		'EL BENNIE	130				
Breakfast		Potato rosties, bolognese mince, poached egg, hollandaise sauce (served with toast)		Tapas		Pizza	
Served from 8:00 am to 12:00 am		TURKISH EGG 2 turmeric eggs, hummus, cucamber and	115	BEEF FILLET CARPACCIO	159	BASE STYLES: Original Beach Blanket Bohemia thin	
HEALTH PORRIDGE  Oats served with banana, berry sauce, drizzled with honey	78	tomato salsa, whipped feta, pita bread		Marinated in lemon juice, olive oil, fresh rocket, capers, parmesan shavings		crispy crust or rustic - authentic italian hand tossed base FOCACCIA	55
SEASONAL FRUIT & PLAIN YOGHURT Served with mixed seeds, honey	99	<b>Toast options:</b> Rye, seeded health, white, brown or sour dough		BUFFALO WINGS Grilled or fried. BBQ wings or chilli wings or garlic parmesan		Garlic, olive oil, oregano Add mozzarella cheese	20
GRANOLA & SEASONAL FRESH FRUIT Served with double thick yoghurt, mixed seeds,	99	TOP UPS  Avo 25   Hash Brown 20   Bacon 36   Boerewors 36  Beef Patty 58   Savoury Mince 36   Small Chips 30 Cheese	9	CHAMPIÑONES  Creamy shimeji mushroom, garlic, parsley served on camembert topped crostini	105	MARGHERITA  With fresh basil leaves	99
vegetarian stack	120	Griller 27   Smoked Salmon 95   Scotch Fillet Steak 150g 75 Cheese Cheddar 30   Beef/Pork 36   Mushroom 30 Honey Glazed Pork Rashers 30   Extra Toast 7		CRISPY CHILLI SQUID HEADS Rocket, home-made chilli mayo	109	GOATS CHEESE Oven roasted mediterranean vegetables, red onion, olives, fresh basil	180
Poached egg, sweetcorn and zucchini fritters, smashed avo, mushroom, basil pesto oil	100	BBB Relish 30		GRILLED OR FRIED CALAMARI Rocket, aioli	109	MAC AND CHEESE  Macaroni, cheddar cheese, mozzarella cheese	140
VEGGIE BREKKIE Potato rosties, mushrooms, spinach, roasted cherry tomato, baked beans	120	Toasties		HALLOUMI CHEESE  Grilled or fried sweet chilli sauce, lemon wedge	95	COOKED ITALIAN HAM Mushrooms, garlic, olives, ham	158
BEACH BLANKET BREAKFAST	165	AVO TOAST Avo, cottage cheese, cherry tomatoes	120	PERI-PERI CHICKEN STRIPS	140	REGINA	135
2 Eggs, bacon, beef sausage, grilled tomato, mushrooms, potato rosties			105	SALMON CAKES	105	Ham, mushroom, Mozzarella cheese	
PESTO TOASTIE 🤊	130	Sun-dried tomato spread, mozzarella, pesto		Wilted spinach, chive crème fraiche SALMON TARTAR	160	BACON, FETA AND AVO Crispy bacon, tangy feta, fresh avocado	160
Scrambled egg, basil pesto, sundried tomato, rosa, tomatoes, goats cheese		Tuna Mayo 105   Chicken Mayo 105   Triple Cheese 90  Cheese, Tomato & Ham 80		Rosemary oil, avo, pickled red onion, home-made aioli, crostini		PEPERONI PIZZA Peperoni, napolitana sauce, mozzarella cheese	145
THE MED Grilled halloumi, bacon, avo, rocket, poached egg, sun-dried tomato pesto	125	CROQUE MADAME TOASTIE  Continental ham, emmental cheese, white sauce, egg, sour dough bread	120	SPICY CHICKEN LIVERS Served with bruschetta	115	ITALIAN SAUSAGE Capers, caramelized onion, oregano, sausage	175
FLAPIACK BAR Nuttela, peacan nut, syrup	105	BACON EGG & CHEESE	98	STACKED AUBERGINE Spinach, mozzarella, home-made napolitana sauce, parmesan shavings	105	CHOURIÇO Roasted red peppers, caramelised onion, chilli garlic,	165
