

Living Your Values



A half day immersive experience for individuals and teams who want to align who they are with how they work, lead and make decisions.

Living your values isn't about having a list of words on a page.

It's about understanding what truly matters to you, how those values show up in your behaviour, and how to make choices that feel aligned, authentic and sustainable.

WHAT WE COVER

- What values really are (beyond buzzwords)
- Personal vs professional values
- How values shape behaviour, relationships and culture
- Strengths + values alignment
- Spotting values conflicts and misalignment
- Practical behaviours that bring values to life

WHO ITS FOR

- Individuals wanting more clarity, direction and alignment
- Teams wanting to strengthen trust, communication and shared purpose
- Organisations wanting values led cultures and more authentic leadership

OUTCOMES

- Clearer understanding of personal and professional values
- Stronger alignment between values, behaviour and decision making
- Increased confidence in communicating needs and boundaries
- Reduced friction caused by misalignment or unclear expectations

DELIVERY + PRICING

Delivered:

- Virtual (individuals + teams)
- In-person (organisations)

Pricing:

- Organisations (Virtual): £1200
- Organisations (In-person): £1500

Book Your Session

Email us at
info@trans4mativeminds.co.uk or scan
the QR code

