

Kaleidoscope Quilt Guild
Founded 1987
www.kaleidoscopequiltguild.com

April 2026
Volume 39, Issue 4



Kaleidoscopic Voices

President's Message



Happy Easter! I am enjoying the cooler weather. I've been working on my first One Block Wonder and it has been fun! Thank you Ginger Calderon for your guidance.

I forgot to thank at the meeting Kathryn Diamond and Ginger Calderon for taking the opportunity quilt to Chula Vista Guild. Melanie Ellsworth has stepped up to manage our opportunity quilt. Yvette Maynard also has offered to help. Thank you both!! Looking forward to our program on how to photograph your quilt. Hope to see you at the meeting

**Meetings are held
on the third
Wednesday of
every month at
1:00 p.m. at Lemon
Grove Masonic
Lodge, 2590 Main
Street, Lemon
Grove, CA 91945**

**Doors open at
12:30 p.m.**

**(We meet on the
2nd Wednesday in
December)**

POINTS OF CONTACT

President
Peggy Couvrette
peggycouvrette@cox.net

1st VP/Programs
Anne Sinnott
asinnot@gmail.com

2nd VP/Opportunity Quilt
OPEN

Membership
Debbie Sherrell
debsherrell@cox.net

Secretary
Mary Weflen
mweflen@yahoo.com

Treasurer
Diane Hamann
dhweb@sunwatcher.net

Newsletter
James Glunt
kaleidoscopnewsletter01@gmail.com

Boutique
Melanie Ellsworth
ellsworthgma51@gmail.com

**This month our meeting is
at the Lemon Grove
Masonic Lodge. The
meeting will be a
presentation by Trudy
Cleveland on
photographing your quilt.**

**Doors open at 12:30 pm,
meeting starts at 1 pm.**

UPCOMING DATES TO REMEMBER

2026

04/15—Trudy Cleveland—*Shoot Your Quilt*

05/06—Board Meeting on Zoom

05/20—Ginger Calderon—Member Highlight

06/03—Board Meeting on Zoom

06/17—Ann Turley—*Confessions of the Quilt Police*

07/01—Board Meeting on Zoom

07/15—Linda and Carl Sullivan—*My Best Tips and Tricks for Precision Piecing.*

08/05—Board Meeting on Zoom

08/19—Tina Curren—*My Design Process—From Concept to Quilt*

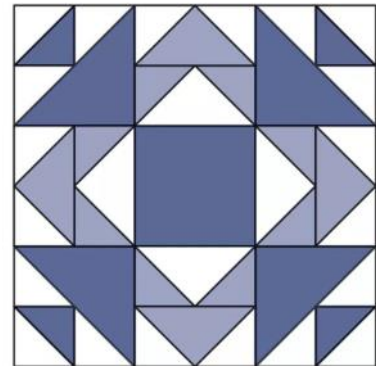
09/02—Board Meeting on Zoom

09/16—Philanthropy Sew-In

10/07—Board Meeting on Zoom

10/21—Wendy Mathson—*Answers to Quilting Questions You Were Afraid to Ask.*

11/04—Board Meeting on Zoom





DID YOU KNOW:

A bolt of fabric is called a "bolt" because the textile is rolled or folded tightly around a cylinder or flat piece of cardboard, resembling the cylindrical shape of a crossbow bolt (an arrow) or a roll of cloth. Dating back to the 15th century, the term originally referred to a bundle of cloth, specifically canvas.



MEMBERSHIP

MEMBERSHIP DUES

Thank you to everyone that paid their 2026 dues at the January, February and March meetings or on Zelle. I appreciate it. We are trying to get the new membership directory published this month so this helps us get all the accurate information in there in a timely fashion. For those that have not yet paid, the amount is \$25. You can make this payment using 1 of 3 options:

Pay at the April meeting

Mail a check to our treasurer, Diane Hamann, or to me, Debbie Sherrell

Pay via Zelle through your bank. The instructions for these payments are in the newsletter in the "From the Treasurer" article.

