

Kaleidoscope Quilt Guild
Founded 1987
www.kaleidoscopequiltguild.com

September 2025
Volume 39, Issue 9



Kaleidoscopic Voices

President's Message



The summer is marching on! I hope you are surviving the heat! We had a great time at Quilt Retreat in Temecula. Thank you Judy Shepard and Pat Gailband for planning a fun weekend. Our quilt show is next month. It is going to be a great day! Please get in your entry forms.

Meetings are held on the third Wednesday of every month at 1:00 p.m. at Lemon Grove Masonic Lodge, 2590 Main Street, Lemon Grove, CA 91945

Doors open at 12:30 p.m.

(We meet on the 2nd Wednesday in December)

POINTS OF CONTACT

President
Peggy Couvrette
peggycouvrette@cox.net

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Robyn Phelps
rlpetnna1@cox.net

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Sue Bennorth
scsusieq@gmail.com

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debsherrell@cox.net

Secretary
Mary Weflen
mweflen@yahoo.com

Treasurer
Diane Hamann
dhweb@sunwatcher.net

Newsletter
James Glunt
kaleidoscopenewsletter01@gmail.com

Boutique
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ellsworthgma51@gmail.com

This month our meeting is at the Lemon Grove Masonic Lodge. The meeting will be a presentation by Leah McComas.

Doors open at 12:30 pm, meeting starts at 1 pm.

UPCOMING DATES TO REMEMBER

9/17—Leah McComas—*Driving in the dark: My journey in Fiber Art*

10/1—Board meeting on Zoom

10/15—Philanthropy Sew-In

10/18—Kaleidoscope's Quilt Show

11/5—Board meeting on Zoom

11/19—Kristie Naranjo—*The Scrappy Applique*

12/3—Board Meeting on Zoom

12/10—Holiday Party

2026

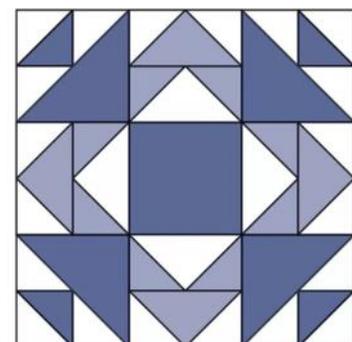
01/07—Board Meeting on Zoom

01/21—Guild—Favorite tool, technique, or quilt

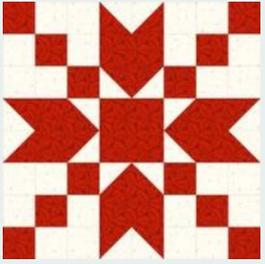
02/04—Board Meeting on Zoom

02/18—Dru Farrell—Sew Treasured

03/04—Board Meeting on Zoom



NEWS FROM OUR PROGRAM CHAIR Robyn Phelps



DID YOU KNOW:

There is no single universally recognized "most famous quilter," as fame can be measured in different ways, such as historical significance, artistic recognition, or contemporary popularity. However, Jenny Doan is widely considered the most famous contemporary quilter due to her massive following on her Missouri Star Quilt Company YouTube channel, with over 210 million cumulative views. Historically, the "Dear Jane" quilt maker, Jane Stickle, is famous for creating the widely influential 1863 quilt, and Carolyn Mazloomi is a renowned African American quilt artist who has significantly influenced the art world.



2025 Calendar

September 17

Leah McComas

Driving in the dark: My journey in Fiber Art

October 15

Philanthropy Sew-in

October 18

Kaleidoscope Quilt Guild Quilt Show

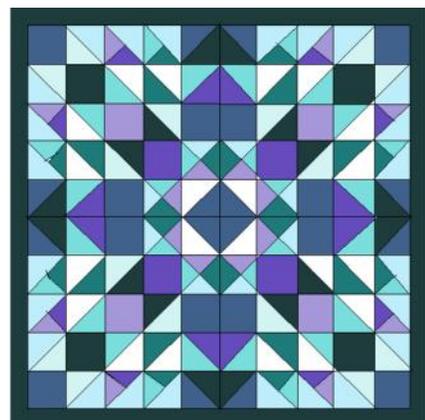
November 19

Kristie Naranjo

The Scrappy Applique

December 10

Christmas Party.



