



PRESIDENT'S MESSAGE

November is “National Gratitude Month.” Research shows that people who practice gratitude are healthier and happier. Each year I tell myself that I am going to try to make the gratitude of November last year-long by sending notecards and keeping in touch with friends, volunteering my time, and supporting community organizations. I know I don’t say it often enough, but I am thankful to all of the wonderful, talented, and generous women of the Twentieth Century Club for all you do to support the club and better our community.

We submitted our 100% Club application to the Community Foundation of Northern Nevada this month. It’s a designation awarded to nonprofits whose board members demonstrate being “all in” in their leadership by contributing to the organization. You can be proud that the Twentieth Century Club has held this designation for several years.

The seasons seem to change too quickly. It is time to start winterizing yards and plantings. Like the seasons, the Gardening Arts group goes dark this month until March. Before going dark, they hosted the perfect fall sendoff at Abby’s Highway 40 garden patio with botanical cocktails and dumplings. Thirty people attended the cocktail tasting and \$895 was raised for nursing scholarships. Thank you to all that attended and brought guests—we couldn’t have done it without you. Although the Gardening Arts group goes dark for the holiday season, watch the newsletter for pop up events and helpful hints for indoor gardening.

Just as the Gardening Arts group goes dark, the TCC Breakfast Club is getting started. They say that breakfast is the most important meal of the day. What a positive way to start the day by getting to know the amazing women who belong to TCC? Reno has a number of restaurants serving breakfast—so the casual meet-ups will give you a chance to try out a different restaurant as well. Look for details to come.

I look forward to seeing you in November when we will learn about Gen Den—Reno’s creative inter-generational housing project.

Kimberly Elliott

THOUGHTS FOR THE MONTH



“Living in a state of gratitude is the gateway to grace.”

Arianna Huffington

Rest and Recharge

The cooler temperatures make us think of cozy sweaters, savory foods, and reading by the fire place.

It’s also time to get out the flannel sheets and comforters. With November, we get an extra hour of sleep.

Clocks will “fall back” one hour at 2 a.m. local time on

**Sunday
November 5, 2023**

NOVEMBER 9TH | TCC’S LUNCH & LEARN

What a Concept: Affordable Inter-Generational Housing

The affordable housing crisis continues in the Reno area, but projects like the Gen Den housing complex are looking at alternative solutions to get people into affordable housing. The Gen Den is a complex of ten 400-square-foot one bedroom, one bathroom units—5 for seniors and 5 for graduates of the Nevada Youth Empowerment Project. The downtown project is being built on land donated by the City of Reno with \$1.2M in private funds. The idea behind having younger people and seniors living together is to have each group help and influence the other. The young residents will spend five hours each week spending time with the seniors as “good neighbors.”

Join the TCC on November 9th for a presentation by Monica DuPea, Executive Director of Nevada Youth Empowerment Project and Bob Lissner, homebuilder and longtime NYEP supporter to learn about Reno’s very special housing project. ■

NOVEMBER’S LUNCHEON FUNDRAISING BENEFICIARY



Nevada Youth Empowerment Project

delivered daily that is grounded in standards, routine, consistency and accountability. NYEP went from a treatment-funded model to a private-funded model, and scaled the program from 5 to 14 beds in 2014. NYEP also opened its affordable home for CLP graduates in 2014. In 2020, NYEP began planning its 10 unit intergenerational site, serving NYEP graduates and low income seniors. ■

Nevada Youth Empowerment Project

Nevada Youth Empowerment Project gives homeless young women (18-24) in the Reno area a chance to reroute their lives through a structured program that provides housing and basic needs, life skills training, opportunities to practice new life skills, and the support and love of a family. A principle-based organization serving women, NYEP was founded in 2007. Over the next 5 years, NYEP worked closely with a behavioral psychologist to build an independent living curriculum

TCC 2023-24 Fundraising Beneficiaries

TCC Nursing Scholarships (\$3,000 each)		940.00
September	League to Save Lake Tahoe	195.00
October	Domestic Violence Resource Center	235.00
November	Nevada Youth Empowerment Program	
December	PBS Nevada	
January	Friends of the Library	
February	Historic Reno Preservation Society	
March	Nevada Women’s History Project	
April	Nevada State Museum	
		\$1370.00

MEMBERSHIP REPORT—COOKBOOK DRAWS MEMBERS

As of October 5, 2023, the current membership is 57. We have four new/returning members.

