

Kaleidoscope Quilt Guild
Founded 1987
www.kaleidoscopequiltguild.com

December 2025
Volume 39, Issue 12



Kaleidoscopic Voices



President's Message

The holiday season is upon us. I hope everyone had a good Thanksgiving! I hosted and we had 12 here for dinner. Wonderful family time. I now am being one of Santa's helper elves helping get projects done for underneath the Christmas tree. I hope you can join us for our Christmas Party. Please bring a guest if you would like. If you didn't sign up just let us know if you will be attending and we make sure we have a seat at the table for you.

**Meetings are held
on the third
Wednesday of
every month at
1:00 p.m. at Lemon
Grove Masonic
Lodge, 2590 Main
Street, Lemon
Grove, CA 91945**

**Doors open at
12:30 p.m.**

**(We meet on the
2nd Wednesday in
December)**

POINTS OF CONTACT

President
Peggy Couvrette
peggycouvrette@cox.net

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Anne Sinnot
asinnot@gmail.com

2nd VP/Opportunity Quilt
OPEN

Membership
Debbie Sherrell
debsherrell@cox.net

Secretary
Mary Weflen
mweflen@yahoo.com

Treasurer
Diane Hamann
dhweb@sunwatcher.net

Newsletter
James Glunt
kaleidoscopenewsletter01@gmail.com

Boutique
Melanie Ellsworth
ellsworthgma51@gmail.com

This month our meeting is
at the Lemon Grove
Masonic Lodge. The
meeting will be our annual
holiday party.

Doors open at 12:30 pm,
meeting starts at 1 pm.

UPCOMING DATES TO REMEMBER

12/10—Holiday Party

2026

01/07—Board Meeting on Zoom

01/21—Guild—*Favorite tool, technique, or quilt*

02/04—Board Meeting on Zoom

02/18—Dru Farrell—*Sew Treasured*

03/04—Board Meeting on Zoom

03/18 Kristie Naranjo—*Color*

04/01—Board Meeting on Zoom

04/15—Trudy Cleveland—*Shoot Your Quilt*

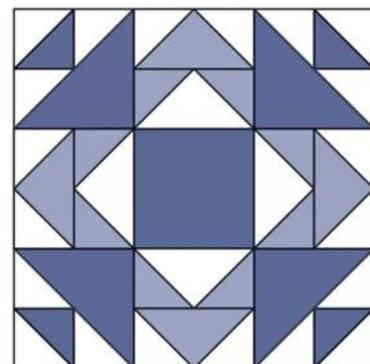
05/06—Board Meeting on Zoom

05/20—Ginger Calderon—Member Highlight

06/03—Board Meeting on Zoom

06/17—Ann Turley—*Confessions of the Quilt Police*

07/01—Board Meeting on Zoom

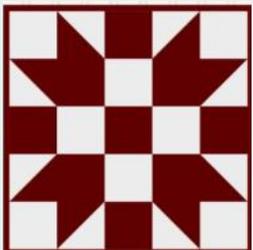


NEWS FROM OUR PROGRAM CHAIR Anne Sinnott



DID YOU KNOW:

While historically seen as a female craft, the number of men quilting is growing, though they remain a small minority, possibly around 1-2% of the millions of quilters, with dedicated online communities and influential male quilters boosting visibility and breaking stereotypes through social media and art quilts.



2025 Calendar

December 10
Christmas Party.
Starters and Enders
(Bring a table ornament)



CHRISTMAS PARTY

Our Christmas Party is the second Wednesday, December 10th. By popular demand we will be doing Starters and Enders (Appetizers and Desserts). Doors open at 12:30 and we will start serving at 1 pm. Patty Lawrence and her band of Ukulele players will lead us in a sing a long of Christmas songs. Please invite your husband (significant other) or a friend. The Masonic Center allows beer and wine to be served. If you would like to bring some you are welcomed to do so. We are asking you to bring one small Christmas decoration for table decoration. Just to share for the day. We ask that you take it home with you after the party.

