

Kaleidoscope Quilt Guild  
Founded 1987  
[www.kaleidoscopequiltguild.com](http://www.kaleidoscopequiltguild.com)

January 2026  
Volume 40, Issue 1



## Kaleidoscopic Voices



### President's Message

Happy New Year! I hope everyone had a nice holiday. We had a fabulous Christmas party with a serenade of 14 ukuleles. Thank you, Patty Lawrence, for bringing your groups to come play for us. They are coming back for next Christmas! I have been working on a couple of complicated quilting projects and happy to say they are done. Have some fun projects for the New Year planned. Our meeting this month should be fun. Dues are also due. Hope you can join us.

**Meetings are held on the third Wednesday of every month at 1:00 p.m. at Lemon Grove Masonic Lodge, 2590 Main Street, Lemon Grove, CA 91945**

**Doors open at 12:30 p.m.**

**(We meet on the 2nd Wednesday in December)**

#### POINTS OF CONTACT

**President**  
Peggy Couvrette  
[peggycouvrette@cox.net](mailto:peggycouvrette@cox.net)

**1st VP/Programs**  
Anne Sinnot  
[asinnot@gmail.com](mailto:asinnot@gmail.com)

**2nd VP/Opportunity Quilt**  
OPEN

**Membership**  
Debbie Sherrell  
[debsherrell@cox.net](mailto:debsherrell@cox.net)

**Secretary**  
Mary Weflen  
[mweflen@yahoo.com](mailto:mweflen@yahoo.com)

**Treasurer**  
Diane Hamann  
[dhweb@sunwatcher.net](mailto:dhweb@sunwatcher.net)

**Newsletter**  
James Glunt  
[kaleidoscopenewsletter01@gmail.com](mailto:kaleidoscopenewsletter01@gmail.com)

**Boutique**  
Melanie Ellsworth  
[ellsworthgma51@gmail.com](mailto:ellsworthgma51@gmail.com)

This month our meeting is at the Lemon Grove Masonic Lodge. The meeting will be presentations from our guild members.

Doors open at 12:30 pm, meeting starts at 1 pm.

## UPCOMING DATES TO REMEMBER

### 2026

01/21—Guild—*Favorite tool, technique, or quilt*

02/04—Board Meeting on Zoom

02/18—Dru Farrell—*Sew Treasured*

03/04—Board Meeting on Zoom

03/18 Kristie Naranjo—*Color*

04/01—Board Meeting on Zoom

04/15—Trudy Cleveland—*Shoot Your Quilt*

05/06—Board Meeting on Zoom

05/20—Ginger Calderon—Member Highlight

06/03—Board Meeting on Zoom

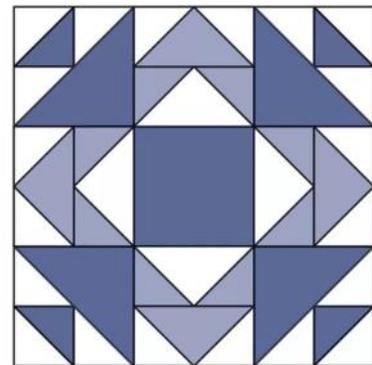
06/17—Ann Turley—*Confessions of the Quilt Police*

07/01—Board Meeting on Zoom

07/15—Linda and Carl Sullivan—*My Best Tips and Tricks for Precision Piecing.*

08/05—Board Meeting on Zoom

08/19—Tina Curren—*My Design Process—From Concept to Quilt*



## JANUARY MEETING



### DID YOU KNOW:

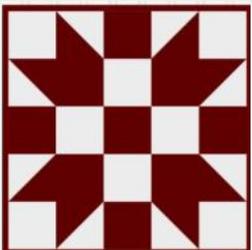
Sewing started at least 20,000 to 40,000 years ago during the Paleolithic era, with the discovery of bone needles used by Stone Age humans to stitch animal skins for clothing, evolving from simple draping.

### January Meeting

We are welcoming in 2026 with a guild sponsor program. Please bring your favorite tool, Technique or quilt you would like to share. We will have a signup list if you would like to present so people don't have to stand in line and can enjoy the program. January is also the month that dues are due. See you there!