Caramelized banana. bacon. maple syrup  CONFECTIONERS PANCAKE STACK	120 <b>135</b>	Quesadillas		ZUCCHINI FRIES Fried zucchini strips, homemade aioli, parmesan	99	origanum SPICY CHICKEN	170
Four buttermilk pancakes, maple syrup, mixed berries, whipped cream		Your choice of side salad   chips   sweet potato chips				Onions, green peppers, peppadews, avocado	
BERRIES FRENCH TOAST Mixed berries, fresh cream, berry coulis	125	ROAST VEGETABLE  Marinated brinjal, roasted butternut, baby marrow, caramelised onion, basil mayo, peppadew	140	Burgers & Pregos  BBB burgers are seasoned with a blend of rich		MEXICANA Spicy mince, green peppers, onions, chilli	180
EGG BENEDICT 2 Poached eggs, toasted english muffin topped with			150	steakhouse flavours. In each patty you can expect to encounter spanish elements influenced by Grecian flavours. Your choice of chips, sweet potato fries, or salad		B' CUBED Ham, bacon, rocket, rosa tomatoes, avo, mustard basil mayo	185
Hollandaise sauce With Bacon	11 5	cream		BOHO BURGER	165	BALSAMICO	185
With Salmon	115 175	STEAK Scotch fillet, jalapeño, caramelised onions, tomato salsa	150	A-Grade beef patty, back bacon, sharp cheddar, creamy portobello sauce, crispy onions		Glazed scotch fillet steak in a balsamic reduction, peppadews, feta, fresh rocket	100
MEXICAN BENEDICT <b>#</b> 2 Poached eggs, smashed avo, butternut squash,	115	Colodo		CARB FREE BURGER	135	CALAMARI	190
pickled jalapeño, toasted english muffin topped with hollandaise sauce		Salads	125	A-Grade beef patty, large portobello mushroom, monterey jack, back bacon, fried egg, oak leaf lettuce, tomato			
CHOURIÇO BREAKFAST PIZZA	120	Poached egg, cos lettuce, rosa tomatoes, croutons,	125	CRISPY CHICKEN BURGER	135		
Chopped chouriço, cubed avocado, caramelised onion, scrambled egg, shredded chedda	r,	parmesan shavings, delicious caesar dressing Add extra chicken or bacon	22	Crusted chicken breast, hot honey bbq, pineapple salsa			
diced tomato, crème fraiche and coriander		GRILLED CHICKEN Parmesan shavings, crispy baby leaf lettuce,	130	LAMB BURGER	215		
SCRAMBLES Smoked salmon trout, chives	165	rosa tomatoes, pine nuts, basil pesto oil Add extra avo	22	A-Grade lamb patty, chopped calamata, brinjals, whipped feta, fresh rocket, mint tzatziki		XKK	
Avo. chilli. feta. coriander	105		140	SMOKEHOUSE CLASSIC BURGER	140	BBB	
BUENOS DIAS Egg, bacon, grilled tomato	75	Roast vegetables, crispy baby leaf lettuce, goats cheese, rosa tomatoes		A-Grade beef patty, topped with sharp cheddar, tomatoes, onion rings		BEACHBLANKETBOHEMIA	
HOUSE OMELETTE	130	SMOKED SALMON Crispy baby leaf lettuce, rosa tomatoes, onions, capers,	175	BEEF PREGO 150g Tenderized steak cooked to perfection	160	MEDITERRANE AN RESTO BAR	
3 Egg omelette, ham, mushrooms, rosa tomatoes, caramelized onions, cheddar		cream cheese Add avo	22	CHICKEN PREGO 150g Chicken fillet cooked to perfection	155		
GREEN OMELETTE   Baby spinach, broccoli, avo, zucchini, spring onion,	135	CAPRESE  Tomato, fresh basil, buffalo mozzarella	125	DOUBLE HOTDOGS	150		
feta	8		130	Toasted brioche roll, caramelized onion, cherry tomatoes neapolitan sauce			
Egg white	0	Tuna, rocket, lettuce, roastpeppers, corn, cucumber, carrot kalamataoliyes, basilmayo, ayocado		BACON AND CHEESE BURGER Bacon strips, cheese, tomato, lettuce, mayo	160		

