

# TCC GOES WILD IN DECEMBER

*Wild Nevada*, that is. Join us December 14, when our featured speaker, Chris Orr, will regale you with tales of **"What I Learned from** *Wild Nevada*", the popular Nevada outdoor travel series co-hosted with Dave Santina, now in it's sixth year of production.

**Chris Orr** has been at <u>**PBS Reno</u>** Public Television for more than 20 years. Orr is the station's Director of Art and Digital Marketing and the co-host of the travel/adventure series *Wild Nevada*. She is an alumna of the Reynolds School of Journalism at the University of Nevada, Reno with dual degrees in Journalism and English Literature where she now serves as an adjunct faculty member. She also studied Graphic Design at the Academy of Art University.</u>



Holiday/festive attire is encouraged, and we won't turn you away for wearing your favorite (ugly) Christmas sweater. Our raffle this month features a "Wild Nevada" gift basket, so be sure to buy some raffle tickets either with your lunch reservation or at the meeting.

*Joy Orlich* VP—Programs

## <u>TCC Holiday Drive</u> Domestic Violence Resource Center

Members were impressed with the success stories of our October presentation on the Domestic Violence Resource Center. The DVRC's Donation Center provides gently used clothing and all manner of household and personal supplies for residents and clients in need. Members are invited to bring any of the following to our December meeting and they will be delivered to DVRC. All items must be new and in unopened packages:

- Diapers sizes 4-6 and Pull-ups
- Underwear, all sizes and genders (i.e. boys, girls, ladies)
- Toiletries shampoo, body wash, toothpaste, deodorant
- Period products (tampons, pads)
- Walmart gift cards (suggested \$25 each)
- Gently used children's clothing may also be donated.

"I'm just going to come out and say it; the DomesticViolence Resource Center (DVRC) saved my life. My daughter Hannah and I have lived in the center's housing facilities. Thanks to the DomesticViolence Resource Center's support I'm now able to provide a safe home for my family." KATIE H. Resident

#### 2023-2024 Officers

President Kimberly Elliott

1st VP-Programs Joy Orlich

2nd VP-Philantrhopy Robin Mercer

3rd VP-Membership Peggy Slattery

Secretary Jill Navarrette

> Treasurer Jan Browne

### DIRECTORS

Roni Nicora (2022-2024)

BEV WALDRON (2023-2024)

Roberta Gerber (2023-2025)

Tatjana Vukovic (2023-2025)

#### APPOINTEES

Kendall Brown Publicity

CHRYSTINE KLETT PHILANTHROPY CHAIR

Tricia Murray Power Point Design

> BARBARA OPPIO Corresponding Secretary

# A NOTE FROM THE PRESIDENT

It has been proven that our social connections keep us healthy and happy. I suppose that is the reason that there is so much good cheer during the holidays. The Twentieth Century Club continues to provide several opportunities each month to socialize with a wonderful group of women. So mark your calendars.

- We start the month with <u>Bridge on Friday</u>, <u>December 1st</u>. Play begins at 10:00 and ends at 2:30 in the afternoon. Each player contributes to the prize pot distributed at the end of the afternoon to the winners.
- <u>The Breakfast Club</u> will meet on the 1st Wednesday of the month—with the inaugural meeting on <u>December 6th at 9:00 a.m.</u> at Two Chicks (5851 S. Virginia). No agenda, just a great way to start your day with interesting women. Call Jan Browne, so she can make table reservations. Her number is 775.762.1765.
- Join us for <u>TCC's Lunch & Learn</u> with television host Chris Orr on Thursday, <u>December 14th at 11:30 a.m.</u> at the Atlantis Casino Resort.
- And, the <u>TCC Book Club</u> is meeting on Wednesday, <u>December 20th at 10:30</u> a.m. at Barnes & Noble to discuss Banyan Moon by Thao Thai. Linda Knepper is leading December's discussion.

May the magic of the Christmas season fill your home with joy and peace.

Kimberly Elliott, President

## **MEMBERSHIP: INVITE A FRIEND TO LUNCH**

As of November 5, 2023, the membership is 59. We have one new member, Pam Anastassatos. Pam was a guest of Sue Moore-Fry at the October lunch. Welcome, Pam, and good job, Sue!!

Our December lunch speaker will be Chris Orr of PBS Reno's *Wild Nevada*. This promises to be a very fun and interesting program and a great opportunity to invite a special guest. If you have been considering a lunch invitation to a friend this will be a great time for that special invitation. Nearly all of our new members this year have been women invited for lunch by a member. It is by far our best recruiting tool.