## 2026 OPPORTUNITY QUILT

Our 2026 Opportunity quilt is almost done! It is a stunner. We will have pictures and tickets at the January meeting. Will be sending out photographs once it is finished.



# JANUARY 2026 PHILANTHROPY

## *Kaleidoscope Friends*

January 2026 (can you believe it????) PHILANTHROPY



The New Year!! A new start! This past year we donated 236 quilts and 456 placemats to those less fortunate. Our cupboards are bare – it's time to start sewing.

Thanks to Marlene for taking 61 of our quilts to Prescott AZ for the vets there.



Thanks to everyone who sewed placemats for Meals on Wheels!!!



Thank you everyone for a great Holiday Party!!!!

Marilyn Carnes ([roseway@cox.net](mailto:roseway@cox.net)), Marilyn Helkenn, Mary Weflen

## **Open Guild Position for 2026**

**We need to fill Opportunity Quilt for 2026.**

**Anne Sinnot is taking Program / Workshop Chair. Thank you Anne.**

### **Opportunity Quilt**

The quilt for 2026 will be done and that will not be the responsibility of the chair.

This too can be done by a couple of people

### **Responsibilities:**

Hand out tickets and collect monies for the opportunity quilt

Take the opportunity quilt to other guilds

Set up Opportunity quilt at our monthly meetings

Plan 2027 Opportunity quilt. We do have applique blocks "Hop to it" ready to be hand stitched. Some are already done.....

Again this can be done by a committee or a couple of people. PLEASE volunteer to help keep our guild running.

# HOLIDAY PARTY



# HOLIDAY PARTY



# HOLIDAY PARTY



## HOLIDAY PARTY



## MEMBERSHIP DUES

January has rolled around again and it is time to pay our annual membership dues. The amount is \$25. You can make this payment using 1 of 3 options:

- Pay at the January meeting
- Mail a check to our treasurer, Diane Hamann, or to me, Debbie Sherrell
- Pay via Zelle through your bank. The instructions for these payments are in the newsletter in the “From the Treasurer” article.

Just as a reminder, our other requirements for membership are to donate a quilt each year to philanthropy and to sell 30 tickets/\$25 on our opportunity quilt.

Hope to see you at the meeting.

Debbie Sherrell

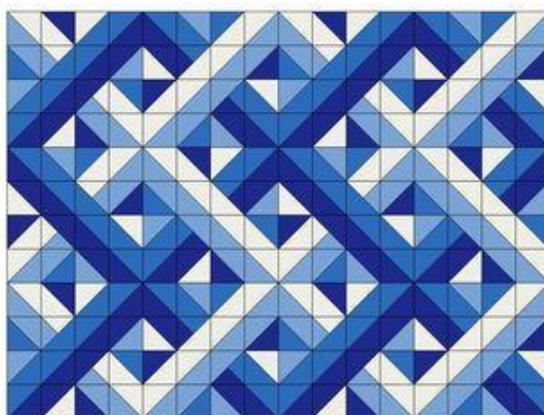
Membership

# KALEIDOSCOPE QUILT GUILD

## TREASURER'S REPORT

### DECEMBER 2025

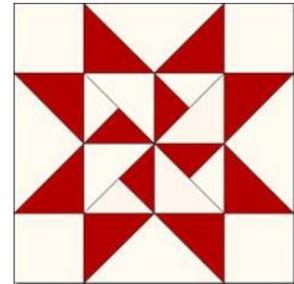
<b>Balance, December 1, 2025</b>		<b>\$20,511.37</b>
<i>Includes Petty Cash</i>	\$100.00	
<i>Includes Prior Retreat Deposits</i>	\$0.00	
<i>Includes Prior Workshop Deposits</i>	\$0.00	
<b>Income</b>		
Memberships	\$25.00	
Guests	\$0.00	
Opportunity Quilt	\$0.00	
Workshops	\$0.00	
Retreat	\$0.00	
Boutique	\$0.00	
Donation	\$0.00	
<b>Total Income</b>		<b>\$25.00</b>
<b>Expenses</b>		
Check #2323 LGMTA—December Rent	-\$100.00	
Check #2324 D. Sherrell—Holiday Party Supplies	-\$22.05	
Check #2325 P. Couvrette—Holiday Party Supplies	-\$8.68	
Bank Fees	-\$6.93	
<b>Total Expenses</b>		<b>-\$137.66</b>
<b>Balance, December 31, 2025</b>		<b>\$20,398.71</b>