Connie West, a September lunch guest of Loretta Baughman, joined. Carey Fox, a friend of Jill Navarrette, has joined us. Carey will be active in our May basket raffle.

Marie Tilson, an out-of-town member, has rejoined. And, we

also have another returning out-of-town member, Kathy Fait.

Our Cookbook sales seem to have a secondary effect on out-of-town members as several of them became interested in TCC through the cookbook.

Each of the membership packets included a list of the programs scheduled and charities TCC will be supporting for the year. Please review it as it may

remind you to invite a friend for a special program or maybe a special charity.

Our lunches are our very best recruiting tool so consider bringing a guest to our next lunch. Each guest will receive a packet, including a Membership Application.

Happy Fall, Everyone!

Peggy Slattery

CELEBRATING BIRTHDAYS IN NOVEMBER



A month of gratitude, some say November is the best month for birthdays—it's filled with rich desserts. The birth flower is the chrysanthemum signifying loyalty and honesty. Some cultures believe that the chrysanthemum preserves youthfulness. November personalities are creative, optimistic, and adventurous—but sometimes speak without thinking. Celebrating birthdays this month are:

Regina Barry, Loretta Baughman, Paula Cobb, Noel English,
Sue Moore-Fry, and Joy Orlich

Wishing you a day filled with happiness and a year filled with joy. Happy Birthday!

FROM THE TCC'S COOKBOOK

Turkey Piccata

2 (3 oz.) turkey cutlets, pounded thin
1 egg, beaten
1 tbsp milk
Fresh breadcrumbs
Butter or margarine
1 medium lemon
1 cup chicken broth (preferably homemade)
Salt

Parsley for garnish

Beat eggs with milk. Dip cutlets in egg mixture, then in breadcrumbs, coating both sides. In skillet over medium-high heat, melt butter, add cutlets and cook until brown on both sides. This does not take very long, so do not overcook. Remove cutlets to a plate and keep warm. Reduce heat to low, add lemon juice and chicken broth, scraping bits from the bottom of the pan. Return the cutlets to the pan, cover and simmer for 10 to 12 minutes to let the flavors blend.—*Rita Hooper (TCC President, 2006-07)*





Twentieth Century Club

**November 9, 2023
Lunch & Learn**

The affordable housing crisis continues in the Reno area, but projects like the Gen Den housing complex are looking at alternative solutions to get people into affordable housing. The idea behind having younger people and seniors living together is to have each group help and influence the other. The young residents will spend five hours each week spending time with the seniors as “good neighbors.” Join the TCC on November 9th for a presentation from Monica DuPea, Executive Director of Nevada Youth Empowerment Project and learn about Reno's very special housing project.

Thursday, November 9, 2023
11:30 a.m. Check-in • 12:00 p.m. Luncheon and Program
Lunch \$35.00 Per Person

Herb Crusted Pork Loin or Chef's Choice Vegan

Rustic Apple Tart

Roasted Regular & Decaffeinated Coffee, Specialty Teas & Iced Tea

Payment or cancellation must be received by noon on Friday, November 3, 2023.
Mail reservation to: Jan Browne, Treasurer TCC, 4025 Bitter Creek Court, Reno, NV 89519

Member Name: _____ Phone: _____

E-mail Address: _____

Menu (Please circle choice): Pork Loin Chef's Choice Vegan

Guest Name: _____ Phone: _____

E-mail Address: _____

Menu (Please circle choice): Pork Loin Chef's Choice Vegan

Raffle Ticket Pre-Orders

To save you a trip to the ATM, we are offering the opportunity to purchase raffle tickets with your luncheon reservation.

Tickets are: 6 for \$5 12 for \$10 24 for \$20 Number of _____ tickets at \$ _____

Please add your luncheon order: Number of _____ lunches at \$35.00 \$ _____

Enclosed is my check made payable to Twentieth Century Club for: Total: \$ _____

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Optional Program Support: Nevada Youth Empowerment Project

This luncheon's beneficiary is the Nevada Youth Empowerment Project. Yes, I would like to help the organization. Enclosed is my check for _____ payable to the: Nevada Youth Empowerment Project.