

Kaleidoscope Quilt Guild
Founded 1987
www.kaleidoscopequiltguild.com

November 2025
Volume 39, Issue 11



Kaleidoscopic Voices

President's Message



A BIG thank you to everyone for their hard work on the quilt show! What a successful day! Great crowds. Our guests enjoyed the show, the refreshments and of course the boutique. I hope everyone has recovered. My body is still talking to me but I hope it stops talking real soon! lol

Our November meeting will be our last speaker of the year, Kristie Naranjo, Scrappy Applique. This will finish Robyn Phelps' tenure of Programs and Workshops. She has done a fabulous job of planning and executing programs and workshops. Thank you, Robyn. Sue Bennorth has finished up as Opportunity Chair and is now going to coordinate friendship groups. Thank you, Sue! Thank you, Marilyn Carnes, for organizing our workshop on placemats for Meals on Wheels. Don't forget to bring your placemats you took home to finish or do to this meeting. Marilyn will be giving them to Meals on Wheels after Thanksgiving. Hope to see you at the meeting.

**Meetings are held
on the third
Wednesday of
every month at
1:00 p.m. at Lemon
Grove Masonic
Lodge, 2590 Main
Street, Lemon
Grove, CA 91945**

**Doors open at
12:30 p.m.**

**(We meet on the
2nd Wednesday in
December)**

POINTS OF CONTACT

President
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peggycouvrette@cox.net

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rlpetnna1@cox.net

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debsherrell@cox.net

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Diane Hamann
dhweb@sunwatcher.net

Newsletter
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Boutique
Melanie Ellsworth
ellsworthgma51@gmail.com

**This month our meeting is
at the Lemon Grove
Masonic Lodge. The
meeting will be a
presentation by Kristie
Naranjo titled *The Scrappy
Applique*.**

**Doors open at 12:30 pm,
meeting starts at 1 pm.**

UPCOMING DATES TO REMEMBER

11/19—Kristie Naranjo—*The Scrappy Applique*

12/3—Board Meeting on Zoom

12/10—Holiday Party

2026

01/07—Board Meeting on Zoom

01/21—Guild—*Favorite tool, technique, or quilt*

02/04—Board Meeting on Zoom

02/18—Dru Farrell—*Sew Treasured*

03/04—Board Meeting on Zoom

03/18 Kristie Naranjo—*Color*

04/01—Board Meeting on Zoom

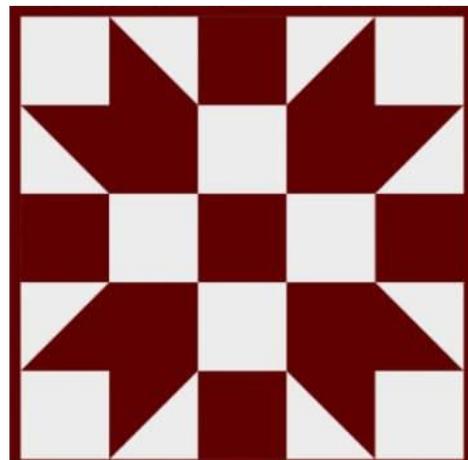
04/15—Trudy Cleveland—*Shoot Your Quilt*

05/06—Board Meeting on Zoom

05/20—Ginger Calderon—Member Highlight

06/03—Board Meeting on Zoom

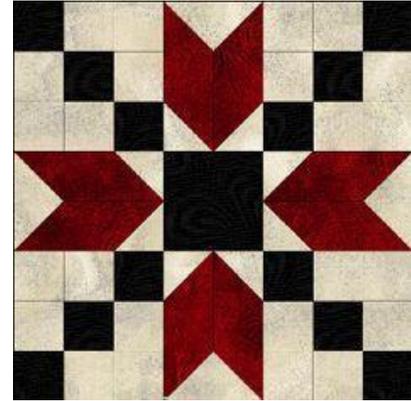
06/17—Ann Turley—*Confessions of the Quilt Police*



NEWS FROM OUR PROGRAM CHAIR Robyn Phelps

2025 Calendar

November 19
Kristie Naranjo
The Scrappy Applique



December 10
Christmas Party.

