2024 Session 1 July 1st - July 12th

	Nadia	Vada	Amy	Michael	Laura
9:00 AM					
9:05 AM					
9:10 AM				Swimmer 2	Swimmer 1
9:15 AM	Swimmer 5	Swimmer 3 9:00 - 9:45		9:00 - 9:30	9:00 - 9:30
9:20 AM	9:00 - 9:45				
9:25 AM			Swim Patrol		
9:30 AM			9:00 - 10:00		
9:35 AM					
9:40 AM				Preschool 9:35 - 10:05	Swimmer 4
9:45 AM					
9:50 AM					
9:55 AM					9:35 - 10:20
10:00 AM	Swimmer 1	Swimmer 2			
10:05 AM	9:50 - 10:20	9:50 - 10:20			
10:10 AM				Swimmer 6 10:10 - 10:55	
10:15 AM			Swimmer 1		
10:20 AM			10:05 - 10:35		
10:25 AM		Swimmer 5			Preschool 10:25 - 10:55
10:30 AM					
10:35 AM					
10:40 AM					
10:45 AM	Bronze Star/	10:25 - 11:10			
10:50 AM	Basic First Aid		Swimmer 2		
10:55 AM	10:25 - 11:25		10:40 - 11:10		
11:00 AM					Swimmer 3
11:05 AM					
11:10 AM					
11:15 AM				Swimmer 4 11:00 - 11:45	
11:20 AM					11:00 - 11:45
11:25 AM		Swimmer 1 11:15 - 11:45	Preschool		
11:30 AM			11:15 - 11:45		
11:35 AM					
11:40 AM					
11:45 AM					
11:50 AM					
11:55 AM					

* Private Lessons are available on Monday's, Wednesday's, and Friday's starting at 12pm.

Session 2 July 15th - July 26th

	Nadia	Vada	Amy	Gwyn	Michael
9:00 AM					
9:05 AM					
9:10 AM	Swimmer 1	Preschool	Swimmer 2		
9:15 AM	9:00 - 9:30	9:00 - 9:30	9:00 - 9:30		Swimmer 3
9:20 AM					9:00 - 9:45
9:25 AM				Swim Patrol	
9:30 AM				9:00 - 10:00	
9:35 AM					
9:40 AM					
9:45 AM			Preschool		
9:50 AM		Swimmer 4	9:35 - 10:05		
9:55 AM		9:35 - 10:20			
10:00 AM					Swimmer 2
10:05 AM					9:50 - 10:20
10:10 AM					
10:15 AM	Bronze			Swimmer 1	
10:20 AM	Medallion/			10:05 - 10:35	
10:25 AM	Emergency		Swimmer 6		
10:30 AM	First Aid	Parent & Tot	10:10 - 10:55		
10:35 AM	9:35 - 11:35	Wading Pool			
10:40 AM		10:25 - 10:55			Swimmer 5
10:45 AM		10020 10000			10:25 - 11:10
10:50 AM				Swimmer 2	
10:55 AM	-			10:40 - 11:10	
11:00 AM				10010 11010	
11:05 AM					
11:10 AM					
11:15 AM		Swimmer 3	Swimmer 4		
11:20 AM		11:00 - 11:45	11:00 - 11:45		
11:25 AM		11.00 11.10	11.00 11.10	Preschool	Swimmer 1
11:30 AM				11:15 - 11:45	11:15 - 11:45
11:35 AM				11.15 - 11.45	11:15 - 11:45
11:40 AM					
11:45 AM					
11:50 AM					
11:55 AM					
11.55 AM					

* Private Lessons are available on Monday's, Wednesday's, and Friday's starting at 12pm.

* Note that for the Bronze Medallion and Bronze Cross courses, a final exam outside of the class time is also required.

