

# Lakisha Mitchell-Buffington

Wife, Mom, Author, Educator, Speaker & Lifestyle Entrepreneur

"I never lose. I am either winning or learning."

- Nelson Mandela

## About Lakisha

An Empowering, God-Fearing Woman Who Defies Odds

Lakisha is an unstoppable force, driven by her faith, determination, and purpose. Despite facing obstacles, she has successfully built an enviable career and life.

Her journey is a testament to the power of perseverance and hard work, and serves as an inspiration to countless others.

For over a decade, Lakisha has honed her skills and expertise, leaving an undeniable impact on the world.

She is not just an educator or speaker, but a true champion of women, inspiring and empowering them to reach their full potential.

Lakisha's passion for self-transformation is contagious, and she is relentless in ensuring the success of others. Her mission is not just to change lives, but to enlarge them. With Lakisha by your side, there's no limit to what you can achieve.

## Testimonial

Lakisha is a remarkable individual with an unwavering love and zest for life, bestowed upon her by a higher power. Her bold ownership of emotions and open sharing of her experiences, both good and bad, are truly inspiring. As a mother, Gammy, a salon stylist/owner and advocate for Women Living in Truth, I couldn't be more proud of her. Thank you, Lakisha, for helping other women discover their own "UnStuck" stories.

Easter Reynolds - Love



# Mic Your Story, New York

"Your energy is everything!  
You authentically own your story! You  
are changing lives girl!"

Your charming southern drawl is what  
makes you stand out and gives you a  
unique quality!



## Lakisha is passionate about:

Edification. Emotional Healing, God-fidence. Self-Transformation.

### Taking Examples

**My Voice is my Tool**

Discovering and discerning your purpose verse  
and how to apply it to life. (Isaiah 61:1)

**Writing is My Therapy**

Tips & Truths about how journaling facilitates  
"emotional freedom". (Philippians 3:13)

**The Power of Faith & Perseverance.**

Taking life one day at a time; building your faith and  
connection to God's plan for life. (Matthew 6:34)



### Let's Connect

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