CHRISTMAS PARTY

Just a reminder our Christmas Party is Wednesday December 10th. By popular demand we will be doing Starters and Enders (Appetizers and Desserts). Doors open at 12:30 and we will start serving at 1 pm. Patty Lawrence and her band of Ukulele players will lead us in a sing a long of Christmas songs. Please invite your husband (significant other) or a friend. We will have sign ups at the November meeting. If for some reason you can't make the November meeting, please e-mail your reservation and whether you are bringing appetizers or dessert. We want to make sure to set the tables for enough people. The Masonic Center allows beer and wine to be served. If you would like to bring some you are welcomed to do so. We are asking you to bring one small Christmas decoration for table decoration. Just to share for the day. We ask that you take it home with you after the party.

DID YOU KNOW:

The best time to quilt depends on your personal preference and schedule, but fall and winter are popular times for cozy, warm projects, while spring and summer are good for lighter, brighter ones. For daily or weekly time, it's best to quilt when you are most alert—mornings are good for complicated tasks, while evenings might be better for simple, repetitive work.

NOVEMBER 2025 PHILANTHROPY

Kaleidoscope Friends



November 2025 PHILANTHROPY

When I think of Fall, one of my favorite poet's words come to mind - that says it all:

They's something kindo' harty-like
about the atmusfere
When the heat of summer's over and
the coolin' fall is here—
Of course we miss the flowers, and
the blossums on the trees,

And the mumble of the hummin'-birds and buzzin' of the bees;
But the air's so appetizin'; and the landscape through the haze
Of a crisp and sunny morning of the airly autumn days
Is a pictur' that no painter has the colorin' to mock—
When the frost is on the punkin and the fodder's in the shock.

James Whitcomb Riley – Hoosier Poet <https://www.facebook.com/tedjacobsandthegardenband/videos/762300904233639/>

Now I'm feeling very thankful!!! Please give a round of applause for our members who donated philanthropy quilts at our October meeting: Kathryn Diamond, Leah Estrin, Ed Estrin, Linda Simpson, Margie Wees! Thank you !!! As of October 31, our guild has donated 205 quilts to philanthropy!

The Northern Arizona VA Health Care System in Prescott Arizona has 649 patients. Not everyone received a quilt from Kaleidoscope- but at least 61 happy residents did. Thanks to all who donated to our veterans.

A big thanks to Peggy, Diane & Julie for their contribution of a huge stack of placemats (I lost count at 200). Their placemats are lovely – a great way to use up orphan blocks. Please bring all your placemats back to our November meeting. I will be delivering them to Meals-on-Wheels afterwards.

Keep those sewing machines whirling! See you at the Christmas Party!!!

Marilyn Carnes (roseway@cox.net), Marilyn Helkenn, Mary Weflen

QUILT SHOW

Thank you to all that helped to make our quilt show such a huge success. We couldn't do it without everyone chipping in. A BIG shout out to Cindy Hawley's husband, Brad, he went beyond the call of duty especially on take down. So many people to thank. Melanie Ellsworth and her crew in the boutique, Kathryn Diamond and her crew for hospitality. Marilyn Carnes, Patty Smith and Mary Weflen for the wonderful display on the stage. Everyone who made our guests feel welcomed. Julie Reyes and Debbie Sherrell for helping take in the quilts and getting them in order to hang plus all they did before, during and after the show. Diane Hamann for handling the monies.

MEMBER CHALLENGE

I would like to thank all those who participated in the Guild Challenge of 2025, Houses Around The World. I thought all the entries were wonderful and showed so much creativity!

My congratulations to our winners.

1 st Place - Alice Courteau

2nd Place - Ruth Jones

3rd Place - Judy Whitney

Glen Baker



NEWS FROM OUR PROGRAM CHAIR



This month our featured speaker is Kristie Naranjo. Kristie is a certified teacher for Scrappy Applique as well as Color confidence for quilters. She will be talking to us about scrappy applique which is a raw edge technique where you collage scrap fabrics to create your piece.

