

# ADVENT CALENDAR 2020

## **First Week of Advent**

### **NOVEMBER 28th**

Take this time when we're at the beginning of Advent to thank God for our many blessings. Write down what we are grateful for and reflect on them. Pray one Our Father.

### **NOVEMBER 29th**

Sirach 18: 15 -19

### **NOVEMBER 30th**

Jesus, reveal your wisdom to me, I pray. Guide my steps and help me to see that sharing hope with others can be as simple as a friendly smile or kind word. Give me the courage to give that smile or word today. Amen.

### **DECEMBER 1st**

Invoke your guardian angels who will enlighten you and guide you. God has given them to you for your protection. Therefore, you should use them accordingly. St. Pius of Pietrelcina

### **DECEMBER 2nd**

Re-assess your Christmas family gift giving and explore donating to a charity that supports those in need.

### **DECEMBER 3rd**

Sirach 19: 6 - 17

### **DECEMBER 4th**

Remember the past with gratitude, live the present with enthusiasm, look forward to the future with confidence.

St. John Paul II

## **Second Week of Advent**

### **DECEMBER 5th**

Father Arun is available for the Sacrament of Reconciliation on Saturdays 4:30 - 5:00 pm or by appointment. Jesus, our Divine Physician, is ready to meet you there.

### **DECEMBER 6th**

Try to not speak a negative word or complaint; be positive and watch the effects.

### **DECEMBER 7th**

Jesus, I sin, and I'm sorry. Let me have the courage and grace to truly admit that and to make it better. Amen

### **DECEMBER 8th**

Romans 10:10

### **DECEMBER 9th**

Keep your heart in peace and let nothing trouble you, even your faults. You must humble yourself and amend them peacefully, without being discouraged or cast down, for God's dwelling is in peace. St. Margaret Mary Alacoque

### **DECEMBER 10th**

Isaiah 9: 2 -7

### **DECEMBER 11th**

Reach out to a friend who might be vulnerable in this time of uncertainty and despair. Listen to them and encourage them.

## **Third Week of Advent**

### **DECEMBER 12th**

Make a donation of non-perishable food for the Food Bank at the collection boxes in either IGA or Independent or bring a cash donation to Mass this weekend for the Leduc Food Bank.

### **DECEMBER 13th**

Make a donation of non-perishable food for the Food Bank at the collection boxes in either IGA or Independent or bring a cash donation to Mass this weekend for the Leduc Food Bank.

### **DECEMBER 14th**

Pray the Rosary, slowly, reflecting on the words and the Joyful Mysteries.

### **DECEMBER 15th**

When you see the storm coming, if you seek safety in that firm refuge which is Mary, there will be no danger of your wavering or going down. St. Josemaria Escriva

### **DECEMBER 16th**

John 1: 1-5

### **DECEMBER 17th**

The holy Rosary is a powerful weapon. Use it with confidence and you'll be amazed at the results.

St Josemaria Escriva

### **DECEMBER 18th**

Go for a short walk and thank God for his amazing Creation.

## **Fourth Week of Advent**

### **DECEMBER 19th**

What is peace, exactly? Is it silence? Is it smiles? Is it sleep? Peace is not merely the absence of war or the lack of conflict among individuals. We gain peace by honouring the dignity of each person. Peace in our hearts grows as we work for a closer relationship with each other and with the Lord. We can also find peace in the Sacrament of Reconciliation.

### **DECEMBER 20th**

Write down a friend's qualities and give it to them.

### **DECEMBER 21st**

When you see the storm coming, if you seek safety in that firm refuge which is Mary, there will be no danger of your wavering or going down. St. Josemaria Escriva

### **DECEMBER 22nd**

Jesus, I'm so glad Christmas is coming, but I don't always understand why this time of joyful preparation has to have sadness in it. Help me to remain caring for those who need me and open to your small nudges, inviting me to pray and act according to your ways. Amen.

### **DECEMBER 23rd**

Advent increases our hope, a hope that does not disappointment. The Lord never lets us down. Pope Francis

### **DECEMBER 24th**

Attend Mass and show your appreciation by thanking Fr. Arun for his spiritual guidance.

### **DECEMBER 25th**

**Do not be afraid; for see - I am bringing you good news of great joy for all the people: to you is born this day in the city of David a Saviour, who is the Christ, the Lord.**

**Luke 2: 10**