SEPTEMBER 2025 PHILANTHROPY

Kaleidoscope Friends



Meals-on-Wheels is counting on us. I have been working on putting together placemat kits and now have 85 prepared – there's at least 1 for you!! This is for our Philanthropy Sew-in at our October meeting. I sure hope you will oil up your machine, and bring it, along with sewing supplies, to our October meeting.

I will have a list of what to bring in the October newsletter. It's like a mini-retreat. Lots of fun. And the shut-ins who receive a quilted placemat along with their meal during the holidays are very appreciative.

Please give a round of applause for our members who donated philanthropy quilts at our August meeting: Carol Ann Bearden, Leah Estrin, Diane Hamann, Joan Nickerson, Bobbie Norby, Nancy O'Connell, Laretta Reyes, Debbie Sherrell, Joan Sieber, Sylvia Wallace, and Susan Wells. Thank you!!! [There was one other person who donated, if this was you, let me know.]

I now have 25 quilts bagged up and ready to go to Prescott AZ – to the veteran's home there. Any adult quilts donated at our September meeting will also go to Arizona.

I just made more quilt labels – so if you need one, let me know. I really appreciate all of you who sew the label on your philanthropy quilt. Thanks! Saves me a lot of time.

Keep those sewing machines whirling! See you at the September meeting.

Marilyn Carnes (roseway@cox.net), Marilyn Helkenn, Mary Weflen

Quilt Show Entries

Can you believe it??!!?? Quilt show is just ONE month away....
We need your entry forms. Please send to Peggy or bring to the meeting. No sleeve required.

OPPORTUNITY QUILT

2025 OPPORTUNITY QUILT



I still have a few Opportunity Quilt ticket packets. Be sure to pick up your tickets as you sign-in at the meeting – remember, Opportunity Tickets money is due no later than the October guild meeting. Please be sure to sign up for selling Opportunity Quilt tickets at our Quilt Show!

Sue Bennorth Cell: 661-644-3787

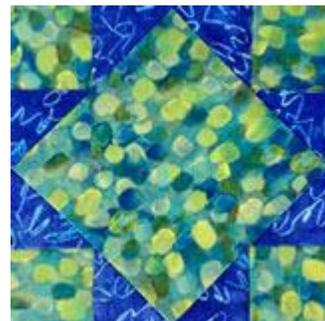
NEWS FROM OUR PROGRAM CHAIR

This month our featured speaker is Leah McComas; Leah specializes in thread painted portraits. Her award winning quilts have been exhibited around the world and in many publications. She began sewing at the age of 6 and quilting at 16.

Phyllis Cullum workshop September 11. Make sure you have submitted pictures to her and remember to bring a salad item to contribute to our lunch. Bring your own drink and water bottle.

Robyn Phelps

rlpetnna1@cox.net



2025 KALEIDOSCOPE OF QUILTS ENTRY FORM

Name: _____

Quilt Title /Pattern (We would like a name, be creative ☺):

Size of Entry: Width: _____ Height: _____

Piecing Method: Hand Machine

Applique Method: Hand Machine

Quilting Method: Hand Machine

Quilted by: _____

Description / Inspiration (we would like you tell your quilt Story ☺):

Theme / Category (check all that apply)

2025 Challenge Traditional Art Modern Large Quilt Wall Hanging Garment Child

Patriotic Other Challenge _____ Seasonal / Holiday _____

Other _____

◆ Forms for quilt show entries MUST be received by guild meeting Wednesday, September 17th. Sooner would be better.

◆ NO Sleeves required for quilts ☺

◆ Quilts for the show MUST be received by Sunday, October 12th Drop off from 1pm—4pm

◆ NO QUILTS will be accepted on show day

◆ Questions—Call Peggy Couvrette (619) 846-4210 email: peggycouvrette@cox.net

Kaleidoscope of Quilts Quilt Show

Kaleidoscope of Quilts Quilt Show Saturday October 18th 10 am – 4 pm

Set Up Friday afternoon
(We will have sign ups at the meeting.)

It's Free and We Feed You!

This is such a fun day for our guild. Flyers were at the meeting and sent out electronically. More will be at this meeting. We ask that members bring snacks (non-sticky) for the hospitality table.

Please invite your family and friends.