Robyn Phelps

FROM THE TREASURER

The Guild has enabled Zelle payments! If you wish to use Zelle, please remember the following:

- You will need to set up Kaleidoscope Quilt Guild as a recipient.
- Use the email address **KQG1987@gmail.com** to send the payment. If the system does not confirm that the email address you entered belongs to **Kaleidoscope Quilt Guild**, double check and make sure you entered it correctly. **YOU CANNOT GET YOUR MONEY BACK IF YOU SEND IT TO THE WRONG EMAIL ADDRESS.**
- In the Notes section, make sure you enter what the payment is for: Dues, Opportunity Quilt, Retreat, etc.
- The entry on your bank account will be your receipt, although I will try to acknowledge all payments.

-Diane Hamann, Treasurer

Local Quilt Guilds

[San Diego Metro Modern](#)

[San Diego Modern](#)

[Chula Vista](#)

[Sunshine](#)

[Friendship](#)

[Seaside](#)

[Legacy](#)

[Canyon](#)

[Stitching Sisters](#)

[San Diego People of Color](#)

[Julian Women's Club](#)

[Village](#)



[El Camino](#)

[Beach Cities](#)

[Valley of the Mist](#)

[Surfside](#)

[Fallbrook](#)

[North County](#)

[Orange County](#)

[Flying Geese](#)

[Raincross](#)

[Inland Empire Modern](#)

[Coachella Valley](#)

Open Guild Position for 2026

We need to fill Opportunity Quilt for 2026.

Anne Sinnott is taking Program / Workshop Chair. Thank you Anne.

Opportunity Quilt

The quilt for 2026 will be done and that will not be the responsibility of the chair.

This too can be done by a couple of people

Responsibilities:

Hand out tickets and collect monies for the opportunity quilt

Take the opportunity quilt to other guilds

Set up Opportunity quilt at our monthly meetings

Plan 2027 Opportunity quilt. We do have applique blocks “Hop to it” ready to be hand stitched. Some are already done.....

Again this can be done by a committee or a couple of people. PLEASE volunteer to help keep our guild running.

BRING YOUR PLACEMATS



When we take the photo this year, I hope you are in it!!!

2025 Kaleidoscope of Quilts Quilt Show Winners



1st Place
Jan Hayman
In the Desert I
Must Go



2nd Place
Robyn Phelps
Sentimental
Stitches



3rd Place
Linda Fox
Blooming Windmill

2025 MEMBER CHALLENGE WINNERS



1st Place
Alice Courteau
Seaside Village



2nd Place
Ruth Jones
Out of This World



3rd Place
Judy Whitney
Every Witchy Way

2025 OPPORTUNITY QUILT WINNER

Guild Member
Nancy Derringer



Rose of Sharon

Size 101" x 101"



PHILANTHROPY PLACEMATS



PHILANTHROPY PLACEMATS



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PHILANTHROPY PLACEMATS



PHILANTHROPY PLACEMATS



QUILT SHOW PHOTOS



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FRIENDSHIP GROUPS

Friendship Groups

I am organizing development of and sign-ups for quilting circles that we are going to call Friendship Groups for our members. I have 15 names so far and will be collecting additional names of those interested at the October meeting. The sign-up sheet did not make it all around the room last month, so I will be hanging on to it at the front of the room next month so you can come up to sign it. There are a few additional pieces of information that we need from each of you who have signed up, so please visit the list even if you are already on it.

There are three existing opportunities available. They are:

La Mesa Friday Class

La Mesa Adult Enrichment Center

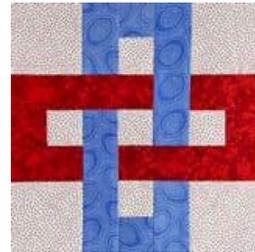
Every Friday from 8:00 a.m. until 12:30 p.m. the cost is \$2 and is held in The Craft Room.