Just as a reminder, our other requirements for membership are to donate a quilt each year to philanthropy and to sell 30 tickets/\$25 on our opportunity quilt.

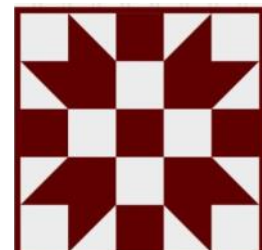
Hope to see you at the meeting.

Debbie Sherrell—Membership

APRIL PROGRAM

Our Speaker this month is Trudy Cleveland. Her program is "Shoot Your Quilt" which covers the topic of photographing your quilt. Using only your smartphone Trudy will discuss how to get professional looking images. She will cover Why you should photograph your quilts, how to photograph them, and how to store and organize your photographs. A trunk show of the quilts featured will follow her power point presentation.

Anne Sinnott—VP Programs



APRIL 2026 PHILANTHROPY

Kaleidoscope Friends

APRIL 2026 PHILANTHROPY



Sixteen quilts were donated to philanthropy at our last meeting! Please give a round of applause for our members who donated: Kathryn Diamond, Leah Estrin, Diane Hamann, & Lola O'Leary. Thank you !!!

As of March, our guild has donated 55 quilts to philanthropy!

For those of you who haven't yet donated a quilt to philanthropy this year, I would like to encourage you to do so. If this seems overwhelming, start with an infant-sized quilt, which is very manageable on your domestic sewing machine. These quilts can be backed with (prewashed) flannel or minky, with no batting between. We also have quilt kits already precut for you to sew.

Keep those sewing machines whirling! See you at the meeting!!!!

Marilyn Carnes (Roseway@cox.net), Marilyn Helkenn, Mary Weflen

MARCH MINUTES

The regular meeting of Kaleidoscope Quilt Guild was called to order on March 18 by President Peggy. Debbie reported that we had three guests and two new members.

Upcoming programs are as follows:

March- Kristi Naranjo - color

April- Trudy Cleveland - Shoot your Quilt

May-Ginger Calderon

June -Ann Turkey- Confessions of the Quilt Police

July-Linda and Carl Sullivan

August- Smart Design process



There are no guest fees for July.

2026 Challenge- Ruth Jones- don't touch the quilts signs for the quilt show about 51/2 by 81/2 inches each,

By Laws committee— Mary Weflen, Debbie Sherrill, Marilyn Carnes, Kathy Smith. If you find any necessary changes, please contact Marilyn Carnes.

Retreat-August 27-30. Double \$640. payments \$100 a month and June \$140. Philanthropy— Marilyn Carnes- keep sewing !

Opportunity quilt — still need someone to coordinate showing of the quilt around town.

Hospitality— all is fine

Newsletter— deadline for articles is March 27.

Meet the teachers—April 11 at Peggy's . All are invited.
Leftover quilts from quilt show are for sale on website.

Mary Weflen
Secretary

KRISTIE NARANJO PRESENTATION



KRISTIE NARNJO PRESENTATION



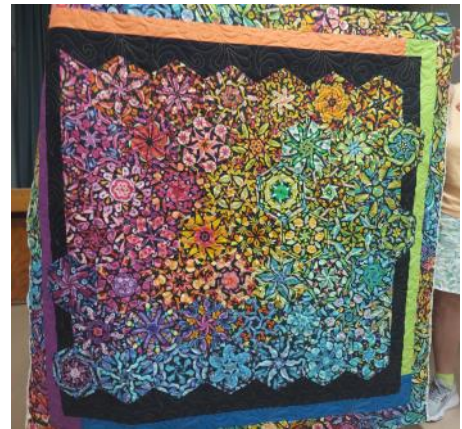
SEW AND TELL



SEW AND TELL



SEW AND TELL



SEW AND TELL



SEW AND TELL



KALEIDOSCOPE QUILT GUILD

TREASURER'S REPORT

MARCH 2026

Balance, March 1, 2026		\$24,850.92
<i>Includes Petty Cash</i>	\$100.00	
<i>Includes Prior Retreat Deposits</i>	\$3,520.00	
<i>Includes Prior Workshop Deposits</i>	\$0.00	
Income		
Memberships	\$350.00	
Guests	\$15.00	
Opportunity Quilt	\$148.00	
Workshops	\$0.00	
Retreat	\$3,600.00	
Boutique	\$205.00	
Donation	\$0.00	
Total Income		\$4,318.00
Expenses		
Check #2333 LGMTA—March Rent	-\$100.00	
Check #2330 P. Couvrette—Zoom Renewal	-\$530.15	
Total Expenses		-\$630.15
Balance, March 31, 2026		\$28,538.77



