

Kaleidoscope Quilt Guild
Founded 1987
www.kaleidoscopequiltguild.com

August 2026
Volume 39, Issue 8



Kaleidoscopic Voices

President's Message



Well we are in the dog days of summer! August here already. Hoping the heat breaks soon. Some of us will be heading to quilt retreat at the end of the month. Thank you Pat and Judy for chairing the retreat! Always enjoy retreat. Thank you, Marilyn

Carnes, for all your hard work cutting strips and binding for the Meals on Wheels placemat kits. We will be having the philanthropy workshop at our September meeting. Meals on Wheels provides meals helping older San Diegans stay in their homes and live independently. Our speaker this month, Tina Curren, will be discussing her design process. Looking forward to it and hoping to see you at the meeting.

**Meetings are held
on the third
Wednesday of
every month at
1:00 p.m. at Lemon
Grove Masonic
Lodge, 2590 Main
Street, Lemon
Grove, CA 91945**

**Doors open at
12:30 p.m.**

**(We meet on the
2nd Wednesday in
December)**

POINTS OF CONTACT

President
Peggy Couvrette
peggycouvrette@cox.net

1st VP/Programs
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asinnott@gmail.com

2nd VP/Opportunity Quilt
Melanie Ellsworth
ellsworthgma51@gmail.com

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Debbie Sherrell
debsherrell@cox.net

Secretary
Mary Weflen
mweflen@yahoo.com

Treasurer
Diane Hamann
dlweb@sunwatcher.net

Newsletter
James Glunt
kaleidoscopenewsletter01@gmail.com

Boutique
Melanie Ellsworth
ellsworthgma51@gmail.com

**This month our meeting is
at the Lemon Grove
Masonic Lodge. The
meeting will be a
presentation by Tina
Curren—My Design
Process.**

**Doors open at 12:30 pm,
meeting starts at 1 pm.**

UPCOMING DATES TO REMEMBER

2026

08/19—Tina Curren—*My Design Process—From Concept to Quilt*

09/02—Board Meeting on Zoom

09/16—Philanthropy Sew-In

10/07—Board Meeting on Zoom

10/21—Wendy Mathson—*Answers to Quilting Questions You Were Afraid to Ask.*

11/04—Board Meeting on Zoom

11/18—Dawn Johnson—*Sparkling Your Creativity*

12/02—Board Meeting on Zoom

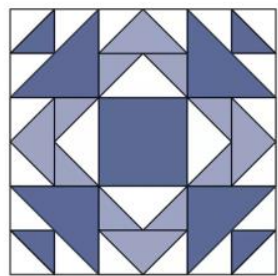
12/09—Holiday Party





DID YOU KNOW:

A Microtex needle (also known as a sharp needle) is a specialized sewing machine needle with a very slim, acute point. It is designed to pierce tightly woven, delicate, or coated fabrics cleanly without snagging, skipping stitches, or leaving large holes.



MEMBERSHIP

MEMBERSHIP DUES

Thank you to everyone that paid their 2026 dues. I appreciate it. The new membership directory was sent in June and you should have received it in your email. If you have not, please contact me. Also, contact me with any errors or corrections that need to be made. For those that have not yet paid their dues, the amount is \$25. You can make this payment using 1 of 3 options:

Pay at the June meeting

Mail a check to our treasurer, Diane Hamann, or to me, Debbie Sherrell

Pay via Zelle through your bank. The instructions for these payments are in the newsletter in the “From the Treasurer” article.

Just as a reminder, our other requirements for membership are to donate a quilt each year to philanthropy and to sell 30 tickets/\$25 on our opportunity quilt.

Hope to see you at the meeting.

Debbie Sherrell—Membership

AUGUST PROGRAM

Tina Curran

My Design Process from Concept to Quilt

The goal of this lecture is to demystify the design process I use by breaking it down into its elements. I'll provide many examples of the design & execution challenges I've faced and my solutions to overcome them. My hope with this lecture is to inspire other quilters to design their own quilts.