8450 La Mesa Blvd

La Mesa, CA 91942

Contact Patty Smith (guild member) (619) 325-7719

619-667-1322 Office number for Center



Applique Group

Meets the second Saturday of the month at Mount Miquel Convent; 325 Kempton Street Spring Valley. Contact Linda Fox (guild member) at foxyquilter@sbcglobal.net if interested

Wednesday Quilt Class

Every Wednesday 9am to 12pm

Bayview Orthodox Presbyterian Church

505 East Naples Chula Vista

Contact Shirley McGuire at smcguire6@cox.net if interested



I hope to organize the groups after the quilt show. Please think about whether you could

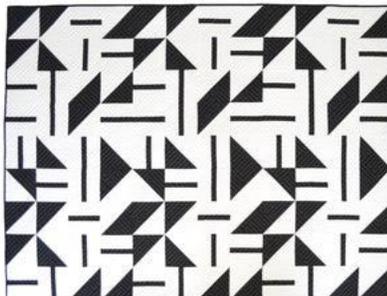
host a group and how often you would like to have it meet. I think this will lead to some great fun and lasting friendships!

KALEIDOSCOPE QUILT GUILD

TREASURER'S REPORT

OCTOBER 2025

Balance, October 1, 2025		\$14,861.23
<i>Includes Petty Cash</i>	\$100.00	
<i>Includes Prior Retreat Deposits</i>	\$0.00	
<i>Includes Prior Workshop Deposits</i>	\$0.00	
Income		
Memberships	\$0.00	
Guests	\$0.00	
Opportunity Quilt	\$577.00	
Workshops	\$0.00	
Retreat	\$0.00	
Boutique	\$7,040.00	
Donation	\$0.00	
Total Income		\$7,617.00
Expenses		
Check #2307 LGMTA—October Rent	-\$100.00	
Check #2308 LGMTA—Quilt Show Rent	-\$325.00	
Check #2309 K. Diamond—Quilt Show Hospitality	-\$43.21	
Check #2310 P. Cullen—G. Baker Workshop Fees	-\$55.00	
Check #2311 P. Couvrette—Quilt Show Supplies/Exp.	-\$366.92	
Total Expenses		-\$890.13
Balance, October 31, 2025		\$21,588.10



Upcoming Quilt Shows

October 8, 2025 through November 23, 2025

Long Beach Modern Quilt Guild presents "Perspectives – A Fiber Art Exhibition" at the Zena and Pauline Gatov Gallery, Alpert Jewish Community Center, 3801 E. Willow St., Long Beach. Hours: Monday through Thursday, 6 a.m. - 9 p.m.; Friday, 6 a.m. - 6 p.m.; Saturday and Sunday, 7 a.m. - 5 p.m. This exhibit is free and open to the public. More info: www.longbeachmodernquiltguild.com



December TBD from 5:30-8:30: Candlelight Tour and Holiday Lights at Heritage Hill Park in Lake Forest to celebrate each of the Winter Holidays. Stroll through restored 19th century buildings adorned in period decor and listen to Victorian carolers.

In addition, FGQG members quilts will be displayed in the homes.

Admission \$?; 25161 Serrano Road in Lake Forest.



Road to California Quilter's Conference & Showcase
January 21-24, 2026
at the Ontario Convention Center
General Registration - August 18, 2025

VALLEY QUILTERS
46TH Annual Quilt Show
February 13th and 14th 2026
10am - 4pm
Group Tickets - 10 or more available at discounted pricing.
For more information - contact
President - Grace Ward info@valleyquilters.org

NEW FRIENDSHIP GROUP

Beginning in January 2026

Meets the 2nd Tuesday of every month at Rosie's Calico Cupboard

First meeting will be January 13, 2026 from 9am until 3pm

Cost is \$10

Feel free to invite a friend

Contact James Glunt at 619-335-0714 or email jamesbglunt@gmail.com

CLASSIFIED ADS

Are you looking to part with something sewing related? Perhaps you know of someone who is. If you would like to have something posted here you can send your article to me and a picture of the item if possible, along with your asking price (make sure to mention the best way to contact you). The cost is free. Send your article to:

kaleidoscopenewsletter01@gmail.com

Services



Looking For...

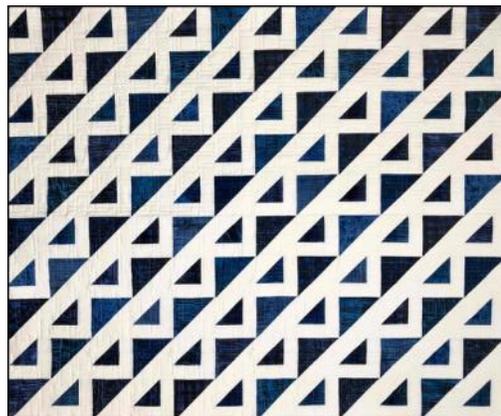
Looking for unused Hoffman Big Dream Fabric Panels. If you have a panel that you are not going to stitch I would like to talk to you about buying it.