GUILD FABRIC

Guild Fabric

We have had some large donations of fabric into the guild. Some are large pieces good for backings. We will be bringing it to the meeting. Please bring your bags so you can stock up

REFRESHMENTS FOR THE APRIL MEETING

Snacks:

Ginger Calderon

Judy Whitney

Beverages:

Kathy Bloom

Connie Close

Reminder, If you can't attend and you are scheduled for snacks or drinks please send me an email so I can make sure we have enough for our meeting. We are averaging 40 people at our meetings.

-Kathryn Diamond—Hospitality

golfkatie@cox.net

2026 Guild Challenge

Please Don't Touch the Quilts

Size 5 1/2 x 8 1/2" Largest. Can be smaller

We will use for our quilt shows. You will not get them back.

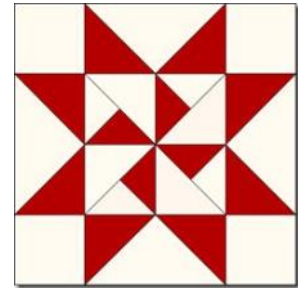
Here are some ideas from other quilt shows



FROM THE TREASURER

The Guild has enabled Zelle payments! If you wish to use Zelle, please remember the following:

- You will need to set up Kaleidoscope Quilt Guild as a recipient.
- Use the email address **KQG1987@gmail.com** to send the payment. If the system does not confirm that the email address you entered belongs to **Kaleidoscope Quilt Guild**, double check and make sure you entered it correctly. **YOU CANNOT GET YOUR MONEY BACK IF YOU SEND IT TO THE WRONG EMAIL ADDRESS.**
- In the Notes section, make sure you enter what the payment is for: Dues, Opportunity Quilt, Retreat, etc.
- The entry on your bank account will be your receipt, although I will try to acknowledge all payments.



-Diane Hamann, Treasurer

Local Quilt Guilds

[San Diego Metro Modern](#)

[San Diego Modern](#)

[Chula Vista](#)

[Sunshine](#)

[Friendship](#)

[Seaside](#)

[Legacy](#)

[Canyon](#)

[Stitching Sisters](#)

[San Diego People of Color](#)

[Julian Women's Club](#)

[Village](#)



[El Camino](#)

[Beach Cities](#)

[Valley of the Mist](#)

[Surfside](#)

[Fallbrook](#)

[North County](#)

[Orange County](#)

[Flying Geese](#)

[Raincross](#)

[Inland Empire Modern](#)

[Coachella Valley](#)

FRIENDSHIP GROUPS

Friendship Groups

I continue to organize development of and sign-ups for quilting circles that we are going to call Friendship Groups for our members. I have 15 names so far and will be collecting additional names of those interested at the meeting.

There are three existing opportunities that continue to be available. They are:

La Mesa Friday Class

La Mesa Adult Enrichment Center

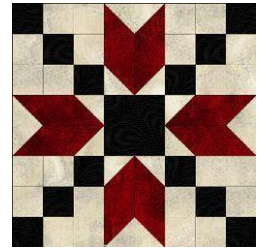
Every Friday from 8:00 a.m. until 12:30 p.m. the cost is \$2 and is held in The Craft Room.