Anne Sinnott—VP Programs

AUGUST 2026 PHILANTHROPY

Kaleidoscope Friends

August 2026 PHILANTHROPY



Happy Summer Days! I'm loving the longer evenings with a cool breeze – going to the concerts in Balboa Park in the Spreckels Organ Pavilion is such fun.

Our Philanthropy-Placemat-Kit-Assembly was a terrific success – we put together 90 placemats at record time. Thank you to all who came to help. There is a placemat kit or two for you to sew at our September Philanthropy Sew-in Meeting.

Please give a round of applause for our members who donated philanthropy quilts at our July meeting: Connie Close, Kathryn Diamond, Margie Wees, Pat Gailband, James Glunt, Angela Large, Patty Smith, Melanie Ellsworth, Sue Grant, Linda Simpson, Petra Koenig & Joan Sieber. Thank you !!!

Sue Grant and I took 39 quilts up to the Ronald McDonald House this week. We were so pleased when a staff member walked by just at the right time, and offered us a tour of the facility. What a great place!!! Everything that could possibly be available to make a family feel comforted and supported during a time of trauma and need is provided. The facility itself is beautiful; there are games and activities for the children, an outside play area, a cafeteria and kitchen for personal food preparation, as well as a meditation garden, and apartments for each family.

Keep those sewing machines whirling! See you at the meeting!!!

Marilyn Carnes (Roseway@cox.net), Marilyn Helkenn, Mary Weflen

ONE BLOCK WONDER WORKSHOP

One block wonder quilt technique workshop.



On October 29, 2026 at Rosie's Quilt Shop from 9 until 3, we will have a workshop led by Ginger Calderon.

The fee is \$40.00, to be paid at sign up.

We have 4 spaces remaining.



JUNE MINUTES

Kaleidoscope Quilt Guild
Regular Meeting July 15, 2026

The meeting for Kaleidoscope Quilt Guild, for July 15, 2026 was called to order by President Peggy. She reported that on July 18, Quiltin with Soul Fabrics will have an Inventory Reduction Sale from 10-3 at 6163 Parkside Ave. San Diego.

Also, the guild will never ask anyone to buy gift cards for any purpose or do anything else in a hurry.

Membership-We had one guest for the meeting.

Treasurer's report: Our balance as of June 30, 2026 was \$34,882.09. Of that amount, about 14,000 is retreat money. Other details about the treasurer's report, can be found in the newsletter.

Programs/workshops— Ann

July- Linda /Carl Sullivan- My best tips for Precision Piecing

August-Tina Curren -my design process- From Concept to Quilt

September- Philanthropy Sew-In-Bring Your sewing Machine to Guild

October-Wendy Mathson-Answers to questions you were afraid to ask

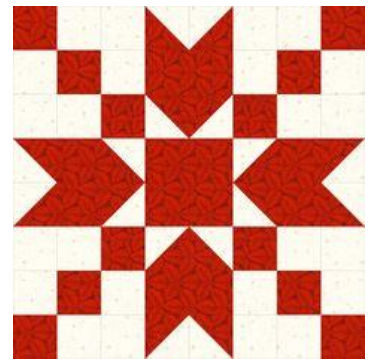
November-Dawn Johnson-Sparking Your Creativity

December - 12/91 PM Holiday Party

October 29 Ginger- at Rosie's- will teach 1 piece wonders— can only have 10 people in class

2026 challenge- Don't Touch Our Quilts — Ruth Jones

Retreat- Judy and Pat-Aug 27-30- Dinner at 5pm.



Philanthropy- Marilyn Carnes-Quilts were taken To Ronald McDonald this month.

She has labels for quilts. There will be a meeting at Peggy's on July 28 from 10-2 pm to put quilt kits together. Bring a sack lunch.

Opportunity quilt- Please pick up your tickets and pay for them if you haven't done so.

Hospitality- Kathryn- All is set up for the next few months.