DECEMBER 2025 PHILANTHROPY

Kaleidoscope Friends

December 2025 PHILANTHROPY



The call went out, and the placemats came in!!!
Thank you all!

Julie, Diane & Peggy outdid themselves by sewing up a mountain of placemats. We delivered 456 placemats to Meals-on-Wheels, which will be used as gifts for their clients as a December

meal is delivered. Thank you for helping to put a smile on a lonely person's face.

Please give a round of applause for our members who donated philanthropy quilts at our November meeting: Leah Estrin, Ed Estrin, Sue Grant, Anna Lancia, Trudy Ooms, Linda Simpson, & Margie Wees. Thank you !!! (If I have left out your name, please let me know.)

To round out this month, 53 quilts were delivered to Ronald McDonald House (thanks Sue Grant for your help!), and 17 quilts went to the Veterans Home in Chula Vista.

Keep those sewing machines whirling!

See you at the Christmas Party!!!

Marilyn Carnes (roseway@cox.net), Marilyn Helkenn, Mary Weflen

Open Guild Position for 2026

We need to fill Opportunity Quilt for 2026.

Anne Sinnott is taking Program / Workshop Chair. Thank you Anne.

Opportunity Quilt

The quilt for 2026 will be done and that will not be the responsibility of the chair.

This too can be done by a couple of people

Responsibilities:

Hand out tickets and collect monies for the opportunity quilt

Take the opportunity quilt to other guilds

Set up Opportunity quilt at our monthly meetings

Plan 2027 Opportunity quilt. We do have applique blocks “Hop to it” ready to be hand stitched. Some are already done.....

Again this can be done by a committee or a couple of people. PLEASE volunteer to help keep our guild running.

PLACEMENTS

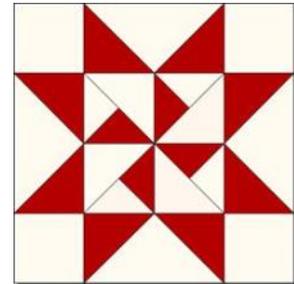


The photo for this year. I hope you are in it!!!

FROM THE TREASURER

The Guild has enabled Zelle payments! If you wish to use Zelle, please remember the following:

- You will need to set up Kaleidoscope Quilt Guild as a recipient.
- Use the email address **KQG1987@gmail.com** to send the payment. If the system does not confirm that the email address you entered belongs to **Kaleidoscope Quilt Guild**, double check and make sure you entered it correctly. **YOU CANNOT GET YOUR MONEY BACK IF YOU SEND IT TO THE WRONG EMAIL ADDRESS.**
- In the Notes section, make sure you enter what the payment is for: Dues, Opportunity Quilt, Retreat, etc.
- The entry on your bank account will be your receipt, although I will try to acknowledge all payments.



-Diane Hamann, Treasurer

Local Quilt Guilds

[San Diego Metro Modern](#)

[San Diego Modern](#)

[Chula Vista](#)

[Sunshine](#)

[Friendship](#)

[Seaside](#)

[Legacy](#)

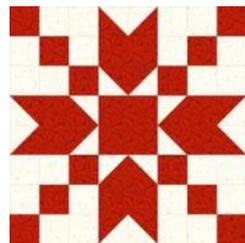
[Canyon](#)

[Stitching Sisters](#)

[San Diego People of Color](#)

[Julian Women's Club](#)

[Village](#)



[El Camino](#)

[Beach Cities](#)

[Valley of the Mist](#)

[Surfside](#)

[Fallbrook](#)

[North County](#)

[Orange County](#)

[Flying Geese](#)

[Raincross](#)

[Inland Empire Modern](#)

[Coachella Valley](#)

