p>	<ul style="list-style-type: none"> <li>• Improved positive influence</li> <li>• Heightened self-awareness</li> <li>• The ability to develop &amp; apply your Emotional Intelligence</li> </ul>	<ul style="list-style-type: none"> <li>• Improved communication from colleagues &amp; leaders</li> <li>• Meaningful &amp; impactful conversations</li> <li>• Positive influence through communication</li> </ul>
<p><b>How much is it?</b></p>	<p>£3,500+VAT (for face-to-face–virtual solution costs on request)</p>	
<p><b>What are your expenses?</b></p>	<p>Travel &amp; accommodation (where applicable). Travel is charged at 45p per mile or equivalent travel costs i.e. return train fare.</p>	
<p><b>How many people can attend?</b></p>	<p>A minimum of 4 &amp; maximum of 12.</p>	
<p><b>Who is it for?</b></p>	<p>Leaders &amp; colleagues.</p>	
<p><b>Where will it take place?</b></p>	<p>At your premises or venue of your choice. Enthuse can arrange a venue if required which is recharged at cost.</p>	
<p><b>Does it have to be face-to-face?</b></p>	<p>If you want to achieve meaning &amp; impactful communication, then face-to-face is the way to go. If you prefer virtual learning, then get in touch as this Enthuse Experience is available via Zoom.</p>	
<p><b>Does it have to be two days?</b></p>	<p>Poor or a lack of communication is the route of all evil. If you want to be effective &amp; confident in your communication, then give it the attention it deserves! Two days enables the content to be learnt effectively &amp; time for demonstrable outcomes including video commitments shared with you.</p>	
<p><b>What do we get for our money?</b></p>	<ul style="list-style-type: none"> <li>• Interactive workbooks</li> <li>• Practical tools &amp; techniques</li> <li>• Engaging facilitation</li> </ul>	<ul style="list-style-type: none"> <li>• Emotionally intelligent &amp; self-aware colleagues &amp; leaders</li> <li>• Value add resources</li> </ul>
<p><b>Why Enthuse Coaching &amp; Training?</b></p>	<p>Because Emotional Intelligence will get you further in life than anything else. All of our learning experiences are routed in Emotional Intelligence &amp; don't just develop skills; we provide the opportunity to make positive choices to be the version of you that you want to be.</p>	