

The Carer



A MONTHLY NEWSLETTER FROM THE COMPASSIONATE CARER LLC.



THIS MONTH IN THE WORLD OF CAREGIVING

**WHO ARE WE? WHAT IS THE
COMPASSIONATE CARER**

**THE COMPASSIONATE CARER
PRESENTS: THE CARER LINK**

**THE FUTURE OF THE
CARER LINK**

THE COMPASSIONATE CARER

WHO ARE WE?

The Compassionate Carer (TCC) was created by two daughters; first cousins who suddenly became caregivers to their mothers at incredibly young ages.

WHAT IS THE COMPASSIONATE CARER?

"The Compassionate Carer" is a tool created to help build a community and be a resource for those giving care to the ones they love in their time of need. It was designed to assist someone who is in the transition to becoming a caregiver. However, whether you are a "carer" or a "caree" we have the tools to help!

Our goal is to create a place for caregivers to share their stories, get inspiration, and become motivated to provide excellent care to those in need.



**THE COMPASSIONATE CARER PRESENTS
THE CARER LINK**

The Carer Link is a digital magazine that was designed to highlight caregivers and provide resources and tools to those providing care to the ones they love most.

We would also like to provide a platform for caregivers to be able to share their stories with like minded individuals sharing the same journey.

We are a small business committed to growing both our small business and yours! The Carer Link will highlight small businesses for you to support across the country. We learned during the pandemic that we need our small businesses more than ever! Now is the time to support!

THE CARER LINK RESOURCES

- **CARER RESOURCES**
Learn about other caregiving and illness-specific organizations and associations such as American Caregivers Association,
- **CAREE RESOURCES**
Topics include nutritional guidance, medical tips, healthy living tips, and even advanced care directives and estate planning tips.
- **SELF CARE RESOURCES**
Helpful self-care strategies to maintain your peace and balance. Proper self care is the key to being able to consistently provide the best care to the ones you love!



THE FUTURE OF THE CARER LINK

It is our hope that we can provide information and resources that will assist you in your everyday life. We want to do our part to support those providing care to the ones they love through in home health care. It is also extremely important to us that we support our small business, your small business and all other small businesses along with all the great people who provide care to their loved ones.

HIGHLIGHT CAREGIVERS



NAEEMA BRITTON
Caregiving 8 years

The care that you provide to your mom is inspirational! Thank you!

CAREGIVER RESOURCES



CARER RESOURCES
Our Website

<https://thecompassionatecarer.com/carer-resources>

TIPS AND TRICKS



TCC VIP KIT
Get organized

<https://thecompassionatecarer.com/shop/ols/products/the-compassionate-carer-vip-kit>

COMMUNITY SHARING



FACEBOOK GROUP
Connect With Us

Our private group for caregivers is on FB @The Compassionate Carer

MUCH, MUCH MORE!



BLOGS & VLOGS
Share Your Story

<https://thecompassionatecarer.com/from-us-2-you-blog>

THE COMPASSIONATE CARER SUPPORTS SMALL BUSINESSES



Each month, The Compassionate Carer will highlight small businesses that are making a difference in the community each day. To submit your business for a highlight, please email us at TheCompassionateCarer@gmail.com

In your email, please include the following:

- Business Owner Name
- Contact Information for Customers
- Photo or Logo
- Description of your business in less than 50 words.

We only ask that you like and share the newsletter once your business has been featured along with the FB & IG page.

Our goal is to fix the problem that was most prevalent in 2020. Small businesses need support and its up to us to do it! Remember small business become big businesses when our friends and families share and support us!

THIS MONTHS FEATURED SMALL BUSINESSES

THE COMPASSIONATE CARER SMALL BUSINESS SISTER COMPANIES



CEO NAEEMA BRITTON

Chocolate Girls Inc provides mentorship to young ladies ages eight to 18 in the areas of academia, vocation, social networking, and more using a mental health foundation. We desire for every young lady to be her best and greatest self!

