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*Want some bread to take
home?*

AT SANDS WE LET TIME DO THE WORK

USING LOW-GLUTEN FLOUR AND PLENTY OF WATER

WE BAKE CRUSTY SOURDOUGH LOAVES

BUTTERY CROISSANTS AND PASTRIES FULL OF LIFE

FOLLOW THE SCENT TO THE ISLAND'S

FIRST SOURDOUGH BAKERY

-BAKED FRESH EACH MORNING-

*Push open the door of the bakery
and have a look.*





BREAKFAST

YOGHURT & GRANOLA

YOGHURT, HOMEMADE GRANOLA, BANANA, PINEAPPLE, DRAGON FRUIT, HONEY

95K

ACAI SMOOTHIE BOWL

ACAI, BANANA SMOOTHIEBOWL TOPPED WITH GRANOLA, COCONUT SHAVED, CHIA SEEDS & FRESH BANANA

95K

HOT VEGAN PORRIDGE

OAT MILK PORRIDGE, CARAMELIZED BANANA, CACAO NIBS, TOASTED COCONUT FLAKES, DATES, PUMPKIN SEEDS

90K

FRENCH TOAST

TRADITIONAL CINNAMON FRENCH TOAST WITH MASCARPONE CREAM, TROPICAL MIX FRUIT SALAD, MAPLE SYRUP, MINT

95K

BACON & EGG ROLL

BACON AND EGG ROLL, TOMATO SAUCE IN HOMEMADE BUN

100K

EDAMOLE ON TOAST

POACHED EGGS, EDAMAME PUREE, ENDIVE, CHERRY TOMATOES & FRESH EDAMAME ON TOASTED HOMEMADE SOURDOUGH BREAD

ADD SALMON 75K | ADD BACON 35K

95K

MEDITERRANEAN BREAKFAST

HUMMUS, KALAMATA OLIVES, BUTTERED SPINACH, CHERRY TOMATOES, PAPRIKA POWDER, POACHED EGGS ON TOASTED HOMEMADE SOURDOUGH BREAD

95K

EGGS BENEDICT

TRADITIONAL EGGS BENEDICT WITH CRISPY BACON AND HOLLANDAISE SAUCE ON TOASTED HOMEMADE SOURDOUGH BREAD

95K

TRUFFLE SUNRISE

OMELETTE, MUSHROOM PUREE AND SAUTEED MUSHROOMS, TRUFFLE MAYO, PARMESAN ON TOASTED HOMEMADE SOURDOUGH BREAD

ADD SALMON 75K | ADD BACON 35K

110K

SMASHED PEAS & MINT

SMASHED PEAS AND MINT WITH POACHED EGGS, ENDIVE, ASPARAGUS ON TOASTED HOMEMADE SOURDOUGH BREAD

95K

SANDS HOMEMADE PASTRY

FROM 7.30 AM

BUTTER CROISSANT

BUTTER CROISSANT WITH NUTELLA |

PISTACHIO | CUSTARD CREAM

PAIN AU CHOCOLAT

ALMOND CROISSANT

ALMOND PAIN AU CHOCOLATE

CINNAMON ROLL

RAISIN DANISH

40K



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prices are all inclusive of taxes and service charge

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FRESH PRESSED JUICES

FRESH YOUNG COCONUT A YOUNG WHOLE FRESH COLD COCONUT	50K
KINTAMANI FRESH PRESSED KINTAMANI ORANGES	50K
DETOX LIME, GINGER, TURMERIC, KINTAMANI ORANGE AND HONEY	50K
ACE KINTAMANI ORANGE, CARROT AND LIME	50K
JAPANESE GREEN CUCUMBER, PINEAPPLE, MINT, MATCHA	50K
TAMACITRUS TWIST KINTAMANI ORANGE AND LOCALLY SOURCED TAMARIND	50K

SMOOTHIES

BANANA CRUSH BANANA, OATMILK, PEANUT BUTTER, DATES AND COCOA NIBS	65K
COCONUT WAVE BANANA, LIME, MINT, COCONUT CREAM, HONEY, BANANA CRUNCH	55K
INDO SUMMER MANGO, PINEAPPLE, LEMONGRASS, TURMERIC AND BEE POLLEN	55K
RED ISLAND WATERMELON, STRAWBERRY, BASIL, CARAMELIZED QUINOA, STRAWBERRY POWDER	55K
FRESH PURPLE PURPLE DRAGONFRUIT, LIME, MINT, CHIA SEEDS	55K



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COFFEE

ESPRESSO hot or iced 100% ARABICA MOLINARI	35K
ESPRESSO & TONIC 100% ARABICA MOLINARI ON FEVERTREE TONIC AND ICE	55K
ESPRESSO SUNRISE 100% ARABICA MOLINARI ON ORANGE JUICE AND ICE	50K
ESPRESSO MACCHIATO 100% ARABICA MOLINARI TOPPED WITH FRESH MILK FOAM	35K
AMERICANO hot or iced 100% ARABICA MOLINARI	35K
CAPPUCCINO hot or iced 100% ARABICA MOLINARI TOPPED UP WITH FRESH MILK FOAM	50K
LATTE 100% ARABICA MOLINARI TOPPED UP WITH STEAMED MILK	50K
CHAI LATTE hot or iced BLEND OF CHAI SPICES, CINNAMON, CARDAMOM, GINGER, CLOVE TOPPED UP WITH MILK FOAM	50K
MATCHA LATTE hot or iced MATCHA TOPPED UP WITH STEAMED MILK	50K
OAT COCONUT MILK	15K

REFRESHMENTS

FILTERED WATER 100% SAFE REVERSE OSMOSIS AND UV LIGHT "emission free"	25K
ACQUA PANNA	65K
SAN PELLEGRINO	65K
COCA COLA COLA ZERO SPRITE	45K
FEVER-TREE INDIAN TONIC WATER	55K
PASSION COOLER LIME, SUGAR, SODA WATER, PASSIONFRUIT, MINT	70K
MINT ISLAND LIME, SUGAR, SODA WATER, MINT	70K



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