SEW AND TELL



SEW AND TELL



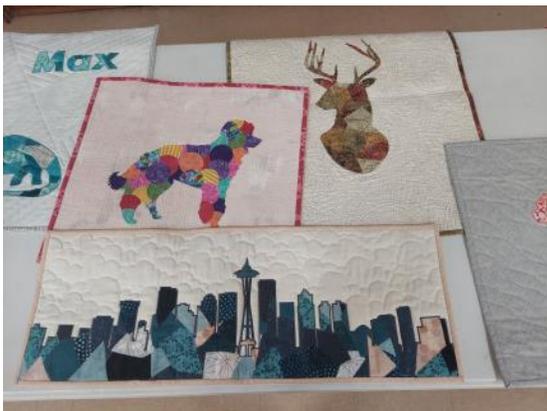
SEW AND TELL



SEW AND TELL



KRISTIE NARANJO



KRISTIE NARANJO



NEW FRIENDSHIP GROUP

Beginning in January 2026

Meets the 2nd Tuesday of every month in 2026

at Rosie's Calico Cupboard

First meeting will be **January 13, 2026 from 9am until 3pm**

Cost is \$10

Feel free to invite a friend

Contact James Glunt at 619-335-0714 or email jamesbglunt@gmail.com

FRIENDSHIP GROUPS

Friendship Groups

I am organizing development of and sign-ups for quilting circles that we are going to call Friendship Groups for our members. I have 15 names so far and will be collecting additional names of those interested at the October meeting. The sign-up sheet did not make it all around the room last month, so I will be hanging on to it at the front of the room next month so you can come up to sign it. There are a few additional pieces of information that we need from each of you who have signed up, so please visit the list even if you are already on it.

There are three existing opportunities available. They are:

La Mesa Friday Class

La Mesa Adult Enrichment Center

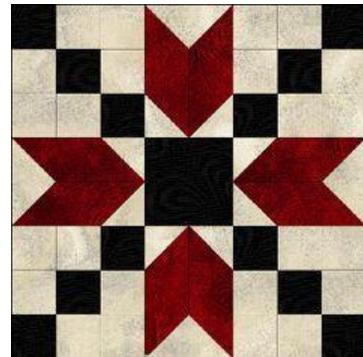
Every Friday from 8:00 a.m. until 12:30 p.m. the cost is \$2 and is held in The Craft Room.

8450 La Mesa Blvd

La Mesa, CA 91942

Contact Patty Smith (guild member) (619) 325-7719

619-667-1322 Office number for Center



Applique Group

Meets the second Saturday of the month at Mount Miquel Convent; 325 Kempton Street Spring Valley. Contact Linda Fox (guild member) at foxyquilter@sbcglobal.net if interested

Wednesday Quilt Class

Every Wednesday 9am to 12pm

Bayview Orthodox Presbyterian Church

505 East Naples Chula Vista

Contact Shirley McGuire at smcguire6@cox.net if interested



I hope to organize the groups after the quilt show. Please think about whether you could host a group and how often you would like to have it meet. I think this will lead to some great fun and lasting friendships!