WWW.CHOCOLATEGIRLSINC.COM



Custom ● Art ● Fashion ● Decor

CEO UNIQUE CAMPBELL

Im Unique Studios Ink specializes in custom art, fashion and home décor. We wish to inspire individuality and freedom of self expression through art.

WWW.FACEBOOK.COM/IMUNIQUESTUDIOSINK

WAIT UNTIL YOU SEE ALL THE GREAT SMALL BUSINESSES ON THE NEXT PAGE!! DONT FORGET TO SUPPORT! 



CONNECT WITH US



The Compassionate Carer (TCC) is active on all social media sites @TheCompassionateCarer and on Twitter @TCompassionateC

OUR BLOG - FROM US 2 YOU: THE COMPASSIONATE CARER

<https://thecompassionatecarer.com/from-us-2-you-blog>

WE SUPPORT SMALL BUSINESSES!



We want to extend our support to any small business that we can help and we hope that you do the same. Each month, we will highlight some amazing small businesses that need your support.

AWESOME EATS



Tarina Mack



Tippy Treats LLC

Tippy Treats makes alcohol-infused desserts. They cater from birthdays to girls night out. What ever you desire I can make it happen. **Right now we serve Savannah, Georgia Only!**

BEAUTY



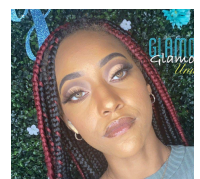
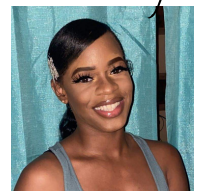
Camira Moton

Makeup Artist and Private Bartender

Located in Desoto, TX Willing to travel

Hello, I am Unique from GlamourYass. I specialize in makeup. Whether it's your prom, graduation, birthday, wedding day or just because. I'm also a private bartender so I can throw down no matter the party. Something classy and elegant your perfect mimosa to helping you throw the best birthday party by serving delicious drinks. Either way if you hire me I'm going to get the job done successfully.

Take a look at my latest slays!



"I wear my beauty in confidence"

EDUCATION AND FINANCE



Tonie Smith

Tonie Smith6100@gmail.com
District Leader of Life Insurance Sales

I am in the business of helping people save money, make money and protect their families.

If your family means everything to you and you understand the importance of having life insurance, contact me today.

Lets schedule an appointment and get your family covered today!

Secure a brighter future for your family today!

ENTERTAINMENT

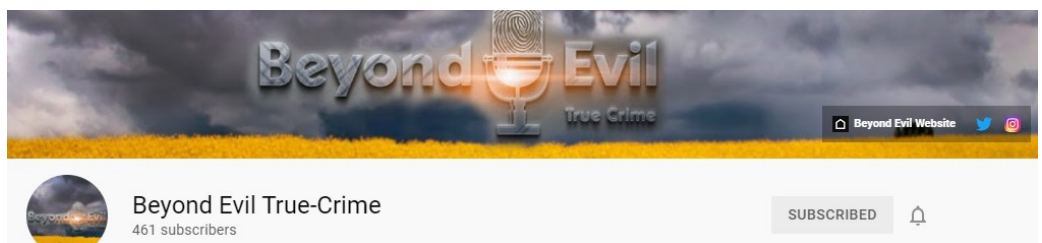


Kimberly Carole

A podcaster turned Youtuber
One of the few black women in the true-crime genre. I have been captivated with true crime since I was a young girl attending Catholic school.

I was in the 4th grade when a friend was kidnapped and dismembered by her uncle. That is what lead me on this journey that I am on.

What is the "Beyond Evil Podcast" all about?



I want to make sure that victims have a voice and that people get the story the way they want it. Enough people cover true crime that you can be sure you will get most if not all the facts. I always want to put in my 4 cents, and my YouTube gives it to you raw. I have a website beyondevilpodcast.com where I try to blog about the cases I cover.