James- Deadline for newsletter articles is July 31.

The meeting was adjourned for refreshments and sharing.

Mary Weflen
Secretary

Ride to/from 2026 Quilt Retreat Needed!

I'm in Spring Valley but am happy to come to you,
and happy to pay for gas!

(Sadly, we're temporarily a 1-car household)

Joan Nickerson

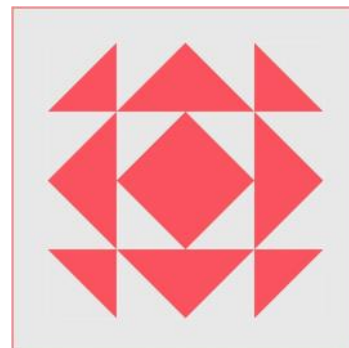
Studio32c@gmail.com

619-609-6533

BIRTHDAYS

August Birthdays

Carol Ann Bearden	8/8
Joan Nickerson	8/14
Sherrie Cunningham	8/16
Susan Wells	8/17
Judy Woyke	8/17
Bobbie Norby	8/21
Maureen Waterhouse	8/21
Ginger Calderon	8/28
Rosa Blatchford	8/28
Marilyn Carnes	8/29
Sylvia Wallace	8/31



TEAM CHALLENGE

Make a New Friend or Keep the Old Quilt Challenge (As the song says: “One is silver and the other gold”)

How It Works

1. Team Up

Partner with an existing friend OR

Put your name in the “hat” to be paired with someone new

2. Drawing Teams

Names will be randomly drawn to create 2-person teams

If we have an odd number, we’ll form a 3-person team

Larger teams are welcome if desired!

3. Choose Your Challenge

Each team will decide their own quilt-related challenge

It can be anything “quilty,” such as:

A bag

A jacket

A table runner

A quilt (any size) No rules—just have fun and be creative!



Final Presentation

January Meeting: 1/20/2027

At this meeting, each team will:

Introduce themselves

Share their chosen challenge



KALEIDOSCOPE BOUTIQUE

We have a great selection of all types of quilts.

Tell your friends!!!

Check them out at
www.kaleidoscopequiltguild.com

REFRESHMENTS

REFRESHMENTS FOR THE AUGUST MEETING

Snacks

Anne Sinnott

Bobbie Norby

Linda Fox

Patty Condas

Drinks

Marilyn Matteson

Angela Large

Joan Seiber



Reminder, If you can't attend and you are scheduled for snacks or drinks please send me an email so I can make sure we have enough for our meeting. We are averaging 40 people at our meetings.

-Kathryn Diamond—Hospitality

golfkatie@cox.net

2026 Guild Challenge

Please Don't Touch the Quilts

Size 5 1/2" x 8 1/2" Largest (or 30" perimeter). Can be smaller

We will use for our quilt shows. You will not get them back.