8450 La Mesa Blvd

La Mesa, CA 91942

Contact Patty Smith (guild member) (619) 325-7719

619-667-1322 Office number for Center



Applique Group

Meets the second Saturday of the month at Mount Miquel Convent; 325 Kempton Street Spring Valley. Contact Linda Fox (guild member) at foxyquilter@sbcglobal.net if interested

Wednesday Quilt Class

Every Wednesday 9am to 12pm

Bayview Orthodox Presbyterian Church

505 East Naples Chula Vista

Contact Shirley McGuire at smcguire6@cox.net if interested

Rosie's Calico Cupboard (arranged by James Glunt)

Second Tuesday of each month from 9 AM to 3 PM. Cost \$10 per meeting to cover

expense of Rosie's workshop room. PLEASE RSVP jamesbglunt@gmail.com or 619-335-0714



As additional opportunities arise, I will add them to the list in the newsletter.

Sue Bennorth

Boutique Quilts For Sale.

Check out our Website for full list, www.kaleidoscopequiltguild.com

Quilts are divided in Categories (Separate Files) .

Child, Throw, Runners, Wall-hangings, Bed Quilts. Contact Peggy if you are interested

Throw	#	T28	W	62	H	75	Golden Flowers	Price	75
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Throw	#	T12R	W	44	H	61	The Perfect Garden	Price	50
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Child	#	C13	W	43	H	53	Happy Flowers	Price	60
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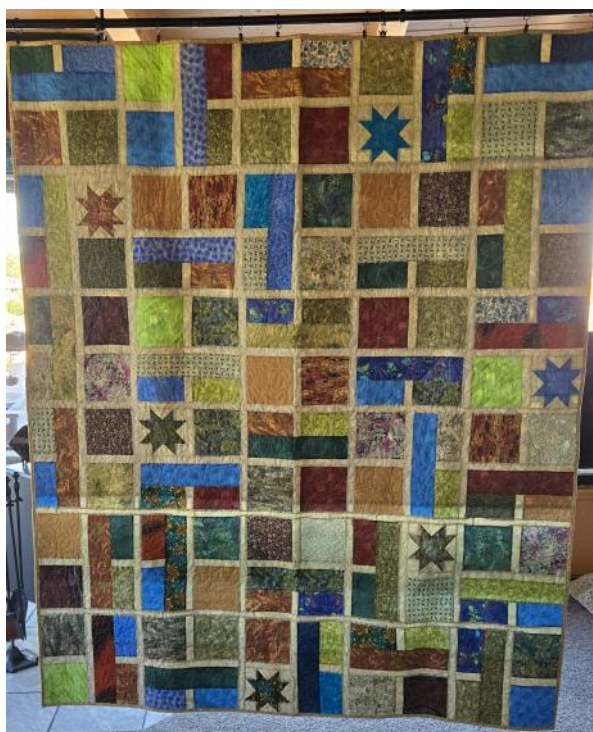
Child	#	CO4R	W	59	H	69	Crazy Nine Patch	Price	65
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Wall Hanging	#	Wo8	W	35	H	65	Monthly Snow Man	Price	60
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Bed Twin	#	B21	W	68	H	81	Fall Stars	PRICE	100
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CLASSIFIED ADS

Are you looking to part with something sewing related? Perhaps you know of someone who is. If you would like to have something posted here you can send your article to me and a picture of the item if possible, along with your asking price (make sure to mention the best way to contact you). The cost is free. Send your article to:

kaleidoscopenewsletter01@gmail.com

Services



Looking For...

Looking for unused Hoffman Big Dream Fabric Panels. If you have a panel that you are not going to stitch I would like to talk to you about buying it.

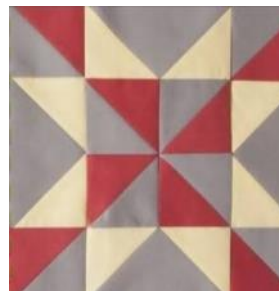
Contact Kathryn Diamond

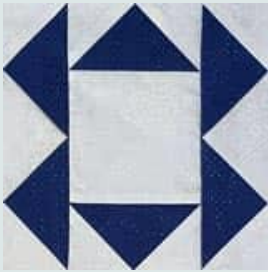


BLOCK OF THE MONTH

These are 12 1/2" blocks and will finish at 12".