FROM THE TREASURER

The Guild has enabled Zelle payments! If you wish to use Zelle, please remember the following:

- You will need to set up Kaleidoscope Quilt Guild as a recipient.
- Use the email address **kqg1987@gmail.com** to send the payment. If the system does not confirm that the email address you entered belongs to **Kaleidoscope Quilt Guild**, double check and make sure you entered it correctly. **YOU CANNOT GET YOUR MONEY BACK IF YOU SEND IT TO THE WRONG EMAIL ADDRESS.**
- In the Notes section, make sure you enter what the payment is for: Dues, Opportunity Quilt, Retreat, etc.
- The entry on your bank account will be your receipt, although I will try to acknowledge all payments.

-Diane Hamann, Treasurer

BOUTIQUE NEWS

Boutique's R Us

Just a short message to all. And as we all know, time is getting close for our Quilt Show with Bountiful Boutique. If all of you who have items could bring them to the Sept meeting, it would be greatly appreciated! It will help to know what we have so to display your work to its best advantage.



Thank you,
Melanie Ellsworth

2025 MEMBER CHALLENGE

ARE YOU READY FOR A CHALLENGE?

Kaleidoscope Challenge Quilt 2025 - Houses Around the World - Everyone Needs a Home

There is still time to put your inspirations on fabric. “Houses Around the World “ quilts will be displayed at the Kaleidoscope Quilt Show in October. Prizes for 1st, 2nd and 3rd places will be awarded. All voting is by Viewers Choice.

Please submit your completed entry forms to Peggy Couvrette at the September guild meeting or before. This allows time for planning the layout of the quilts at the show and any computer and printing needs.

Just to refresh your memory the size of entry quilts is limited to a perimeter of 180 inches. One submission per guild member please. I thank you for your cooperation and your participation.



Glen Baker, 619-823-9249 or email at gglenb@aol.com.



Kaleidoscope Quilt Show Saturday October 18, 2025

10am—4pm

Lemon Grove Masonic Lodge
2590 Main St, Lemon Grove

It's Free!

- ◆ **Over 100 Quilts** on Display
- ◆ **Quilt Sales Boutique** (quilts and other hand made items ... Just in time for Christmas ... very reasonably priced!)
Cash or check accepted. No Credit cards
- ◆ Last Chance for Guild **Opportunity Quilt Tickets**. Winner drawn at end of show!
- ◆ **Houses Around The World— Challenge**
- ◆ **Philanthropy and Toile** painting display

www.kaleidoscopequiltguild.com

Free Refreshments!

Local Quilt Guilds

[San Diego Metro Modern](#)

[San Diego Modern](#)

[Chula Vista](#)

[Sunshine](#)

[Friendship](#)

[Seaside](#)

[Legacy](#)

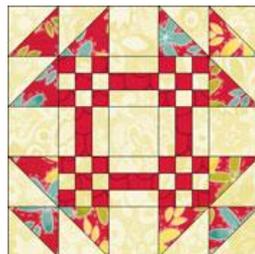
[Canyon](#)

[Stitching Sisters](#)

[San Diego People of Color](#)

[Julian Women's Club](#)

[Village](#)



[El Camino](#)

[Beach Cities](#)

[Valley of the Mist](#)

[Surfside](#)

[Fallbrook](#)

[North County](#)

[Orange County](#)

[Flying Geese](#)

[Raincross](#)

[Inland Empire Modern](#)

[Coachella Valley](#)



2 Open Guild Positions for 2026

We need to fill Program Chair and Opportunity Quilt for 2026.

Program / Workshop Chair

This can be done with one, two or three people or ???

2026 Programs are booked

Responsibilities:

Confirm speaker first of each month and what they require (Quilt racks, tables, projector) etc.

Submit Contract to Treasurer so Diane can cut a check

Send in article for the newsletter 2026 articles are already written

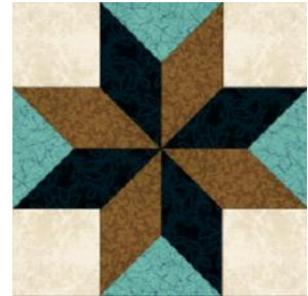
Arrive early to greet and help the speaker set up. (This can be a couple people doing this)

Ask people to hold quilts if speaker requires them

Stay after to help speaker pack up. (this can be a couple of people doing this)

Plan a workshop for the guild

Plan for 2027 speakers..... the board will help with that



We have a GREAT guild..... Please talk amongst your buddies to see if they would like to do this with you or if you want to help we can organize 2 or 3 people to take on these responsibilities.

