

# MARCH 5, 2023 SECOND SUNDAY OF LENT



## Tri - Parish Contact Information

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Pastor: **Rev. Luan Vu**  
Pastor's E-mail: Luan.Vu@caedm.ca  
Assistant: Roger Barba

Office Hours: Mon - Wed & Fri. 9:00 AM - 3:00 PM (**Thursday - CLOSED**)

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**PPC Chair:** Guy Giroux 780.940.2751  
**Finance Chair:** Mary Jablonski 780-789-2363  
**Liturgy:** Rosemarie Zurek 780-789-3622

**PPC Chair:** Deona Johnson 587-990-0524  
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**Liturgy:** Connie Schumacher 780-458-6487

**PPC Chair:** Barbara Abel 780-985-3655  
**Finance Chair:** Cheryl Hancar 780-980-3046  
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## CWL FOOD BANK DRIVE - February 25, 2023 to April 2, 2023



### Some of the items that the Food Bank is in great need are:

Hamburger Helper	Chili	Rice or Pasta side-kicks
Mayo small jars	Stews	Instant potatoes
Cooking Oil	Chunky soups	Small jars of Jam
Canned Meats	Cake mixes	Assorted veggie cans

“Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.”

Hebrews 13:15

### Mass this Tuesday March 7, 2023 at 6:30 pm - St. Maria Goretti - Devon

You are welcome to join us this Tuesday at 6:30 pm for mass. CWL Meeting to follow.

### Cemetery Contacts:

**Our Lady of Victory - Thorsby:** Mark Bendoritis - 780.985.3779  
**St Francis:** Ed Naprawa - 780.789.2195 and/or George Cygan 780 918 3412  
**St Charles - Warburg:** Jack Penner - 780.848.2293  
**Holy Trinity - Nisku:** Ron Chamulka 780.955.8031  
**St. Margaret Mary - Calmar:** Barb Abel 780-985-3655 and/or Cheryl Hancar 780-980-3046

## Second Sunday of Lent – March 5, 2023

*1st Reading: Genesis 12, 1-4*

*2<sup>nd</sup> Reading: 2 Timothy 1, 8b-10*

*Gospel: Matthew 17, 1-9*

### Continuing the Mission

Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him. Matthew 17:1-3

This was not the first time that the Son of God spoke to Moses and Elijah on a high mountain. Recall that Moses was called up to Mount Sinai (also called Horeb) to be with the Lord for forty days and forty nights, during which time the finger of God inscribed the Law on tablets, given to Moses to give to the people. During that time, the Israelites, from the base of the mountain, saw the summit consumed in fire. Similarly, Elijah, the great prophet, was called up that same mountain to encounter the Lord. He entered a cave and waited. Elijah then encountered a strong and violent wind, an earthquake and a fire. But God was not in any of them. Then Elijah heard a light quiet sound, a whisper, and he hid his face out of reverence as the Lord spoke to him.

In the experience of the Transfiguration, which we ponder today, the Son of God, now in the flesh, allowed His glory to once again shine forth. As He did, He conversed with Moses and Elijah in the presence of three of His disciples. These disciples were in awe, just as Moses and Elijah had been during their first encounters with God on Mount Sinai. These two great Old Testament figures now stand as witnesses of God's unfolding plan, revealing by their presence that Jesus is the fulfillment of all they had been entrusted to teach in their lifetime.

Moses' encounter with God on the mountain provided the foundation of the Law for the people of Israel. This Law guided them for centuries and ultimately came to fulfillment in Jesus, Who transformed the Law and elevated it to a new level by grace and mercy. Elijah's encounter with God on the mountain gave him direction to anoint kings to lead the people and to anoint Elisha as the prophet to succeed him. Elijah and Elisha continually preached to the people, calling them back to fidelity to the covenant God had made with them.

On the Mount of the Transfiguration, Jesus prepared three new disciples to continue the mission He began through Moses and continued through Elijah. Jesus gave these disciples the New Law of grace and mercy that He came to institute. The disciples were also entrusted with the prophetic mission of Elijah to call people to repentance and to fidelity to the covenant.

Today, our Lord calls all of his faithful servants up a spiritual mountain with Him so as to entrust to them the ongoing mission given to these great servants of old. Through prayer, God will manifest His divine presence to each of us if we are willing to make that journey. As He does, He will entrust to us His New Law and inscribe it on our hearts. He will command us to embrace the perfection of the love of God and the bestowal of mercy on others. He will entrust us with the prophetic mission of calling others back to God and will empower us to fulfill that mission in accord with His perfect will.

Reflect, today, upon this glorious scene of the Transfiguration. This image teaches us about the entire plan of God throughout time. Prayerfully ponder the idea that Jesus is inviting you to make the arduous journey up the mountain of prayer, self-discipline, virtue and holiness. Pray that your eyes will be open to see His glory and that this experience will inspire you and strengthen you to continue to fulfill the mission of God started long ago, until it comes to completion when He returns at the end of time.