## FROM THE TREASURER

The Guild has enabled Zelle payments! If you wish to use Zelle, please remember the following:

- You will need to set up Kaleidoscope Quilt Guild as a recipient.
- Use the email address **KQG1987@gmail.com** to send the payment. If the system does not confirm that the email address you entered belongs to **Kaleidoscope Quilt Guild**, double check and make sure you entered it correctly. **YOU CANNOT GET YOUR MONEY BACK IF YOU SEND IT TO THE WRONG EMAIL ADDRESS.**
- In the Notes section, make sure you enter what the payment is for: Dues, Opportunity Quilt, Retreat, etc.
- The entry on your bank account will be your receipt, although I will try to acknowledge all payments.



-Diane Hamann, Treasurer

## Local Quilt Guilds

[San Diego Metro Modern](#)

[San Diego Modern](#)

[Chula Vista](#)

[Sunshine](#)

[Friendship](#)

[Seaside](#)

[Legacy](#)

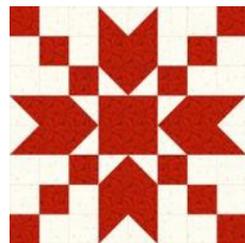
[Canyon](#)

[Stitching Sisters](#)

[San Diego People of Color](#)

[Julian Women's Club](#)

[Village](#)



[El Camino](#)

[Beach Cities](#)

[Valley of the Mist](#)

[Surfside](#)

[Fallbrook](#)

[North County](#)

[Orange County](#)

[Flying Geese](#)

[Raincross](#)

[Inland Empire Modern](#)

[Coachella Valley](#)

## FRIENDSHIP GROUPS

### Friendship Groups

I continue to organize development of and sign-ups for quilting circles that we are going to call Friendship Groups for our members. I have 15 names so far and will be collecting additional names of those interested at the January meeting.

There are three existing opportunities available. They are:

### La Mesa Friday Class

La Mesa Adult Enrichment Center

Every Friday from 8:00 a.m. until 12:30 p.m. the cost is \$2 and is held in The Craft Room.

8450 La Mesa Blvd

La Mesa, CA 91942

Contact Patty Smith (guild member) (619) 325-7719

619-667-1322 Office number for Center



### Applique Group

Meets the second Saturday of the month at Mount Miquel Convent; 325 Kempton Street Spring Valley. Contact Linda Fox (guild member) at [foxyquilter@sbcglobal.net](mailto:foxyquilter@sbcglobal.net) if interested

### Wednesday Quilt Class

Every Wednesday 9am to 12pm

Bayview Orthodox Presbyterian Church

505 East Naples Chula Vista

Contact Shirley McGuire at [smcguire6@cox.net](mailto:smcguire6@cox.net) if interested

### Rosie's Calico Cupboard (arranged by James Glunt)

Second Tuesday of each month from 9 AM to 3 PM. Cost \$10 per meeting to cover the expense of Rosie's workshop room. Contact James Glunt at [jamesbglunt@gmail.com](mailto:jamesbglunt@gmail.com)

As additional opportunities arise, I will add them to the list in the newsletter.

Sue Bennorth

# QUILT RETREAT

## **Quilt Retreat in Texas June 9 – 13, 2026 Stitchin Heaven Retreat Quitman TX**

**By Bobbie Norby**

I am organizing a fun filled retreat week in Texas!

The dates are June 9-13.

Cost \$275.00pp If there are more than 20 attendees the price goes down!

Machine rental is \$55.00pp for the week. The machines are Berninas.

Meals are not included. I know that is not ideal. I will work on catering, group meals or you can do meals on your own. There is a full kitchen!

Rooms are set up 2 twin beds and your own private bathroom!

The fee for Monday night is \$99.00 per cottage, which can sleep up to 4 people.

I will take a deposit of \$50.00 to hold your spot. Deposits will be due now. Payments due in February and April.

Stitchin Heaven has a large and beautiful quilt store. It's like Missouri Star in one building.