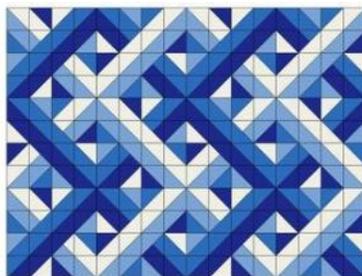
Sue Bennorth

KALEIDOSCOPE QUILT GUILD

TREASURER'S REPORT

NOVEMBER 2025

Balance, November 1, 2025		\$21,588.10
<i>Includes Petty Cash</i>	\$100.00	
<i>Includes Prior Retreat Deposits</i>	\$0.00	
<i>Includes Prior Workshop Deposits</i>	\$0.00	
Income		
Memberships	\$0.00	
Guests	\$15.00	
Opportunity Quilt	\$30.00	
Workshops	\$0.00	
Retreat	\$0.00	
Boutique	\$145.00	
Donation	\$0.00	
Total Income		\$190.00
Expenses		
Check #2312 P. Couvrette—2026 Opportunity Quilt	-\$89.73	
Check #2313 LGMTA—November Rent	-\$100.00	
Check #2314 D. Sherrell—Quilt Show Supplies	-\$75.45	
Check #2315 K. Diamond—Quilt Show Hospitality	-\$68.85	
Check #2317 M. Ellsworth—Boutique Supplies	-\$115.00	
Check #2318 D. Sherrell—Dec. Holiday Party Supplies	-\$110.83	
Check #2319 K. Naranjo—November Program	-\$499.10	
Check #2321 M. Carnes—Philanthropy	-\$157.77	
Check #2322 SCCQG—Membership Renewal	-\$50.00	
Total Expenses		-\$1,266.73
Balance, November 30, 2025		\$20,511.37



MEETING MINUTES

November 19, 2025 Meeting Minutes

The meeting was called to order on November 19 by Peggy. The Sunshine Quilters brought their Opportunity Quilt for us to but tickets to try to win their quilt. We had 4 guests. The quilt show was a big success. Thanks to all those who helped with it.

The treasurers report will be in the newsletter.

Sue will be in charge of organizing friendship groups. One will meet on the second Tuesday of the month at Rosie's. The fee will be \$10.

Programs— Robyn



November—Kristie Naranjo. The Scrappy Appliqué

December—Dec. 10. Holiday Party— Starters and Enders

January—Guild—Favorite Tool, Technique, or quilt

February— Dru Farrell—Sew Treasured Quilt Shop

March—Kristie Naranjo—Color

Quilt Show Boutique—Melanie said thank you to all who donated things for the boutique.

Retreat --- Judy and Pat —August 27th-30th. Fee is \$640. Sign ups will start in January.

Philanthropy—61 quilts went to the Prescott Veterans Home. 40 quilts are ready to go to the Chula Vista Veterans Home.

Hospitality— sign up lists for refreshments for January thru June are available now.

For the holiday party, set up will start at 11:30 AM. We will be entertained by a group of 10 ukuleles. We will eat at 1p.m.

Mary Weflen
Secretary

CLASSIFIED ADS

Are you looking to part with something sewing related? Perhaps you know of someone who is. If you would like to have something posted here you can send your article to me and a picture of the item if possible, along with your asking price (make sure to mention the best way to contact you). The cost is free. Send your article to:

kaleidoscopenewsletter01@gmail.com

Services



Looking For...

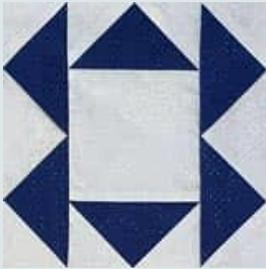
Looking for unused Hoffman Big Dream Fabric Panels. If you have a panel that you are not going to stitch I would like to talk to you about buying it.

Contact Kathryn Diamond

For Sale

Do you have something you
would like to sell?
Place your ad here.





"Our lives are like quilts – bits and pieces, stitched with love".

Refreshments for our December Meeting:

Starters and Enders:

Email Peggy or Debbie if you can't remember what you signed up for

Beverages:

Supplied by the guild...unless you want something alcoholic...in that case...bring your own.

December Birthdays

Kim Loomis-Rutter	12/12
James Glunt	12/17
Alice Converse	12/26
Lois Gresham	12/26

Did you know?

There are an estimated 9-11 million quilters in North America, and about 98% of them are women. This means there are roughly 8.8 to 10.8 million women who quilt in the US and Canada.



