

**Vermont Everyone Eats  
Prepared Meals Symposium**  
Thursday, September 29, 2022  
9:30AM – 4:30PM

**9:30AM-10:00AM** – Virtual meeting space opens to attendees

**10:00AM-10:05AM** – **Opening Statement:** Chris Meyer, Special Projects Coordinator, Vermont Everyone Eats

**Session One – “Food as Medicine”**

**Moderator: Keely Agan, Child Nutrition Initiatives Specialist, Hunger Free Vermont**

**10:05AM-10:35AM** – **Overview of the relationship of food-to-health outcomes (Food as Medicine) and the state of hunger in Vermont.**

*Speakers:*

- Anore Horton, Executive Director, Hunger Free Vermont
- John Sayles, CEO, Vermont Foodbank
- Roger Allbee, Food as Medicine Advocate; Development and Policy Professional

**10:35AM-10:40AM** – *scheduled 5-minute break*

**10:40AM-11:40AM** – **What does the provision of prepared meals look like in Vermont? What are the challenges and gaps? Moderated panel conversation.**

*Speakers:*

- Sarah Lipton, Director, Montpelier Senior Activity Center
- Mary Woodruff, Nutritionist and Health Promotion Specialist, Vermont Department of Disabilities, Aging and Independent Living
- Rosie Krueger, State Director of Child Nutrition Programs, Vermont Agency of Education
- Allison Joyal, Meals on Wheels Coordinator, Vermont Centre for Independent Living
- Casey Engels, Special Projects & VEE Hub Manager, Capstone Community Action

**11:40AM-12:00PM** – Moderated Q&A

**12:00PM-12:30PM** – *scheduled lunch break*

**Keynote Speaker**

**12:30PM-12:45PM** – **Keynote Speaker: Sen. Becca Balint, VT Senator & Candidate for U.S. Congress**

**2:45PM-2:50PM** – *scheduled 5-minute break*

## **Session Two – “Is it Revenue or Philanthropy?”**

**Moderator: Stephanie Bonin, Former Executive Director, Downtown Brattleboro Alliance**

**12:50PM-2:10PM** – How restaurants, farms, and those distributing meals to food insecure community members can all benefit from being interconnected. Moderated panel conversation.

*Speakers:*

- Jesse Kayan, Farmer, Wild Carrot Farm, Brattleboro, VT
- Mark Verespy, Owner, The Killarney Irish Pub, Ludlow, VT
- Danielle Boyce, Owner & General Manager, American Flatbread, Middlebury, VT
- Emmy Schroder, Director, Food as Medicine, La Soupe Cincinnati
- Dan White, Founder & CEO, Localvore, Burlington, VT

**2:10PM-2:30PM** – Moderated Q&A

**2:30PM-2:35PM** – *scheduled 5-minute break*

## **Vermont Everyone Eats Documentary**

**2:35PM-2:55PM** – Corey Hendrickson, Filmmaker, will introduce a sneak peek at the VEE documentary

**2:55PM-3:00PM** – *scheduled 5-minute break*

## **Session Three – “Too Good to Die”**

**Moderator: Sarah Waring, NH/VT State Director, USDA Rural Development**

**3:00PM-4:10PM** – Exploring the future of locally sourced prepared meals

*Presentations:*

- Jean Hamilton, Former Program Director, Vermont Everyone Eats
- Robin Manthie, Managing Director, Minnesota Central Kitchen
- Susan Zimet, NY State Food & Anti-Hunger Policy Coordinator & Mark McMullen, NY State Department of Agricultural Markets Food and Nutrition Team Leader

*Panel Discussion:*

- Robin Manthie, Managing Director, Minnesota Central Kitchen

- Susan Zimet, NY State Food & Anti-Hunger Policy Coordinator
- Mark McMullen, NY State Department of Agricultural Markets Food and Nutrition Team Leader
- Ben Rose, Recovery and Mitigation Section Chief, Vermont Division of Emergency Management
- Gary Holloway, Downtown Program Coordinator, Vermont Agency of Commerce & Community Development
- Sue Graff, Field Services Director, Vermont Agency of Human Services
- Kevin Brennan, Executive Director, Southeastern Vermont Community Action (SEVCA)
- Jean Hamilton, ShiftMeals Director, Skinny Pancake, Montpelier, VT
- Stephanie Bonin, Past Executive Director, Downtown Brattleboro Alliance, Brattleboro, VT

**4:10PM-4:30PM** – Moderated Q&A

**4:30PM – Closing Statement:** Amanda Witman, Communications and Stakeholder Engagement Coordinator,  
Vermont Everyone Eats