Here are some ideas from other quilt shows

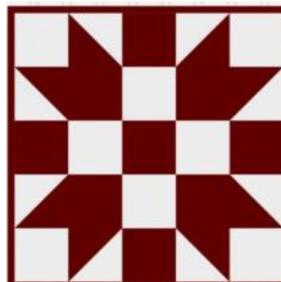


KALEIDOSCOPE QUILT GUILD

TREASURER'S REPORT

JULY 2026

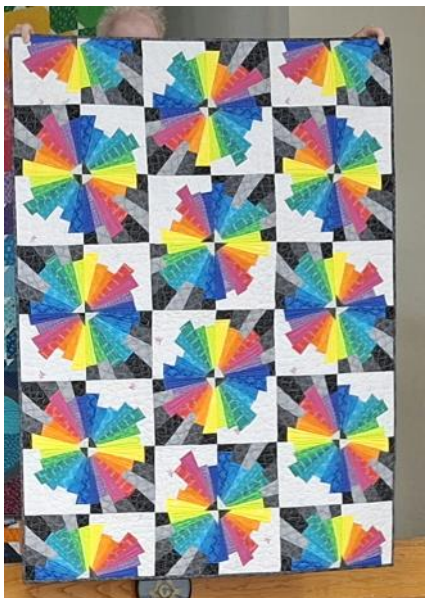
Balance, July 1, 2026		\$34,882.09
<i>Includes Petty Cash</i>	\$100.00	
<i>Includes Prior Retreat Deposits</i>	\$14,770.00	
<i>Includes Prior Workshop Deposits</i>	\$0.00	
Income		
Memberships	\$0.00	
Guests	\$0.00	
Opportunity Quilt	\$406.00	
Workshops	\$240.00	
Retreat	\$1,700.00	
Boutique	\$325.00	
Donation	\$0.00	
Total Income		\$2,671.00
Expenses		
Check #2405 LGMTA—July Rent	-\$100.00	
Check #2406 L. Sullivan/Colourwerx—July Program	-\$618.95	
Check #2407 M. Weflen—Retreat Overpayment	-\$110.00	
Check #2408 A. Converse—Sunshine/Shadows	-\$15.60	
Total Expenses		-\$844.55
Balance, July 31, 2026		\$36,708.54



LINDA & CARL SULLIVAN



LINDA & CARL SULLIVAN



LINDA & CARL SULLIVAN



SEW AND TELL



SEW AND TELL



SEW AND TELL



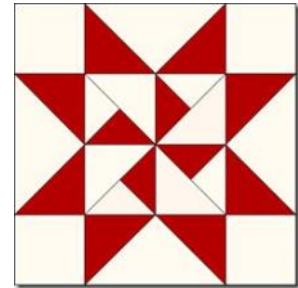
SEW AND TELL



FROM THE TREASURER

The Guild has enabled Zelle payments! If you wish to use Zelle, please remember the following:

- You will need to set up Kaleidoscope Quilt Guild as a recipient.
- Use the email address **KQG1987@gmail.com** to send the payment. If the system does not confirm that the email address you entered belongs to **Kaleidoscope Quilt Guild**, double check and make sure you entered it correctly. YOU CANNOT GET YOUR MONEY BACK IF YOU SEND IT TO THE WRONG EMAIL ADDRESS.
- In the Notes section, make sure you enter what the payment is for: Dues, Opportunity Quilt, Retreat, etc.
- The entry on your bank account will be your receipt, although I will try to acknowledge all payments.



-Diane Hamann, Treasurer

Local Quilt Guilds

[San Diego Metro Modern](#)

[San Diego Modern](#)

[Chula Vista](#)

[Sunshine](#)

[Friendship](#)

[Seaside](#)

[Legacy](#)

[Canyon](#)

[Stitching Sisters](#)

[San Diego People of Color](#)

[Julian Women's Club](#)

[Village](#)



[El Camino](#)

[Beach Cities](#)

[Valley of the Mist](#)

[Surfside](#)

[Fallbrook](#)

[North County](#)

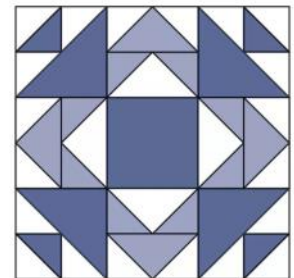
[Orange County](#)

[Flying Geese](#)

[Raincross](#)

[Inland Empire Modern](#)

[Coachella Valley](#)



FRIENDSHIP GROUPS

Friendship Groups

I continue to organize development of and sign-ups for quilting circles that we are going to call Friendship Groups for our members. I have 15 names so far and will be collecting additional names of those interested at the meeting.

There are three existing opportunities that continue to be available. They are:

La Mesa Friday Class

La Mesa Adult Enrichment Center

Every Friday from 8:00 a.m. until 12:30 p.m. the cost is \$2 and is held in The Craft Room.