Bacon strips, cheese, tomato, lettuce, mayo

kalamataolives, basilmayo, avocado

Docto		A La Plancha		
Pasta			A II	
Your Choice Of Penne, Spaghetti Or Linguini Pasta.  Add Zucchini Noodles	30	All meat dishes are served with a side order of your choice. All cuts available as either salt flake and olive oil grilled or bbq basted. Please inform waiter of choice		
CREAMY CHICKEN PESTO Grilled chicken strips, cream, basil pesto, pine nuts	180	BRAISED SHORT RIB	160	
FILLET PASTA	230	Slow braised beef short-rib, whipped potatoes and seasonal vegetables		
Spring onions, mushrooms, rosa tomatoes in a creamy white wine and garlic sauce		PEPPER CRUSTED BEEF FILLET Served with mashed potatoes	280	
LAMB PASTA Slow roasted lamb in a rich white wine, tomato and onion sauce	195	BEEF FILLET 260G Served with mashed potatoes	260	
MARISCO Calamari, mussels, prawns in a creamy white wine garlic	198	AGED RUMP 300G Seasoned with our inhouse mediterranean grill seasoning	230	
and paprika sauce  MEDITERRANEAN VEGETABLE PASTA  Cooked in a napolitana sauce topped with mozzarella balls	160	PORTUGUESE STEAK 300g Rump steak pan fried in a white wine & garlic sauce, topped with a fried egg	245	
fresh basil  SALMON & ROSEMARY PASTA  Rosa tomatoes sautéed with baby spinach, asparagus,	185	RIB EYE 300G  Matured ribeye hard seared with garlic, rosemary and thyme	230	
crème fraîche	470	T-BONE 500G	285	
SPICY CHICKEN & BACON Baby marrow, mild chilli, rosa tomatoes, spinach	170	Crispy polenta, BBB relish, charred broccoli  OXTAIL	250	
ARRABIATTA PASTA Papolitan sauce with olives	150	Slow braised oxtail Side: polenta or whipped potatoes or steamed rice		
BOLOGNESE #	125	STEAK PLATTER FOR 4	850	
Meat sauce, rich with ground beef, vegetables  ALFREDO		300g Ribeye, 300g Rump, 300g Sirloin, 300g Lamb Chops, Wors Sides: Chips, crispy polenta, seasonal vegetables,		
Ham and mushroom Add Chicken	<b>130</b> 35	BBB relish		
HALLOUMI  Halloumi cheese, rosa tomatoes, garlic, lemon juice, olive oil		LAMB SHANK Slow cooked lamb shank Sides: Polenta, savoury rice, whipped potatoes, seasonal vegetables	385	
		LAMB CHOPS 300g Topped with chimichurri, rocket, parmesan dust	260	
Del Oceano		LAMB KLEFTIKO Braised lamb, crushed baby potatoes, lemon,	225	
BEER BATTERED HAKE Served with a side salad or chips or savory rice	165	roasted garlic		
PRAWNS NAÇIONAL 6 Prawns 12 Prawns King prawns served in creamy beer, peri-peri, garlic sauce	255 430	MARINATED RIBS  Slow roasted premium ribs, basted in a smokehouse BBQ sauce. Beef/Pork 500g	240	
PRAWN CURRY	255	1kg	450	
Served with savory rice, sambals  KINGKLIP	245	PORK BELLY Polenta chips, pineapple salsa, teriyaki sauce	240	
Grilled to perfection with herbs and served with garlic butter	240	SPECIALITY SIDES	35	
GRILLED SALMON	250	Sautéed baby marrow   Spinach and lentils Baby crushed potatoes   Crispy onion rings	00	

Honey mustard, spinach, lentils

SALMON AND MUSSELS

SEAFOOD PLATTER

Served with mussels in a creamy sauce

6 argentinean king prawns, grilled hake fillet,

Grilled or fried. Served with a choice of lemon butter

Served with herbed velouté and toasted bruschetta

peri-peri calamari, steamed rice, seasonal vegetables

CALAMARI

or tartar sauce

Choice of starch - Mashed potatoes

savoury rice | sweet potato chips

Brandy and peppercorn | Blue cheese | Dijon mustard

Balsamic | Jalapeño, Mushroom and peppadew | Mushroom

crushed New York baby potatoes | butter creamed polenta

45

Sweet potato fries

SAUCES

215

160

280

425

## Pollo Delicioso

	CHICKEN BREAST Stuffed with spinach, goats cheese, creamy parmesan, beer sauce, crispy bacon	195
0	GRILLED CHICKEN Whole Half (1/2) Marinated in a peri-peri or a lemon & herb sauce flame grilled to perfection	230 130
00	CHICKEN PARMIGIANO Crumbed chicken fillet, napolitana sauce, grated parmesan, mozzarella	185
15	CRISPY CHICKEN SCHNITZEL  Topped with your choice of mushroom sauce or diced cherry tomato and fresh basil pesto	150
	Delicious Desserts	
30	CAKE OF THE DAY Enquire with your waiter about available options	85
35	AFFOGATO (DROWNED IN COFFEE) Italian homemade vanilla ice cream topped with a Shot of frangelico, espresso coffee & biscotti	85
0	WARM PASTEL DE NATA & ICE-CREAM Portuguese custard tart served with madagascan vanilla ice cream	75
0	CRÈME BRÛLÉE French caramelized custard, citrus extract, madagascan vanilla	85
35	MALVA PUDDING Wholesome malva sponge, apricot gel, crème diplomat	75
	CHOCOLATE BROWNIE Served with chocolate sauce, berries and ice cream	85
0	WAFFLES Served with seasonal mixed barries, cream or ice cream	90



MEDITERRANEAN RESTO BAR

Whether you're savouring a leisurely brunch on our sun-drenched terrace or unwinding with friends over dinner and live music, Beach Blanket Bohemia is delighted to welcome you. Under the gracious guidance of host Ms Palesa, an unparalleled dining experience awaits, defined by legendary hospitality that beckons you to return. Our Mediterranean-inspired menu, featuring the freshest and most wholesome ingredients, is skillfully infused with contemporary twists to tantalize even the most discerning palates. Here, the mantra "old meets new in perfect balance and harmony" is brought to life, ensuring that each visit is a celebration of culinary excellence and vibrant community spirit. Enjoy!

PLEASE LEAVE US A REVIEW