My Transfigured Lord, You spoke Your divine will to the great leaders of old on a high mountain. You also entrusted Your mission to the disciples on a holy mountain. Please give me the grace and determination I also need to journey with You up the mountain of prayer so that I will be entrusted with the mission You give to me. Jesus, I trust in You. (mycatholiclife.com)

## MASS INTENTIONS

When a priest celebrates Mass every day, he offers each celebration of the Eucharist for a particular person or intention.  
By doing so, he applies special graces from God upon that person or intention.  
To request a Mass intention, please visit or call the parish office.

### Mass Intentions for the month of March 2023

Date		Intention	Parish
1	Wed	<b>Audrey Polin - Health - Speedy Recovery</b>	<b>SMG</b>
2	Thu	<b>Repose of the soul of Joe &amp; Laura Savoie</b>	<b>SMG</b>
3	Fri	<b>Audrey Polin - Health - Speedy Recovery</b>	<b>SMG</b>
4	Sat	<b>Rhodes &amp; Hills Family members, Living &amp; Deceased</b>	<b>SMG</b>
5	Sun	<b>Audrey Polin - Health - Speedy Recovery</b>	<b>SMG</b>
6	Mon	<b>Audrey Polin - Health - Speedy Recovery</b>	<b>SMG</b>
7	Tue	<b>Repose of the Soul of Vicki Properzi</b>	<b>SMG</b>
8	Wed	<b>Guidance for Doctors. doing operation on Alan Moisan's legs</b>	<b>SMG</b>
9	Thu	<b>Pat March - Personal Intentions</b>	<b>SMG</b>
10	Fri	<b>Repose of the Soul of Joseph Breau - R.I.P.</b>	<b>SMG</b>
11	Sat	<b>Tammy Aguiar - Personal Intentions</b>	<b>SMG</b>
12	Sun	<b>Thanksgiving for the Birthday of Judy Briscoe</b>	<b>SMG</b>
13	Mon	<b>Repose of the soul of Leo Roth</b>	<b>SMG</b>
14	Tue	<b>Tammy Aguiar - Personal Intentions</b>	<b>SMG</b>
15	Wed	<b>Tammy Aguiar - Personal Intentions</b>	<b>SMG</b>
16	Thu	<b>Pat March - Personal Intentions</b>	<b>SMG</b>
17	Fri	<b>Tammy Aguiar - Personal Intentions</b>	<b>SMG</b>
18	Sat	<b>Hug &amp; Donovan Family members. Living &amp; Deceased</b>	<b>SMG</b>
19	Sun	<b>Schumacher Family Intentions</b>	<b>SMG</b>
20	Mon	<b>Repose of the soul of Leo Roth</b>	<b>SMG</b>
21	Tue	<b>Repose of the soul of Leo Roth</b>	<b>SMG</b>
22	Wed	<b>Repose of the Soul of Ray Baron</b>	<b>SMG</b>
23	Thu	<b>Pat March - Personal Intentions</b>	<b>SMG</b>
24	Fri	<b>Thanksgiving for the 100th Birthday of Frances Sargent</b>	<b>SMG</b>
25	Sat	<b>Repose of the Soul of Harold Fell . RI.P.</b>	<b>SMG</b>
26	Sun	<b>Repose of the Souls of Gerald and Margaret Bruin</b>	<b>SMG</b>
27	Mon	<b>Repose of the Soul of Robert Brochu</b>	<b>SMG</b>
28	Tue	<b>For Improved health of Deacon Pat Murphy</b>	<b>SMG</b>
29	Wed	<b>Thanksgiving for the Birthday of Jennifer Kodra</b>	<b>SMG</b>
30	Thu	<b>Pat March - Personal Intentions</b>	<b>SMG</b>
31	Fri	<b>Thanksgiving for the 78th Birthday of Mapy Rosales</b>	<b>SMG</b>

Mass Intentions for the month of March 2023

Date		Intention	Parish
5	Sun	<b>Bauer Family - for the healing of the Body and Soul</b>	<b>SMM</b>
7	Tue	<b>Repose of the Soul of Cheryl Loose R.I.P.</b>	<b>SMM</b>
8	Wed	<b>Repose of the Soul of Cheryl Loose R.I.P.</b>	<b>OLV</b>
9	Thu	<b>Bauer Family - for the healing of the Body and Soul</b>	<b>SMM</b>
12	Sun	<b>Bauer Family - for the healing of the Body and Soul</b>	<b>SMM</b>
14	Tue	<b>Bauer Family - for the healing of the Body and Soul</b>	<b>SMM</b>
19	Sun	<b>Repose of the Soul of Rita Bauer R.I.P.</b>	<b>SMM</b>
21	Tue	<b>Bauer Family - for the healing of the Body and Soul</b>	<b>SMM</b>
26	Sun	<b>Bauer Family - for the healing of the Body and Soul</b>	<b>SMM</b>
28	Tue	<b>Bauer Family - for the healing of the Body and Soul</b>	<b>SMM</b>

**PPC and Liturgy meeting at St. Maria Goretti Parish - Thursday March 9**

In order to prepare for Easter, Fr. Luan will conduct a joint Parish Pastoral Council and Liturgy Committee meeting on Thursday March 9, 2023 at 7:00 pm. At St. Maria Goretti Parish - Devon.