Happy Thanksgiving, Everyone,

Peggy Slattery

## **CELEBRATING BIRTHDAYS IN DECEMBER**

Did you know that babies born in December have fewer tantrums growing up and tend to become even-keeled adults? Those born in December are lucky to have three birthstones to choose from—zircon, tanzanite, and turquoise. Turquoise is believed to bring its wearer protection and luck, as well as good fortune and a relaxed mind. Celebrating birthdays this month are:

Joan Brick, Tricia Murray, Lauren Renda, and Liz Sheppard

## PHILANTHROPY: WHAT IS IT AND WHY DO WE DO IT?

The holidays are upon us and this is traditionally the time that many of us give money or our time to our most meaningful programs or groups to support.

The word "philanthropy" comes from the Greek word "philanthropia" which means "man-loving" or "loving people." The use of the word philanthropy was first recorded in the English language in the early 16<sup>th</sup> Century and it was used to describe "charitable giving." In the early times of philanthropy, money was generally the popular form of "charitable giving." Over the years, this word has taken on various meanings. Each person can choose a variety of ways to practice philanthropy, either on a personal level through individual volunteering or joining an organization, club or foundation.

I have discovered that there are endless opinions on what it means to be a philanthropist and/or belong to a philanthropy organization such as TCC.

Here are a few insightful thoughts from others that helped answer my questions about what philanthropy is and why we do it.

"Philanthropy is finding a mission that tugs at your heart strings, a mission that moves you, it comes from the heart."

"(Philanthropy) gives hope to others and reduces suffering among the less fortunate."

"Someone who gives of their money or time without having a reason to do so."

"Helping to change the lives of others."

"Investing in our community and future."

#### Health Benefits of Giving

Philanthropy may help lower blood pressure, provide sense of purpose and belonging, contribute to community, and often boosts a person's happiness and sense of optimism.

It lowers stress levels, anxiety and depression. It releases feel-good chemicals in your brain such as; serotonin, dopamine and oxytocin.

As a result of philanthropic giving, studies have shown it can increase one's life expectancy.

What does philanthropy mean to you? • *Chrystine Klett* Acting VP—Philanthropy



"The measure of the worth of an organization to its community is found in its ability to embrace opportunities for service."

TCC 2023-24 Fundraising Beneficiaries						
TCC Nursing	1,061.00					
September	League to Save Lake Tahoe	195.00				
October	Domestic Violence Resource Center	255.00				
November	Nevada Youth Empowerment Program	415.00				
December	PBS Nevada					
January	Friends of the Library					
February	Historic Reno Preservation Society					
March	Nevada Women's History Project					
April	Nevada State Museum					



#### December 14, 2023 Lunch & Learn

Wild Nevada, that is. Join us December 14, when our featured speaker, Chris Orr, will regale you with tales of "What I Learned

from Wild Nevada", the popular Nevada outdoor travel series co-hosted with Dave Santina, now in its sixth year of production. Chris Orr has been at PBS Reno Public Television for more than 20 years. Orr is the station's Director of Art and Digital Marketing and the co-host of the travel/adventure series *Wild Nevada*. She is an alumna of the Reynolds School of Journalism at the University of Nevada, Reno with dual degrees in Journalism and English Literature.

Holiday/festive attire is encouraged, and we won't turn you away for wearing your favorite (ugly) Christmas sweater. Our raffle this month features a "Wild Nevada" gift basket, so be sure to buy some raffle tickets either with your lunch reservation or at the meeting.



Thursday, December 14, 2023 11:30 a.m. Check-in • 12:00 p.m. Luncheon and Program Lunch \$35.00 Per Person

Herb Crusted Grilled Salmon or Chef's Choice Vegan

Pineapple Cake Roasted Regular & Decaffeinated Coffee, Specialty Teas & Iced Tea

Payment or cancellation must be received by <u>noon on Friday, December 8, 2023.</u> Mail reservation to: Jan Browne, Treasurer TCC, 4025 Bitter Creek Court, Reno, NV 89519

Member Name:					Phone:				
E-mail Address:									
Menu (Please circle cho	ice): Grille	d Salmon	Chef's Choice Vegan						
Guest Name:				Phone:					
E-mail Address:									
Menu (Please circle cho	ice): Grille	d Salmon	Chef's Choice Vegan						
Raffle Ticket Pre-Orders									
To save you a trip to the ATM, we are offering the opportunity to purchase raffle tickets with your luncheon reservation.									
Tickets are:	6 for \$5 1	2 for \$10 24 f	for \$20	Number of	tickets at	\$			
Please add your luncheon order:			Numbe	er oflunche	es at \$35.00	\$			
Enclosed is my check made payable to Twentieth Century Club for: Total:						\$			
		8	ତ • ତ୍ୟ						