Vermont Everyone Eats
Prepared Meals Symposium
Thursday, September 29, 2022
9:30AM – 4:30PM

9:30AM-10:00AM – Virtual meeting space opens to attendees

10:00AM-10:05AM – Opening Statement: Chris Meyer, Special Projects Coordinator, Vermont Everyone Eats

Session One – “Food as Medicine”
Moderator: Keely Agan, Child Nutrition Initiatives Specialist, Hunger Free Vermont

10:05AM-10:35AM – Overview of the relationship of food-to-health outcomes (Food as Medicine) and the state of hunger in Vermont.

Speakers:
• Anore Horton, Executive Director, Hunger Free Vermont
• John Sayles, CEO, Vermont Foodbank
• Roger Allbee, Food as Medicine Advocate; Development and Policy Professional

10:35AM-10:40AM – scheduled 5-minute break

10:40AM-11:40AM – What does the provision of prepared meals look like in Vermont? What are the challenges and gaps? Moderated panel conversation.

Speakers:
• Sarah Lipton, Director, Montpelier Senior Activity Center
• Mary Woodruff, Nutritionist and Health Promotion Specialist, Vermont Department of Disabilities, Aging and Independent Living
• Rosie Krueger, State Director of Child Nutrition Programs, Vermont Agency of Education
• Allison Joyal, Meals on Wheels Coordinator, Vermont Centre for Independent Living
• Casey Engels, Special Projects & VEE Hub Manager, Capstone Community Action

11:40AM-12:00PM – Moderated Q&A

12:00PM-12:30PM – scheduled lunch break

Keynote Speaker

2:45PM-2:50PM – scheduled 5-minute break

Session Two – “Is it Revenue or Philanthropy?”
Moderator: Stephanie Bonin, Former Executive Director, Downtown Brattleboro Alliance

12:50PM-2:10PM – How restaurants, farms, and those distributing meals to food insecure community members can all benefit from being interconnected. Moderated panel conversation.

Speakers:
- Jesse Kayan, Farmer, Wild Carrot Farm, Brattleboro, VT
- Mark Verespy, Owner, The Killarney Irish Pub, Ludlow, VT
- Danielle Boyce, Owner & General Manager, American Flatbread, Middlebury, VT
- Emmy Schroder, Director, Food as Medicine, La Soupe Cincinnati
- Dan White, Founder & CEO, Localvore, Burlington, VT

2:10PM-2:30PM – Moderated Q&A

2:30PM-2:35PM – scheduled 5-minute break

Vermont Everyone Eats Documentary

2:35PM-2:55PM – Corey Hendrickson, Filmmaker, will introduce a sneak peek at the VEE documentary

2:55PM-3:00PM – scheduled 5-minute break

Session Three – “Too Good to Die”
Moderator: Sarah Waring, NH/VT State Director, USDA Rural Development

3:00PM-4:10PM – Exploring the future of locally sourced prepared meals

Presentations:
- Jean Hamilton, Former Program Director, Vermont Everyone Eats
- Robin Manthie, Managing Director, Minnesota Central Kitchen
- Susan Zimet, NY State Food & Anti-Hunger Policy Coordinator & Mark McMullen, NY State Department of Agricultural Markets Food and Nutrition Team Leader

Panel Discussion:
- Robin Manthie, Managing Director, Minnesota Central Kitchen
• Susan Zimet, NY State Food & Anti-Hunger Policy Coordinator
• Mark McMullen, NY State Department of Agricultural Markets Food and Nutrition Team Leader
• Ben Rose, Recovery and Mitigation Section Chief, Vermont Division of Emergency Management
• Gary Holloway, Downtown Program Coordinator, Vermont Agency of Commerce & Community Development
• Sue Graff, Field Services Director, Vermont Agency of Human Services
• Kevin Brennan, Executive Director, Southeastern Vermont Community Action (SEVCA)
• Jean Hamilton, ShiftMeals Director, Skinny Pancake, Montpelier, VT
• Stephanie Bonin, Past Executive Director, Downtown Brattleboro Alliance, Brattleboro, VT

4:10PM-4:30PM – Moderated Q&A

4:30PM – Closing Statement: Amanda Witman, Communications and Stakeholder Engagement Coordinator, Vermont Everyone Eats