Contact Kathryn Diamond

For Sale

Do you have something you would like to sell?

Place your ad here.





Did you know?

The number one benefit of quilting is stress reduction and improved mental health, achieved through the repetitive, meditative process of piecing and stitching fabric. This can lead to a calmer mind, lower stress levels, and a greater sense of accomplishment and overall well-being.



“Behind every quilter is a huge pile of fabric.”

Refreshments for our November Meeting:

Snacks:

Trudy Ooms
Kathy Smith

Beverages:

Robin Pickett
Cindy Hawley

November Birthdays

Rity Anaya	11/13
Cindy Hawley	11/14
Sherry Ames	11/17
Christine Zinn	11/27

FOR YOUR INFORMATION

The Following places offer Classes

Check out their Website

[Sew Hut](#)

[Cozy Creative Center](#)

[Paradise Sewing](#)

[Quilt In A Day](#)

[My Quilters Cottage](#)

[Grand Central Quilt n Stitch](#)

[El Cajon Sew & Vac](#)

[The Creative Coop](#)

[Between Stitches](#)

[Sew Treasured Quilt Shop](#)

[Sewing Machines Plus](#)

[Material Happiness](#)

[Visions Museum of Textile and Art](#)

[Sew Bestie](#)

If you have any questions or comments regarding the content of the newsletter or would like to submit an article or classified ad, please contact me at

kaleidoscopenewsletter01@gmail.com



Local Quilting Supply Shops

Rosie's Calico Cupboard
7151 El Cajon Blvd.
San Diego, CA 92115
619-697-5758

Sew Hut
4226 Balboa Ave.
San Diego, CA 92117
858-273-1377

Cozy Creative Center
756 Jamacha Rd.
El Cajon, CA 92019
619-670-0652

Paradise Sewing
13242 Poway Rd.
Poway, CA 92064
858-679-9808

My Happy Place
2405 Main St. #4
Ramona, CA 92065
760-654-3060

Quilt In A Day
1955 Diamond St.
San Marcos, CA 92078
760-591-0929

Grand Central Quilt n Stitch
100 N. Rancho Sante Fe Rd, Suite
118
San Marcos, CA 92069
760-295-0446

Inspirations Quilt Shop
27350 Valley Center Rd., Ste B
Valley Center, CA 92082
760-751-9400

Quilter's Paradise
304 Enterprise St, Ste. E
Escondido, CA 92029
760-738-9677

El Cajon Sew & Vac
1077 Broadway
El Cajon, CA 92021
619-442-2585

Sewing Machines Plus
713 Center Dr.
San Marcos, CA 92069
760-739-8222

Sew Bestie
3670 Claremont Dr. #2
San Diego, CA 92117
478-288-8667

Sew Bestie
3355 Mission Ave, #232
Oceanside, CA 92058
478-288-8667

Quilter's Cottage
131 E. Fig St., Ste. #6
Fallbrook, CA 92028
760-723-3060

Mosaique Quilts and Crafts
222 E. Broadway
Vista, CA 92084
760-842-4884

Fringe Fabrics
3457 El Cajon Blvd
San Diego, CA 92104
619-230-5442

Material Happiness
2244 Logan Ave.
San Diego, CA 92113
619-289-7802

La Mesa Sew & Vac
5346 Jackson Drive
La Mesa, CA 91942
619-698-2972

Miscellaneous Links

Free Patterns

[Free Quilt Patterns From Carol Doak](#)

[Free Two Color Quilt Patterns – Top Picks](#)

[Free Solid Quilt Patterns – Top Picks](#)

[Top 10 Free Robert Kaufman Quilt Patterns](#)

[Top 7 Free 3-Yard Quilt Patterns](#)

[Top 15 Free Easy Quilting Patterns for Beginners](#)

[Robert Kaufman](#)