8450 La Mesa Blvd

La Mesa, CA 91942

Contact Patty Smith (guild member) (619) 325-7719

619-667-1322 Office number for Center



Applique Group

Meets the second Saturday of the month at Mount Miquel Convent; 325 Kempton Street Spring Valley. Contact Linda Fox (guild member) at foxyquilter@sbcglobal.net if interested

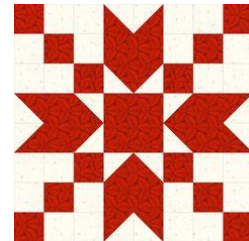
Wednesday Quilt Class

Every Wednesday 9am to 12pm

Bayview Orthodox Presbyterian Church

505 East Naples Chula Vista

Contact Shirley McGuire at smcguire6@cox.net if interested



As additional opportunities arise, I will add them to the list in the newsletter.

Sue Bennorth

Boutique Quilts For Sale.

Check out our Website for full list, www.kaleidoscopequiltguild.com

Quilts are divided in Categories (Separate Files) .

Child, Throw, Runners, Wall-hangings, Bed Quilts. Contact Peggy if you are

Bed-Twin	#	Bo8R	W	65	H	89	Rose Stack N Wack	PRICE	120
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This is a Stunning Stack N Wack. The black sets off the blocks beautifully.

Child	#	Co1R	W	52	H	52	Blue Dragon	Price	35
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This whimsical quilt will delight a child.

Runner	#	Ro2R	W	40	H	15	Pastel Bunnies Pix Back	Price	15
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This cheerful table runner will bright anyone's table and the price is right!

Throw	#	To9R	W	60	H	68	Scrappy Stars	Price	75
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Scrappy Stars will keep anyone warm this fall and winter. We can dream of cooler weather in August! :)

Wall Hanging	#	W10	W	16	H	17	Sunflower	Price	25
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This Sunflower will brighten anyone's day and their wall.

Throw	#	T38	W	46	H	51	Orange is the New Black	Price	50
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This quilt has modern quilt vibes to it. I love the details in the black fabric. Blow it up and take a look.

CLASSIFIED ADS

Are you looking to part with something sewing related? Perhaps you know of someone who is. If you would like to have something posted here you can send your article to me and a picture of the item if possible, along with your asking price (make sure to mention the best way to contact you). The cost is free. Send your article to:

kaleidoscopenewsletter01@gmail.com

Services



FOR SALE

Been thinking about a longarm? I have an Amara 20 on a 10' frame with Prostitcher. It has tons of extras. I quilted about 4 or 5 quilts and I just don't love doing the quilting. I love doing the piecing. So, the machine is almost new. It's about 4 yrs old and has been well taken care of. It comes with so many extras, like secret drawers, red snappers, magnets, etc. Too many to list. Machine is in Rancho San Diego area and would need to be moved by you. If you are interested, call me at 619-813-6246 or email me at LisaBodrie@gmail.com Cost is \$15,000.00

BLOCK OF THE MONTH

These are 12 1/2" blocks and will finish at 12".

August's block of the month is: [**The Prairie Queen**](#)

CLASSIFIED ADS CONTINUED

FOR SALE

Vintage Singer 301 Sewing Machine

A smooth, Powerful & High Collectible Machine. This machine is a limited production run, 7/25/1951 to commemorate Singer's Centennial Anniversary in 1951 prior to its Grand Introduction in Oct 1952. showcasing the new Black Band Badge

It is a straight stitch sewing machine in good condition, the 301 is an all metal construction, lightweight aluminum body (only 15 lb) and legendary stitch quality.

Features;

Serial number: #NA093703

new slant needle for better visibility

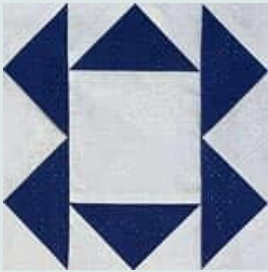
Includes: walking foot, bobbins Newer light, electrical cords and recently serviced. A Harbor Freight duffle is included for carrying purposes.