Opportunity Quilt

The quilt for 2026 will be done and that will not be the responsibility of the chair.

This too can be done by a couple of people

Responsibilities:

Hand out tickets and collect monies for the opportunity quilt

Take the opportunity quilt to other guilds

Set up Opportunity quilt at our monthly meetings

Plan 2027 Opportunity quilt. We do have applique blocks "Hop to it" ready to be hand stitched. Some are already done.....

Again this can be done by a committee or a couple of people. PLEASE volunteer to help keep our guild running.



SEW AND TELL



SEW AND TELL



SEW AND TELL



SEW AND TELL



SEW AND TELL



SEW AND TELL



SEW AND TELL



ANN TURLEY



ANN TURLEY



ANN TURLEY



ANN TURLEY



ALL THINGS FALL QUILT RETREAT PHOTOS



Our guild presented the outgoing director of Vina de Lestonnac with a quilt in appreciation of all of her years of working with us and coordinating our retreats.



Joan was the big winner of all of the fat quarters playing Left, Right, Center.

ALL THINGS FALL QUILT RETREAT PHOTOS

Table Decorations



ALL THINGS FALL QUILT RETREAT PHOTOS



This year's winners of Table Decorating were Margaret and Cindy.



The beautiful cakes given to us by Vina de Lestonnac to celebrate Marilyn's birthday.



ALL THINGS FALL QUILT RETREAT PHOTOS



ALL THINGS FALL QUILT RETREAT PHOTOS



ALL THINGS FALL QUILT RETREAT PHOTOS

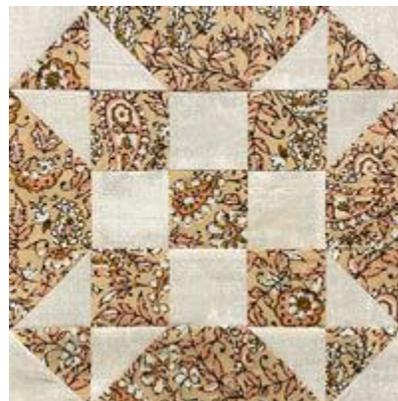


AUGUST MEETING MINUTES

Kaleidoscope Quilt Guild Newsletter
Regular Meeting August 20, 2025

The Meeting was called to order by Peggy
We had one guest —Chris Lee

Peggy passed around the signup sheet to signup for setup, working the show, and tear down. She also had entry forms to enter your quilt in the show. You can also signup to be there all day and help out where you are needed. We still need a truck to get the racks from Debbie's house.



Treasury-:Diane- Diane reported that at the end of July we had 25,471. In our account including the retreat money.

Programs/workshops-Robyn

August- Ann Turley— An Unseemly Event

September- Leah McComb— My Journey in Fiber Art

October- Philanthropy Sew-In- bring your sewing machine and thread

November- Kristie Naranjo- The Scrappy Appliqué

December- Dec 10- Holiday Party

Report on field trip to garment district in LA. Textile Collections

2025 Challenge- Homes Around the World- Everyone needs a Home — Glen

Fill out the entry form.

Quilt Show Boutique— Melanie— Keep Sewing!

Retreat—Judy/Pat-sent an email to those signed up with the info they need

Philanthropy- Marilyn-quilts are going to Billy's boys/girls very soon.

Opportunity quilt- Sue- We made \$100. At Cozy's and \$25. at Canyon. We need someone to do the position next year.



Hospitality- Kathryn— all signups are filled !