There are no refunds after May 1,2025

You would fly into Dallas and rent a car (Costco is the best to rent from). It is about 1.5 hour drive. If you want to come in the night before which I do, you can rent a cottage for \$99 per cottage and they fit four people so if you have four people it's \$25. It's a lot of fun.

I look forward to hearing from everyone.

We do have a few openings if you want to pass this along to anybody else

Bobbie

## CLASSIFIED ADS

Are you looking to part with something sewing related? Perhaps you know of someone who is. If you would like to have something posted here you can send your article to me and a picture of the item if possible, along with your asking price (make sure to mention the best way to contact you). The cost is free. Send your article to:

[kaleidoscopenewsletter01@gmail.com](mailto:kaleidoscopenewsletter01@gmail.com)

### Services



### Looking For...

Looking for unused Hoffman Big Dream Fabric Panels. If you have a panel that you are not going to stitch I would like to talk to you about buying it.

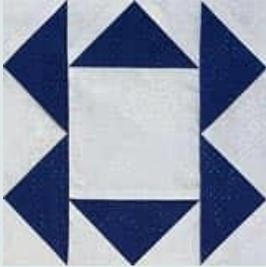
Contact Kathryn Diamond



### For Sale

Do you have something you  
would like to sell?  
Place your ad here.

**"As ye sew....so shall ye rip".**



**Refreshments for our  
January Meeting:**

**Snacks:**  
**Pat Gailband**  
**Judy Shepard**

**Beverages:**  
**Ginger Calderon**  
**Anne Sinnot**

**January Birthdays**

<b>Robin Pickett</b>	<b>1/3</b>
<b>Lola O'Leary</b>	<b>1/6</b>
<b>Glen Baker</b>	<b>1/16</b>
<b>Judy Thacker</b>	<b>1/18</b>
<b>Anna Lancia</b>	<b>1/20</b>
<b>Laurel Maloney</b>	<b>1/21</b>
<b>Toni Mohondro</b>	<b>1/22</b>
<b>Leah Estrin</b>	<b>1/23</b>

**Did you know?**

Iron Needles: First appeared around the 14th century, making sewing easier.



**FOR YOUR INFORMATION**

**The Following places offer Classes**

**Check out their Website**

**[Sew Hut](#)**

**[Cozy Creative Center](#)**

**[Paradise Sewing](#)**

**[Quilt In A Day](#)**

**[My Quilters Cottage](#)**

**[Grand Central Quilt n Stitch](#)**

**[El Cajon Sew & Vac](#)**

**[The Creative Coop](#)**

**[Between Stitches](#)**

**[Sew Treasured Quilt Shop](#)**

**[Sewing Machines Plus](#)**

**[Material Happiness](#)**

**[Visions Museum of Textile and Art](#)**

**[Sew Bestie](#)**

If you have any questions or comments regarding the content of the newsletter or would like to submit an article or classified ad, please contact me at

[kaleidoscopenewsletter01@gmail.com](mailto:kaleidoscopenewsletter01@gmail.com)



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## Local Quilting Supply Shops

Rosie's Calico Cupboard  
7151 El Cajon Blvd.  
San Diego, CA 92115  
619-697-5758

Sew Hut  
4226 Balboa Ave.  
San Diego, CA 92117  
858-273-1377

Cozy Creative Center  
756 Jamacha Rd.  
El Cajon, CA 92019  
619-670-0652

Paradise Sewing  
13242 Poway Rd.  
Poway, CA 92064  
858-679-9808

My Happy Place  
2405 Main St. #4  
Ramona, CA 92065  
760-654-3060

Quilt In A Day  
1955 Diamond St.  
San Marcos, CA 92078  
760-591-0929

Grand Central Quilt n Stitch  
100 N. Rancho Sante Fe Rd, Suite  
118  
San Marcos, CA 92069  
760-295-0446

Inspirations Quilt Shop  
27350 Valley Center Rd., Ste B  
Valley Center, CA 92082  
760-751-9400

Quilter's Paradise  
304 Enterprise St, Ste. E  
Escondido, CA 92029  
760-738-9677