FOR YOUR INFORMATION

The Following places offer Classes

Check out their Website

Sew Hut

Cozy Creative Center

Paradise Sewing

Quilt In A Day

My Quilters Cottage

Grand Central Quilt n Stitch

El Cajon Sew & Vac

The Creative Coop

Between Stitches

Sew Treasured Quilt Shop

Sewing Machines Plus

Material Happiness

Visions Museum of Textile and Art

Sew Bestie

If you have any questions or comments regarding the content of the newsletter or would like to submit an article or classified ad, please contact me at

kaleidoscopenewsletter01@gmail.com



Local Quilting Supply Shops

Rosie's Calico Cupboard

7151 El Cajon Blvd.
San Diego, CA 92115
619-697-5758

Sew Hut

4226 Balboa Ave.
San Diego, CA 92117
858-273-1377

Cozy Creative Center

756 Jamacha Rd.
El Cajon, CA 92019
619-670-0652

Paradise Sewing

13242 Poway Rd.
Poway, CA 92064
858-679-9808

My Happy Place

2405 Main St. #4
Ramona, CA 92065
760-654-3060

Quilt In A Day

1955 Diamond St.
San Marcos, CA 92078
760-591-0929

Grand Central Quilt n Stitch

100 N. Rancho Sante Fe Rd, Suite
118
San Marcos, CA 92069
760-295-0446

Inspirations Quilt Shop

27350 Valley Center Rd., Ste B
Valley Center, CA 92082
760-751-9400

Quilter's Paradise

304 Enterprise St, Ste. E
Escondido, CA 92029
760-738-9677

El Cajon Sew & Vac

1077 Broadway
El Cajon, CA 92021
619-442-2585

Sewing Machines Plus

713 Center Dr.
San Marcos, CA 92069
760-739-8222

Sew Bestie

3670 Claremont Dr. #2
San Diego, CA 92117
478-288-8667

Sew Bestie

3355 Mission Ave, #232
Oceanside, CA 92058
478-288-8667

Quilter's Cottage

131 E. Fig St., Ste. #6
Fallbrook, CA 92028
760-723-3060

Mosaique Quilts and Crafts

222 E. Broadway
Vista, CA 92084
760-842-4884

Fringe Fabrics

3457 El Cajon Blvd
San Diego, CA 92104
619-230-5442

Material Happiness

2244 Logan Ave.
San Diego, CA 92113
619-289-7802

La Mesa Sew & Vac

5346 Jackson Drive
La Mesa, CA 91942
619-698-2972

More fun with Artificial Intelligence

Prompt: What are the best movies to watch while quilting. (Hopefully you're watching your fingers and the fabric)

Response:

For quilting movies, choose inspiring dramas like *The Dressmaker*, *Phantom Thread*, *Bright Star*, or *Coco Before Chanel* for fashion/sewing themes, or classic comfort films like *How to Make an American Quilt*, *The Sound of Music*, *Fried Green Tomatoes*, *Ghost*, or Hallmark movies like *The Fabric of Christmas* for cozy vibes; documentaries like *The Quilters* offer deeper insights, while general comfort films like *When Harry Met Sally*, *You've Got Mail*, or *It's a Wonderful Life* fit well for background



Local Exhibit

UNCHARTED ELSEWHERE

August 2, 2025 - January 4, 2026

Opening Reception: Saturday, August 2, 2025 | 1 - 3 p.m.

Sponsored by the Friends of the Central Library

Judith Harris Art Gallery | 330 Park Blvd. | San Diego, CA 92101 | 619-238-6690

Uncharted Elsewhere is a mixed-media exhibition exploring the surreal complexities of contemporary life. Through sculpture, textile, painting and works on paper, artists reimagine landscape and form as sites of entanglement.

Featuring works by **Gabrielle Berens, Kaori Fukuyama, Yena Kim, John Oliver Lewis, Leslie Shershow, Eva Struble, Delilah Strukel, Akiko Surai and Kelly Witmer.**
Curated by Bonnie Domingos.