Newsletter - Aug. 29 is the deadline for submissions

Mary Weflen
Secretary

KALEIDOSCOPE QUILT GUILD

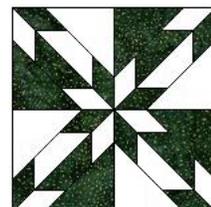
TREASURER'S REPORT

August 2025

Balance, August 1, 2025		\$25,471.00
<i>Includes Petty Cash</i>	\$100.00	
<i>Includes Prior Retreat Deposits</i>	\$9,380.00	
<i>Includes Prior Workshop Deposits</i>	\$825.00	
<i>Includes Boutique Float</i>	\$383.00	
Income		
Memberships	\$0.00	
Guests	\$5.00	
Opportunity Quilt	\$225.00	
Workshops	\$55.00	
Retreat	\$740.00	
Boutique	\$375.00	
Donation	\$0.00	
Total Income		\$1,400.00
Expenses		
Check #2295 LGMTA—August Rent	-\$100.00	
Check #2296 A. Turley—Aug. Program	-\$484.00	
Check # 2297 Vina de Lestonnac—2025 Retreat Balance	-\$8,185.00	
Check #2298 Vina de Lestonnac—2026 Retreat Deposit	-\$2,330.00	
Check #2299 P. Gailband—Retreat Supplies	-\$47.22	
Check #2300 Vina de Lestonnac—Missing Key Fee	-\$25.00	
Total Expenses		-\$11,171.22
Balance, August 31, 2025		\$15,699.78



Don't Forget!



Kaleidoscope Quilt Show

Saturday, October 18th, 2025

(Countdown—**31 days** after our September Meeting)



Canyon Quilters of San Diego
PRESENTS 2025



Holiday Marketplace

WHEN

October 25, 2025
11am - 2pm

WHERE

Cathy Hopper Senior Center
4425 Bannock Avenue in
Clairemont SAn Diego, CA

WHY

Holiday Gifts
Gifts for Friends
Gifts for the home
Freshen up your decor
Stunning Quilts
Fabric Collections
Café with lunch or snacks

Quilt Sale 25 Spectacular Quilts

Fabric Over 50 curated fabric collections

Baskets Filled with gift items for everyone on your list

Cafe For your convenience
Lunch and snack menu

Boutique Napkins and Placemats
Holiday Ornaments

Mug Rugs

Potted Plants

Fabric Boxes

Decorative Pillows

Pop-Up Containers

Organizers

...and more



Fallbrook Quilt Guild

presents
Quilted
Treasures



November
7-8, 2025
10:00 am -
4:00 pm

Admission \$10.00
Children under 12 free
with adult
No strollers
Handicap accessible

Son Rise Christian
Fellowship
463 S. Stage Coach Lane
Fallbrook, California
Free parking



Auction at 12:30 p.m daily
Country Store - Vendors
Featured Quilter: Ann Turley
Demonstrations - Opportunity Quilt
Food and Beverages
Many quilts on display

Upcoming Quilt Shows

Oct. 4; Valley of the Mist Quilters Guild and the City of Temecula "Outdoor Quilt Show"
Sat 10-4, FREE, I-16 Exit Rancho California Rd. in Temecula
For more information go to www.valleyofthemistquilters.com

October 8, 2025 through November 23, 2025
Long Beach Modern Quilt Guild presents "Perspectives – A Fiber Art Exhibition" at the Zena and Pauline Gatov Gallery, Alpert Jewish Community Center, 3801 E. Willow St., Long Beach. Hours: Monday through Thursday, 6 a.m. - 9 p.m.; Friday, 6 a.m. - 6 p.m.; Saturday and Sunday, 7 a.m. - 5 p.m. This exhibit is free and open to the public. More info: www.longbeachmodernquiltguild.com

Flying Geese Quilters Guild - Quilt Show

We eagerly await the return of our quilt show in 2025.
We're excited to reunite and share in the joy of quilting together.
Saturday, October 11, 2025 - 9:00 – 4:00 pm

Cost: \$10 (ample free parking)

Location:

Norman P. Murray
Community and Senior Center
24932 Veterans Way
Mission Viejo, CA 92692



October 17, 2025 Sierra Gold Quilt Show in Plymouth CA

KALEIDOSCOPE QUILT SHOW

SATURDAY OCTOBER 18, 2025 – 10am – 4pm

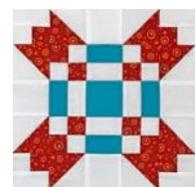
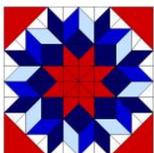
It's FREE

Lemon Grove Masonic Lodge – 2590 Main St., Lemon Grove

Over 100 Quilts on Display, Quilt Sales Boutique, House
Around the World Challenge, Philanthropy and Tole
Painting Display.