2024 Session 3 July 29th - August 9th

	Nadia	Vada	Amy	Gwyn	Laura
9:00 AM					
9:05 AM					
9:10 AM				Swimmer 1	Swimmer 2 9:00 - 9:30
9:15 AM	-		Swimmer 3	9:00 - 9:30	
9:20 AM			9:00 - 9:45		
9:25 AM 9:30 AM		Swim Patrol 9:00 - 10:00			
9:35 AM		9:00 - 10:00			
9:40 AM					
9:45 AM					Dueschool
9:50 AM				Swimmer 4	Preschool 9:35 - 10:05
9:55 AM				9:35 - 10:20	9:55 - 10:05
10:00 AM	Bronze Cross/ Standard First Aid		Swimmer 2	9.55 - 10.20	
10:05 AM			9:50 - 10:20		
10:10 AM			7.50 - 10.20		
10:15 AM		Swimmer 1 10:05 - 10:35			
10:20 AM					
10:25 AM	9:00 - 12:00				Swimmer 6
10:30 AM					10:10 - 10:55
10:35 AM				Preschool	
10:40 AM			Swimmer 5	10:25 - 10:55	
10:45 AM		Swimmer 2	10:25 - 11:10		
10:50 AM					
10:55 AM		10:40 - 11:10			
11:00 AM					
11:05 AM					
11:10 AM					
11:15 AM				Swimmer 3	Swimmer 4
11:20 AM			Swimmer 1	11:00 - 11:45	11:00 - 11:45
11:25 AM		Preschool			
11:30 AM		11:15 - 11:45	11:15 - 11:45		
11:35 AM					
11:40 AM					
11:45 AM					
11:50 AM					
11:55 AM					

* Private Lessons are available on Monday's, Wednesday's, and Friday's starting at 12pm.

* Note that for the Bronze Medallion and Bronze Cross courses, a final exam outside of the class time is also required.

2024 Session 4 August 12th - August 23rd

	Nadia	Gwyn	Michael	Ryleigh	Zach
9:00 AM					
9:05 AM					
9:10 AM	Swimmer 2				Swimmer 1
9:15 AM	9:00 - 9:30	Swimmer 3	Swim Patrol	Swimmer 5 9:00 - 9:45	9:00 - 9:30
9:20 AM		9:00 - 9:45			
9:25 AM					
9:30 AM			9:00 - 10:00		
9:35 AM					
9:40 AM					
9:45 AM	Preschool				
9:50 AM	9:35 - 10:05				Swimmer 4
9:55 AM					9:35 - 10:20
10:00 AM		Swimmer 2			
10:05 AM		9:50 - 10:20		Swimmer 3	
10:10 AM				9:50 - 10:35	
10:15 AM			Swimmer 1		
10:20 AM			10:05 - 10:35		
10:25 AM	Swimmer 6				
10:30 AM	10:10 - 10:55				
10:35 AM					Preschool
10:40 AM		Swimmer 5			10:25 - 10:55
10:45 AM		10:25 - 11:10			
10:50 AM			Swimmer 2	Swimmer 1	
10:55 AM			10:40 - 11:10	10:40 - 11:10	
11:00 AM					
11:05 AM					
11:10 AM					
11:15 AM	Swimmer 4				Swimmer 3
11:20 AM	11:00 - 11:45			Parent & Tot	11:00 - 11:45
11:25 AM		Swimmer 1	Preschool	Wading Pool	
11:30 AM		11:15 - 11:45	11:15 - 11:45	11:15 - 11:45	
11:35 AM					
11:40 AM					
11:45 AM					
11:50 AM					
11:55 AM					

* Private Lessons are available on Monday's, Wednesday's, and Friday's starting at 12pm.

According to the NS Lifesaving Society Guidelines:

Level	Time Allotment Per Day	Max. Number of Candidates	LDSP Max. Number of Candidates
Parent & Tot (levels 1-3)	30 minutes	12 candidates	10 candidates
Preschool (levels 1-5)	30 minutes	6 candidates	6 candidates
Swimmer 1	30 minutes	8 candidates	6 candidates
Swimmer 2	30 minutes	8 candidates	6 candidates
Swimmer 3	45 minutes	10 candidates	8 candidates
Swimmer 4	45 minutes	10 candidates	8 candidates
Swimmer 5	45 minutes	12 candidates	8 candidates
Swimmer 6	45 minutes	12 candidates	10 candidates
Swim Patrol (Rookie, Ranger, Star)	1 hour	12 candidates	12 candidates
Bronze Star	1 hour	12 candidates	12 candidates
Bronze Medallion	2 hours	12 candidates	12 candidates
Bronze Cross	3 hours	12 candidates	12 candidates