April's block of the month is: [Star Puzzle](#)





Did you know?

The oldest quilt patterns are generally considered to be Crazy Quilts, featuring unstructured, eclectic patchwork, and simple geometric designs like the Four Patch, Nine Patch, and Log Cabin, which allowed early settlers to use small scraps for warmth. Other antique designs, dating back to the 18th and early 19th centuries, include the Rose of Sharon, Star of Bethlehem, and Mariner's Compass.



**"One yard of fabric, like one cupcake,
is never enough!".**

April Birthdays

Mary Weflen	4/7
Karen Brixner	4/23
Connie Close	4/25
Nancy O'Connell	4/28

FOR YOUR INFORMATION

The Following places offer Classes

Check out their Website

[Sew Hut](#)

[Cozy Creative Center](#)

[Paradise Sewing](#)

[Quilt In A Day](#)

[My Quilters Cottage](#)

[Grand Central Quilt n Stitch](#)

[El Cajon Sew & Vac](#)

[The Creative Coop](#)

[Between Stitches](#)

[Sew Treasured Quilt Shop](#)

[Sewing Machines Plus](#)

[Material Happiness](#)

If you have any questions or comments regarding the content of the newsletter or would like to submit an article or classified ad, please contact me at

kaleidoscopenewsletter01@gmail.com



Local Quilting Supply Shops

Rosie's Calico Cupboard

7151 El Cajon Blvd.
San Diego, CA 92115
619-697-5758

Sew Hut

7672 Clairemont Mesa Blvd.
San Diego, CA 92111
858-273-1377

Cozy Creative Center

756 Jamacha Rd.
El Cajon, CA 92019
619-670-0652

Paradise Sewing

13242 Poway Rd.
Poway, CA 92064
858-679-9808

My Happy Place

2405 Main St. #4
Ramona, CA 92065
760-654-3060

Quilt In A Day

1955 Diamond St.
San Marcos, CA 92078
760-591-0929

Quilt 'In With Soul Fabrics

619-618-8618

Grand Central Quilt n Stitch

100 N. Rancho Sante Fe Rd, Suite 118
San Marcos, CA 92069
760-295-0446

Inspirations Quilt Shop

27350 Valley Center Rd., Ste B
Valley Center, CA 92082
760-751-9400

Quilter's Paradise

304 Enterprise St, Ste. E
Escondido, CA 92029
760-738-9677

El Cajon Sew & Vac

1077 Broadway
El Cajon, CA 92021
619-442-2585

Sewing Machines Plus

713 Center Dr.
San Marcos, CA 92069
760-739-8222

Sew Bestie

3670 Claremont Dr. #2
San Diego, CA 92117
478-288-8667

Sew Bestie

3355 Mission Ave, #232
Oceanside, CA 92058
478-288-8667

Quilter's Cottage

131 E. Fig St., Ste. #6
Fallbrook, CA 92028
760-723-3060

Mosaïque Quilts and Crafts

222 E. Broadway
Vista, CA 92084
760-842-4884

Fringe Fabrics

3457 El Cajon Blvd
San Diego, CA 92104
619-230-5442

Material Happiness

2244 Logan Ave.
San Diego, CA 92113
619-289-7802

La Mesa Sew & Vac

5346 Jackson Drive
La Mesa, CA 91942
619-698-2972

Miscellaneous Links

Free Patterns

[Free Quilt Patterns From Carol Doak](#)

[Free Two Color Quilt Patterns – Top Picks](#)

[Free Solid Quilt Patterns – Top Picks](#)

[Top 10 Free Robert Kaufman Quilt Patterns](#)

[Top 7 Free 3-Yard Quilt Patterns](#)

[Top 15 Free Easy Quilting Patterns for Beginners](#)

[Robert Kaufman](#)

[Moda](#)

[Riley Blake](#)

[Nuts and Bolts](#)

[Sew Can She Free Quilt Patterns](#)

Layer Cakes

[Top 16 Free Easy Layer Cake Quilt Patterns](#)