Free Refreshments!

www.kaleidoscopequiltguild.com



Upcoming Quilt Shows

November 7, 2025 Mountain Heirloom Quilt Faire in Murphys CA

FALLBROOK QUILT GUILD
Presents QUILTED TREASURES QUILT SHOW

November 7-8, 2025

10am – 4pm

SonRise Christian Fellowship
463 S. Stage Coach Lane, Fallbrook, CA

Admission: \$10.00

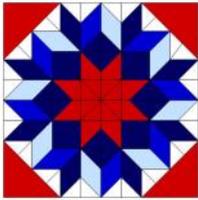
Children under 12 Free w/adult.

NO STROLLERS

Handicap Accessible

FREE Parking

www.fallbrookquiltguild.com



NOVEMBER FEST - Seaside Quilt Guild

Tuesday - November 11th, 2025

12:30 - 3:00pm

Quilt Auction, Raffle Basket, Boutique

Gloria Dei Lutheran Church -33501 Stonehill Drive

Dana Point, CA 92629

December TBD from 5:30-8:30: Candlelight Tour and Holiday Lights at Heritage Hill Park in Lake Forest to celebrate each of the Winter Holidays. Stroll through restored 19th century buildings adorned in period decor and listen to Victorian carolers.

In addition, FGQG members quilts will be displayed in the homes.

Admission \$?; 25161 Serrano Road in Lake Forest.

Road to California Quilter's Conference & Showcase

January 21-24, 2026

at the Ontario Convention Center

General Registration - August 18, 2025

VALLEY QUILTERS

46TH Annual Quilt Show

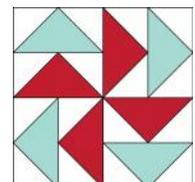
February 13th and 14th 2026

10am - 4pm

Group Tickets - 10 or more available at discounted pricing.

For more information - contact

President - Grace Ward info@valleyquilters.org



Boosting Your Confidence Quilting

To boost your confidence in quilting, focus on building your foundational skills, especially accurate cutting and consistent 1/4-inch seams. Practice new techniques on scraps before working on your actual project, keep your quilting focused by taking it "one bite at a time," and embrace imperfection, understanding that mistakes are a normal part of the learning process. Finally, find support and inspiration by joining online or local quilting communities where you can share experiences, get advice, and celebrate your progress .

Master the Fundamentals

Practice your quarter-inch (1/4") seams:

This is a crucial skill that directly impacts the accuracy of your finished blocks and the overall neatness of your quilt.

Cut accurately:

Learn to use a rotary cutter and ruler to cut straight and even fabric pieces, as this is like putting together a puzzle, and precise cuts ensure your pieces fit together properly.

Press, don't iron:

Press your fabric and seams to flatten them without stretching, which makes sewing easier and helps everything fit together correctly.

Embrace the Learning Process

Start simple:

Begin with simple patterns and gradually move to more complex designs to build your skills and confidence steadily .

Quilt on scraps first:

Before diving into your main project, practice new quilting designs or techniques on scrap fabric to get comfortable and determine which styles you prefer.

"Eat the elephant":

Don't get overwhelmed by the whole quilt project; instead, focus on one step at a time, similar to the idea of "eating an elephant one bite at a time."

Let go of perfection:

Accept that no quilt will be perfect and that mistakes are a normal part of the learning process. Focusing on your progress and new skills learned can be more constructive than dwelling on errors.

Find Community and Support

Join a quilting group:

Connect with other quilters in online communities or local groups to share experiences, get inspiration, and receive encouragement.

Ask for advice:

Reach out to fellow quilters for advice on any questions or concerns you have.

Celebrate your wins:

Acknowledge your accomplishments, no matter how small, and allow yourself to be proud of the progress you're making.

