

## Enthuse Your Team

<b>Purpose:</b>	To develop your ability to be a high performing team by collectively developing and applying your Emotional Intelligence. To achieve your purpose through being a positive influence team.	
<b>Duration:</b>	Two consecutive days followed by a half day outcomes session.	
<b>What will we be doing?</b>	<ul style="list-style-type: none"> <li>• Engage – Inspire – Enthuse</li> <li>• Why should you work for your team?</li> <li>• The Challenge is The Opportunity</li> <li>• Design your team</li> <li>• Emotional Intelligence – your way to release your team’s most powerful resource</li> </ul>	<ul style="list-style-type: none"> <li>• An inspired Team</li> <li>• How do we work together?</li> <li>• Achieving team transparency &amp; trust</li> <li>• Your environment for success</li> <li>• Shutting down your team’s BS Factory</li> <li>• A positive influence team</li> </ul>
<b>How will the Purpose be achieved?</b>	<ul style="list-style-type: none"> <li>• Facilitator input</li> <li>• Group discussions</li> <li>• Practical activities in pairs and small groups</li> <li>• Creating outcomes and commitments</li> </ul>	
<b>What do you expect from me?</b>	<ul style="list-style-type: none"> <li>• Turn up and be you</li> <li>• Participate – have a go!</li> <li>• Listen</li> <li>• Share your ideas</li> <li>• Encourage others</li> </ul>	
<b>What’s In It For Me?</b>	<ul style="list-style-type: none"> <li>• Belong to a positive influence team</li> <li>• Apply and develop your Emotional Intelligence</li> <li>• Grow your positive influence with yourself and others</li> <li>• Quieten your team’s inner critic to choose your positive response</li> <li>• Gain clarity on your role &amp; responsibilities in your team</li> <li>• Create an environment for team success</li> <li>• Work in a culture of continuous personal &amp; team development</li> <li>• Agree how your team will work together to live up to what you stand for</li> <li>• Better respond &amp; manage change as a team</li> <li>• Work in a team where transparency &amp; trust exists</li> <li>• Achieve clear &amp; meaningful communication amongst your team</li> <li>• A team environment where you can always be YOU &amp; positively challenge always for the good of the team</li> <li>• Develop your effective relationships to engage in meaningful and impactful conversations</li> <li>• Embrace ‘The Challenge is The Opportunity’</li> <li>• Be effective at every stage in the Engage – Inspire – Enthuse model</li> </ul>	

## Enthuse Your Team – Frequently Asked Questions

<p><b>What can we expect at the Learning Experience?</b></p>	<ul style="list-style-type: none"> <li>• Interaction – definitely not ‘death by PowerPoint’</li> <li>• Fun</li> <li>• To be challenged</li> <li>• To be asked questions</li> <li>• Encouragement</li> <li>• To focus on you</li> </ul>	<ul style="list-style-type: none"> <li>• Effective tools &amp; techniques</li> <li>• Activities &amp; discussions</li> <li>• Not to be lectured</li> <li>• To be listened to</li> <li>• To learn about yourself</li> <li>• Honesty</li> <li>• An engaging environment</li> </ul>
<p><b>How will it help us?</b></p>	<ul style="list-style-type: none"> <li>• Improved engagement &amp; productivity</li> <li>• Heightened self-awareness</li> <li>• The ability to develop &amp; apply your Emotional Intelligence</li> </ul>	<ul style="list-style-type: none"> <li>• A committed team with positive influence</li> <li>• A team environment focussed on collective success</li> <li>• A stronger sense of belonging</li> </ul>
<p><b>How much is it?</b></p>	<p>£4,000+VAT (for face-to-face solution – costs for virtual solution available on request)</p>	
<p><b>What are your expenses?</b></p>	<p>Travel &amp; accommodation (where applicable). Travel is charged at 45p per mile or equivalent travel costs i.e. return train fare.</p>	
<p><b>How many people can attend?</b></p>	<p>A minimum of 4 &amp; maximum of 12.</p>	
<p><b>Who is it for?</b></p>	<p>A team who wants to work better together.</p>	
<p><b>Where will it take place?</b></p>	<p>At your premises or venue of your choice. Enthuse can arrange a venue if required which is recharged at cost.</p>	
<p><b>Does it have to be face-to-face?</b></p>	<p>No. It is highly recommended for teams because it is about working better together. However, all Enthuse sessions are available in virtual delivery via Zoom.</p>	
<p><b>Does it have to be two &amp; half days?</b></p>	<p>No. If you want an ‘off-the-shelf’ solution &amp; to follow our recommendations, then two &amp; half days it is. The most important thing is to find the solution that works best for your team. Contact us to discuss any bespoke requirements &amp; we can re-imagine the learning experience together.</p>	
<p><b>What do we get for our money?</b></p>	<ul style="list-style-type: none"> <li>• Interactive workbooks</li> <li>• Practical tools &amp; techniques</li> </ul>	<ul style="list-style-type: none"> <li>• A stronger team</li> <li>• Ongoing commitments</li> <li>• Engaging facilitation</li> </ul>
<p><b>Why Enthuse Coaching &amp; Training?</b></p>	<p>Because Emotional Intelligence will get you further in life than anything else. All of our learning experiences are routed in Emotional Intelligence &amp; don’t just develop skills; we provide the opportunity to make positive choices to be the version of you that you want to be.</p>	