# ISAIAH FAST

"This is the kind of fasting I want."  
~GOD  
ISAIAH 1:58:1-14

## TEN CHALLENGES IN 10 DAYS

We're excited for you to join us on this ten day challenge. The Isaiah fast is meant to be a fast of heart and hands and not of want. Below is a guide taken from Isaiah chapter 58 in which each day of the fast has suggestions for how to accomplish the Isaiah 58 challenge. Doing this with heart motivation takes planning. We encourage you to take some time and plan out your fast.

<p><b>1 Right an injustice.</b> 3.25 Isaiah 58:6a SOME WAYS YOU COULD DO THIS ARE: - stand up for someone who is being bullied. - Help the cause of someone who is unjustly treated. - Note an injustice you have done to someone else and take a step to rectifying it.</p> <p style="text-align: center; border: 1px solid black; border-radius: 15px; padding: 5px;">Write your plan for this challenge here.</p>	<p><b>2 Lighten the BURDEN</b> 3.26 of someone under your responsibility. Isaiah 58:6b SOME WAYS YOU COULD DO THIS ARE: - offer assistance to an overworked co-worker. - do a job for someone that they normally do for you. - bless those you work with. - do family members chores.</p> <p style="text-align: center; border: 1px solid black; border-radius: 15px; padding: 5px;">Write your plan for this challenge here.</p>	<p><b>3 REMOVE a chain that binds.</b> 3.27 Isaiah 58:6c SOME WAYS YOU COULD DO THIS ARE: - ask/give forgiveness. - house cleansing (remove items from home or life that have become idols). - forgive a wrong you've been holding on to.</p> <p style="text-align: center; border: 1px solid black; border-radius: 15px; padding: 5px;">Write your plan for this challenge here.</p>	<p><b>4 SHARE food w/the hungry.</b> 3.28 Isaiah 58:7a SOME WAYS YOU COULD DO THIS ARE: - skip a meal and give a meal - give a restaurant giftcard to someone who's homeless - serve at the Alley's community meal - invite someone to dinner who could use a good meal.</p> <p style="text-align: center; border: 1px solid black; border-radius: 15px; padding: 5px;">Write your plan for this challenge here.</p>	<p><b>5 Give SHELTER to the homeless.</b> 3.29 Isaiah 58:7b SOME WAYS YOU COULD DO THIS ARE: - donate to a shelter. - spend time in prayer for the homeless. - have your own survival kit making event. Email us at <a href="mailto:info@theAlley.org">info@theAlley.org</a> if you want to also help hand them out.</p> <p style="text-align: center; border: 1px solid black; border-radius: 15px; padding: 5px;">Write your plan for this challenge here.</p>
<p><b>6 Share CLOTHES with those in need.</b> 3.30 Isaiah 58:7c SOME WAYS YOU COULD DO THIS ARE: - clean out closet and give clothes away. - use this month's clothing budget on someone else. - Anonymously gift some needed clothing to someone who you know needs them.</p>	<p><b>7 DO NOT hide from family in need.</b> 3.31 Isaiah 58:7d SOME WAYS YOU COULD DO THIS ARE: - call a family member you have been neglecting. - let your family know you are willing to help where needed. - do something for a family member that they haven't been able to do on their own.</p>	<p><b>8 DELIGHT in the Sabbath Day!</b> 4.01 Isaiah 58:13 SOME WAYS YOU COULD DO THIS ARE: - turn off ALL screens. - learn about the Sabbath. - join the church for a Communion meal today! - plan family worship time. - set aside some special prayer time.</p>	<p><b>9 HELP someone who's in trouble.</b> 4.02 Isaiah 58:10 SOME WAYS YOU COULD DO THIS ARE: - watch kids at the Shelter. - love on pregnant women at New Life Family Services. - help the one in your life who can't help themselves.</p> <p style="text-align: center; border: 1px solid black; border-radius: 15px; padding: 5px;">Write your plan for this challenge here.</p>	<p><b>10 STOP a rumor.</b> 4.03 Isaiah 58:9 SOME WAYS YOU COULD DO THIS ARE: - step away when you hear it - evaluate where you are spreading one and stop it - commit to no negative comments or criticisms for the entire day.</p>

**Sick? Shut-in?**

Would you like to receive communion? Please call the office at 780-987-2858 to arrange communion, and/or to be put on our prayer list.