CLASSIFIED ADS

Are you looking to part with something sewing related? Perhaps you know of someone who is. If you would like to have something posted here you can send your article to me and a picture of the item if possible, along with your asking price (make sure to mention the best way to contact you). The cost is free. Send your article to:

kaleidoscopenewsletter01@gmail.com

Services



Peggy Couvrette
Long Arm Quilter T-Shirt Quilts
peggyquilts.com
All Over and Custom Designs Available
(619) 846-4210 cell
peggycouvrette@cox.net
1490 La Corta Circle, Lemon Grove, CA 91945



September Birthdays

Suzannah Richardson	9/9
Sue Grant	9/11
Judy Whitney	9/12
Sharon Claar	9/13
Ed Estrin	9/14
Joanne Sundahl	9/24
Peggy Mitchell	9/26
Rosa Blatchford	9/28
Melanie Ellsworth	9/30

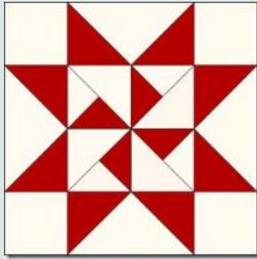
Refreshments for our September Meeting:

Snacks:

Ruth Jones
Carol Bearden

Beverages:

Kim Loomis
Ed & Leah Estrin



Did you know?

To quilt better, maintain a consistent, accurate 1/4-inch seam allowance using tools like a specialized foot, press seams correctly with an iron in a "lift-and-press" motion, and press fabric before cutting to prevent issues. Begin with simple projects, use good lighting, and ensure a flat, smooth quilt sandwich for both piecing and free-motion quilting to avoid puckers and shifting. Finally, change your sewing machine needle regularly and consider using starch for crispier fabrics to improve accuracy and a professional finish.



"Sewing forever, housework whenever."

If you have any questions or comments regarding the content of the newsletter or would like to submit an article or classified ad, please contact me at

kaleidoscopenewsletter01@gmail.com



FOR YOUR INFORMATION

The Following Quilt Shops offer Classes

Check out their Website

[Sew Hut](#)

[Cozy Creative Center](#)

[Paradise Sewing](#)

[Quilt In A Day](#)

[My Quilters Cottage](#)

[Grand Central Quilt n Stitch](#)

[El Cajon Sew & Vac](#)

[The Creative Coop](#)

[Between Stitches](#)

[Sew Treasured Quilt Shop](#)

[Sewing Machines Plus](#)



Local Quilting Supply Shops

Rosie's Calico Cupboard
7151 El Cajon Blvd.
San Diego, CA 92115
619-697-5758

Sew Hut
4226 Balboa Ave.
San Diego, CA 92117
858-273-1377

Cozy Creative Center
756 Jamacha Rd.
El Cajon, CA 92019
619-670-0652

Paradise Sewing
13242 Poway Rd.
Poway, CA 92064
858-679-9808

My Happy Place
2405 Main St. #4
Ramona, CA 92065
760-654-3060

Quilt In A Day
1955 Diamond St.
San Marcos, CA 92078
760-591-0929

Grand Central Quilt n Stitch
100 N. Rancho Sante Fe Rd,
Suite 118
San Marcos, CA 92069
760-295-0446

Inspirations Quilt Shop
27350 Valley Center Rd., Ste B
Valley Center, CA 92082
760-751-9400

Quilter's Paradise
304 Enterprise St, Ste. E
Escondido, CA 92029
760-738-9677

El Cajon Sew & Vac
1077 Broadway
El Cajon, CA 92021
619-442-2585

Sewing Machines Plus
713 Center Dr.
San Marcos, CA 92069
760-739-8222

Quilter's Cottage
131 E. Fig St., Ste. #6
Fallbrook, CA 92028
760-723-3060

Mosaique Quilts and Crafts
222 E. Broadway
Vista, CA 92084
760-842-4884

Fringe Fabrics
3457 El Cajon Blvd
San Diego, CA 92104
619-230-5442

Material Happiness
2244 Logan Ave.
San Diego, CA 92113
619-289-7802

La Mesa Sew & Vac
5346 Jackson Drive
La Mesa, CA 91942
619-698-2972

[Eddie the Sewing Machine
Repairman](#)
619-408-3383

Miscellaneous Links

Patterns

[Free Quilt Patterns From Carol Doak](#)

[Free Two Color Quilt Patterns – Top Picks](#)

[Free Solid Quilt Patterns – Top Picks](#)

[Top 10 Free Robert Kaufman Quilt Patterns](#)

[Top 7 Free 3-Yard Quilt Patterns](#)

[Top 15 Free Easy Quilting Patterns for Beginners](#)