You will always find the images, the source files, and links. I cover some of my cases through the podcast format, and that will not have my opinions that you will get on YouTube. It's fact-based and politically correct for those who enjoy their true crime without all the extra. I can be heard on any Podcatcher under the name Beyond Evil and seen on YouTube at <https://www.youtube.com/c/BeyondEvilTrueCrime> I can also be found on Twitter, Instagram, and Facebook under the same name Beyond Evil.

"I always want to put in my 4 cents, and my YouTube gives it to you raw."

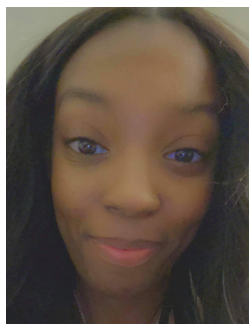
FASHION



Eboni E. Evans

Embellish by Eboni - Beauty That Empowers
Home of the Embellished | Empowered | Equipped | Enlightened Expanding Woman

HOME



Lyric Kadletz

Scents of Life Candle Company



Scents of life candle company was officially started August 2020. It was started as way to cope with postpartum depression after I had my son. All of the candles are hand made, 100% soy, and all natural essential oils are used to create strong and unique scents.

So far we have sold over 1,000 candles since a opening and donated 30% of our proceeds to help women of color get the help they need when it comes to postpartum depression and anxiety!

LIFESTYLE



Peggy Carter

Founder of Carter P3 Enterprises, LLC
Inspirational Storytelling Speaker

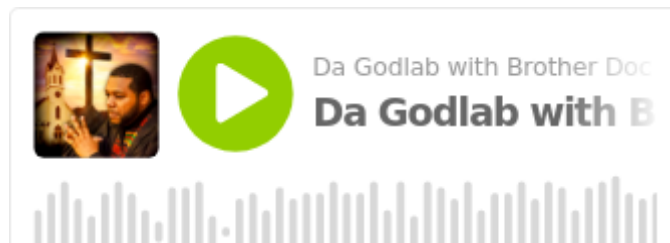
The mission of Carter P3 Enterprises is to being a bridge builder and change agent for all walks of life by connecting them to their true identity and helping them to gain spiritual awareness without judgment and through sharing God's love through Christ conscousness.



Steve McGougain

Da Godlab with Brother Doc

A 30 minute program which features inspirational commentary and a mix of the host's favorite songs of the week from a diverse group of artists who cover the vast field of the musical spectrum.



TRAVEL



Adriana Smith
Travelpreneur



STUDYING ABROAD
for Black Women...



A TRAVEL GUIDE BY ADRIANA SMITH

As the Founder and CEO of Travepreneur, Adriana Smith experienced both good and bad traveling, thus deciding that part of her mission would be to help people transform their fear and confusion into confidence and purpose through travel. With personal experiences that went from excitement to homesickness, she reminds us that in 2021 it's ok to travel black, woman, and solo by overcoming obstacles, building resilience, and setting goals.

Adriana continues to empower hundreds of travelers every year with the confidence to see the world so that they can make a local and global impact through her annual event, the Big Leap Travel Summit. She has been featured in over a dozen media outlets, including Essence, USA Today, SELF, Hello Giggles, Mic, and Cheapism.

If you want to get out there too, experience new things, and see new places, and most importantly help people transform their fear and confusion into confidence and purpose through travel, then check out the replay of the Big Leap Travel Summit.

"How can you "Run the World" when you've never seen the world?" - Adriana Smith

BUSINESS SOLUTIONS



Hey, I'm Renee! I teach small business owners and entrepreneurs how to create affordable and brand-conscious content with strategies that build profitable businesses online. I have written copy that has raised millions of dollars, now I'm using my expertise to help emerging business owners start living lives they'll love with effective content and branding that earns money and leaves behind a positive impression!

What's Bubblin'?