El Cajon Sew & Vac  
1077 Broadway  
El Cajon, CA 92021  
619-442-2585

Sewing Machines Plus  
713 Center Dr.  
San Marcos, CA 92069  
760-739-8222

Sew Bestie  
3670 Claremont Dr. #2  
San Diego, CA 92117  
478-288-8667

Sew Bestie  
3355 Mission Ave, #232  
Oceanside, CA 92058  
478-288-8667

Quilter's Cottage  
131 E. Fig St., Ste. #6  
Fallbrook, CA 92028  
760-723-3060

Mosaique Quilts and Crafts  
222 E. Broadway  
Vista, CA 92084  
760-842-4884

Fringe Fabrics  
3457 El Cajon Blvd  
San Diego, CA 92104  
619-230-5442

Material Happiness  
2244 Logan Ave.  
San Diego, CA 92113  
619-289-7802

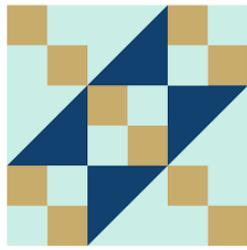
La Mesa Sew & Vac  
5346 Jackson Drive  
La Mesa, CA 91942  
619-698-2972

## BLOCK OF THE MONTH

I honestly didn't think anyone read or cared about the Block of the Month that I was putting in every month so last month I quit including it. Well, apparently at least one person was taking interest in them so I have decided to do a new block of the month for this year. These are 12 1/2" blocks and will finish at 12".

January's block of the month is: **Jacob's Ladder**

**Here is a free 3 yard quilt pattern using the Jacob's Ladder quilt block.**



## CREATIVE CONVERSATIONS

San Diego Art Matters is excited to bring Creative Conversations back this year, co-hosted with North County's newly formed Arts and Culture Alliance, with a focus on the opportunities, challenges, and creative assets of rural and unincorporated communities across the region.

Event details:

Tuesday, February 24, 2026

9:00 a.m. – 1:00 p.m. (lunch included)

California Center for the Arts, Escondido

Using the World Café format, we'll bring together artists, cultural workers, civic leaders, educators, and community partners to explore what's working, where gaps remain, and how arts and culture can strengthen local identity, economic development, youth engagement, and community well-being.

The event is free, with RSVP required:

<https://sdartmatters.org/creative-conversations-2026/>

## Miscellaneous Links

### Free Patterns

[Free Quilt Patterns From Carol Doak](#)

[Free Two Color Quilt Patterns – Top Picks](#)

[Free Solid Quilt Patterns – Top Picks](#)

[Top 10 Free Robert Kaufman Quilt Patterns](#)

[Top 7 Free 3-Yard Quilt Patterns](#)

[Top 15 Free Easy Quilting Patterns for Beginners](#)

[Robert Kaufman](#)

[Moda](#)

[Riley Blake](#)

[Nuts and Bolts](#)

[Sew Can She Free Quilt Patterns](#)

### Layer Cakes

[Top 16 Free Easy Layer Cake Quilt Patterns](#)

[30 Totally Free Layer Cake Quilt Patterns for Beginners](#)

[Free Layer Cake Quilt Pattern: Oh Susannah](#)

### Jelly Roll

[30+ Jelly Roll Quilt Patterns that use 2 1/2" fabric strips: All Free!](#)

[30 Free Jelly Roll Quilt Patterns - Hailey Stitches](#)

[Jelly Roll Quilt Patterns Free - Fat Quarter Shop](#)

### Scrappy

[How to Make a Quilt Using Fabric Scraps – Quilt-As-You-Go Method](#)

### Binding

[How to Join Binding Ends with No Overlap or Bulk—Video](#)

### Sewing Machine

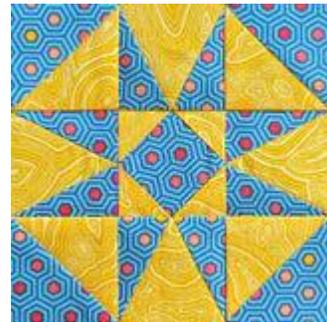
[The Surprising Genius of Sewing Machinees - Video](#)

### Paper Piecing

[41+ Modern And Free Paper Piecing Patterns To Quilt Today](#)

[20 Free Paper Piecing Patterns \(EPP and FPP Patterns\)](#)