Price: \$425.00

Location: San Diego, CA

If you have any questions or would like to see it in person call or text - Sue Grant 703-906-5792





Did you know?

They call them "featherweight" sewing machines because they weigh only about 11 pounds (5 kg), which was remarkably light compared to the heavy 30-to-40-pound cast-iron and steel sewing machines standard in the 1930s.



**Creative clutter is more blessed
than tidy idleness.**

FOR YOUR INFORMATION

The Following places offer Classes

Check out their Website

[Sew Hut](#)

[Cozy Creative Center](#)

[Paradise Sewing](#)

[Quilt In A Day](#)

[My Quilters Cottage](#)

[Grand Central Quilt n Stitch](#)

[El Cajon Sew & Vac](#)

[The Creative Coop](#)

[Between Stitches](#)

[Sew Treasured Quilt Shop](#)

[Sewing Machines Plus](#)

[Material Happiness](#)

[Visions Museum of Textile and Art](#)

[Sew Bestie](#)

[Cooper's Fabrics](#)



If you have any questions or comments regarding the content of the newsletter or would like to submit an article or classified ad, please contact me at

kaleidoscopenewsletter01@gmail.com



Local Quilting Supply Shops

Rosie's Calico Cupboard

7151 El Cajon Blvd.
San Diego, CA 92115
619-697-5758

Grand Central Quilt n Stitch

100 N. Rancho Sante Fe Rd, Suite 118
San Marcos, CA 92069
760-295-0446

Sew Bestie

3355 Mission Ave, #232
Oceanside, CA 92058
478-288-8667

Sew Hut

7672 Clairemont Mesa Blvd.
San Diego, CA 92111
858-273-1377

Inspirations Quilt Shop

27350 Valley Center Rd., Ste B
Valley Center, CA 92082
760-751-9400

Quilter's Cottage

131 E. Fig St., Ste. #6
Fallbrook, CA 92028
760-723-3060

Cozy Creative Center

756 Jamacha Rd.
El Cajon, CA 92019
619-670-0652

Quilter's Paradise

304 Enterprise St, Ste. E
Escondido, CA 92029
760-738-9677

Mosaïque Quilts and Crafts

222 E. Broadway
Vista, CA 92084
760-842-4884

Paradise Sewing

13242 Poway Rd.
Poway, CA 92064
858-679-9808

El Cajon Sew & Vac

1077 Broadway
El Cajon, CA 92021
619-442-2585

Fringe Fabrics

3457 El Cajon Blvd
San Diego, CA 92104
619-230-5442

My Happy Place

2405 Main St. #4
Ramona, CA 92065
760-654-3060

Sewing Machines Plus

713 Center Dr.
San Marcos, CA 92069
760-739-8222

Material Happiness

3545 Midway Dr., Ste P
San Diego, CA 92110
619-289-7802

Quilt In A Day

1955 Diamond St.
San Marcos, CA 92078
760-591-0929

Sew Bestie

3670 Claremont Dr. #2
San Diego, CA 92117
478-288-8667

La Mesa Sew & Vac

5346 Jackson Drive
La Mesa, CA 91942
619-698-2972

Quilt 'In With Soul Fabrics

619-618-8618

Cooper's Fabrics

2980 N Park Way
San Diego, CA 92104
619-292-8303

Miscellaneous Links

Free Patterns

[Free Quilt Patterns From Carol Doak](#)

[Free Two Color Quilt Patterns – Top Picks](#)

[Free Solid Quilt Patterns – Top Picks](#)

[Top 10 Free Robert Kaufman Quilt Patterns](#)

[Top 7 Free 3-Yard Quilt Patterns](#)

[Top 15 Free Easy Quilting Patterns for Beginners](#)

[Robert Kaufman](#)

[Moda](#)

[Riley Blake](#)

[Nuts and Bolts](#)

[Sew Can She Free Quilt Patterns](#)

Layer Cakes

[Top 16 Free Easy Layer Cake Quilt Patterns](#)

