



About the Author

RiChawn is a Reiki Master / Teacher born and raised in Cleveland, Ohio and currently resides in Atlanta, Georgia. She learned true tranquility could be fully achieved when one relinquishes the ego and connects solely to the healing power source of our creator. RiChawn is the owner of Ethos Energy Reiki which offers energy healing services including reiki energy healing, crystal bowl sound bath therapy, group meditation circles and much more.

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Ethos Energy Healing Journal A Self-Healing Journey



RiChawn Spears
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