Layer Cakes

[Top 16 Free Easy Layer Cake Quilt Patterns](#)

[30 Totally Free Layer Cake Quilt Patterns for Beginners](#)

[Free Layer Cake Quilt Pattern: Oh Susannah](#)

Jelly Roll

[30+ Jelly Roll Quilt Patterns that use 2 1/2" fabric strips: All Free!](#)

[30 Free Jelly Roll Quilt Patterns - Hailey Stitches](#)

[Jelly Roll Quilt Patterns Free - Fat Quarter Shop](#)

Scrappy

[How to Make a Quilt Using Fabric Scraps – Quilt-As-You-Go Method](#)

Binding

[How to Join Binding Ends with No Overlap or Bulk—Video](#)

Sewing Machine

[The Surprising Genius of Sewing Machinees - Video](#)

Paper Piecing

[41+ Modern And Free Paper Piecing Patterns To Quilt Today](#)

[20 Free Paper Piecing Patterns \(EPP and FPP Patterns\)](#)

[Free Paper Piecing Patterns to download ~ 115+ designs, multiple sizes](#)

Squares

[Be There or Be Square: 20 Easy Quilt Patterns Using Squares - All Free!](#)

[Charmed, I'm Sure: A Free Quilt Pattern Bursting with Summer Charm](#)

Blocks

[Basket Weave Quilt Block Free Tutorial: Traditional Design in Two Sizes](#)

[260+ Free Quilt Block Patterns in Multiple Sizes](#)

[Marcia Hohn's Quilter's Cache! \(all I can say is WOW...lots of blocks and more\)](#)



Miscellaneous Links (cont'd)

Stars

[35 Dreamy Star Quilt Patterns: All Free!](#)

[Top 7 Free Two Color Quilt Patterns](#)

Cutting

[12 Ways to Cut up Fat Quarters for Quilting](#)

Fat Quarters

[Top 19 Free Fat Quarter Quilt Patterns](#)

[Three Fast and FREE Fat Quarter Quilts You Can Make in a Weekend](#)

Fat Eighth

[Free Fat Eighth-Friendly Quilt Patterns](#)

More links coming next soon!



Block of the Month

I thought I would try something new. Every month I will include a block of the month. Pick a theme and choose which blocks you want to make. These are by Riley Blake Designs and are available free online. The difference here is that every month I will be choosing blocks from different years. The size of the blocks are 10" x 10" finished.

This month's Block of the Month is

Lynx

August 2025 Block of the Month was [Daylesford](#)
July 2025 Block of the Month was [Jack in the Box](#)
June 2025 Block of the Month was the [Playing With Blocks](#)
May 2025 Block of the Month was the [Tilt-A-Whirl](#)
April 2025 Block of the Month was the [Lady of the Lake](#)
March 2025 Block of the Month was the [Scrappy Churn Dash](#)
February 2025 Block of the Month was the [Moab Block](#)
January 2025 Block of the Month was the [Glint Block](#)
December 2024 Block of the Month was the [Windmill Block](#)
November 2024 Block of the Month was the [Sundial Block](#)
October 2024 Block of the Month was the [Pinwheel Star Block](#)

More fun with Artificial Intelligence

Prompt: What is traditional quilting?

Traditional quilting typically refers to quilts made with repeating, symmetrical patterns, often using historical or well-known blocks. These quilts frequently feature a subdued color palette and are constructed with orderly rows and columns, sometimes separated by sashing.

Here's a more detailed breakdown:

Patterns and Blocks:

Traditional quilts are known for their use of repeating shapes and well-established blocks, like the Ohio Star or Nine Patch.

Symmetry and Order:

A key characteristic is symmetry in both the patchwork and the quilting designs, often with a grid-like layout.

Color and Fabric:

Subdued color schemes and a focus on fabric matching are common, although contemporary takes can incorporate bolder colors.

Construction:

Traditional quilts are usually constructed in a layered manner, with a top layer (pieced patchwork), batting, and backing, held together with quilting stitches.

Purpose:

Traditionally, quilts served both functional purposes (warmth) and decorative ones, reflecting cultural heritage and storytelling.

Modern vs. Traditional:

Modern quilting often breaks away from these traditional patterns and color schemes, embracing asymmetry, negative space, and bolder designs.