[30 Totally Free Layer Cake Quilt Patterns for Beginners](#)

[Free Layer Cake Quilt Pattern: Oh Susannah](#)

Jelly Roll

[30+ Jelly Roll Quilt Patterns that use 2 1/2" fabric strips: All Free!](#)

[30 Free Jelly Roll Quilt Patterns - Hailey Stitches](#)

[Jelly Roll Quilt Patterns Free - Fat Quarter Shop](#)

Scrappy

[How to Make a Quilt Using Fabric Scraps – Quilt-As-You-Go Method](#)

Binding

[How to Join Binding Ends with No Overlap or Bulk—Video](#)

Sewing Machine

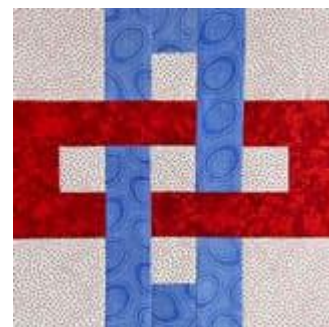
[The Surprising Genius of Sewing Machinees - Video](#)

Paper Piecing

[41+ Modern And Free Paper Piecing Patterns To Quilt Today](#)

[20 Free Paper Piecing Patterns \(EPP and FPP Patterns\)](#)

[Free Paper Piecing Patterns to download ~ 115+ designs, multiple sizes](#)



Miscellaneous Links (cont'd)

Stars

[35 Dreamy Star Quilt Patterns: All Free!](#)

[Top 7 Free Two Color Quilt Patterns](#)

[40 Free Star Quilt Patterns to Put Stars in Their Eyes!](#)

[45 Free Star Quilt Patterns](#)

Cutting

[12 Ways to Cut up Fat Quarters for Quilting](#)

Fat Quarters

[Top 19 Free Fat Quarter Quilt Patterns](#)

[Three Fast and FREE Fat Quarter Quilts You Can Make in a Weekend](#)

Fat Eighth

[Free Fat Eighth-Friendly Quilt Patterns](#)

Fat Quarters

[The Ultimate Fat Quarter Project Guide: 40+ Free Sewing Patterns](#)

Quilting Calculator

[Robert Kaufman Quilting Calculator App](#)

Squares

[Be There or Be Square: 20 Easy Quilt Patterns Using Squares - All Free!](#)

[Charmed, I'm Sure: A Free Quilt Pattern Bursting with Summer Charm](#)

Blocks

[Basket Weave Quilt Block Free Tutorial: Traditional Design in Two Sizes](#)

[260+ Free Quilt Block Patterns in Multiple Sizes](#)

[Marcia Hohn's Quilter's Cache! \(all I can say is WOW...lots of blocks and more\)](#)

[Twenty Free Quilt Block Patterns You Will Love!](#)

3 Yard Quilts

[3 Yard Magic – Simplified! 30 FREE Quilt Patterns](#)

Block of the Month

[BOMQuilts.com](#)

Bags

[Free Bag Patterns](#)



MORE FUN WITH AI

What is an art quilt?

Response:

An art quilt is an original creative work made for visual or personal expression rather than for practical bedding. According to organizations like Studio Art Quilt Associates (SAQA), it is defined as a layered and stitched structure—or a work that references that structure—using fiber and mixed media to communicate a concept or idea.

Key Characteristics

Original Design: Created from an artist's personal vision, sketch, or inspiration rather than a repeating commercial pattern.

Mixed Media: Incorporates diverse materials beyond standard cotton, such as silk, metal, paper, or found objects.

Advanced Techniques: Uses innovative methods like thread painting, raw-edge applique, fabric dyeing, and photo-transfer.

Display Format: Intended to hang on a wall or stand as a gallery piece rather than to be used on a bed.

Traditional Quilts: Focus on functional warmth, repeating geometric blocks, and inherited or standard patterns.

Art Quilts: Focus on aesthetic impact, storytelling, abstract expression, and breaking structural rules