[Moda](#)

[Riley Blake](#)

[Nuts and Bolts](#)

[Layer Cakes](#)

[Top 16 Free Easy Layer Cake Quilt Patterns](#)

[30 Totally Free Layer Cake Quilt Patterns for Beginners](#)

[Free Layer Cake Quilt Pattern: Oh Susannah](#)

[Jelly Roll](#)

[30+ Jelly Roll Quilt Patterns that use 2 1/2" fabric strips: All Free!](#)

[30 Free Jelly Roll Quilt Patterns - Hailey Stitches](#)

[Jelly Roll Quilt Patterns Free - Fat Quarter Shop](#)

[Scrappy](#)

[How to Make a Quilt Using Fabric Scraps – Quilt-As-You-Go Method](#)

[Binding](#)

[How to Join Binding Ends with No Overlap or Bulk—Video](#)

[Sewing Machine](#)

[The Surprising Genius of Sewing Machinees - Video](#)

[Paper Piecing](#)

[41+ Modern And Free Paper Piecing Patterns To Quilt Today](#)

[20 Free Paper Piecing Patterns \(EPP and FPP Patterns\)](#)

[Free Paper Piecing Patterns to download ~ 115+ designs, multiple sizes](#)



Miscellaneous Links (cont'd)

Stars

[35 Dreamy Star Quilt Patterns: All Free!](#)

[Top 7 Free Two Color Quilt Patterns](#)

[40 Free Star Quilt Patterns to Put Stars in Their Eyes!](#)

[45 Free Star Quilt Patterns](#)



Cutting

[12 Ways to Cut up Fat Quarters for Quilting](#)

Fat Quarters

[Top 19 Free Fat Quarter Quilt Patterns](#)

[Three Fast and FREE Fat Quarter Quilts You Can Make in a Weekend](#)

Fat Eighth

[Free Fat Eighth-Friendly Quilt Patterns](#)

Fat Quarters

[The Ultimate Fat Quarter Project Guide: 40+ Free Sewing Patterns](#)

Quilting Calculator

[Robert Kaufman Quilting Calculator App](#)

Squares

[Be There or Be Square: 20 Easy Quilt Patterns Using Squares - All Free!](#)

[Charmed, I'm Sure: A Free Quilt Pattern Bursting with Summer Charm](#)

Blocks

[Basket Weave Quilt Block Free Tutorial: Traditional Design in Two Sizes](#)

[260+ Free Quilt Block Patterns in Multiple Sizes](#)

[Marcia Hohn's Quilter's Cache! \(all I can say is WOW...lots of blocks and more\)](#)



More links coming soon!

More fun with Artificial Intelligence

Prompt: Why do quilters collect fabric?

Response:

Quilters collect fabric because it serves as a creative palette, allows for personalization, and sparks inspiration for future projects. Collecting fabric is often seen as a separate but related hobby from quilting itself, where the act of gathering and curating different colors, styles, and textures of fabric is a source of joy and potential. This "stash" enables them to create more personal and unique quilts that are not limited to a single fabric line.



Block of the Month

I thought I would try something new. Every month I will include a block of the month. Pick a theme and choose which blocks you want to make. These are by Riley Blake Designs and are available free online. The difference here is that every month I will be choosing blocks from different years. The size of the blocks are 10" x 10" finished.

This month's Block of the Month is

Mountain Peaks

October 2025 Block of the Month was [Fanfare](#)

September 2025 Block of the Month was [Lynx](#)

August 2025 Block of the Month was [Daylesford](#)

July 2025 Block of the Month was [Jack in the Box](#)

June 2025 Block of the Month was the [Playing With Blocks](#)

May 2025 Block of the Month was the [Tilt-A-Whirl](#)

April 2025 Block of the Month was the [Lady of the Lake](#)

March 2025 Block of the Month was the [Scrappy Churn Dash](#)

February 2025 Block of the Month was the [Moab Block](#)

January 2025 Block of the Month was the [Glint Block](#)

December 2024 Block of the Month was the [Windmill Block](#)

November 2024 Block of the Month was the [Sundial Block](#)

October 2024 Block of the Month was the [Pinwheel Star Block](#)