Renee
Jamerson
Marketing & Branding

I'm not just selling you trial and error I have a degree in Marketing and Advertising from the top business school in New York City and more than 10 years of experience in marketing and communications. I know what it takes to get results! Since beginning my coaching journey I've more than proved my myself time and time again with a reputation for being thorough and insightful. I work with my clients to grow their online businesses while empowering them with ownership and increased knowledge-base of skills and resources.

Chief Content & Branding Strategist



Are you a Caregiver? Take The Pledge

The Compassionate Carer Presents Our Carer Pledge



The Compassionate Carer is a community and resource for those giving care to the ones they love most, during the most difficult moments of their lives.

Being a carer is not easy, but no longer being able to care for yourself will prove to be just as hard.

Today we ask you to join us in the fight for better home health care for our elderly families and communities.



- Give care with passion.
- Continue to educate myself.
- Encourage Individuality and independence.
- Provide care with honest thoughts and good intentions
- Care for others as I would like to be cared for in the future.
- Provide necessary mental and emotional support.
- Provide a safe and friendly environment.

On this day _____, I, _____, have pledged to join The Compassionate Carer in the fight for better home health care for our elderly families and communities. I truly hope that our efforts inspire you to not only provide excellent care to your loved one but also take the pledge!

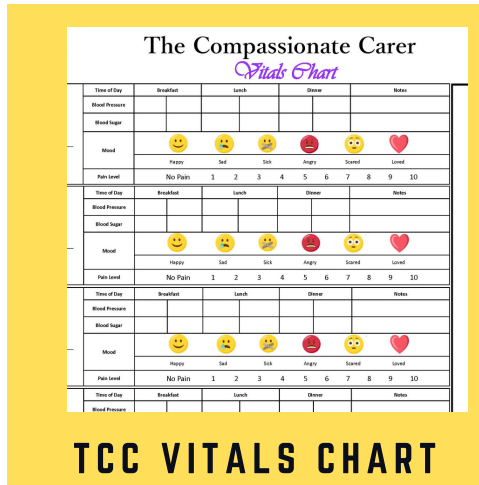


SHOP THE COMPASSIONATE CARER PRODUCTS

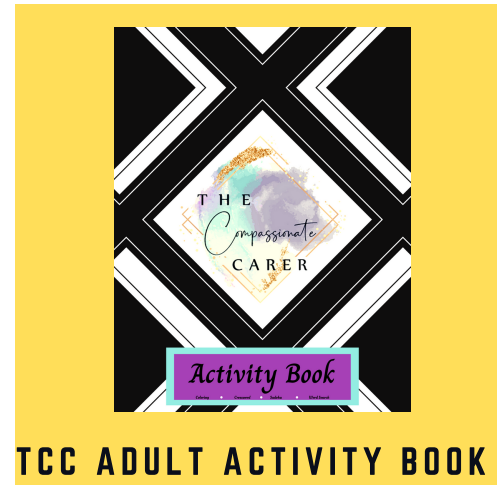
As a carer, we are constantly learning how to be better for our caree. Browse our products to assist you in providing optimal care for your caree



TCC VIP KIT



TCC VITALS CHART



TCC ADULT ACTIVITY BOOK

[HTTPS://THECOMPASSIONATECARER.COM/SHOP](https://thecompassionatecarer.com/shop)

THE COMPASSIONATE CARER RESOURCES AND SERVICES

Self-Care is important to your survival as a carer and can improve the quality of life for yourself and your caree. Learn some helpful self-care strategies to maintain your peace and balance. Proper self care is the key to being able to consistently provide the best care to the ones you love!

Caregiver Consultations



Book a Consultation appointment to help you get started and organized.

Caregiver Support Blog



We understand that being a caregiver is not an easy task, so we want to help. Follow our blogs below to learn more about our personal caregiving journeys and share your story along the way for support from our caregiving community.

Caregiver Community



@TheCompassionateCarer

[HTTPS://THECOMPASSIONATECARER.COM/CARER-RESOURCES](https://thecompassionatecarer.com/carer-resources)