

What is a Recovery Coach?

Anyone interested in promoting recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery.

PCA works with Volunteers, Recovery Courts, Veteran Treatment Courts, Medical Clinics, Local Recovery Centers, Programs for the Homeless, and Residential Treatment Programs.

Who Should Attend Trainings?

Anyone in the recovery field.

The CCAR Recovery Coach Academy® is an innovative new approach to healing people's lives that is unlike any other training. Utilizing a dynamic approach to learning that blends both process and content, the CCAR Recovery Coach Academy® offers a once-in-a-lifetime experience that has been referred to as "pure recovery genius".

If you're ready to learn, be challenged, and reap valuable rewards for life, the CCAR Recovery Coach Academy® is a must for anyone in the recovery field. This includes coaches, recovery support specialists, peer support specialists.

**PEER COACH
ACADEMY**
C O L O R A D O



P.O. Box 40569 Denver CO 80204

***Recovery takes practice.
Come practice with us!***

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ACADEMY**
C O L O R A D O

***“The Ability to Transform
a Situation is Deeply
Rooted in One’s Being”***

- *Training/Education*
- *Recovery Coaches*
- *Peer Specialists*



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Professionalism in Recovery Coaching

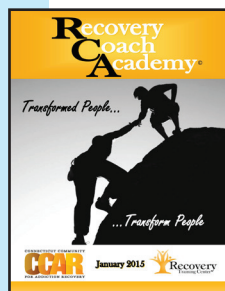
PCA Colorado recommends 60 hours ongoing trainings sessions as they acquire work/volunteer hours to qualify for the Colorado Peer/Family Support Credential and CPFS//NCPRSS Peer Certification from NAADAC//RCP from CCAR.

- A) CCAR Recovery Coach Academy Core Coach training - 32 hours
- B) CCAR Ethical Considerations for Coaches - 12 hours
- C) Professionalism for Recovery Coaches - 12 hours
- D) Medication Supported Recovery - 6 hours (introduces barriers re: Suboxone/Methadone)

CCAR Recovery Coach Academy - 32 hours
MAT/Medication Supported Recovery - 6 hours
Spirituality for Coaches - 12 hours
Ethical Considerations for Coaches - 12 hours

PCA Colorado borrows from the playbook of CCAR. Why not utilize strategies that have proven to work?

CCAR is the Connecticut Community of Addiction Recovery, offering trainings since 2008.



ASSOCIATION OF
**RECOVERY
COMMUNITY
ORGANIZATIONS**
FACES & VOICES IN RECOVERY

Continuing Peer Education

Recovery Coaching for Home Based Navigators - 32 hours
Recovery Basics for Parents - 6 hours
Motivational Interviewing A,B,C - 6 hours each
Self Care - 12 hours
Advanced Coaching Skills - 12 hours

Find more information at www.pcacolorado.com
Register for classes at www.universe.com/pcacolorado



Telephone Recovery Support

PCA begins providing Telephone Recovery Support (TRS) calls to CT residents that are in recovery from alcohol or other addictions in early 2018. Contact us if you are interested in volunteering. TRS is an innovative, peer-to-peer support service. Trained volunteers that are, in many cases, in recovery themselves, make weekly calls to “check in” and see how people are doing. Recovers are offered support; encouragement and information about resources that may help them maintain their recovery.

Measuring Outcomes and Recovery Capitol

PCA has proudly enlisted the acuity of National Advocates FAVOR’s Recovery Data Platform (RDP). From Behind the scenes we can easily track, manage, and analyze recovery data. Simple report-building tools make reporting to outside agencies a snap. Cloud-based - *anytime, anywhere.*

Training, Mentoring, Supervision, Consultation

PCA Provides Nationally Recognized Curriculums for Peer Specialists. We support Professional Accreditation and provide ongoing education to align with National, State, and Local Requirements. PCA offers a 1x monthly supervision session by Skype to encourage self-care and promote balance and mentoring for our graduates. We can offer these trainings throughout the state of Colorado and beyond. Our goal is to have CCAR trainers in 6 counties in Colorado within the next 3 years.

We have contacts/communications in place with:

- Colorado Mental Wellness Network
- Problem Solving Courts
- Springs Recovery Connection
- Clean Slate Recovery
- Western Colorado Recovery Community
- Friendly Harbor Pueblo
- Probation Departments
- It Takes a Village Colorado
- Denver Health OBHS
- National Institute for Change
- Southern Colorado Harm Reduction
- Peaks Recovery

CONTACT US:



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