

Enthuse Your Effectiveness

Purpose:	Choose to be effective by developing your positive influence on you and those around you. Create and live up to your Personal Brand by quieting your inner critic to make positive effective choices.	
Duration:	Two consecutive days.	
What will we be doing?	<ul style="list-style-type: none"> • Engage – Inspire – Enthuse • Choose effectiveness • The Challenge is The Opportunity • What’s important • Your Personal Brand • Emotional Intelligence – your way to release your most powerful resource 	<ul style="list-style-type: none"> • What do you control? • What do you want to do? • Delegate to be effective • Your effective superhero • Building Relationships • Purpose – it’s all about you • Shutting down your BS Factory • You Always Have a Choice
How will the Purpose be achieved?	<ul style="list-style-type: none"> • Facilitator input • Group discussions • Practical activities in pairs and small groups • Creating commitments to choosing effectiveness 	
What do you expect from me?	<ul style="list-style-type: none"> • Turn up and be you • Participate – have a go! • Listen • Share your ideas • Encourage others 	
What’s In It For Me?	<ul style="list-style-type: none"> • The ability to choose effectiveness • Grow your positive influence with yourself and others • Quieten your inner critic and make positive choices • Develop your superpower of Self-Awareness • Create and live up to your Personal Brand • Develop and apply your emotional intelligence • Effectively delegate to focus on what’s important • Always work on what is within your control • Make the right choices to respond to your thoughts and emotions achieving high effectiveness • Build strong relationships that enable you to be the version of effectiveness that you want to be • Be clear on what you want to do and create the environment to make it happen • Embrace ‘The Challenge is The Opportunity’ • Be effective at every stage in the Engage – Inspire – Enthuse model 	

Enthuse Your Effectiveness – Frequently Asked Questions

<p>What can we expect at the Learning Experience?</p>	<ul style="list-style-type: none"> • Interaction – definitely not ‘death by PowerPoint’ • Fun • To be challenged • To be asked questions • Encouragement • To focus on you 	<ul style="list-style-type: none"> • Effective tools & techniques • Activities & discussions • Not to be lectured • To be listened to • To learn about yourself • Honesty • An engaging environment
<p>How will it help us?</p>	<ul style="list-style-type: none"> • Improved positive influence • Heightened self-awareness • The ability to develop & apply your Emotional Intelligence 	<ul style="list-style-type: none"> • High effectiveness • Individuals & teams who role model positive Personal Brands • Self-motivated colleagues & leaders
<p>How much is it?</p>	<p>£3,500+VAT (for face-to-face–virtual solution costs on request)</p>	
<p>What are your expenses?</p>	<p>Travel & accommodation (where applicable). Travel is charged at 45p per mile or equivalent travel costs i.e. return train fare.</p>	
<p>How many people can attend?</p>	<p>A minimum of 4 & maximum of 12.</p>	
<p>Who is it for?</p>	<p>Leaders & colleagues.</p>	
<p>Where will it take place?</p>	<p>At your premises or venue of your choice. Enthuse can arrange a venue if required which is recharged at cost.</p>	
<p>Does it have to be face-to-face?</p>	<p>Face-to-face is the much more effective (pun intended!) approach here. There is a virtual option facilitated via Zoom that is slightly re-imaged to make it work if that is your preferred format.</p>	
<p>Does it have to be two days?</p>	<p>Put simply – yes! To choose to be effective you need to choose to put the time in to develop your mindset & ability to adopt positive habits. The two days also include a journey for the learners including video commitments shared with you.</p>	
<p>What do we get for our money?</p>	<ul style="list-style-type: none"> • Interactive workbooks • Practical tools & techniques • Engaging facilitation 	<ul style="list-style-type: none"> • Emotionally intelligent & self-aware colleagues & leaders • Access to additional resources
<p>Why Enthuse Coaching & Training?</p>	<p>Because Emotional Intelligence will get you further in life than anything else. All of our learning experiences are routed in Emotional Intelligence & don’t just develop skills; we provide the opportunity to make positive choices to be the version of you that you want to be.</p>	