[30 Totally Free Layer Cake Quilt Patterns for Beginners](#)

[Free Layer Cake Quilt Pattern: Oh Susannah](#)

Jelly Roll

[30+ Jelly Roll Quilt Patterns that use 2 1/2" fabric strips: All Free!](#)

[30 Free Jelly Roll Quilt Patterns - Hailey Stitches](#)

[Jelly Roll Quilt Patterns Free - Fat Quarter Shop](#)

Scrappy

[How to Make a Quilt Using Fabric Scraps – Quilt-As-You-Go Method](#)

Binding

[How to Join Binding Ends with No Overlap or Bulk—Video](#)

Sewing Machine

[The Surprising Genius of Sewing Machinees - Video](#)

Paper Piecing

[41+ Modern And Free Paper Piecing Patterns To Quilt Today](#)

[20 Free Paper Piecing Patterns \(EPP and FPP Patterns\)](#)

[Free Paper Piecing Patterns to download ~ 115+ designs, multiple sizes](#)



Miscellaneous Links (cont'd)

Stars

[35 Dreamy Star Quilt Patterns: All Free!](#)

[Top 7 Free Two Color Quilt Patterns](#)

[40 Free Star Quilt Patterns to Put Stars in Their Eyes!](#)

[45 Free Star Quilt Patterns](#)



Cutting

[12 Ways to Cut up Fat Quarters for Quilting](#)

Fat Quarters

[Top 19 Free Fat Quarter Quilt Patterns](#)

[Three Fast and FREE Fat Quarter Quilts You Can Make in a Weekend](#)

Fat Eighth

[Free Fat Eighth-Friendly Quilt Patterns](#)

Fat Quarters

[The Ultimate Fat Quarter Project Guide: 40+ Free Sewing Patterns](#)

Quilting Calculator

[Robert Kaufman Quilting Calculator App](#)

Squares

[Be There or Be Square: 20 Easy Quilt Patterns Using Squares - All Free!](#)

[Charmed, I'm Sure: A Free Quilt Pattern Bursting with Summer Charm](#)

Blocks

[Basket Weave Quilt Block Free Tutorial: Traditional Design in Two Sizes](#)

[260+ Free Quilt Block Patterns in Multiple Sizes](#)

[Marcia Hohn's Quilter's Cache! \(all I can say is WOW...lots of blocks and more\)](#)

[Twenty Free Quilt Block Patterns You Will Love!](#)

3 Yard Quilts

[3 Yard Magic – Simplified! 30 FREE Quilt Patterns](#)

Block of the Month

[BOMQuilts.com](#)

Bags

[Free Bag Patterns](#)



More links coming soon!

MORE FUN WITH AI

Prompt: Why do people make quilts? (What is your reason?)

Response:

People quilt for a variety of reasons, primarily as a therapeutic, creative outlet that offers stress relief, mental calm, and a sense of accomplishment. It is a way to create functional art, preserve memories, and honor traditions while fostering community and connection through crafting

Key reasons people quilt include:

Mental Health and Relaxation: The repetitive motions of sewing are meditative, lowering cortisol (stress hormone) levels and reducing blood pressure.

Creative Expression: It offers a satisfying way to play with colors, patterns, and fabrics to create beautiful, unique, and functional art.

Accomplishment and Skill Building: Finishing a complex project provides a strong sense of achievement and self-worth

.Connection and Tradition: Quilting is often used to make meaningful gifts for family or friends, creating a lasting legacy of love and warmth.

Community: Joining guilds, taking classes, or participating in retreats provides a social network and a way to share techniques with others.

Productivity and Focus: It serves as a productive hobby that enables individuals to use their time purposefully while enjoying the process.



WOMAN'S CLUB OF LAKESIDE QUILT SHOW



WOMAN'S CLUB OF LAKESIDE QUILT SHOW



WOMAN'S CLUB OF LAKESIDE QUILT SHOW



WOMAN'S CLUB OF LAKESIDE QUILT SHOW



WOMAN'S CLUB OF LAKESIDE QUILT SHOW