[Free Paper Piecing Patterns to download ~ 115+ designs, multiple sizes](#)



## Miscellaneous Links (cont'd)

### Stars

[35 Dreamy Star Quilt Patterns: All Free!](#)

[Top 7 Free Two Color Quilt Patterns](#)

[40 Free Star Quilt Patterns to Put Stars in Their Eyes!](#)

[45 Free Star Quilt Patterns](#)

### Cutting

[12 Ways to Cut up Fat Quarters for Quilting](#)

### Fat Quarters

[Top 19 Free Fat Quarter Quilt Patterns](#)

[Three Fast and FREE Fat Quarter Quilts You Can Make in a Weekend](#)

### Fat Eighth

[Free Fat Eighth-Friendly Quilt Patterns](#)

### Fat Quarters

[The Ultimate Fat Quarter Project Guide: 40+ Free Sewing Patterns](#)

### Quilting Calculator

[Robert Kaufman Quilting Calculator App](#)

### Squares

[Be There or Be Square: 20 Easy Quilt Patterns Using Squares - All Free!](#)

[Charmed, I'm Sure: A Free Quilt Pattern Bursting with Summer Charm](#)

### Blocks

[Basket Weave Quilt Block Free Tutorial: Traditional Design in Two Sizes](#)

[260+ Free Quilt Block Patterns in Multiple Sizes](#)

[Marcia Hohn's Quilter's Cache! \(all I can say is WOW...lots of blocks and more\)](#)

[Twenty Free Quilt Block Patterns You Will Love!](#)

### 3 Yard Quilts

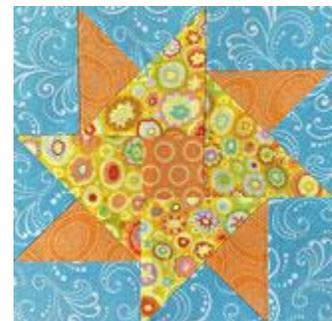
[3 Yard Magic – Simplified! 30 FREE Quilt Patterns](#)

### Block of the Month

[BOMQuilts.com](#)

### Bags

[Free Bag Patterns](#)



More links coming soon!

# MORE FUN WITH AI

Prompt: What are the best books about quilting?

## Response:

The best quilting books cater to different needs, with top choices including *The Encyclopedia of Pieced Quilt Patterns* (Barbara Brackman) for historical reference, *First-Time Quiltmaking* (Landauer) for beginners, *Shape by Shape* (Angela Walters) for free-motion quilting, and *The Farmer's Wife 1930s Sampler Quilt* for history and patterns. For modern quilting, look for *Tula Pink's City Sampler* or *Quilted* (Uppercase), while *The Quilter's Paper-Piecing Workbook* (Elizabeth Dackson) excels at foundation piecing.

## For Beginners

*First-Time Quiltmaking* by Landauer: Excellent for learning the fundamentals with simple projects.

*The Quilting Book: A Step-by-Step Guide*: Comprehensive guide covering basic techniques.

## For Machine Quilting

*Shape by Shape: Free-Motion Quilting* by Angela Walters: Focuses on free-motion designs for different shapes.

*Explore Walking Foot Quilting* by Leah Day: Great for using a walking foot.

*Rulerwork Quilting* by Amanda Murphy: For quilting with straight and curved lines using rulers.

## For Design & Inspiration

*The Encyclopedia of Pieced Quilt Patterns* by Barbara Brackman: An essential resource for block history and design.

*Tula Pink's City Sampler: 100 Modern Quilt Blocks*: Ideal for modern quilters wanting many block options.

*Quilts of Gee's Bend*: Showcases stunning, historically significant quilts from an African-American community.

*Oh, Scrap!* by Lissa Alexander: For using up fabric scraps.

## Technique-Specific

*The Quilter's Paper-Piecing Workbook* by Elizabeth Dackson: Makes foundation paper-piecing accessible.

*The Ultimate Sashiko Sourcebook*: For Japanese stitching techniques.

## History & Storytelling

*The Farmer's Wife 1930s Sampler Quilt*: Combines 99 patterns with personal stories from the 1930s.

*Quilted* (Uppercase Encyclopedia): Features profiles and stories of contemporary quilters.