Forthcoming! Stay tuned for an artist talk with exhibiting artists' and learn about their creative practices. mysdpl.org/calendar

Gallery Hours:
Monday and Tuesday, 1 - 7 p.m.
Wednesday - Saturday, 12 - 5 p.m.
Sunday, CLOSED



Image detail: Courtesy of Gabrielle Berens & Kelly Witmer

STAY CONNECTED  @sdpubliclibrary #SDPLGALLERY

The Visual Arts Program provides access and connection to the arts and culture landscape in San Diego, offering unique opportunities to local and regional artists. The visual arts program demonstrates the library's role as a cultural institution embracing a broad range of disciplines while assisting San Diego's emerging, mid-career and professional artists achieve visible opportunities and receive wider local, regional, and national attention.



Miscellaneous Links

Free Patterns

[Free Quilt Patterns From Carol Doak](#)

[Free Two Color Quilt Patterns – Top Picks](#)

[Free Solid Quilt Patterns – Top Picks](#)

[Top 10 Free Robert Kaufman Quilt Patterns](#)

[Top 7 Free 3-Yard Quilt Patterns](#)

[Top 15 Free Easy Quilting Patterns for Beginners](#)

[Robert Kaufman](#)

[Moda](#)

[Riley Blake](#)

[Nuts and Bolts](#)

[Layer Cakes](#)

[Top 16 Free Easy Layer Cake Quilt Patterns](#)

[30 Totally Free Layer Cake Quilt Patterns for Beginners](#)

[Free Layer Cake Quilt Pattern: Oh Susannah](#)

[Jelly Roll](#)

[30+ Jelly Roll Quilt Patterns that use 2 1/2" fabric strips: All Free!](#)

[30 Free Jelly Roll Quilt Patterns - Hailey Stitches](#)

[Jelly Roll Quilt Patterns Free - Fat Quarter Shop](#)

[Scrappy](#)

[How to Make a Quilt Using Fabric Scraps – Quilt-As-You-Go Method](#)

[Binding](#)

[How to Join Binding Ends with No Overlap or Bulk—Video](#)

[Sewing Machine](#)

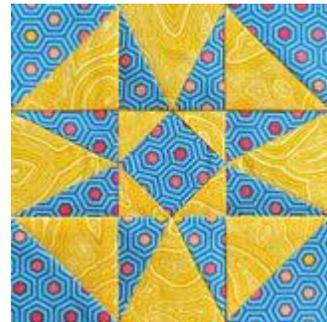
[The Surprising Genius of Sewing Machinees - Video](#)

[Paper Piecing](#)

[41+ Modern And Free Paper Piecing Patterns To Quilt Today](#)

[20 Free Paper Piecing Patterns \(EPP and FPP Patterns\)](#)

[Free Paper Piecing Patterns to download ~ 115+ designs, multiple sizes](#)



Miscellaneous Links (cont'd)

Stars

[35 Dreamy Star Quilt Patterns: All Free!](#)

[Top 7 Free Two Color Quilt Patterns](#)

[40 Free Star Quilt Patterns to Put Stars in Their Eyes!](#)

[45 Free Star Quilt Patterns](#)

Cutting

[12 Ways to Cut up Fat Quarters for Quilting](#)

Fat Quarters

[Top 19 Free Fat Quarter Quilt Patterns](#)

[Three Fast and FREE Fat Quarter Quilts You Can Make in a Weekend](#)

Fat Eighth

[Free Fat Eighth-Friendly Quilt Patterns](#)

Fat Quarters

[The Ultimate Fat Quarter Project Guide: 40+ Free Sewing Patterns](#)

Quilting Calculator

[Robert Kaufman Quilting Calculator App](#)

Squares

[Be There or Be Square: 20 Easy Quilt Patterns Using Squares - All Free!](#)

[Charmed, I'm Sure: A Free Quilt Pattern Bursting with Summer Charm](#)

Blocks

[Basket Weave Quilt Block Free Tutorial: Traditional Design in Two Sizes](#)

[260+ Free Quilt Block Patterns in Multiple Sizes](#)

[Marcia Hohn's Quilter's Cache! \(all I can say is WOW...lots of blocks and more\)](#)

More links coming soon!

