

Humanitarian aid collection for Ukraine

In December 2026, the local volunteer group *Helping Our Ukrainian Friends* will make its 28th delivery of aid to support those impacted by the war in Ukraine.

Last collection: 27th Nov '26



Warmth&Shelter

- Blankets
- Winter-rated sleeping bags
- Yoga / sleeping mats
- Pillows
- Knitted Hats/Scarves/Baby Clothes
- Gloves
- Towels
- Chemical hand/body warmers

Food(non-perishables)

- Rice, flour, pasta
- Tinned food (soups, fish, meats, fruits)
- Protein bars
- Sweets (not chocolate)
- Tea, coffee, sugar

Cooking & Heating

- Camping gas stoves
- Thermos flasks
- Disposable tableware

Medicines

- Paracetamol
- Multivitamins
- Antiseptic wipes
- Expectorants (cough medicine)
- Cold & Flu medicines

Electronics

- Phones, tablets, computers
(factory reset and in good working order)

Hobbies

- Sports equipment
- Art supplies
- Musical instruments

Light&Power

- Household candles
- Batteries (standard and rechargeable)
- LED lamps/lights(USB rechargeable)
- Powerbanks 20,000 mAh
- Solar lamps
- Torches
- Generators

Hygiene

- Soap
- Toothpaste & toothbrushes
- Female sanitary products
- Deodorant
- Baby nappies (all sizes)
- Shampoo&Body Wash

Christmas gift boxes for children

Donation points...

Please note: we are unable to accept any clothes or shoes.

Find out more or donate via the links below, or get in touch at richard@helpingourukrainianfriends.com.

www.helpingourukrainianfriends.com

www.justgiving.com/crowdfunding/helpingourukrainianfriends2023

